



# Annual Report

FY2023-2024





## **Our Vision**

Transforming the lives of persons with disabilities through sport.

### **REGISTERED ADDRESS**

3 Stadium Drive, #01-34, Singapore 397630

### **AUDITOR**

Cypress Singapore Public Accounting Corporation

## **Our Mission**

To build a vibrant and inclusive community where persons with disabilities can pursue their sporting aspirations.

### **UNIQUE ENTITY NUMBER (UEN)**

S73SS0035B

### **LEGAL ADVISORS**

Ms Chen Chi | Ms Jill Ann Koh

## About the Singapore Disability Sports Council (SDSC)

The Singapore Disability Sports Council (SDSC) is the national sports body for persons with disabilities and national body for para sports in Singapore. SDSC's goal is to transform the lives of persons with disabilities through sport. Besides providing and promoting community sport opportunities for persons with disabilities to help them live full and independent lives, SDSC develops talents to fulfill their aspirations for excellence through performance sport pathways.

SDSC was registered as a society under the Societies Act on 24 May 1973, with a Constitution as its governing instrument. It was registered as a charity under the Charities Act on 28 November 1984. The SDSC has been accorded IPC (Institution of a Public Character) status from 27/12/2023 to 26/12/2026.



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We partnered

**56**

schools and corporates (30), social service agencies (14) and sports organisations (12) for inclusive sports programming.

We helped

**7,938**

students experience para sports, contributing to a total of >13,000 students to date.

We reached and supported

**7,179**

individuals with disabilities through our and members' para sport programming.

We delivered almost

**255**

regular sessions for disability sports participation (almost 200), as well as outreach programmes (55).

We educated

**84**

healthcare practitioners and SSA staff to conduct their own sport programmes for clients with disabilities.

We provided professional development for

**53**

educators, from preschool to tertiary levels, on adaptive physical education and sports.

**FY2023-2024 at a glance**

COMMUNITY SPORTS,  
OUTREACH AND EVENTS



We organised and supported

**6**

national parasport competitions, games and trials.

We organised and supported

**17**

overseas training camps.

We trained

**225**

coaches and technical officials in parasport.

Our para athletes participated in

**45**

international competitions (42 overseas competitions and 3 Regional / World Multi-Sport Games).

We reached and supported

**85**

pathway and performance athletes.

We hosted

**2**

international disability sport competitions.

We implemented

**4,320**

training sessions.

Our athletes achieved a tally of

**101**

medals internationally (30 Golds, 32 Silvers, 39 Bronzes).

Our athletes amassed

**102**

significant achievements:  
1 World Record, 3 World Championships medals, 2 World Youth Championships medals, 1 Asian Championships medal, and 3 World-level tournament medals, 11 Games Records, 49 national records and 32 personal bests.

**FY2023-2024 at a glance**

PATHWAY AND  
PERFORMANCE

## President's Message

# Dr Teo-Koh Sock Miang

### Dear Members, Stakeholders, and Supporters of the Singapore Disability Sports Council,

As I reflect on the past year, I am filled with immense pride and gratitude for the collective efforts of our community in advancing the mission of the Singapore Disability Sports Council (SDSC). Our mission has always been to build a vibrant and inclusive community where persons with disabilities can pursue their sporting aspirations. Hence, at the heart of SDSC's efforts lies the belief that every individual with a disability deserves the opportunity to participate in sports and reach their full potential. The strides and efforts we have made this year bring us closer to that vision.



## Community Development and Empowerment

As a community architect, SDSC has played a pivotal role in fostering inclusivity across Singapore. Over the past year, we have delivered 55 outreach programs and nearly 200 regular sessions focused on disability sports participation, serving 7,179 individuals with disabilities. These achievements are the result of our strong collaborations with 30 schools, 14 social service agencies, 12 sports organisations, and numerous corporates. Together, we have enabled 7,938 students to experience disability sports for the first time, contributing to a cumulative total of over 13,000 participants.

We have also made significant progress in developing the professionals who support our athletes. This year, 225 coaches and technical officials received specialised para sport training, more than tripling the number trained in the previous year. This ensures that our programs are led by skilled professionals who are committed to delivering quality sports experiences for persons with disabilities.

## A Beacon for High Performance Para Sport

SDSC continues to be a beacon for high-performance para sport, providing our athletes with the support they need to excel on the world stage. We supported 17 overseas training camps, 6 national parasport competitions, and 42 overseas competitions, alongside 3 Regional and World Multi-Sport Games. Our pathway and performance athletes, who aspire to represent Singapore, have engaged in 4,320 training sessions over the past year.

These efforts have culminated in remarkable achievements, with Team Singapore bringing home 94 medals—comprising 30 Golds, 32 Silvers, and 39 Bronzes. Among these were standout accomplishments, including 1 World Record, 3 World Championships medals, 2 World Youth Championships medals, 1 Asian Championships medal, and 3 World-level tournament medals. Our athletes also set 11 Games Records, 49 national records, and achieved 32 personal bests.

Hosting international events such as the Singapore Para Bowling International and the World Para Swimming Series has further elevated the profile of disability sports in Singapore, helping to build a lasting legacy of awareness and support for our athletes.

## Celebrating 50 Years of SDSC

This year marks the 50th anniversary of SDSC's formation, a significant milestone that invites us to reflect on our journey. Since our establishment in 1973 by the then Ministry of Social Affairs, SDSC has remained steadfast in its commitment to championing sport accessibility for persons with disabilities. Over the past five decades, we have continued to drive forward our mission of inclusivity and excellence, ensuring that sports remain a powerful avenue for individuals with disabilities to realise their potential and improve their quality of life.



## Enabler Development and Future Directions

As we celebrate our achievements, we are also mindful of the evolving landscape of disability sports. We are committed to ensuring that our community is well-prepared to meet future challenges. This is why enabler development is a key component of our strategic plan. SDSC is actively involved in the Enabling Sports Taskforce, which reviews the Disability Sports Master Plan. Our efforts in 2023 have included enhanced stakeholder engagements through dialogues, focus group discussions, and forums, which we hope to continue in the coming years.

While SDSC continues to deliver direct services, we have also shifted part of our resources to enabler development. This shift is already bearing fruit, with a much more vibrant calendar of sport activities and programs now available to persons with disabilities in Singapore. Over the past year, we trained 78 healthcare practitioners and staff from social service organisations, adding to the nearly 550 professionals who have received similar training to date. We have also engaged 53 educators in professional development programs and inclusive sports training, contributing to a total outreach of over 450 educators. By equipping these professionals with the skills and knowledge required to adapt physical education and sports programs for individuals with disabilities, we are actively creating an environment where every student can thrive, regardless of their abilities.

## Gratitude and Call to Action

At the core of our mission lies the aspiration to expand the reach of sports to individuals with disabilities and to empower them to achieve their fullest potential through excellence in sport. The progress we've made would not have been possible without the steadfast support of our valued partners, donors, and sponsors. I want to extend my deepest gratitude to SportSG, as well as to our generous donors and sponsors, including Mr. Jefferson Gaw, Haw Par Corporation, Micron Technology, JCCI, Certis, Toyota, and everyone who contributed so generously throughout the year and during our Charity Golf 2023. I want to express my sincere appreciation to our Organising Committee for Charity Golf 2023, including our Ambassador, Dr. Jimmy Koh. Your selfless contributions have been invaluable, and we are deeply thankful for your continued support.

As our impact grows, so does our need for resources and support. The journey to becoming an elite athlete is long and demanding, requiring years of dedication to develop the skills necessary to represent Singapore on the world stage. Even at the highest levels, SDSC has strived to fill crucial gaps, such as providing sport science and sport medicine support to our athletes. Our community initiatives rely almost entirely on donations and sponsorships. As more organisations lend their support to disability sports, it is essential that we remain well-coordinated, optimising our resources to bring out the best in those we serve.

Our members have been instrumental in shaping the remarkable successes of our parasport community. We are profoundly grateful for their unwavering partnership and dedication. The backbone of SDSC is our devoted Board members, fundraisers, volunteers, and supporters.

To our athletes, caregivers, parents, and families—you are the heart and soul of our organisation. Your commitment and perseverance inspire us every day, and we are immensely proud of all you have achieved.

Since our inception, we have come a long way, and our commitment to our mission has only grown stronger. We are dedicated to expanding our collaborations and partnerships, harnessing the collective strength of our community to drive positive change. I warmly invite you to join us in this vital and exciting journey.

Thank you for your belief in and contribution to SDSC's cause. Together, we look forward to a future filled with inclusivity, empowerment, and excellence in disability sports.

***Yours in disability sport,  
Teo-Koh Sock Miang***



## Highlights

# Community sports, events and outreach

### **Encouraging Active Lifestyles and Participation in Sports for Persons with Disabilities**

The Singapore Disability Sports Council remains committed to promoting active lifestyles and inclusive participation in sports for persons with disabilities through various community sports programmes. These programmes, ranging from one-time events to regular sessions, have provided countless opportunities for individuals with disabilities to engage in sports, develop new skills, and foster a sense of camaraderie.



# Community Development and Empowerment

FY2023-2024 at a glance

**55**

## Outreach Programmes and Events

Reaching out to persons with disabilities and members of the public, including almost 200 regular sessions for disability sports participation

**7,938**

## Youths Experience Disability Sports

**7,179**

## Individuals with Disabilities Supported and Reached

**14**

## Social Agencies Engaged

**30**

## Schools and Corporate Partners

**12**

## Sports Organisations Engaged

**84**

## Healthcare practitioners and SSA staff educated in conducting their own sport programmes for clients with disabilities

**53**

## Educators Exposure for Professional Development and Inclusive Sports

# Encouraging Active Lifestyles and Participation in Sports for Persons with Disabilities

## Community Sports Programmes and Events

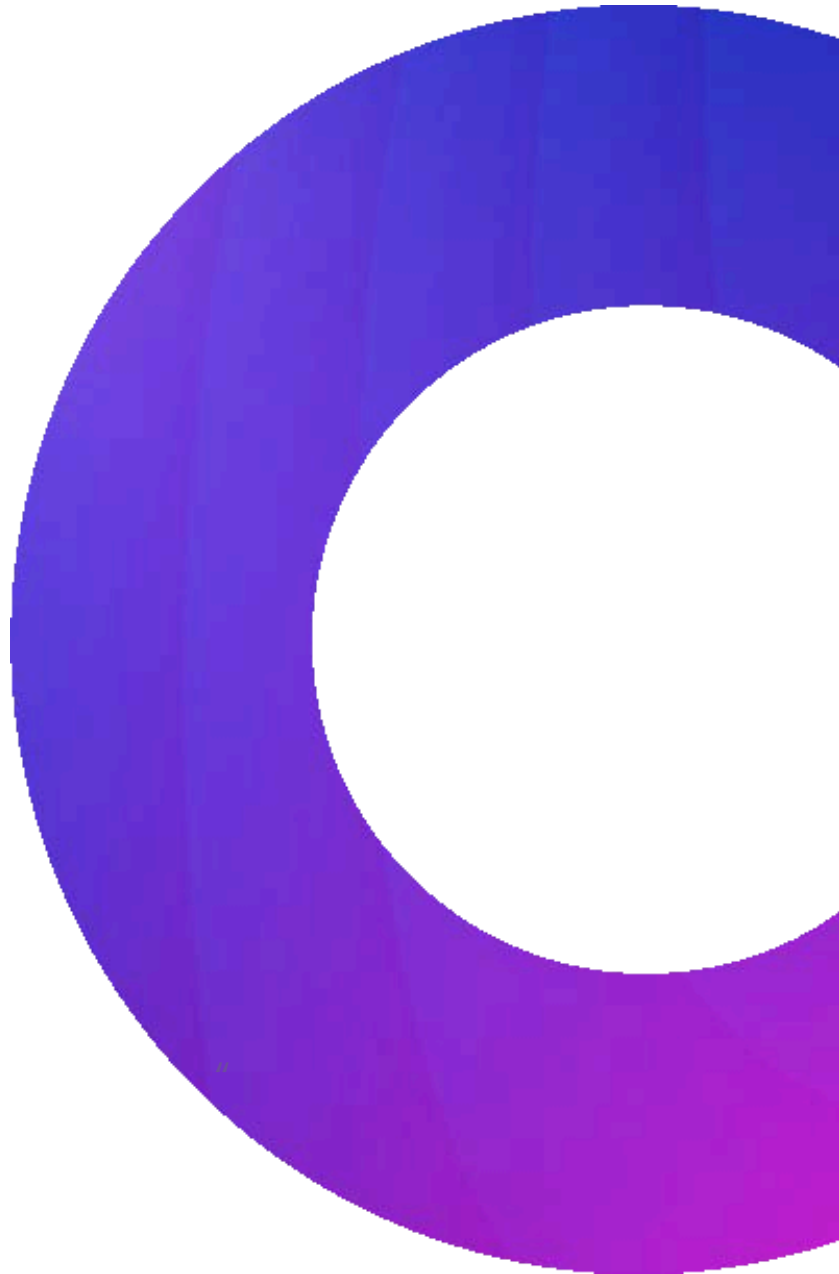
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### Parasport360

The Parasport360 initiative is a comprehensive program dedicated to empowering individuals with disabilities through sports.

By offering a diverse range of activities—including bowling, goalball, powerchair football, and sailing—the initiative provides participants with opportunities to explore new sports, develop skills, and form lasting connections in an inclusive and supportive environment.

Through regular sessions, open houses, and specialised clinics, Parasport360 fosters a sense of community, promotes physical well-being, and champions the spirit of inclusivity in sports across Singapore.





## Parasport 360: **Discover Bowling**

Frequency: *Twice a month or more*  
Venue: *Singapore Island Country Club*

The Parasport 360: Discover Bowling programme is designed to bring the joy of bowling to individuals with all types of disabilities.

Now in its third run, the initiative saw 265 participants join in FY2023-2024. These sessions are filled with fun, friendship, and valuable insights from our friendly Coach Richard. The experience is further enhanced by the generous sponsorship of bowling lanes, shoes, and food by the Singapore Island Country Club and SDSC Ambassador Dr Jimmy Koh, making each session even more enjoyable.

We would like to acknowledge our participating partners in this programme: AWWA CIS, Bishan Home for the Intellectual Disabled, Down Syndrome Association, Metta Home (Woodlands), Metta Day Activity Centre, and Rainbow Centre.



## Parasport 360: **Discover Goalball**

Frequency: *Weekly*  
Venue: *Delta Sports Hall*

Our Parasport 360: Discover Goalball programme offers weekly sessions led by Coach Joan Hung, a member of the APG 2022 silver-winning team.

