

NATIONAL PARA BOWLING CHAMPIONSHIPS 2026 RULES & REGULATIONS

1. INTRODUCTION

- 1.1 The National Para Bowling Championships 2026 is organized by the Bowling Association for the Disabled (Singapore) (BADS) and the Singapore Disability Sports Council (SDSC).
- 1.2 The Championship shall be conducted in accordance with the rules and regulations of the World Tenpin Bowling Association (www.worldtenpinbowling.com) and Singapore Bowling Federation (www.singaporebowling.org.sg).
- 1.3 Championship spaces are limited and all registrations will be accepted on a first-come basis.
- 1.4 This Championship is a sanctioned event by BADS and SDSC. However, it is NOT a selection trial for any major games (ASIAN Para Games, ASEAN Para Games) or any other future competitions.

2. VENUE

- 2.1 This Championship will be held at Singapore Bowling Federation, 131 Rifle Range Road, #04-01, Temasek Club, Singapore 588406.

3. CHAMPIONSHIP SCHEDULE

Date	Session	Time
Saturday 18 April 2026	TPB1 (Mixed) TPB2 (Mixed) TPB3 (Mixed) TPB4 (Girls U17) TPB4 (Boys U17) TPB4 (Women Open) TPB4 (Men Open) TPB8 (Mixed) TPB9 (Mixed) TPB10 (Mixed) TPB11 (Mixed) TPB12 (Mixed)	Registration – 11.45am Practice Throw – 12.30pm Roll off – 12.40pm

4. OPENING CEREMONY

4.1 Singapore Para Sport Championships 2026 Opening Ceremony

Date : 11 April 2026, Saturday

Time : 8.00am to 10.00am

Venue: : Our Tampines Hub Community Auditorium (Level 3)

Please refer to the Opening Ceremony Information Deck for more details

5. FORMAT OF PLAY

5.1 Para bowlers will be bowling a total of **6 games** in the National Para Bowling Championships.

5.2 For TPB1 and TPB 8 categories there will be no crossing of lanes throughout the 6 games series. Other categories such as TPB2, TPB3, TPB4, TPB9, TPB10, TPB11 and TPB12 cross lanes will be permitted throughout the 6 games.

5.3 Female para bowlers shall be entitled to 10 pins handicap per game in Mixed events.

5.4 The oiling pattern for the Championship is 'High Street' (see Appendix A)

5.5 Any para bowler arriving late, after the 3rd frame has been fully completed, a blind score of 90 will be used for the game and the para bowler may join in at the start of the next game.

5.6 In the event of a tie at the end, the para bowler with the highest game shall be the winner. If this still ends in a tie, the next highest game will be counted and this will be repeated until the tie is broken.

5.7 If the lead-off bowler bowls on the wrong lane and the error is discovered before another bowler has bowled, a dead ball is declared and the bowler will be required to re-bowl on the correct lane. When more than 1 bowler has bowled on the wrong lane, the game shall be completed without adjustments and the next game shall be started on the correctly scheduled lane.

5.8 Participants may be disqualified in the event of submitting ineligible participant(s) or unruly conduct of participant(s). The Championship Committee reserve the right to disqualify participant(s) at their discretion and take further disciplinary action that could be in the form of a ban for future championships/competitions.

6. EQUIPMENT

6.1 All **TPB1** bowlers are responsible for providing their own guide rails.

6.2 All **TPB1** bowlers must wear their own mask/goggles. Eye patches are compulsory for **TPB1** bowlers.

- 6.3 All **TPB8** bowlers are responsible for providing their non-motorised wheelchairs. No electric/motorised wheelchair will be permitted.

7. ATTIRE

- 7.1 Para bowlers are required to be appropriately dressed for bowling.
- 7.2 If a bowler is not appropriately dressed, he/she will not be permitted to bowl.
- 7.3 Male bowlers must wear pants, or slacks and are not allowed to wear sleeveless shirts and/or shorts/bermudas. Round-neck shirts are acceptable.
- 7.4 Female bowlers may wear skirts, shorts, pants, slacks or dress shorts.

