

Annex A: List of Activities and Resources for the World Para Swimming Championships 2025 School Programme

S/N	Activity	Description	Suggested Timeline
1	Learn through our Educational Video and Fun Quiz on SLS	Introduce disability sports, Para swimming, and the incredible stories of athletes with disabilities through a short video, followed by a fun quiz on SLS. Suitable for assembly or classroom sessions.	Term 1 / 2 / 3
2	Bring the World Para Swimming Championships 2025 to Recess Play	Enjoy a lighthearted introduction to the World Championships with fun activities designed for recess play. Parent or SDSC volunteers, or school staff can facilitate these activities. A briefing, guide, and equipment will be provided for parent volunteers and school staff to ensure a smooth setup.	Term 1 / 2 / 3
3	Groove to the World Para Swimming Championships Cheer Dance	Get your students to learn our fun Cheer Dance so that they can be ready to show their support when they visit the races in September.	Term 1 / 2 / 3
4	Sign up for the I'mPOSSIBLE Learning Journey to World Para Swimming Championships 2025	<p>Students will learn about the Singapore Sports Hub, and enjoy interactive activities at the Championships festive village. The highlight will be a chance to catch top Para swimmers in action within the OCBC Aquatic Centre. Each student will receive a kit to create their own World Para Swimming Championships 2025 friendship band, which they can keep or gift to a competing para swimmer as a token of support.</p> <p>AM Session: 9am to 12pm (includes Heats) PM Session: 4pm to 7pm (Includes Finals)</p> <p>Special rate: \$5 per pax.</p>	Term 4 21 to 27 September 2025

<p>5</p>	<p>Get students with disabilities active with our Swim Together Programme</p>	<p>P4 students with physical or visual disabilities who may not participate in the regular SwimSafer Programme can be referred to SDSC to join an external Swim Together programme. You can also invite a Swim Together coach trained by the SDSC to the Swimsafer sessions to support your student/s with disabilities.</p> <p>P5 and P6 students with disabilities who did not attend the regular SwimSafer Programme in P4 can also be referred.</p> <p><i>SDSC will support the costs for the SwimTogether Programme. Schools or parents to arrange for transport.</i></p>	<p>Any term</p>
<p>6</p>	<p>Encourage young Para swimmers to take part in the National competitions</p>	<p>Encourage your students with physical or visual disabilities, who already know how to swim at least 50m without a float, to participate in the National Para swimming competitions.</p>	<p>Term 2 (April)</p>
<p>7</p>	<p>I'mPOSSIBLE Educators' Workshop</p>	<p>Teachers can join this workshop to learn about the Paralympic Movement, Para swimming, and ways to introduce inclusivity in their classes.</p> <p>Teachers will also get to understand Para sport pathways that students with physical, visual and intellectual disabilities can embark on, if they aspire and have the potential to excel through sport.</p>	<p>Term 1 (4-hr programme after school)</p>
<p>8</p>	<p>Hold an Adapted Sports Carnival / Tryout</p>	<p>Encourage your students to try their hands at various sports adapted for persons with disabilities, be it wheelchair basketball, boccia or goalball.</p> <p>If you'd like to run your own activity, we're happy to loan you the equipment too!</p> <p>Fees apply (subject to type and length of activity, and number of participants).</p> <p><i>(We are unable to support requests for</i></p>	<p>Any term</p>

		<i>the second half of May, June, August, September and first half of October 2025.)</i>	
9	Host a Fundraiser	Support the World Championships and help build a legacy for disability sports in Singapore by hosting a fundraiser at your school. Proceeds will go towards delivering the Championships and sustaining local disability sports programmes.	Any term
10	Invite Our Para Athlete for a Talk on Resilience, Adaptability and Inclusivity	Engage students with an inspiring talk from a Para athlete, one of our Champions of Change ambassadors. The speaker's fee helps support their sporting goals and disability sports programmes.	Any term
*	Bonus Activities: Meet and Greet with our World Championships Mascots and World Championships swimmers	Schools that participate in three or more activities will have the opportunity for a special meet-and-greet session with the official mascots of the championships or our Singapore 2025 World Para Swimming Championships swimmers (depending on availability).	Term 2 / 3 / 4

Schools are also welcome to DIY your own creative activities leading up to the Singapore 2025 World Para Swimming Championships. For instance, consider a visit to Madame Tussauds Singapore, where students can see the wax figure of Yip Pin Xiu, celebrating one of Singapore's most inspiring para-athletes.

If you are having DIY activities, do let us know so we can acknowledge your students and school!

Annex B: Singapore 2025 World Para Swimming Championships School Champion Sign-Up Form

We would like to promote Inclusivity and Excellence by supporting the Singapore 2025 World Para Swimming Championships through the following activities:

Please select	Activity	Tentative Activation Details – Please provide the information below if available.
•	Educational Video and Quiz	We are interested in using these resources during Term [].
•	Recess Play	We will conduct this with: [] our Parent Volunteers [] our Staff [] SDSC staff in Term [] / on this date [].
•	Cheer Dance	We will conduct this in Term [].
•	I'mPOSSIBLE Learning Journey	We will send students for: 21 / 22 / 23 / 24 / 25 / 26 / 27 September 2025. Morning Session [] Afternoon Session [] Estimated number of students attending:
•	Swim Together Programme	[] We will refer students to SDSC's external programme. [] Please send a SwimTogether Coach to our SwimSafer.
•	National Para swimming competitions	Term 2 (April) [] We are interested in the details.
•	I'mPOSSIBLE Educators' Workshop	We are interested in signing up for this.
•	Carnivals / Tryouts of Disability Sports	We will conduct this in Term [].
•	Host a Fundraiser	We are interested in conducting this during Term [].
•	Invite A Para Athlete	We are interested in conducting this during Term [].

•	DIY Activation	We are interested in conducting this during Term [].
•	*Bonus activity: Meet and Greet with our World Championships Mascots and World Championships swimmers	*Only open to schools with 3 or more activities

School Details

Name of School:	
Name of Contact Person:	
Designation of Contact Person:	
Email:	
Contact Number:	

Please return the completed form to SDSC to wch25education@sdsc.org.sg to confirm your school's participation.