Participants learnt the fundamental techniques of Goalball, including blocking and rolling, as well as the rules of the game. Sessions take place every Monday night and twice a month on Sunday afternoons at Delta Sports Hall. Part of the Goalball29 Project, supported by Certis, this programme has successfully attracted 6 new regular participants.



## Parasport 360: Discover Powerchair Football

Frequency: *Once or twice a month*

Venue: *HWA*

Partner: *Muscular Dystrophy Association of Singapore*

Our Parasport 360: Discover Powerchair Football programme offers dynamic and engaging sessions for participants.

Regular sessions are held twice a month, and community sessions take place once a month. With the support of Coach Judy Wee, the Muscular Dystrophy Association of Singapore, and HWA, each regular session sees 6 participants, while the community sessions welcome 7 participants.

These ongoing programmes have been instrumental in fostering inclusion, teamwork, and sportsmanship, providing individuals with disabilities the opportunity to engage in sports, develop new skills, and enjoy the camaraderie of fellow athletes.



## Parasport 360: Discover Sailing

Frequency: *Every Sunday*

Venue: *Changi Sailing Club*

Individuals with disabilities who have completed the Learn-to-Sail course or are proficient in sailing continue to practise and refine their skills every Sunday at Changi Sailing Club.



## Parasport 360: Discover Boccia

Frequency: *Every Saturday*

Venue: *Pasir Ris Sports Hall*

Regular Boccia training sessions are held, with different groups focusing on either throwing or ramp-assisted play. These sessions prepare participants for competitions and foster continuous skill development.





# Parasport 360: Learn Sailing

Date: *March 2023 – May 2023*

Venue: *Changi Sailing Club*

Partner: *Rainbow Centre Young Adult Activities! Club*

Over 6 weeks, 6 individuals with disabilities embarked on a transformative journey to learn the art of sailing.

Led by Paralympian and coach Jovin Tan, along with his assistant Kim Seng, a former deaf sailor, the programme offered participants the chance to acquire a new skill while experiencing the wide-ranging benefits of sports. These benefits include therapeutic rehabilitation, personal fulfilment, and better integration into mainstream society.

Throughout the programme, participants not only became familiar with sailing terminology and gained hands-on experience at sea, but they also built meaningful connections with their fellow crewmates, embracing the inclusive spirit of the programme

This unique learn-to-sail programme is the only one in Singapore that welcomes individuals with and without disabilities, offering them the opportunity to learn and sail together, supporting each other throughout the journey.



One participant’s father, Mr. Nitin, expressed his gratitude: “Participating in the sailing activity was a transformative experience for my son Yash. Despite my initial concerns, Yash not only cooperated but thoroughly enjoyed every moment, even under the hot sun. This experience has shown us that he can achieve more and lead a better quality of life when given the chance to explore new activities.”



# Parasport 360: Learn Bowling

Date: *December 2023 – January 2024*

Venue: *Singapore Bowling, Rifle Range*

Partner: *Bowling Association for the Disabled (Singapore)*

This 8-week programme offered 15 enthusiastic participants the chance to explore the sport of bowling, develop new skills, and form lasting bonds. Three participants have since advanced to the development programme.





# Parasport 360: Open House: Bowling

Date: 7 October 2023

Venue: Singapore Bowling @ Rifle Range

Held in conjunction with the Singapore Para Bowling International 2023, 28 children with disabilities, along with volunteers, enjoyed a delightful day of bowling.



# Parasport 360: Open House: Golf

Date: 16 November 2023

Venue: Keppel Club Golf Course

Partner: Singapore Golf Association

This clinic introduced 33 persons with disabilities to the sport of golf, providing a unique opportunity to learn and enjoy the game.



# Parasport 360: Open House: Frame Running

Session 1

Date: 11 November 2023

Venue: Choa Chu Kang Stadium

Session 2

Date: 30 March 2024

Venue: Home of Athletics

In these tryouts, a total of 8 participants experienced the joy of running for the first time, with the help of specialised running frames, enabling them to have fun while breaking new personal barriers.

# Goalball29 Initiative

Launched in April 2023 in partnership with Certis, Goalball29 aims to bring learn-to-play goalball programmes island-wide to youths with visual impairment and promote sport inclusivity in Singapore. Certis' partnership will also fuel the discovery and development of young talent to form a new national goalball team for the ASEAN Para Games 2029, which will be hosted in Singapore.



## Goalball Holiday Camp

Date: 4, 5 September 2023  
Venue: Singapore Sports Hub  
Partner: Lighthouse School

As part of the Goalball29 initiative, SDSC organised a holiday camp in partnership with Lighthouse School. Led by Coach Joan Hung, the camp provided children and youths with visual impairments the chance to learn goalball techniques and engage in friendly matches. The camp not only allowed the 6 participants to create unforgettable memories but also helped boost their confidence in the sport.





# Community Chest Heartstrings Walk 2023

Date: 5 August 2023

Venue: Marina Bay Sands and Marina Promenade

SDSC proudly participated in the Community Chest Heartstrings Walk 2023, an inspiring non-competitive evening event that brought together a diverse group of supporters dedicated to making a positive impact.

Leading our enthusiastic team were newly crowned World Youth Boccia Champions, Aloysius Gan and Yan Jia Yi. Their remarkable achievements were celebrated during the event, serving as a testament to the spirit and success of our athletes. Their presence also underscored our commitment to giving back to the community.





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# Community Sports Tournaments

## **Pesta Sukan Boccia**

Date: 29, 30 July 2023

Venue: Singapore Sports Hub

Held on 29 and 30 July 2023, 37 participants and athlete competition partners participated in the Pesta Sukan Boccia competition. Our community players as well as athletes had a good time competing with each other.

## **Play Inclusive**

Date: 26 August, 16 September 2023

Venue: Singapore Sports Hub

Co-organised by SDSC, Special Olympics Singapore, and SportCares, the largest unified sport competition in Singapore, returned to the OCBC Arena with the support of participating schools from the Ministry of Education. The primary goal of the annual event is to foster a sense of inclusion within the community by creating shared sporting experiences for individuals with and without disabilities.

Over 650 players with disabilities and their Unified Partners (UP), players without disabilities, came together to participate in various sports on 26 August and 16 September 2023.

This year's edition featured boccia and goalball to include participants with physical and visual impairment. A total of 62 boccia and goalball enthusiasts, comprising the athletes and their unified partners, actively participated in this event.

## **Western Circuit Sailing Regatta**

Date: 19, 20 August 2023

Venue: Raffles Marina

In August 2023, the Western Circuit Sailing Regatta saw an enthusiastic group of sailors, with a total of 12 participants, including 6 participants from Rainbow Centre who had completed the Parasport360: Learn Sailing programme in May 2023, competing in their first race. The regatta featured nine boat entries: six singles and three doubles, with one boat helmed by an able-bodied volunteer who regularly supports the programme.

The regatta was a significant milestone for the participants, marking their progression from learning the basics of sailing to competing in an official race. The event celebrated their achievements, with five trophies awarded to the top singles racers. Paralympian Yap Qian Yin emerged as the Champion.

Jovin Tan, who played a crucial role in guiding the participants during the Parasport360: Learn Sailing Programme, served as the lead race official, ensuring that the regatta was both competitive and inclusive.

# Encouraging Active Lifestyles and Participation in Sports for Persons with Disabilities

Outreach

## Community Engagement

### SDSC Forum 2023: The Next Lap

In 2023, the Singapore Disability Sports Council (SDSC) proudly launched its inaugural forum, "The Next Lap", a significant initiative designed to drive progress in two crucial areas: community engagement and pathways to performance in disability sports. The forum, which comprised six targeted sessions, provided an invaluable platform for dialogue and collaboration among key stakeholders.



**Stakeholder Engagement:****Pathway & Performance:**

The forum brought together athletes, coaches, parents, and caregivers to focus on the development and enhancement of performance pathways in disability sports.

**Community Engagement:**

Engaging coaches, disability sports organisations, and parents and caregivers, the forum emphasised the importance of community support in fostering an inclusive sports environment.

**Key Objectives:****Advancing the Disability Sports Master Plan (DSMP):**

The forum served as a critical platform for sharing updates and insights on the DSMP with stakeholders. Through constructive conversations, participants contributed to the ongoing refinement and evolution of the plan, ensuring it meets the needs of the disability sports community.

**Supporting Athletic Performance:**

A core objective of the forum was to gather feedback from para athletes, coaches, parents, and caregivers to identify potential barriers to athletic success. By collaborating with these stakeholders, the SDSC aims to develop practical solutions to address these challenges, paving the way for enhanced performance and opportunities in disability sports.

**Promoting Sports Participation:**

The forum also focused on raising awareness of the benefits of sports participation for individuals with disabilities. It emphasised the role of parents and caregivers in encouraging first-time participation and the importance of inclusive coaching practices. Mainstream coaches were engaged to increase their understanding of how they can contribute to parasport, fostering a more supportive and inclusive environment for all athletes.

Through "The Next Lap", SDSC has laid the groundwork for future developments in disability sports, reinforcing its commitment to empowering individuals with disabilities through active participation and competitive success.

**Session Highlight: Fostering partnerships with Disability Sports Organisations and Interest Groups**

Date: 6 September 2023

Venue: Singapore Sports Hub

Ten disability sports organisations and interest groups participated in this engaging session, which had two primary objectives. Firstly, the session aimed to synergise our collective expertise, fostering stronger partnerships and generating innovative ideas for mutual support and empowerment. This collaboration will play a crucial role in shaping SDSC's blueprint for the future of disability sports in Singapore over the next 50 years. Secondly, the session served as a platform for capturing valuable insights from our partners, which will significantly influence the development of the Disability Sports Master Plan (DSMP) and its future direction.



### **Session Highlight: Empowering Children and Youth with Disabilities Through Sports**

Date: 9 September 2023

Venue: Temasek Club

The session featured prominent figures such as Mr. Bernard Goh, father of Paralympic medalist Theresa Goh; Ms. Lily Chu, mother of national para swimmer Wong Zhi Wei; Mr. Desmond Eng, father of boccia player Elaine Eng; and Ms. Judy Wee, Executive Director of the Muscular Dystrophy Association Singapore. These speakers shared their personal journeys in supporting their children's athletic endeavours, while Ms. Wee also offered her perspective on growing up with disabilities and her insights on the experiences of youth with disabilities today.

The session aimed to equip parents and caregivers with practical strategies for empowering children with disabilities through sports. In addition to the valuable insights shared, the event provided an opportunity for participants to connect and build a supportive network.

While parents attended the forum, their children with disabilities and siblings engaged in a bowling activity with volunteers, ensuring a holistic experience for all involved.

### **Session Highlight: Embracing Inclusive Coaching Practices**

Date: 11 September 2023

Venue: Singapore Sports Hub

Another key session focused on inclusive coaching practices, featuring industry experts such as Mr. Tim Newenham, Mr. John See Toh, Mr. Danny Ong, and Mr. Jason Leong, alongside Paralympic medalist Theresa Goh. They shared their expertise on adaptive coaching techniques designed for para athletes.

This session aimed to shift perceptions of sports coaching, promoting inclusivity and adaptable techniques to meet the needs of para athletes. It also provided a platform for coaches to connect and contribute to building a more inclusive sports community.



## Promoting inclusion of persons with disabilities in and through sports

The Singapore Disability Sports Council (SDSC) is dedicated to enhancing the inclusion of persons with disabilities in sports through impactful initiatives and community partnerships. Our programmes are designed to integrate disability sports into mainstream activities, raise awareness, and empower individuals with disabilities. By fostering inclusive environments in schools and communities, we provide opportunities for everyone to participate in and benefit from sports, aiming to build a more equitable and supportive society.

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### Project ParaABLE

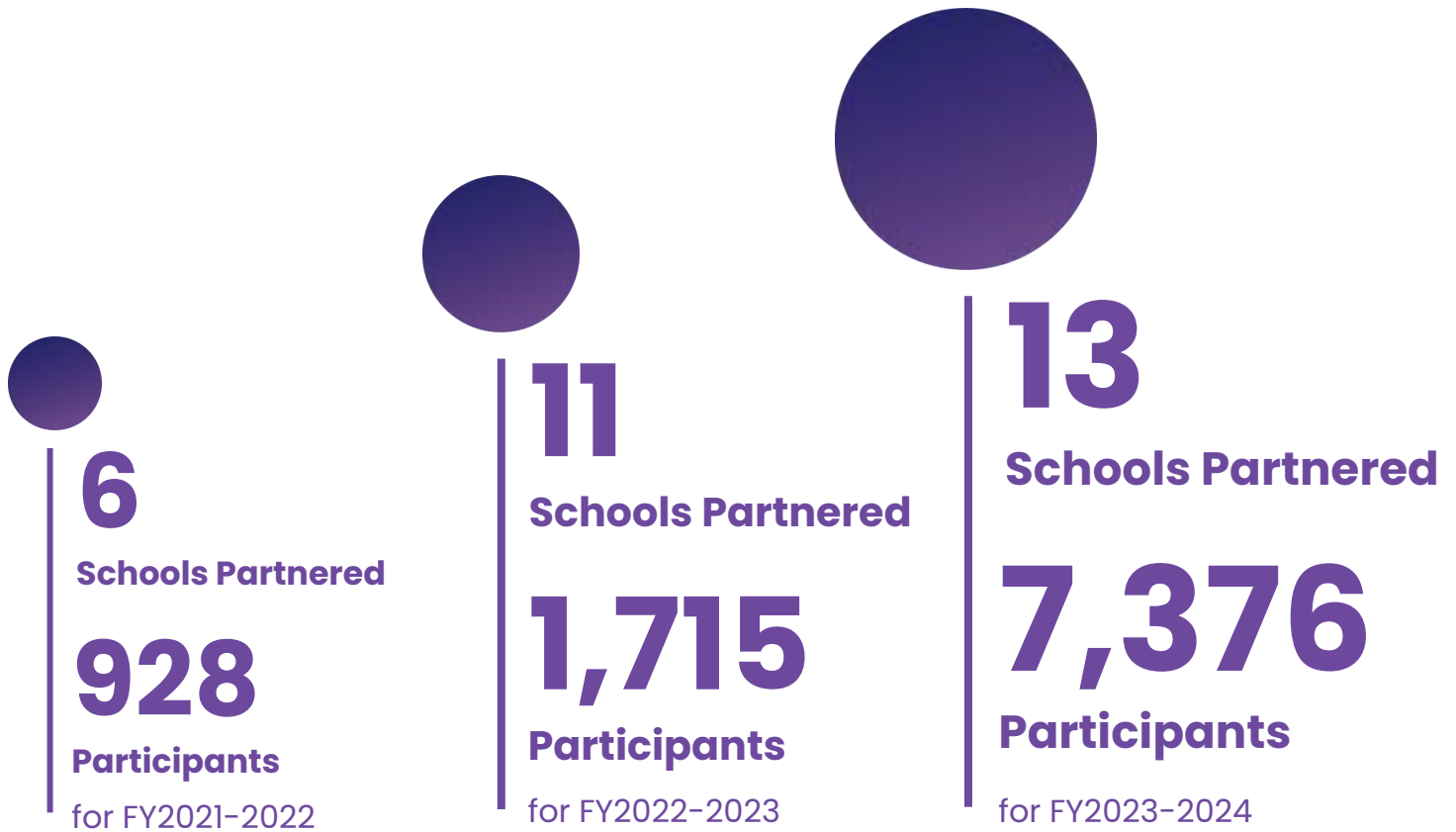
Launched through a partnership with Temasek Foundation Cares and now sustained by generous donations to the SDSC, "Project ParaABLE" is dedicated to raising awareness of disability sports in mainstream schools and empowering both teachers and students to champion inclusion through sports. The initiative also supports students with disabilities in playing sports alongside their peers.