8. ELIGIBILITY

- 8.1 The Championship is open to all Singapore Citizens and Permanent Residents.
- 8.2 Para bowlers must be 15 years old and above by the year 2026 (calculation: 2026 minus the Year of birth).
- 8.3 The Championship is open to all para bowlers in the following categories (see Section 10 for a detailed description of the TPB categories):

TPB1	TPB2	TPB3	TPB4	TPB8	TPB9	TPB10	TPB11	TPB12
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- 8.4 New para bowlers who do not have any TPB category, please submit the necessary documentation of proof of disability in writing to the Championship Committee (admin@bads.org.sg). Where necessary, the Championship Committee will schedule a classification to classify the para bowler. The classification is only valid for this Championship and will not be recognized for any further championship/competition.
- 8.5 It is the para bowlers' responsibility to check the status of eligibility.

9. REGISTRATION & ENTRY FEE

- 9.1 Registration can be made by clicking on this link OR scanning the QR Code:
<https://bit.ly/nparabowl>



9.2 Parent/Guardian/Caregiver are to fill up this registration form if the para bowler is 17 years old and below as of 1 January 2026. Intellectual Impairment (TPB4) bowlers are recommended to get their parent's/guardian's/caregiver's assistance if they have any difficulty in completing this registration form and the payment of entry fee.

9.3 Entry fees for the National Para Bowling Championships:

BADS & SDSC Member	\$10
Secondary School*	\$15
Public	\$30

*Subject to a minimum number of participant

9.4 The mode of payment for the entry fee is via PayNow and bank transfer.

9.4.1 PayNow

When making an entry fee payment

a) Please scan the **QR Code**, OR Enter the BADS Merchant ID: **T10SS0077G001**



b) Please ensure that **BOWLING ASSOCIATION FOR THE DISABLED (SINGAPORE)** is indicated as the entity name

c) Please enter the entry fee amount

d) In the Reference No field, please indicate "NBC - YOUR NAME"
(e.g. NBC – Johnathan Tan)

e) Please screenshot your PAYNOW payment and email to admin@bads.org.sg or whatsapp to 9380 4355

9.4.2 Bank Transfer

When making an entry fee payment

- a) Bank transfer to DBS Current Account: 100-901751-1
- b) Please enter the entry fee amount
- c) In the Comments / Reference field, please indicate “NBC - YOUR NAME”
(e.g. NBC – Johnathan Tan)
- d) Please screenshot your bank transfer payment and email to admin@bads.org.sg or whatsapp to 93804355

9.5 All registration and entry fee must be submitted by **Monday 9 March 2026, 8pm**. Any registration submitted after Monday 9 March 2026, 8pm will be rejected.

9.6 Entry fees not received by Monday 9 March 2026, 8pm will be disqualified. No payments will be accepted on the day of the Championship.

9.7 No refund shall be made after an entry has been registered and accepted.

10. TPB CATEGORIES

10.1 Para bowlers must belong to one of the following TPB Categories:

Classification	Description
TPB1	No light perception in both eye and inability to recognize the shape of a hand at any distance or in any direction.
TPB2	From ability to recognize the shape of a hand up to a visual acuity of 2/60 and/or visual field of less than 5 degrees.
TPB3	From visual acuity of above 2/60 up to visual acuity of 6/60 and/or a visual field of more than 5 degrees and less than 20 degrees.
TPB4	Intellectual Impairment bowlers
TPB8	Wheelchair bowlers
TPB9	Standing bowlers with lower limb impairment.
TPB10	Standing bowlers with upper limb impairment.
TPB11	Dwarf bowlers; maximum height not greater than 145 centimeters / 4 feet 9 inches
TPB12	Deaf/Hard of hearing bowlers

11. MEDALS

11.1 Medals will be awarded to the top 3 winners of each **TPB category with at least 4 para bowlers**.

11.2 **TPB category with only 3 para bowlers**, a ‘minus 1 rule’ shall apply; only 1st and 2nd will be awarded.

11.3 **TPB category with less than 3 para bowlers**, ONLY 1st placing will be awarded

11.4 There shall be no Perfect Games & High Game awards throughout this Championship. In addition, the House/Venue Awards do not apply for this Championship too.