This year, we organised sessions that allowed students to experience various disability sports, with Boccia, Goalball, Wheelchair Basketball, Blind Football, and Sitting Volleyball being particularly popular. Students thoroughly enjoyed these tryouts at schools such as NUS High, North Vista Secondary, Elias Park Primary School, Clementi Town Secondary, National Junior College, SUSS, and Yangzheng Primary. We are deeply grateful to our athletes and their sport assistants who contributed to these sessions, sharing their stories and inspiring participants.

Several schools have taken the initiative to conduct their own disability sport tryouts. Yishun Innova Junior College incorporated wheelchair basketball, boccia, and goalball into their PE program for JCI students. Bartley Secondary School hosted Boccia sessions for their entire student body throughout April. Bedok Green Secondary School held their annual wheelchair basketball event, while Springfield Secondary's leaders' camp featured wheelchair basketball, boccia, and goalball. Xishan Primary School also offered boccia tryouts during their school carnival. SDSC supported these self-initiated outreach efforts by providing specialised sports equipment, such as sport wheelchairs and boccia ball sets, along with consultancy and training.

These activities not only promote physical activity and teamwork but also foster a sense of inclusion, giving students with disabilities the opportunity to excel in sports in a supportive environment like others around them.

## The success of Project ParaABLE is evident in its growth over the years:



### Participating schools for FY2023-2024

- Bartley Secondary School
- Bedok Green Secondary School
- Clementi Town Secondary School
- Elias Park Primary School
- Fairfield Methodist School
- National Junior College
- North Vista Secondary School
- NUS High School
- Singapore University of Social Sciences
- Springfield Secondary School
- Xishan Primary School
- Yangzheng Primary School
- Yishun Innova Junior College

## Activations

### **Yishun Innova Junior College PE Programme**

Date: 27 March - 24 April 2023

Yishun Innova Junior College incorporated wheelchair basketball, Boccia, and Goalball into their PE programme for JCI students. This initiative, conducted by teachers, demonstrated the seamless integration of disability sports into the regular curriculum.

### **Bartley Secondary School Boccia Month**

Date: April 2023

Bartley Secondary School dedicated an entire month to Boccia for their student cohort, reinforcing the school's commitment to providing sustained exposure to disability sports.

### **SUSS Sports for Good Carnival 2023:**

#### **Inclusive Sports**

Date: 15 April 2023

The SUSS Sports for Good Carnival 2023 spotlighted the importance of inclusive sports through a special athlete engagement session and Boccia tryouts, led by accomplished para-athletes Nurulasyiqah Mohammad Taha and Nur Azizah. This event offered university students a unique opportunity to engage directly with disability sports, providing them with invaluable hands-on experience and deepening their understanding of the challenges and triumphs of athletes with disabilities.

### **Fairfield Methodist School (Secondary) Sports Carnival**

Date: 28, 29 April 2023

We conducted pre-event training in Boccia and Goalball at Fairfield Methodist School (Secondary) to prepare students for their sports carnival, which featured these disability sports. The event, aimed at blessing the community, served as an educational platform to raise awareness of the inclusion landscape in Singapore. Students, parents, and the public were invited to participate, fostering a spirit of inclusivity.

### **Bedok Green Secondary School Wheelchair Basketball Initiative**

Date: 17-22 May 2023

Bedok Green Secondary School facilitated their annual wheelchair basketball exposure for students, with sports wheelchairs loaned for the event, ensuring that students could fully immerse themselves in the experience.



### **NUS High Disability Sports Exposure**

Date: 25 May 2023

We conducted Boccia and Goalball tryouts for 170 students at NUS High, marking the second year of collaboration with the school to introduce disability sports. This post-event activity was designed to deepen students' understanding and experience of these sports, promoting inclusivity through hands-on participation.

### **Springfield Secondary School CCA Leaders Camp**

Date: 31 May 2023

Springfield Secondary School's CCA leaders participated in a camp featuring wheelchair basketball, Boccia, and Goalball, fostering leadership and inclusivity through disability sports.

### **North Vista Secondary School PE and Sport Science Conference**

Date: 27 June 2023

North Vista Secondary School incorporated disability sports into their PE and Sport Science Conference, featuring two "learn to play" Goalball sessions for 100 students. This initiative highlighted the importance of integrating disability sports into mainstream education, broadening students' perspectives on sports and inclusion.

### **Xishan Primary School Boccia Tryouts**

Date: 5 October 2023

Xishan Primary School hosted Boccia tryouts as part of their carnival, further expanding the reach of disability sports to younger students.



**Elias Park Primary School Xperience Parasport Activity**

Date: 5, 31 October 2023

Elias Park Primary School conducted their Xperience Parasport Activity, which included an athlete engagement session with Eric Ting, a para table tennis player who shared his inspiring story during a school assembly. Additionally, five classes participated in a 3-hour "learn to play" Goalball session, providing a comprehensive introduction to disability sports.



**Clementi Town Secondary School Disability Sports Day**

Date: 23 October 2023

Clementi Town Secondary School held their annual Disability Sports Day, where over 250 students from eight classes experienced Goalball, VI Football, Boccia, and Goalball. This event underscored the school's commitment to promoting disability sports and fostering an inclusive environment for all students.



**National Junior College Sitting Volleyball Tryouts**

Date: 31 October 2023

National Junior College offered sitting volleyball tryouts for their students, furthering the reach of disability sports in educational institutions.



**Yangzheng Primary School Disability Sports Engagement**

Date: 31 October 2023

Yangzheng Primary School hosted sessions in wheelchair basketball, Goalball, and Boccia for their primary six students. Para-athlete Gemma Foo shared her journey, adding a personal touch to the experience and inspiring the young participants.



**Through these initiatives, we have not only promoted disability sports but also strengthened the culture of inclusion within educational institutions across Singapore.**

# I'mPOSSIBLE Programme

The I'mPOSSIBLE programme's mission is to challenge the perceptions young people hold about individuals with disabilities. It also represents a collaborative effort among SDSC, Agitos Foundation, Nippon Foundation Paralympic Support Centre, Global Sport Development Foundation, and the Japanese Paralympic Committee.

Now in its 6th edition, the programme has trained over 370 educators in Singapore through its annual workshops since its inception in 2018.

The core of the I'mPOSSIBLE programme is its curriculum, crafted to simplify engagement for educators working with students aged 5 and up. Our para-athletes have been instrumental in leading workshops, collaborating with educators to explore various scenarios in physical education involving students with disabilities.



## I'mPOSSIBLE

# Educator Workshops

Date: 8, 14 March 2024

Venue: Delta Sports Hall

Two workshops were held with the help of Paralympian Theresa Goh, Joan Hung (goalball), and Elaine Ng (boccia) as facilitators. By sharing their personal experiences and journeys in disability sports, they offered educators a comprehensive view on how to use physical activities to engage students with disabilities. Participants also had the opportunity to try boccia and goalball, experiencing these unique disability sports firsthand.

This year, we welcomed 26 educators from various educational settings, including preschools, mainstream schools, Special Education (SPED) schools, and tertiary institutions.

One of the participants, Teoh Wooi Ling, shared: "I took away the message of how sports is for everyone, literally. Everyone should and must be included."

The I'mPOSSIBLE programme continues to make a significant impact, empowering educators to foster inclusive environments and promoting a deeper understanding of the abilities and potential of individuals with disabilities.

## I'mPOSSIBLE

# Learning Journeys

To further support educators and participants in promoting inclusive sports education, SDSC organised I'mPOSSIBLE Learning Journeys, providing hands-on experiences linked to major disability sports events.

- **Singapore Para Bowling International** (4-7 October 2023): Schools were invited to try blindfold and seated bowling, offering students a unique perspective on disability sports.
- **Singapore World Para Swimming Series** (26-28 April 2023): Schools were given exclusive behind-the-scenes access, enriching their understanding of para swimming and the dedication of the athletes.
- **Juying Secondary School Learning Journey** (18 May 2023): A special opportunity for students to engage directly with disability sports, fostering inclusivity and awareness.

Through these initiatives, the I'mPOSSIBLE programme continues to inspire and equip educators to champion inclusive sports education, ultimately transforming how young people perceive and interact with individuals with disabilities.



# Purple Parade

Date: 4 November 2023

Venue: Suntec City



The Purple Parade serves as a national platform dedicated to raising awareness and celebrating the extraordinary abilities of persons with disabilities. This movement is committed to ensuring that individuals with disabilities are integral to Singapore's progress, enjoying equal access to education, employment, transportation, and social opportunities.

In 2023, SDSC proudly partnered with the Purple Parade, contributing as one of the 13 organisations on the Purple Parade 2023 Organising Committee. Beyond our roles in campaign and contingent organisation, SDSC showcased Boccia, Para Cycling, and Sitting Volleyball at the vibrant carnival held at Suntec City on 4 November 2023. This collaboration provided the public with a hands-on experience of these sports, offering a deeper appreciation of the skills and dedication of our para athletes. The event saw a record turnout of over 13,000 attendees, marking the 11th edition of the parade. SDSC also fielded its own contingent, including para athletes Gemma Foo and Marius Madsen, along with volunteers and staff, to show their support.

Collaborating with like-minded organisations is central to SDSC's mission. Together, we strive to create a more inclusive, equitable, and thriving society where everyone has the opportunity to shine.

# Para sports Showcase

## **History of Local Para Sports and Panel Discussion with Homegrown Para Athletes**

Date: 20 May 2023

Venue: Enabling Village

SDSC highlighted the history of local para sports during the Singapore Heritage Festival, featuring Boccia and Goalball tryouts. This event led up to the official opening of Delta Sport Centre.

## **Delta Sport Centre Official Opening**

Date: 21 May 2023

Venue: Delta Sport Centre

As part of the centre's official opening, SDSC hosted Boccia and Goalball tryouts, offering participants a hands-on experience in para sports.

## **People's Association (PA) National Wellness Sharing**

Date: 21 May 2023

Venue: PA Headquarters

SDSC was invited to feature Boccia as part of the experiential learning segment during PA's internal event, attended by approximately 250 guests, including Guest of Honour Mr. Lim Boon Heng and PA Chief Executive Director Mr. Jimmy Toh. Senior management and grassroots members engaged with our athletes in Boccia sessions.

## **Northwest CDC Sports Festival**

Date: 17, 18 June 2023

Venue: Choa Chu Kang Stadium

Organised by Northwest CDC, this event focused on disability sports awareness, featuring Boccia and Wheelchair Basketball tryouts. The festival drew around 5,000 participants over two days, engaging families, children, adults, and the elderly in inclusive sports activities.

## **PA Cares @ President's Challenge 2023**

Date: 2 July 2023

Venue: Hong Kah North CC

As part of this annual fundraising event, SDSC partnered to promote and showcase Boccia, Powerchair Football, and Wheelchair Basketball, encouraging community participation and awareness of these adaptive sports.

## **OTH Inclusive Sports Festival**

Date: 9-12 July 2023

Venue: Our Tampines Hub

This 8-day festival featured a variety of inclusive sports, including Boccia and Goalball. The event engaged over 700 persons with disabilities and 20,000 residents, receiving significant media coverage and support from 11 stakeholders.

## **AWWA Silver Sports Day**

Date: 14 July 2023

Venue: ITE College Central Multi-purpose Hall

SDSC introduced Boccia to nearly 250 seniors from AWWA during this carnival-style event, which also featured games like Seated Volleyball and Seated Floorball.

## **MOE Special Education Needs Conference**

Date: 20 July 2023

Venue: MOE HQ

SDSC led a breakout segment on "Building Inclusivity through Sport and Physical Activity," partnering with PSA. The session included adapted sports tryouts such as Boccia and Sitting Volleyball.

## **GetActive! Inclusive Playdate**

Date: 31 July, 1, 7, 8 August 2023

Venue: OCBC Arena Hall 1

SDSC facilitated inclusive sports tryouts for over 1,200 participants from 13 organisations and schools. The event featured six disability/adapted sports, including archery, athletics, blind football, Boccia, Wheelchair Basketball, and badminton.

## **SPD Staff Day**

Date: 11 August 2023

Venue: Turf Club

SDSC organised adapted sports activities, including Archery, Lawn Bowls, Goalball, Sitting Volleyball, Blind Football, and Boccia, for 400 SPD staff members.



**Launch of Enabling Services Hub**

Date: 14 August 2023

Venue: Tampines West Community Club

SDSC featured Boccia tryouts during the launch, allowing para athletes to play alongside invited groups and residents.

**Seniors Day Out**

Date: 20 August 2023

Venue: Leng Kee

Organized by the Queenstown Community Sports Network, this event featured Boccia alongside other activities like badminton and pickleball, engaging seniors in enjoyable physical activities.

**Brickland Sports Fiesta**

Date: 17 September 2023

Venue: The Arena @ Keat Hong

The Brickland Sports Fiesta focused on fostering inclusivity through sports, featuring events like Futsal and Basketball tournaments and inclusive play sessions. SDSC showcased Wheelchair Basketball, offering residents and guests a chance to experience the sport.

**Boccia Tryouts @ Apple**

Date: 18-19 October 2023

Venue: Apple Office

In the lead-up to the Purple Parade, SDSC was invited to showcase Boccia at Apple, giving employees an opportunity to try out the sport and learn about its significance.

**Woodgrove Active Ageing Committee Boccia Tryouts**

Date: 29 October &amp; 23 December 2023

Venue: Woodgrove CC

SDSC introduced Boccia to the local community, providing seniors with an accessible and enjoyable way to stay active.





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# Athlete Ambassadorship



Our para athletes are not only champions in their sports but also champions of inclusivity. They frequently receive invitations from schools and organisations to foster understanding and raise awareness about disability sports, and promote inclusive practices in sports.

In FY2023-2024, our para athletes completed a total of 38 engagements, the most we have had in a year (29 in FY2022-2023 and 24 in FY2021-2022), where they shed light on how disability sports have impacted their life and encouraged participants to promote an inclusive society. These engagements also provided an additional source of income for our para athletes at times. 20% of the income generated from these engagements would also go directly to SDSC's programmes and services, to support our para athletes, and nurture a stronger and more vibrant disability sports community in Singapore.

Our para athlete ambassadors in FY2023-2024 included: Nurulasyiqah Binte Mohammad Taha, Nur Syahidah Binte Alim, Joan Hung, Yap Qian Yin, Elaine Eng, Nur'aini Binte Mohamad Yasli, Neo Kah Whye, Kalai Vanen S/O R Nadesan, Jovin Tan, Gemma Rose Foo, Eric Ting, Yip Pin Xiu, Xavier Lim Jie Rui, Oh Siew Bee, Toh Sze Ning, Mohamed Ismail Bin Hussain, Toh Wei Soong, Faridah Bte Salleh, Aloysius Gan, Mahendran S/O Pasupathy, Muhammad Nur Ariq Bin Yaakub, Tay Wei Ming, Koh Beng Hock, and Theresa Goh.



We also had the privilege of engaging other key contributors to disability sports. These included boccia player Nurulasyiqah Mohd Taha's competition partner, Ms Nur Azizah Binte Ahmad Rumzi as well as School of the Arts physical education teacher and a long-time volunteer with SDSC, Ms Mariette Ong.

A noteworthy collaboration in January 2024 involved a partnership with our member organisation, AWWA, and Team Nila, where we shared insights with 17 staff members from the Ministry of Education. The session began with an overview of disability sports in Singapore by Dr Teo-Koh Sock Miang, SDSC President. Mr Zulhilmi Zulkifli, Senior Physiotherapist, then provided valuable insights into AWWA's Community Integration Service and its collaborative efforts with PE teachers to integrate students with disabilities into mainstream schools.

Paralympian Jovin Tan also reflected on his experiences overcoming challenges in PE lessons. The day concluded with Team Nila volunteers leading participants in para sports tryouts, where Jovin showcased his skills as a boccia athlete, a sport he recently embraced. A special thank you to Mr. Aravinthan, Branch Director (Physical, Sports, and Outdoor Education, POSEB), for his participation and kind gesture of appreciation to SDSC.

Engagements like these allow us to deepen the understanding of the positive impact sports can have on individuals with disabilities and demonstrate how each of us can contribute to creating a more inclusive society.

In March 2024, we were honoured to partner with Certis for their International Women's Day 2024 Trailblazers Talk. Paralympian and para swimmer Theresa Goh, along with para-equestrian Gemma Rose Foo, shared their inspiring stories, including both triumphs and challenges, with the Certis Bukit Timah team.

We extend our heartfelt gratitude to the schools and organisations that partnered with us in this endeavour: Singapore University of Social Sciences, Fairfield Methodist Secondary School, Juying Secondary School, NUS High School, Qifa Primary School, Northoaks Primary School, Yuying Secondary School, Yangzheng Primary School, Elias Park Primary School, Ministry of Culture, Community & Youth, Youthopia, Ministry of Education and Mothership.





## Highlights

# Campaigns

**International events held in Singapore have proven to boost the performance of our para athletes as they compete against world-class opponents on home ground, in a familiar environment and are able to receive strong local support, enhancing their confidence and motivation.**

These events also offer valuable exposure to international standards, helping athletes gauge their readiness and identify areas for improvement. Beyond sports, such events promote Singapore as a vibrant hub for global competitions, inspire the community, and foster a culture of excellence and inclusivity in sports.





# Singapore Para Bowling International 2023

Date: 5-7 October 2023

Venue: Temasek Club

The Singapore Para Bowling International 2023, held from October 5 to 7 at Temasek Club, saw Team Singapore secure third place on the medal table with a total of 2 gold, 8 silver, and 6 bronze medals. This marked the third time Singapore has hosted international para bowling competitors with visual, physical, and intellectual impairments. The event was organised by the Singapore Disability Sports Council (SDSC) and the Bowling Association for the Disabled (Singapore) (BADS).



## High Performance Development

Approximately 60 para bowlers from Australia, Czech Republic, China, Philippines, India, Hong Kong China, Republic of Korea, and Singapore competed in the event. Despite para tenpin bowling being removed from the ASEAN Para Games 2022 and 2023, as well as the Asian Para Games 2022, the sport continues to hold significant value and has contributed substantially to Team Singapore's past successes.



## Team Singapore's Performance

Mohamed Ismail Bin Hussain, competing in the TPB3 visual impairment category, was a standout performer for Team Singapore, contributing significantly to the team's medal tally with 2 gold and 2 silver medals. His exceptional performance helped secure Team Singapore's impressive third-place finish.



## International Competitors

**Czech Republic:** The Czech Republic clinched second place on the medal table, finishing strong with a total of 4 gold, 1 silver, and 1 bronze. Vera Machakova, also competing in the TPB3 visual impairment category, impressed with an average game score of 188 and a high score of 263 in her opening game of the final day.

**South Korea:** The South Koreans demonstrated dominance throughout the tournament, retaining the first-place position on the medal table. Their remarkable performance included 15 gold, 8 silver, and 4 bronze medals. Son Dae Ho, competing in the TPB10 physical impairment category, delivered a standout moment with a score of 279 in one of his Trios games.

## Community Engagement and Education

The event also provided valuable educational experiences for local students. Nearly 100 students, including preschoolers as young as four years old, participated in learning journeys to the event. They engaged in activities such as bowling blindfolded and seated to simulate the challenges faced by visually and physically impaired bowlers. Additionally, around 30 children and youth with disabilities enjoyed a fun bowling session with their families, further enhancing community involvement and support for para sports.





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# Citi Para Swimming World Series Singapore 2023



**Date:** 26-28 April 2023  
**Venue:** OCBC Aquatic Centre

The Citi Para Swimming World Series Singapore 2023, held from April 26 to 28 at the OCBC Aquatic Centre, marked the third time SDSC has hosted this prestigious event. With participation from 21 countries, featuring 172 athletes, 133 team officials, and close to 500 volunteers, the event underscored Singapore's ongoing commitment to advancing para sports and fostering a more inclusive community.





## Objectives

SDSC's primary objectives for hosting the World Para Swimming World Series include:

1. **Promoting Para Sports:** Showcasing the skills and achievements of para athletes to a wider audience and highlighting the excitement and competitive spirit of para swimming.
2. **Enhancing Performance:** Provide a stepping stone for our national para swimmers to compete against emerging and top para athletes from around the world.
3. **Capability Development:** Offering local classifiers and technical officials valuable learning and training experiences to enhance their skills and knowledge.
4. **Engaging the Community:** Creating opportunities for local students and spectators to learn about para sports, meet para athletes, and engage in interactive activities that promote understanding and support for disability sports.

## Day 1 Highlights

Team Singapore made a spectacular start on the first day. Yip Pin Xiu set a new world record in the S2 Women's 200m Freestyle with a time of 4:41.46, claiming gold and surpassing the previous record held by China's Feng Yazhu. Her performance, amassing 1003 points, was 95 points ahead of Thailand's Nattharinee Khajhonmatha, who took silver. Chan Yui Lam from Hong Kong secured the bronze.

Toh Wei Soong also made an impressive showing, winning silver in the S7 Men's 50m Butterfly with a time of 29.99 seconds and earning 976 points. His performance earned Singapore's first medal in this home edition of the World Series.



## Day 2 Highlights

On the second day, Yip Pin Xiu added another silver medal to her tally in the Women's 50m Backstroke multiclass event, finishing with 1:03.28 and 884 points. Filipino Angel Mae Otom took gold with 994 points, while Greek Alexandra Stamatopoulou secured bronze with 696 points.

Colombia's Nelson Crispin Corzo broke the world record in the SB6 Men's 100m Breaststroke with a time of 1:18.16, surpassing the previous record set by Ukraine's Bohodaiko Yevhenii. Corzo also won bronze in the Men's 100m Breaststroke multiclass final, showcasing the competitive spirit and high level of performance at the event.



## Engagement and Education

The event provided valuable learning experiences for local students. Over 400 students from various educational levels participated in learning journeys organised by SDSC. These journeys included insights into the classification system, inclusivity, and the adaptations used in para swimming. Students also had the chance to meet para swimming legends like Teresa Perales and Yip Pin Xiu.



## Community Involvement

Schools played a significant role in the event, with Pei Hwa Presbyterian Primary School's Rhythmic Gymnastics Team creating handcrafted souvenirs for the athletes. Students from My First Skool@Braddell Heights contributed artwork and a hand-made diorama showcasing their enthusiasm for the event.

The Festive Village offered a range of activities, including carnival treats, festival games, and interactive experiences. Spectators were actively engaged through performances by NTU students, dance acts from Cherie Hearts@Charlton, and a quiz that deepened their understanding of para swimming.

## Capability Development

The event also focused on the development of classifiers and technical officials. A classifier training course was conducted, attended by 15 classifiers including three Singaporeans. Additionally, a half-day workshop for national technical officials was held due to a review of the Technical Official pathway.

The Citi Para Swimming World Series 2023 Singapore demonstrated exceptional performances, community involvement, and educational opportunities, reinforcing Singapore's commitment to advancing para sports and fostering inclusivity.





## Highlights

# National Disability Sports Match & Talent Identification



# Certis Superheroes Challenge: Fostering Lifelong Engagement in Para Sports



In partnership with Certis, we proudly continue the Dare to Dream initiative, which is dedicated to inspiring and empowering individuals with disabilities to embrace active and fulfilling lives through their sporting ambitions. This year's Dare to Dream 2.0 introduces two exceptional programs: the Certis Superheroes Challenge and Goalball29.



## The Certis Superheroes Challenge: Unleashing Potential

The Certis Superheroes Challenge offers a series of stimulating physical and mental assessments designed to identify sporting opportunities that align with each participant's strengths and interests. Our goal is to ignite a lifelong passion for physical activity, even for those who have not previously engaged in sports.

## Challenge Stations: Identifying Diverse Strengths

The Challenge features 5 to 8 stations, each targeting specific attributes relevant to para sports:

- **Shuttlecock Throw:** Measures overarm throwing speed, applicable to javelin, shot put, wheelchair tennis, para badminton, and wheelchair basketball.
- **20m Speed Test:** Assesses acceleration from a static start, relevant to para athletics (100m to 400m), para football, para swimming, and para cycling.
- **Vertical Jump:** Gauges leg power in relation to body weight, crucial for para athletics, para football, para cycling, and para badminton.
- **Grip Strength:** Evaluates upper body strength, important for powerlifting and athletic throws.
- **Laser Pointer Stability:** Measures stability, stillness, and core strength, significant for shooting and archery.
- **Connect 4:** Tests mental agility and strategic thinking.
- **Wheelchair Shalom:** Assesses wheelchair agility.
- **Boccia Accuracy:** Evaluates precision in wheelchair-based sports.



## A Holistic Approach to Talent Development

The Certis Superheroes Challenge goes beyond mere talent identification. It is a comprehensive initiative designed to:

- **Develop Test Protocols:** In collaboration with the National Youth Sport Institute, we create tailored test protocols for individuals with disabilities.
- **Collect and Analyse Data:** Gather insights to establish talent-related norms for this community.
- **Enhance Sports-Matchmaking:** Utilise data to match participants with sports that align with their strengths and offer opportunities for personal fulfilment.



## Transformative Impact and Achievements

The inaugural specialised run at Special Education Schools in FY2023-2024 followed centralised exercises from FY2022-2023. On 11 and 12 July 2023, the Certis Superheroes Challenge at Delta Senior School engaged 125 participants through various skill assessments. The results were encouraging, with 14 participants invited to join our SDSC RUN, JUMP, THROW Fundamental Programme. This program, led by athletics coach Jason Wong at ITE College West, has since selected 4 individuals for the SDSC Athletics Developmental Programme.

Weekly sessions at Choa Chu Kang Stadium, held from 2pm to 3.30pm on Fridays, have provided structured training and development. Of the 4 students (3 boys and 1 girl) identified, 2 are set to compete in the 2024 Haw Par Para Athletics Youth Championship. Their involvement in these competitions underscores the program's effectiveness in preparing young athletes for higher-level events. They are also strong contenders for the 2024 World Abilitysport Youth Games, highlighting their rapid development and potential.

The Certis Superheroes Challenge represents a significant step forward in para sports, offering tailored pathways for lifelong engagement and personal growth. By focusing on individual strengths and providing ongoing support, we aim to create a more inclusive and dynamic sporting environment for all participants.

Highlights

# Capability Development



# Volunteers

## Volunteer Training Workshop

Date: 2 July 2023

Venue: *Passion Wave @ Marina Bay*

On 2 July 2023, SDSC conducted a Volunteer Training Workshop at Passion Wave @ Marina Bay. This initiative was in collaboration with DB Hearts, a volunteer-driven group dedicated to providing dragon boating experiences for individuals with intellectual and sensory disabilities. The training aimed to enhance the skills of both existing and new volunteers, focusing on disability-specific considerations and environmental awareness at the venue.

A total of 25 volunteers participated in the workshop, gaining valuable insights and practical knowledge to better support their demographic. This training underscores our commitment to equipping volunteers with the necessary tools to offer inclusive and effective services.

## SDSC Enablers Workshop

Date: 20 February 2024

Venue: *Delta Sports Hall*

The SDSC Enablers Workshop, held on 20 February 2024 at Delta Sports Hall, provided a comprehensive one-day training for volunteers. This workshop was designed to offer hands-on experience and instruction in facilitating disability sports, further equipping volunteers with the skills needed to support athletes effectively.

The workshop was part of our ongoing efforts to enhance volunteer engagement and capability, ensuring that all participants are well-prepared to contribute meaningfully to our programmes and initiatives.

## Volunteer Appreciation Day 2024: Unleashing the Spirit of Adventure

Date: 20 January 2024

Venue: *Kampong Glam*

On a lively Saturday afternoon, SDSC hosted the Volunteer Appreciation Day 2024 in Kampong Glam, celebrating the incredible dedication of over 40 volunteers. The event featured a spirited scavenger hunt, where participants braved a drizzle to explore local artworks and heritage food and beverage outlets established before World War II.