12. INTERRUPTED GAMES/LANE BREAKDOWN

12.1 The Championship venue may authorize the completion of a game and series on another pair of lanes when equipment failure on the lanes would delay the normal progress of the series. An interrupted game and series that cannot be completed must resume from the point of interruption.

12.2 In the event of the score of any game is lost and/or erased and cannot be recalled and/or traced due to power or equipment failure, the para bowler concerned will be required to re-bowl a new game when the power supply resumes or equipment is repaired. However, all scores of completed games that have been recorded in the official score sheet shall remain unchanged.

13. INTERPRETATION CLAUSE

13.1 The Championship Committee reserves the right and authority to accept or reject any entry as they deem fit.

13.2 A protest involving eligibility or general playing rules must be to the Championship Committee immediately after the last game or at the point where the infraction occurred.

13.3 No protests will be entertained after the presentation of prizes.

13.4 Any matters arising that are not covered in these Championship Rules and Regulations will be decided upon by the Championship Committee. The decision of the Championship Committee shall be final.

14. CHAMPIONSHIP JURISDICTION

14.1 The participant, participant's next of kin, participant's heirs, participant's relatives or any of the participant's personal representatives hereby release, covenant not to sue, discharge, and hold harmless BADS, its Executive Committee, employees, coaches, and volunteers from all liabilities, claims, all causes of actions, complaints, demands, damages, costs or expenses and compensation of any kind arising out of or relating thereto, whether, for any death, disability, illness, infection, personal injury, loss of property, or any other loss occurs before, during, or after participation in this Championship.

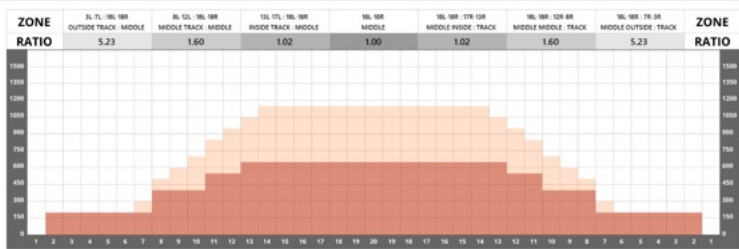
APPENDIX A – OILING PATTERN



NATIONAL PARA BOWLING CHAMPIONSHIP



DISTANCE:	47 FEET	VOLUME:	26.85 mL
RATIO:	5.23:1	FORWARD:	16.75 mL
DROP BRUSH:	38 FEET	REVERSE:	10.1 mL
TANKS:	&	PUMP:	50µL



FORWARD LOADS DATA

#	START	STOP	LOADS	MICS	SPEED	BUFF	TANK	DISTANCE	T.OIL
1	2L	2R	4	50	18	500	A -	0 → 8	7,400
2	8L	8R	4	50	18	500	B -	8 → 18	5,000
3	11L	11R	3	50	18	300	B -	18 → 25	2,850
4	13L	13R	2	50	22	300	B -	25 → 31	1,500
5	2L	2R	0	50	22	300	A -	31 → 39	0
6	2L	2R	0	50	26	150	A -	39 → 47	0

REVERSE LOADS DATA

#	START	STOP	LOADS	MICS	SPEED	BUFF	TANK	DISTANCE	T.OIL
1	2L	2R	0	50	26	150	A -	38 → 33	0
2	14L	14R	2	50	22	300	A -	33 → 27	1,300
3	12L	12R	2	50	22	300	A -	27 → 21	1,700
4	10L	10R	2	50	18	500	B -	21 → 16	2,100
5	9L	9R	2	50	18	500	B -	16 → 11	2,300
6	7L	7R	2	50	14	500	A -	11 → 7	2,700
7	2L	2R	0	50	14	500	A -	7 → 0	0

THIS PATTERN IS DESIGNED FOR:
VARIABLE BUFFER SPEEDS | DUAL CONDITIONING TANKS | REVERSE DROP BRUSH
This pattern may require adjustments if using a lane machine that does not have these features

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