The day concluded with a dinner at Village Hotel Bugis, where the top three scavenger hunt teams were awarded prizes. As a special touch, a long-time volunteer distributed handmade keychains as tokens of appreciation. This event highlighted our deep gratitude for the volunteers' unwavering support and commitment, and we remain dedicated to creating more opportunities for them to contribute to our mission.





# Coaches

## Disability Sports & Learning Community (DSLCL)

The Disability Sports & Learning Community (DSLCL) initiative, established by SDSC in 2023, aims to provide coaches with the skills and knowledge to train athletes with disabilities, raise awareness about inclusive sports, and promote skill development. It ties in with our strategic goal of having “more coaches, better coaches”. Through workshops, hands-on training, and collaboration, DSLCL provides a platform for coaches to exchange knowledge with each other and build a supportive network, so that they may help foster an inclusive sports environment and ensure equal opportunities for athletes with disabilities.

### Topic #1

### Strength & Conditioning



Date: 24, 25 May 2023

Venue: National Youth Sport Institute

Coach Abdul Razak Bin Mansor (Para Powerlifting) led this workshop on preparing and modifying strength and conditioning (S&C) training programmes for para athletes. 15 participants learned techniques for enhancing strength, endurance, and overall fitness, focusing on adaptive training methods for various abilities and sports requirements. The expert guidance emphasised the importance of individualised training plans to maximise performance and safety.

## Topic #2

### Effective Communication



Date: 15 December 2023

Venue: CPAS

Facilitated by Coach Yurnita Omar (Boccia), this programme concentrated on communication strategies with para-athletes who are non-verbal. 5 coaches explored the use of sign language, gestures, facial expressions, and alternative communication methods such as communication boards and assistive devices. Practical sessions with CPAS boccia athletes provided real-world application of these communication techniques.

## Topic #3

### Stretch Therapy & Microstretching workshop



Date: 15, 19 March 2024

Venue: SportSG

Dr. Nikos Apostolopoulos conducted this workshop on stretch therapy and microstretching. 36 participants gained insights into techniques for improving flexibility, reducing muscle tension, and preventing injuries. Hands-on sessions allowed coaches to practise these techniques under expert guidance, equipping them to incorporate these methods into their training routines for enhanced well-being and performance.

## ICCE Global Coaching Conference 2023 Para Sports Workshop by Paralympics Australia

Date: 5 September 2023

Venue: SportSG Meeting Room

In collaboration with the ICCE Global Coaching Conference 2023, SDSC hosted a specialised Para Sports Workshop featuring Alex Jago, Coach Development Advisor, and Dr. Ross Pinder, Performance Insights & Innovation Lead from Paralympics Australia.

The workshop provided an in-depth exploration of high-performance Paralympic sport contexts, renowned for their innovative approaches to coaching and problem-solving. Facilitators Jago and Pinder introduced participants to cutting-edge design principles and frameworks that emphasise a solution-focused mindset, collaborative approaches, and co-design.

35 participants engaged in practical exercises that allowed them to apply these principles to real-world coaching challenges, promoting a re-evaluation and enhancement of their coaching practices. The workshop aimed to foster a more dynamic and effective approach to training within the Paralympic sports arena.

This event offered significant value, equipping attendees with new insights and strategies to refine their coaching methodologies and better support athlete development.





# Coaching Curriculums and Workshops

## Completion of SG-Coach Level 1 Para Athletics (Technical) Curriculum

In FY2023-2024, SDSC completed the development of the SG-Coach Level 1 Para Athletics (Technical) Curriculum, marking a significant milestone in our ongoing commitment to enhancing coaching standards in disability sports. This new curriculum becomes the fifth specialised coaching programme developed by SDSC, complementing existing curriculums in Sailing, Goalball, Lawn Bowls, and Tenpin Bowling.

The SG-Coach Level 1 Para Athletics (Technical) Curriculum is designed to equip coaches with essential skills and knowledge specific to Para Athletics. It focuses on various aspects such as:

### Effective Communication and Coaching Methods

Techniques for conveying instructions clearly and adapting coaching methods to suit the needs of athletes with disabilities.

### Technical Skills and Session Planning

Training coaches to develop and deliver structured and effective training sessions, addressing the technical requirements of Para Athletics.

### Classification and Adaptations

Understanding classification systems and making necessary adaptations to coaching practices to support athletes' diverse needs.

This curriculum aims to build a robust foundation for coaching Para Athletics, supporting coaches in fostering an inclusive and high-performing environment for athletes with disabilities. By expanding our coaching programmes, we continue to strengthen the quality of disability sports coaching and contribute to the overall development of our athletes.

The introduction of this curriculum reflects our dedication to providing comprehensive support for coaches and ensuring that they are well-prepared to meet the demands of Para Athletics. It underscores our ongoing efforts to enhance coaching practices and promote excellence in disability sports.

## SG-Coach L1 Para Athletics (Technical) Coaching Course 2023

Date: 18, 19 December 2023

Venue: SportSG & Home of Athletics

The SG-Coach Level 1 Para Athletics (Technical) Coaching Course 2023 is a specialised programme aimed at equipping coaches with the expertise required to effectively train and mentor para-athletes in athletics. Organised by the Singapore Disability Sports Council (SDSC), this course addresses the increasing need for qualified coaches in the para-sports sector.

The course concentrated on the technical aspects of para athletics and included comprehensive coverage of essential topics such as:

### SDSC Ecosystem

Understanding the broader framework supporting para-athletics.

### Fundamentals of Coaching Para-Athletes

Strategies and methodologies tailored for para-athletes.

### Classifications in Para-Athletics

Insights into the classification system and its impact on training and competition.

### Adapting Training Techniques

Customising training approaches to meet the specific needs of athletes with disabilities.

### Safety and Injury Prevention

Best practices to ensure a safe training environment.

### Creating Inclusive Training Environments

Techniques to foster an environment that promotes both performance and well-being.

9 participants engaged in hands-on sessions and workshops led by experienced para-sports coaches, including SDSC Pathway and Performance Director, Tim Newenham, providing them with practical skills and knowledge. Upon successful completion, coaches received certification to work with para-athletes at a foundational level. This course represents SDSC's dedication to nurturing a skilled and inclusive coaching community, paving the way for the development of the next generation of para-athletics talent in Singapore.

# Classification and technical officiating

## Boccia Referee Workshop

Date: 8 July 2023

Venue: Pasir Ris Sports Hall

On 8 July 2023, SDSC hosted a Boccia Referee Workshop at Pasir Ris Sports Hall. This workshop provided valuable training for referees, focusing on the rules, techniques, and officiating standards essential for effective Boccia competitions. The event saw active participation from 10 individuals, reflecting our commitment to enhancing the skills and knowledge of Boccia referees in the community.

## FrameRunning Coaching Course

Date: 19-22 July 2023

Venue: Denmark

From 19 to 22 July 2023, SDSC supported physiotherapists Chua Wei Qing and Lau Ong Ing from CPAS East in attending the FrameRunning Coaching Course in Denmark. This course was part of the 26th Frame Running Development Camp and the CPISRA & IWAS International Cup 2023.

Facilitated by experienced coaches from the Danish National Frame Running Team and Frame Running Clubs, the programme offered comprehensive theoretical and practical training on Frame Running techniques. The insights and skills acquired will significantly contribute to enhancing the coaching and development of Frame Running athletes within our community, particularly in the specialised programmes at CPAS East.

## IWAS Wheelchair Fencing Classifier Seminar

Date: 26 August - 1 September 2023

Venue: Busan, South Korea

SDSC supported Gail Pamela Torres from Cerebral Palsy Alliance Singapore (CPAS) East to attend the IWAS Wheelchair Fencing Classifier Seminar held in Busan, South Korea. This seminar is a key component in developing expertise in classification for wheelchair fencing, a crucial area for ensuring fair competition in the sport.

We are proud to announce that Gail successfully completed the course and has become our first national classifier for wheelchair fencing. Gail will be instrumental in ensuring accurate and fair classification for athletes competing in wheelchair fencing events, contributing to the integrity and growth of the sport in Singapore.

The successful completion of this seminar highlights our ongoing commitment to advancing the standards of disability sports and reflects our broader efforts to support the professional development of our members in the field.

## Para Athletics Technical Officials Refresher Workshop

Date: 3 November 2023

Venue: Singapore Sports Hub

In November 2023, SDSC organised a Para Athletics Technical Officials Refresher Workshop, conducted by esteemed TO educator, Mr. Wong Tien Choy. This workshop was designed to update and refine the skills of technical officials in the field of para athletics. With 45 participants in attendance, the workshop emphasised current best practices and rules in para athletics officiating, ensuring that our officials remain well-informed and proficient in their roles.



# Programme Partners



## Tiger Balm WeHeartBoccia workshops

Date: 27 January, 3 February, 22 March 2024

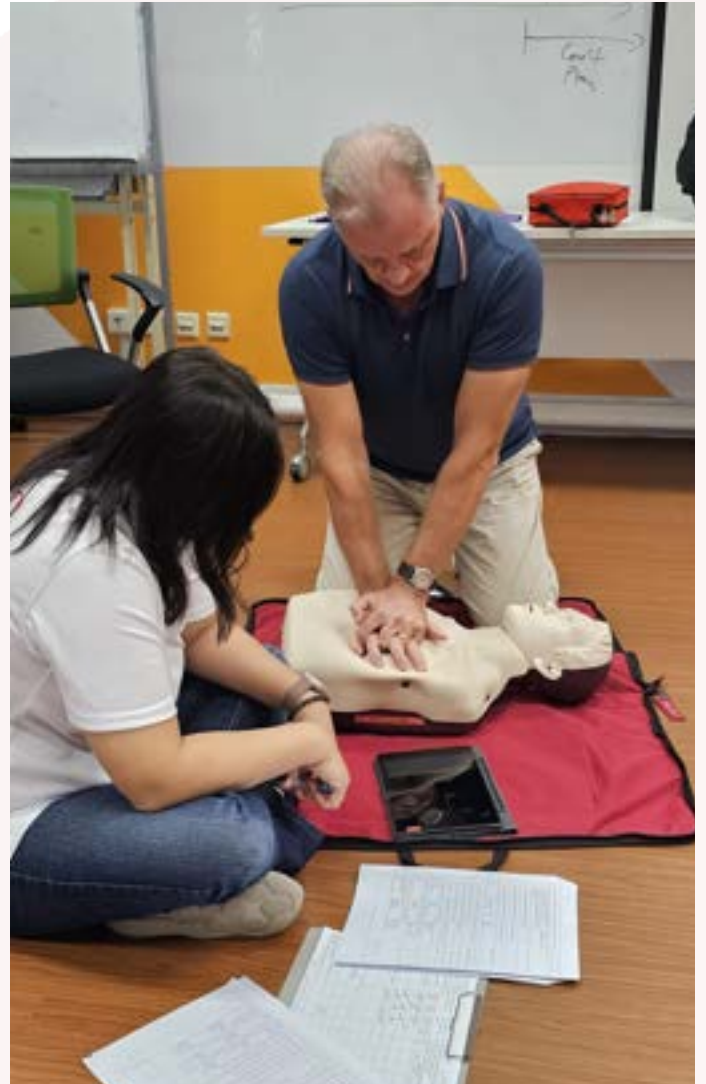
In 2023 and 2024, 84 staff and administrators from various Day Activity Centres, Senior Activity Centres and schools attended the workshops, where they learnt and experienced firsthand the power of the inclusive sport of Boccia. Through attending the workshops, participants were able to gain a better understanding of Boccia and the confidence to engage their beneficiaries in the sport.

One of the attendees, Mei Hui of Allkin Singapore's Active Ageing Centre @ Ang Mo Kio attended the workshop to learn more about Boccia and how to implement this with seniors in a fun and engaging manner.

She shared on behalf of the team at Allkin Singapore's Active Ageing Centre: "The workshop enabled us to learn more about how sports like boccia can be adapted to cater to players who are differently-abled or have limited mobility. With a strong belief that every individual has unique strengths, no matter their backgrounds or abilities, Allkin was deeply heartened to witness the athletes' passion shine through during the workshop, and are deeply grateful for their humility and amiability."

We would like to thank AWWA Home and Day Activity Centre, AWWA School @ Napiri, Allkin Active Ageing Centre, SUN-DAC, St Luke's ElderCare, SPD Enabling Service Hub and Cerebral Palsy Alliance Singapore for their participation in this programme. Their steadfast commitment to sharing the benefits of parasport to their beneficiaries has been crucial in enhancing the inclusivity and impact of the WeHeartBoccia programme. Through our joint efforts, we are fostering a more inclusive and supportive community by leveraging the power of parasport.

# Staff in Sports



## Standard First Aid + AED Course

Date: 1, 2 February 2024

Venue: SportSG

8 staff from the Singapore Disability Sports Council's Pathway and Performance team participated in a Standard First Aid + AED course to equip the team with critical knowledge and skills necessary for responding effectively to emergencies. This initiative reflects SDSC's commitment to maintaining the highest standards of safety and care in all its programmes and activities.



## Sports Visitor Programme: Building Coach Capacity and Safe Sport Environments

Date: 19 August - 3 September 2023

Venue: Colorado Springs & Minneapolis, Minnesota

The Sports Visitor Programme, held from 19 August to 3 September 2023, was a transformative experience aimed at enhancing coach capacity and promoting safe sport environments. Attended by 14 delegates, including Ms. Nurul Fiona, Pathway and Performance Executive representing the Singapore Disability Sports Council (SDSC), the programme offered a comprehensive exploration of best practices in athlete development and safety.

Key topics covered during the programme included national education programmes and player development strategies led by USA Swimming and USA Hockey. These sessions provided valuable insights into the structured approaches that underpin the success of these sports in the United States, offering lessons that can be adapted to the Singaporean context.





The programme also featured visits to several prominent sites, such as the Colorado Springs Olympic & Paralympic Committee and the Courage Kenny Rehabilitation Institute. These site visits deepened the delegates' understanding of the infrastructure and support systems essential for nurturing elite athletes, particularly in para sports.

A significant focus of the programme was on SafeSport management and the prevention of athlete abuse. The Colorado Rapids SafeSport Managing Team and the USA Olympic & Paralympic Committee shared their expertise on creating safe environments for athletes, with particular emphasis on the Minor Athlete Abuse Prevention Policies and USA Anti-Doping practices. These sessions underscored the critical importance of maintaining ethical standards and safeguarding athlete welfare in all sporting activities.



In addition to theoretical knowledge, the programme provided hands-on experiences, including try-outs for wheelchair basketball and sitting volleyball. These activities offered practical insights into adaptive sports, reinforcing the importance of inclusivity in sports programming.

Professional development sessions on coaching, athlete safety, and sports psychology, led by experts such as USA Volleyball and Premier Sport Psychology, further equipped the delegates with the tools needed to implement these best practices within their respective organisations.

Overall, the Sports Visitor Programme was instrumental in expanding the SDSC's capacity to support coach education, athlete development, and the creation of safe, ethical sporting environments. The knowledge and experiences gained will significantly contribute to enhancing the quality and safety of disability sports in Singapore.

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## Visit to Republic Polytechnic Experiential Learning Center (XLC) & Learning Journey

Date: 7 July 2023

Our Pathway and Performance team visited Republic Polytechnic's Experiential Learning Center (XLC) for a comprehensive learning journey.

During the visit, we explored several key initiatives at the XLC, including Continuing Education and Training (CET) courses designed to provide professional development for adult learners. A standout feature of the visit was observing how persons with disabilities (PwD) engage in high element activities, showcasing the institution's commitment to inclusivity and adaptive participation in physically demanding tasks.

Our exploration continued with a tour of the Sports Engineering Lab, equipped with advanced biomechanics and motion-related technology. This lab is at the forefront of research aimed at enhancing athletic performance and mitigating injury risks. We also visited the Exercise Physiology Lab, where ongoing studies focus on understanding physiological responses to exercise and optimising training methods for athletes.

The visit concluded with a productive meeting with key personnel from Republic Polytechnic's Sports Diploma department, including the Programme Chair and Assistant Director. Discussions centred on potential collaborative opportunities, such as leveraging Republic Polytechnic's resources and expertise to develop joint projects. Future initiatives could include the creation of customised coaching manuals, integration into SG Coach Level 1 or 2 training programmes, and workshops or sharing sessions focused on para-sports for Sports Diploma students.

This visit has laid the groundwork for potential collaborations that will enhance our efforts in athlete development and sports science.





## SDSC Retreat – Partnership with Allianz: Learning about Sustainability Integration



Date: 12 December 2023

Venue: Allianz Asia Pacific Office

The Singapore Disability Sports Council hosted a retreat in partnership with Allianz Asia Pacific to explore the integration of sustainability into organisational practices. This event provided an invaluable opportunity for our staff to gain insights into effective sustainability and stakeholder engagement strategies.

Nico Ahn, Regional Sustainability Lead for Allianz Asia Pacific, shared his expertise, highlighting innovative approaches to sustainability that can significantly benefit non-profit organisations. The focus was on developing strategies to address environmental, social, and governance (ESG) challenges, which are increasingly critical for resource-constrained non-profits like ours.

The retreat featured a comprehensive overview of Allianz's global and regional sustainability efforts and facilitated a productive discussion on how nonprofits can collaborate with stakeholders to develop their own sustainability strategies. This session underscored the importance of genuine commitment and proactive measures in making a meaningful impact.





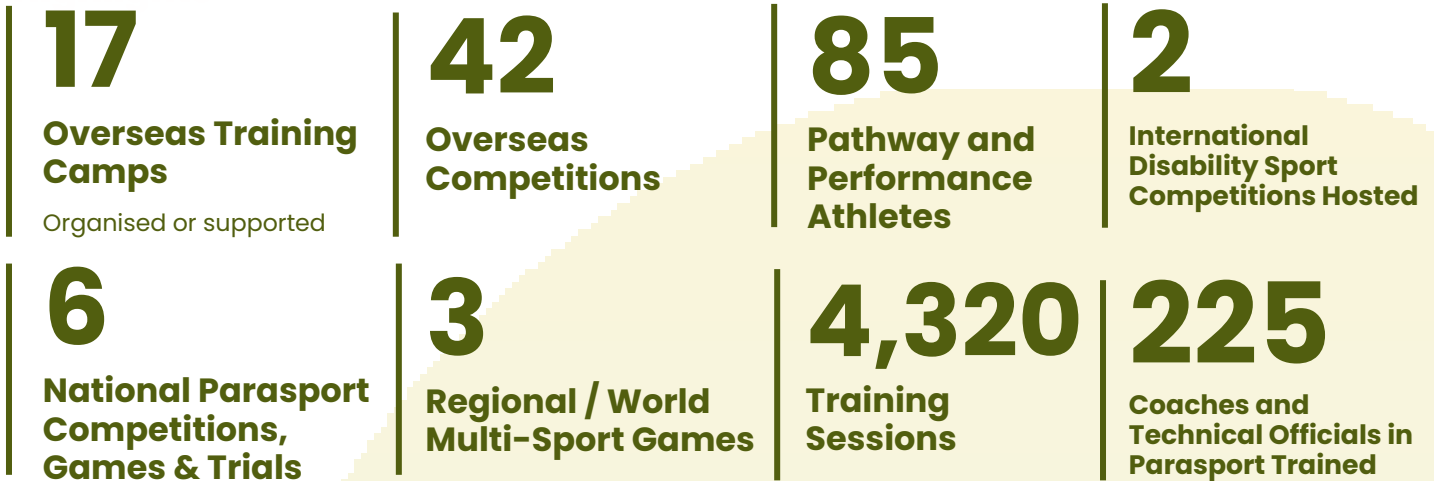
Highlights

# Pathway & Performance



# Pathway and Performance

FY2023-2024 at a glance



### Notable achievements



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# Pathway and Performance: Supporting Excellence Beyond Boundaries

Our Pathway and Performance team is dedicated to the comprehensive development and support of athletes with disabilities, providing a holistic approach that spans across training, well-being, and career development. This expert team is instrumental in identifying each athlete's unique strengths and aligning them with the most suitable sport where they can truly excel. By carefully evaluating individual potential and matching it with the right discipline, the team enhances athletes' chances of success.

A cornerstone of our approach is the creation of detailed year plans for training and competition. This involves close collaboration with athletes to set clear, achievable goals and providing continuous support to meet these targets. We also focus on addressing injuries and managing overall well-being, ensuring a balanced approach that fosters both peak performance and health.

Our centralised team structure across various sports not only allows athletes to transfer their talents seamlessly from one sport to another

but also enables the sharing of knowledge and consolidation of expertise. This collaborative environment ensures that best practices and insights are effectively shared, further enriching the support provided to our athletes.

Furthermore, we emphasise that the pathway journey is as crucial as the results at events. Our approach prioritises the long-term development of athletes, ensuring they are well-prepared and supported throughout their careers.

Beyond sports performance, our commitment includes career mentoring programs and other initiatives designed to support athletes in their broader life journeys. By fostering a supportive and integrative approach, our Pathway and Performance Team equips athletes with the tools and guidance needed to thrive both on and off the field.



## spexCarding

spexCarding is the gateway to SportSG's High Performance System, supporting athletes chosen by National Sports Associations (NSAs) to achieve their high-performance goals. The programme helps athletes reach their full potential and represent Singapore at major international events, including the Olympic, Asian, Commonwealth, Southeast Asian, and Para Games.

Athletes receive comprehensive support, including access to sport science, medicine, performance analysis, and athlete life services from the Singapore Sport Institute (SSI) and the National Youth Sports Institute (NYSI). They also benefit from National Service privileges and other spexGrant programmes, such as spexGLOW, which enhance their training and competition.

spexCarding offers a structured approach to athlete development through an annual plan with Key Performance Indicators (KPIs) and dedicated coaching. The program ensures targeted resources are effectively aligned with priority sports and athletes, fostering long-term success and consistent high-level performance.

In FY2023-2024, SDSC successfully developed 50 para athletes to enter the spexCarding programme.

## spexScholarship

The Sport Excellence Scholarship (spexScholarship) is a programme administered by the Singapore Sports Institute (SSI) that provides enhanced support for exceptional athletes who demonstrate the potential to excel at the international level. This includes additional financial and programmatic support for training, competitions, as well as sports science and medicine services.

In FY2023-2024, SDSC successfully developed 5 more para athletes to be awarded the spexScholarship - Aloysius Gan Kai Hong, Tan Yee Ting Jeralyn, Toh Sze Ning, Sophie Soon, and Wong Zhi Wei.

With these new additions, we now celebrate 11 para athletes across 6 sports in the cohort of 105 spexScholars in Singapore.

### Class of 2023 - Para Sports

Aloysius Gan Kai Hong (Boccia) (Defying: Physical Impairment)  
 Tan Yee Ting Jeralyn (Boccia) (Defying: Physical Impairment)  
 Toh Sze Ning (Boccia) (Defying: Physical Impairment)  
 Sophie Soon (Para Swimming) (Defying: Visual Impairment)  
 Wong Zhi Wei (Para Swimming) (Defying: Visual Impairment)

### Other Para Athletes on spexScholarships

Laurentia Tan (Para Equestrian) (Defying: Physical Impairment)  
 Mohamed Ismail Bin Hussain (Para Bowling) (Defying: Visual Impairment)  
 Muhammad Diroy Bin Noordin (Para Athletics) (Defying: Physical Impairment)  
 Nur Syahidah Alim (Para Archery) (Defying: Physical Impairment)  
 Toh Wei Soong (Para Swimming) (Defying: Physical Impairment)  
 Yip Pin Xiu (Para Swimming) (Defying: Physical Impairment)

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# Major Games and World-Level Competitions

Our Pathway and Performance team plays a pivotal role in preparing athletes to qualify for and excel at major international competitions. This dedicated team offers a comprehensive support system that guides athletes from early talent identification through to peak performance at prestigious events.

The team takes a personalised approach to training and development, tailoring strategies to each athlete's unique strengths and needs. They create detailed year plans that include tailored training regimens, competition schedules, and performance goals, while also providing ongoing support for injury management and overall well-being.

Beyond sport-specific training, the Pathway and Performance team collaborates with coaches, sports scientists, and medical professionals to deliver a holistic support framework. This includes sport science, medical care, and mental conditioning, ensuring athletes are well-prepared to meet the demands of high-level competition and achieve their maximum potential.

Strategic planning and dedicated mentorship are central to the team's efforts, as they prepare athletes for success at major games such as the Paralympic Games, Asian Para Games, Commonwealth Games, ASEAN Para Games, and other world-class tournaments and championships.

In FY2023-2024, we were proud to support our para athletes in achieving their goals at both the ASEAN Para Games and Asian Para Games, as well as the World AbilitySport Games, highlighting our commitment to their success on the global stage.



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## ASEAN Para Games 2023

The ASEAN Para Games 2023 took place in Phnom Penh, Cambodia, from 3 to 6 June 2023. Team Singapore, comprising 25 athletes across six sports, included 17 male and 8 female competitors. Notably, para table tennis player Rodrick Li and para badminton player Xavier Lim Jie Rui made their debut at the Games.

Team Singapore achieved a remarkable total of 44 medals—12 gold, 15 silver, and 17 bronze—marking the country's fourth-best performance at an away ASEAN Para Games. This represents an improvement from the previous edition in 2022, where Singapore secured 28 medals (7 gold, 9 silver, and 12 bronze).

At the ASEAN Para Games 2023, Singapore also set new benchmarks with 9 Games Records (GR), 15 National Records (NR), and 16 Personal Bests (PB).



## Highlights from ASEAN Para Games 2023



### Para Athletics

**James Ethan Ang Kai Meng** won silver in the Men's T13 400m with a new National Record and Personal Best of 51.22s, and silver in the Men's T13 200m.

Veteran **Muhammad Diroy Bin Noordin** secured gold in the Men's T40/41 Shot Put with a throw of 9.17m.

**Suhairi Bin Suhani** achieved 4th place in the Men's T20 Long Jump with a jump of 6.39m.

### Para Badminton

**Tay Wei Ming** clinched a joint bronze in Men's Singles SU5 after advancing to the semi-finals.

**Ang Chee Hiong** reached the quarter-finals in Men's Singles SL4, earning joint bronze.

**Debutant Xavier Lim Jie Rui** made it to the quarter-finals in Men's Singles SH6, securing a joint bronze.



### Boccia

**Jeralyn Tan Yee Ting** won silver in the BC1 Female category.

**Toh Sze Ning** earned bronze in the BC3 Female category. Aloysius Gan Kai Hong claimed silver in the BC3 Male category.

**Gareth Ho Jing Rui** also won bronze in the BC3 Male event.

The mixed BC3 pair of **Aloysius Gan and Toh Sze Ning** finished 3rd, securing a bronze medal.



# Highlights from ASEAN Para Games 2023



## Para Powerlifting

**Nur Aini Bte Mohamad Yasli** won two bronze medals in Women's Up to 50kg weight class for Best Lift (80kg) and Total Lift (155kg), marking Singapore's first medals in this category at the APG.

## Para Swimming

The swim team excelled with 11 gold, 10 silver, and 8 bronze medals. Highlights include:

**Colin Soon Jin Guang** won 4 golds and 1 silver, setting 4 Games Records and 4 National Records.

**Sophie Soon Jin Wen** secured gold in all her 3 events and set a new Games Record.

**Toh Wei Soong** won 3 golds and 2 silvers, setting 2 Games Records and 1 National Record.

**Danielle Moi** earned 3 silver and 2 bronze medals, setting 4 National Records.

**Wong Zhi Wei** achieved gold in the Men's 100m Butterfly S13 and set a new Games Record.

**Darren Chan Wei Siang** won 1 silver and 1 bronze, setting new National Records.

**Janelle Tong Jin Xuan** won 1 silver and 3 bronze, setting 3 National Records.





## Highlights from ASEAN Para Games 2023



### Para Table Tennis

**Muhammad Dinie Asyraf Bin Huzaini** earned two joint bronze medals, one in Men's Team TT1-3 with **Rodrick Li Zhixian** and another in Mixed Doubles TT1-3 with **Claire Toh Shu Min**.

Claire also won a silver in her singles event, improving on her previous performance.



# Major Game: Asian Para Games 2023

The 4th Asian Para Games, held from 22 to 28 October 2023 in Hangzhou, Zhejiang, China, showcased the strength and resilience of para athletes from across Asia. Originally scheduled for 2022 but postponed due to the pandemic, the Games—also known as Hangzhou 2022—featured Team Singapore, which brought home a total of 8 medals: 3 gold, 3 silver, and 2 bronze.

A total of 31 athletes, including 16 debutants, competed across 9 sports. The team made notable achievements by setting 2 Games Records, 9 National Records, and 12 Personal Bests.

TeamSG’s notable medal achievements at the Asian Para Games 2023 included:

**TeamSG’s first archery medal at the Asian Para Games (1 Silver)**

**TeamSG’s first lawn bowls medals at the Asian Para Games and a major game (1 Silver and 1 Bronze)**

**TeamSG’s first table tennis medal at the Asian Para Games (1 Bronze)**

TeamSG athlete, Chan Han Siong Daniel, also earned the nation’s third qualification slot for the Paris 2024 Paralympic Games, and the nation’s first-ever slot in shooting for the Paralympic Games.

## Highlights from Asian Para Games 2023



### Para Lawn Bowls

**Faridah Salleh** and **Khirmern Mohamad** achieved historic results for Singapore. Faridah won silver in the Women’s Singles B6, and Khirmern clinched bronze in the Men’s Singles B7. Khirmern’s success is especially noteworthy as he took up the sport just three years prior.

## Para Shooting

**Daniel Chan** made history by securing Singapore's first qualification spot for the 2024 Paralympics with a fifth-place finish in the Men's SH1 10m air pistol event. He will be Singapore's first shooter at the Paris 2024 Paralympic Games.



## Para Archery

**Nur Syahidah Bte Alim**, Singapore's sole representative in para archery, won a silver medal with a narrow defeat to India's Devi Sheetal, finishing with a score of 142-144. This is Singapore's first medal in para archery at the Asian Para Games.

## Para Table Tennis

**Claire Toh Shu Min** made her international debut as Singapore's first para table tennis player at the Games. She won a bronze medal in the Women's Singles Class 1-2 event, achieving a significant milestone for both herself and Singapore.







### Para Athletics

**Muhammad Diroy Bin Noordin** and **James Ethan Ang Kai Meng** narrowly missed podium finishes, placing 4th in the Men's F40 Shot Put and Men's 400m T13 Final, respectively.

**Muhammad Nur Ariq** set a new National Record and Personal Best with a timing of 52.98s in the Men's 400m T20 Heats. His teammates, **Maveric Lee Dong En** and **Shaman Pandian s/o Jeyabalan**, also achieved Personal Bests in the same event.

### Para Badminton

**Tay Wei Ming** and **Ang Chee Hiong** faced tough competition and early exits in both their singles and doubles matches.



### Boccia

**Aloysius Gan Kai Hong**, the youngest member of the team, finished 4th in the Individual Male BC3 category after a close 3-1 loss to Japan's Masayuki Arita. In the Mixed Pairs BC3 category, he and **Toh Sze Ning** did not advance to the Semi-Finals. Similarly, **Jeralyn Tan Yee Ting** and **Nurulasyiqah Bte Mohd Taha** did not make it to the Semi-Finals in their respective categories.



## Para Powerlifting

**Nur Aini Bte Mohamad Yasli** achieved a best lift of 80kg, placing 5th out of 8 in the Women's Up to 50kg weight class.



## Para Swimming

**Toh Wei Soong** emerged as Singapore's most decorated athlete at the Games, winning four medals—one silver and three gold. He set new Games records in the Men's 100m Backstroke S7 and Men's 50m Freestyle S7.

**Colin Soon Jin Guang** broke three National Records and set Personal Bests in the Men's 100m Breaststroke SB13 and Men's 200m Individual Medley SM13 events.

**Darren Chan Wei Siang** set a new National Record and Personal Best in the Men's 100m Freestyle S14.

**Moi Yan Ting Danielle** broke the National Record and set a new Personal Best in the Women's 100m Backstroke S14 Heats.

Flagbearer **Wong Zhi Wei** set a new National Record in the Men's 400m Freestyle S13 Final and achieved Personal Bests in the Men's 50m Freestyle S13 Timed Final, among other events.



Overall, Team Singapore's performance at the Asian Para Games 2023 highlighted both individual and collective achievements, setting new standards for future competitions.

## World Abilitysport Games 2023

The World Abilitysport Games (WAG) 2023, the inaugural event following the merger of the International Wheelchair and Amputee Sports Federation with the Cerebral Palsy International Sports and Recreation Association, took place from December 1 to 9 in Nakhon Ratchasima, Thailand. This new competition brings together a range of sports, reflecting the unified spirit of the merged organisations.

Our delegation of seven para athletes, aged 16 to 64, competed across four of the 11 medal sports: para cycling, para powerlifting, para shooting, and para table tennis. The team was led by Chef de Mission Theresa Goh, Rio 2016 Paralympic medalist.

Para powerlifter Kalai Vanen, 64, shared his experience: "The World Abilitysport Games provides a platform to demonstrate that people with disabilities or senior citizens can stay active and competitive. Competing at an international level is the culmination of rigorous training and reflects the dedication of this sport."

Team Singapore achieved commendable results with a total of 3 Gold, 1 Silver, and 1 Bronze medal. Although our younger athletes did not secure medals, they gained valuable experience by engaging with international peers and enhancing their skills.

### Medal Highlights:

**Kalai Vanen** excelled in para powerlifting, winning three gold medals in the Men's Up to 107kg category across the Total Lift - Elite, Total Lift - Legend, and Legend Category events.

**Sebastian Adrian Tan** secured a bronze medal in the Men's T1 Individual Time Trial and a silver medal in the Men's T1 Individual Road Race in para cycling.

We also recognise the efforts of the following athletes who competed in the Games:

- **Muhammad Nur Amsyar** – Para Cycling
- **Shannon Heng** – Shooting Para Sport
- **Surya Mohan Jha** – Shooting Para Sport
- **Caleb Lee** – Para Table Tennis
- **Muhammad Dinnie Asyraf Bin Huazini** – Para Table Tennis

## Achievements at Other International Competitions

The generous support from SportSG, alongside the contributions of our donors and sponsors, has been pivotal in advancing the development of our para athletes. This backing allows us to facilitate their participation in crucial international competitions, overseas training camps, and local events. Such opportunities are essential for honing their skills, gaining competitive experience, and achieving peak performance, ultimately propelling them towards their full potential on the global stage.

### Archery



**Nove Mesto 2023 Para-Archery European Cup – 1st Leg (13-21 May 2023)**

Nur Syahidah Bte Alim secured a bronze medal, defeating Jessica Stretton, ranked 4th in the world for Compound Women Open, by a notable 3-point margin.

**Pilsen 2023 World Para Archery Championships (17-23 July 2023)**

Syahidah placed 6th out of 46 competitors in the Women’s Compound Open, earning Singapore’s first slot for the Paris 2024 Paralympic Games.

**Bangkok 2023 Asian Para Archery Championships & CQT 2024 (16-25 November 2023)**

Syahidah claimed gold in the Women’s Compound Open event, triumphing in a dramatic shootoff against India’s Sheetal Devi. This victory was especially significant following her narrow miss at gold in the Asian Para Games 2023.



## Athletics



### Paris 2023 Para Athletics World Championship (11-17 July 2023)

**Women's 100m T36:** Maisarah Mohamed Hassan – 17.22s (Season Best)

**Men's 400m T13:** James Ethan Ang – 51.53s

**Men's Shot Put F40:** Muhammad Diroy – 8.84m

**Men's Long Jump T20:** Suhairi Suhani – 6.49m (Season Best)

### Thailand 2024 – 2nd Nakhon Ratchasima International Para Athletics (18-20 January 2024)

Team Singapore brought home one gold, one silver, and two bronze medals, placing 5th among 10 nations. Highlights include:

**Men's 400m T20:** Muhammad Ariq – 54.55s (Bronze)

**Men's Shot Put F37/40/42/46/63:** Muhammad Diroy – 9.46m (Silver)

**Men's 400m T47/T13:** James Ethan Ang – 51.61s (Gold)

**Men's Long Jump T20/T12/13:** Suhairi Suhani – 6.39m (Bronze)

### Dubai 2024 World Para Athletics Grand Prix (12-15 February 2024)

The team delivered season-best performances across several events, including:

**Men's Long Jump T20:** Suhairi Suhani – 6.59m (Season Best)

**Women's 200m T36:** Maisarah Mohamed Hassan – 38.88s (Season Best)

**Women's 100m T36:** Maisarah Mohamed Hassan – 17.35s (Season Best)

**Men's Shot Put F40/41:** Muhammad Diroy – 10.02m (National Record, Personal Best, Season Best)

**Men's 400m T20:** Muhammad Ariq – 56.04s; Shaman Pandian – 58.84s (Season Best); Maveric Lee – 1:00.06 (Season Best)

**Women's 400m T20:** Siti Nurhayati – 1:11.02 (Season Best)

**Men's 400m T13:** James Ethan Ang – 51.80s

## Badminton

### **Brazil Para Badminton International 2023 (10-16 April 2023)**

Wei Ming earned a bronze medal in the SU5 Doubles, teaming up with Poland's Bartholomew Mroz, after a challenging match against top-ranked opponents.

### **Thailand Para Badminton International 2023 (7-15 May 2023)**

Although Xavier Lim and Wei Ming did not advance past the Group Stages in their respective doubles matches, Chee Hiong displayed strong performances, topping his Group before being narrowly defeated in the Elimination Round by Indonesia's Hikmat Ramdani.

### **Bahrain Para Badminton International 2023 (15-23 May 2023)**

Both Wei Ming and Chee Hiong faced tough competition, with neither advancing beyond the Round of 16 in their singles and doubles campaigns.

### **FOX's Indonesia Para Badminton International 2023 (5-10 September 2023)**

Chee Hiong topped his Group but was halted in the Quarter Finals by World Number 2 Fredy Setiawan.

### **Western Australia Para Badminton International 2023 (2-6 October 2023)**

Despite strong efforts, Chee Hiong, Wei Ming, and Xavier did not progress past the Group Stages.

### **HULIC DAIHATSU Japan Para Badminton International 2023 (7-12 November 2023)**

Wei Ming secured a significant victory over India's Hardik Makkar but could not maintain momentum, while Chee Hiong advanced to the Elimination Stage before his campaign was halted.



### **5th Fazza Dubai Para Badminton International 2023 (11-17 December 2023)**

Wei Ming reached the Round of 16 before being bested by World Number 3 Fang Jen-Yu, while Chee Hiong exited in the same round.

### **NSDF Royal Beach Cliff BWF Para Badminton World Championships 2024 (20-25 February 2024)**

Wei Ming advanced to the round of 16 in Men's Singles SU5 and, with partner Bartłomiej Mroz, reached the quarter-finals in Doubles SU5, where they were defeated by the world champions.



## Boccia

### Montreal 2023 World Boccia Cup (23 April - 1 May 2023)

Jeralyn Tan clinched gold in the BC1 Female Individuals event, showcasing consistent excellence throughout the competition.

### 1st World Boccia Youth Championships (10-16 July 2023)

Aloysius Gan and Yan Jia Yi made history by winning Gold in the BC3 Pair category, with Aloysius becoming the first Youth World Champion in boccia history.

### Poznan 2023 World Boccia Challenger (18-24 August 2023)

Singapore's team earned one silver and two bronze medals, with standout performances from:

#### Aloysius Gan

Bronze in BC3 Male Individual

#### Jeralyn Tan

Silver in BC1 Female Individual

#### Aloysius Gan & Toh Sze Ning

Bronze in BC3 Mixed Pairs

### Fortaleza 2023 World Boccia Cup (2-9 September 2023)

Aloysius Gan and Toh Sze Ning achieved 4th place in BC3 Pairs, with both competitors delivering strong performances despite not advancing past the Pool Stage in their individual categories.

### Póvoa de Varzim 2023 World Boccia Cup (1-9 October 2023)

Jeralyn Tan clinched gold in the BC1 Female Individual event, overcoming the reigning world number one, Andreza Vitória De Oliveira.



### Hong Kong 2023 World Boccia Asia-Oceania Regional Championships (11-17 December 2023)

**Jeralyn Tan Yee Ting** reached the playoffs in the BC1 Female Individual category.

**Nurulasyiqah Mohammad Taha** advanced to the quarter-finals in the BC3 Female Individual category.

**Toh Sze Ning** also reached the quarter-finals in the BC3 Female Individual category.

**Gareth Ho** finished 3rd in his pool for the BC3 Male Individual category.

**Aloysius Gan** progressed to the quarter-finals in the BC3 Male Individual category.

**Aloysius Gan and Toh Sze Ning** secured 3rd place in their pool for the BC3 Pairs category.



## Cycling

### 11th Asian Para Cycling Road Championship 2023 (7 June 2023)

The tandem pair of Tee Wee Leong and Lee Terence Meng Kai placed 9th in the Men Tandem Para Cycling Individual Time Trial (15km) with a time of 26:21.474.

### 12024 UCI World Cup I (9-18 January 2024)

Muhammad Nur Amsyar Bin Abdemanaf finished 9th out of 9 competitors in a challenging race.



## Lawn Bowls

### Thailand Open Lawn Bowls International Championships (8-16 July 2023)

Singapore's para lawn bowlers delivered stellar performances, including:

**Faridah Binte Salleh**  
Gold in Women's Singles B6

**James Joseph Michael**  
Gold in Men's Singles B7

**Mahendran s/o Pasupathy**  
Silver in Men's Singles B4

**Khirmern bin Mohamad**  
8th place in Men's Singles B7

**Khirmern bin Mohamad**  
8th place in Men's Singles B7

### 2023 World Outdoor Bowls Championship (29 August - 10 September 2023)

Mawjit Singh S/O Gurmet Singh and Khirmern Bin Mohamad earned a bronze medal in the Men's Para Pairs, marking a milestone for Singapore's para lawn bowlers on the world stage.

### 15th Asian Lawn Bowls Championship 2024 (5-10 March 2024)

Khirmern Bin Mohamad reached Round 4 in the Men's Singles category.



## Powerlifting

### Dubai 2023 World Para Powerlifting Championships (22-30 August 2023)

Nur Aini Binte Mohd Yasli competed in the Women's Up to 50kg category but did not place.

### 13th Fazza Dubai 2024 World Cup (29 February - 6 March 2024)

Nur Aini Binte Mohd Yasli achieved a commendable seventh-place finish in the Women's Up to 50kg category, equaling her season and personal best with a lift of 80kg.

## Shooting

### Changwon 2023 WSPS World Cup (22 May - 1 June 2023)

Daniel Chan Han Siong secured 15th place in the Qualification round with a score of 559 in the Air Pistol 10m SH1 event.

### Lima 2023 WSPS World Championships (19-29 September 2023)

Daniel Chan Han Siong placed 16th in the Qualification Round with a score of 557 in the Air Pistol 10m SH1 event.

### NTU Invitational Shoot 2024 (9 March 2024)

Daniel Chan set a new personal best with 574 points in the 10m AP Combined Qualification Round.







## Swimming

### Citi Para Swimming World Series Singapore 2023 (29 April - 1 May 2023)

After a four-year hiatus, Singapore's para swimmers returned to the pool with outstanding performances:

Yip Pin Xiu won Gold in the Women's 200m Freestyle Multi-Class Finals, setting a new World Record with a time of 4:41.46.

Toh Wei Soong earned Silver in the Men's 50m Butterfly Multi-Class Finals.

Other participants, including Danielle Moi, Sophie Soon, and Wong Zhi Wei, contributed to setting 7 National Records.

### Citi World Para Swimming Series Berlin 2023 (11-14 May 2023)

Swimmers like Han Liang Chou, Jazlene Tan, and Danielle Moi focused on preparations for the ASEAN Para Games 2023.

### Manchester 2023 Allianz Para Swimming World Championships (31 July - 6 August 2024)

Yip Pin Xiu secured Singapore's first swimming slot for Paris 2024 with a stellar performance:

- Women's 100M Backstroke S2: Gold with a time of 2:17.78
- Women's 50M Backstroke S2 Final: Gold with a time of 1:04.10
- Yip's achievements secured a place for Team Singapore in the Paris 2024 Paralympic Games.
- Toh Wei Soong achieved a season best with 7th place in the Men's 50M Freestyle S7, clocking in at 0:29.64.



### Japan Open - Saga (18-20 November 2023)

Sophie Soon and Toh Wei Soong delivered strong performances, setting two Meet Records.

### Queensland State Meet 2023 (12-14 December 2023)

Yip Pin Xiu represented Singapore.

### Citi Para Swimming World Series Melbourne 2024 (23-25 February 2024)

The Singapore team brought home a silver medal, two bronze medals, and set three national records:

Toh Wei Soong won Silver in the Men's 50m Butterfly Multi-Class Final.

Wong Zhi Wei set national records and personal bests in multiple events.





## Table Tennis

### ITTF Slovenia Para Open 2023 (9-13 May 2023)

Claire Toh faced top-ranked players and delivered commendable performances in challenging matches.

### ITTF Taichung Para Open 2023 (21-24 July 2023)

Claire Toh made history by winning Singapore's first-ever Mixed Doubles medal at an ITTF Para Table Tennis Open, securing silver with her partner, Park Jin Cheol.

### ITTF Thailand Para Table Tennis Open (24-27 August 2023)

Tan Kok Leong and Rodrick Li Zhi Xian won bronze medals in the Men's Singles Class 1 and Class 2 events, respectively.



## Tenpin Bowling

### **IBSA Tenpin Bowling Asian Championship (21-25 May 2023)**

Thomas Nathan Kim Yong placed 5th out of 8 in the Men’s B1 Single category with a total score of 515.

### **1st Asian Para Tenpin Bowling Championships 2023 (26 May - 1 June 2023)**

The team showcased exceptional skill, winning a total of 1 gold, 2 silver, and 3 bronze medals:

#### **Gold**

Low Chang Hong in Men’s Singles TPB8

#### **Silver**

Wilson Chua in Men’s Singles TPB8 and Low Chang Hong & Wilson Chua in Men’s Doubles TPB9+9

#### **Bronze**

Thomas Chan & Mohd Ismail in Men’s Doubles TPB1+3, Mohd Ismail in All Events TPB3, and Low Chang Hong in All Events TPB9

### **5th World Deaf Bowling Championships 2023 (1-12 August 2023)**

Adelia Naomi Yokoyama claimed the World Champion title in Women’s Singles and finished 3rd in the Women’s All Events category. Kimberly Quek achieved 14th position in Women’s Singles and 6th in Women’s Doubles.

# Training Camps

Our para athletes worked hard to hone their skills and techniques at training camps in order to prepare for the 2023 major games and qualifications leading up to Paris 2024. This support was made possible through grants from SportSG, along with generous contributions from donors and sponsors to the SDSC.

## Archery

### April 2023

Lilleshall National Sports Centre, United Kingdom

**Athlete: Nur Syahidah Alim**

## Boccia

### 20-26 June 2023

Local Training Camp

**Participants: Developmental and high-performance team athletes and coaches**

### 22 February - 4 March 2024

Incheon, South Korea

**Athlete: Jeralyn Tan**

### 3-10 March 2024

Thailand

**BC3 Pairs Athletes: Aloysius Gan, Toh Sze Ning**

## Para Cycling

### 21 November - 1 December 2023

(preparation for World Abilitysport Games)

Thailand

**Athletes: Amsyar Bin**

**Abdemanaf, Sebastian Tan**

## Para Table Tennis

### April 2023

South Korea

**Athletes: Claire Toh Shu Min,**

**Muhammad Dinie Asyraf**

**Bin Huzaini**

## Para Swimming

### March 2023

(preparation for Citi Para Swimming World Series Singapore 2023)

Thanyapura, Thailand

**Athletes: Colin Soon, Danielle Moi, Darren Chan, Janelle Tong, Sophie Soon, Yip Pin Xiu**

### April 2023

(preparation for Paris 2024 Paralympic Games)

Paris, France

**Athlete: Yip Pin Xiu**

### July 2023

(preparation for Allianz Para Swimming Championships 2023)

Manchester, UK

**Athletes: Yip Pin Xiu, Colin Soon, Sophie Soon, Toh Wei Soong**

### September 2023

(preparation for Asian Para Games 2022)

Thanyapura, Thailand

**Athletes: Yip Pin Xiu, Darren Chan**

### August-September 2023

(preparation for Asian Para Games 2022)

Wakayama, Japan

**Athlete: Toh Wei Soong**

### November 2023

Japan

**Athlete: Sophie Soon**

### November 2023

Nagano, Japan

**Athlete: Toh Wei Soong**

### December 2023

Gold Coast, Australia

**Athlete: Yip Pin Xiu**

### February 2024

(preparation for World Para Swimming Series Melbourne 2024)

Melbourne, Australia

**Athletes: Toh Wei Soong, Yip Pin Xiu, Sophie Soon, Colin Soon, Darren Chan, Wong Zhi Wei**

### March 2024

(preparation for European Open Para Swimming Championship 2024 and Citi World Para Swimming Series Singapore 2024)

Thanyapura, Thailand

**Athletes: Toh Wei Soong, Yip Pin Xiu, Sophie Soon, Colin Soon, Darren Chan, Wong Zhi Wei**

## Powerlifting

### 28 January - 9 February 2024

Kuala Lumpur, Malaysia

**Athlete: Nur 'Aini Binte**

**Mohammad Yasli**

**Coach: Razak**



# Youth and Pathway Development

Thanks to SportSG as well as our generous donors and sponsors, we were able to organise the following events to support our youth and pathway athletes' development:

## PACER Meet

Date: 30 September 2023

Venue: ITE College West

The PACER Meet 2023, organised by Para Athletics (Singapore) (PAS) and supported by the Singapore Disability Sports Council (SDSC), successfully brought together 88 participants from 10 different organisations and clubs. This year's event expanded to include the U11 and U13 categories, broadening opportunities for younger athletes to showcase their talents.

A key objective of the meet was to identify and recruit potential para-athletes for the PAS development team. Based on their performances, 11 new athletes from the Deaf, Intellectual Impairment, and Physical Impairment categories were recruited.

The meet also highlighted notable achievements, with several current para-athletes recording Personal Best times.

## Haw Par National Youth Para Swimming Championships 2023

Date: 14 October 2023

Venue: Singapore Sports School

The Haw Par National Youth Para Swimming Championships 2023 brought together 52 young swimmers with diverse disabilities, competing across 12 events. This year's competition featured a mix of seasoned champions and newcomers, with many celebrating their first-ever competition with us. A special finisher event was organised to encourage and inspire those just starting their swimming journey. This event not only highlighted the skills of our young swimmers but also marked an important milestone for those embarking on their aquatic adventures.



## Haw Par National Youth Para Athletics Championships 2023

Date: 11 November 2023  
Venue: Choa Chu Kang Stadium



The Haw Par National Youth Para Athletics Championships 2023, held at Choa Chu Kang Stadium, was attended by around 100 young athletes. We were honoured to have Member of Parliament (MP) Mr. Xie Yao Quan as our Special Guest, who presented awards to our outstanding participants. The Championships showcased a variety of events including track and field, long jump, and shot put, demonstrating the diverse talents of our youth.

A significant highlight was the debut of the Frame Running Finisher race, celebrating the culmination of nearly a year of training in this new discipline. The event was made even more special by the enthusiastic support from parents, teachers, and physiotherapists. Additionally, we hosted an open house for frame running, allowing families to experience the excitement of running with frames and fostering greater community engagement.

## National Para Table Tennis Championships 2024

Date: 16 March 2024  
Venue: Jurong East Sport Hall



The National Para Table Tennis Championships 2024, co-organised by SDSC and the Table Tennis Association for the Disabled Singapore (TTADS), marked a significant advancement from previous internal tournaments. This event brought together 29 para athletes in a national-level competition, showcasing their dedication, skill, and sportsmanship. From electrifying matches to inspiring moments, the Championships highlighted the remarkable abilities of our para athletes and set a new standard for future events.



## National Para Swimming Championships and Inter-school Para Swimming Championships 2024

Date: 23 March 2024  
Venue: OCBC Aquatic Centre

The National Para Swimming Championships 2024, held at the OCBC Aquatic Centre, introduced an exciting new element this year: the Inter-School Para Swimming Championships. This initiative aimed to encourage students with disabilities to represent their schools alongside their peers in the national school games.

The event featured 87 participants, from ages 8 to 34, including several who were competing for the first time. The championships showcased exceptional bravery and skill, resulting in 8 new National Records. Additionally, 9 Challenge Trophies were awarded to schools demonstrating outstanding performances across different categories.

### School Challenge Trophy Winners:

#### Under-10 (Category A)

Chaoyang School

#### Under-10 (Category B), Under-20 (Category B)

Cerebral Palsy Alliance Singapore School

#### Under-13 (Category A)

Towner Gardens School

#### Under-13 (Category B)

Fern Green Primary School

#### Under-15 (Category B)

St. Margaret's School (Secondary)

#### Under-15 (Category A), Under-17 (Category A), Under-20 (Category A)

Grace Orchard School

We were honoured to have Senior Parliamentary Secretary of the Ministry of Culture, Community & Youth (MCCY) and Ministry of Social and Family Development (MSF) Eric Chua, along with Mr. Junji Tomii, Vice President of the Japanese Chamber of Commerce & Industry Singapore, as our Guests of Honour. They presented the prizes to our winners and celebrated the athletes' achievements.





## National Para Athletics Championships and Inter-school Para Athletics Championships 2024

Date: 30 March 2024  
Venue: Home of Athletics

The National Para Athletics Championships 2024, hosted at the Home of Athletics, saw 124 para athletes competing under the intense sun and heat to secure medals and vie for the Challenge Trophy for the Overall Best Performing School. This year also marked the introduction of the Inter-School Para Athletics Championships, designed to encourage youths with disabilities to represent their schools in line with national school games.

The event was a showcase of remarkable athleticism and determination, with 10 Challenge Trophies awarded to schools for their exceptional performances.

### School Challenge Trophy Winners:

#### Under-10 & Under-13 (Category A)

APSN Chaoyang School

#### Under-15 (Category A)

AWWA School @ Napiri

#### Under-17 & Under-20 (Category A)

Grace Orchard School

#### Under-10, Under-13, Under-15, Under-17 (Category B)

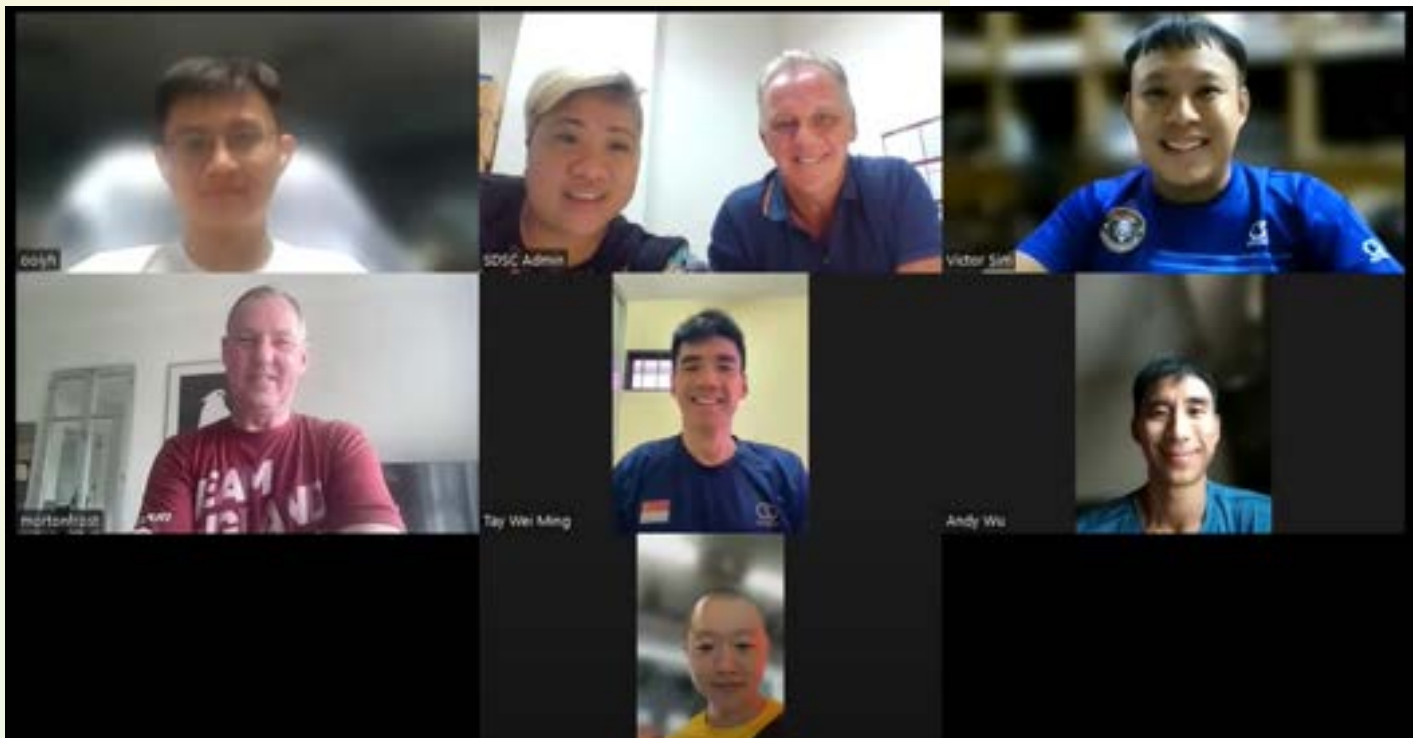
Lighthouse School

#### Under-20 (Category B)

Cerebral Palsy Alliance Singapore School

In addition to the athletic events, the championships featured community Laser Shooting try-outs. Coach Jason conducted demonstrations, allowing para athletes to experience this new sport in a fun and engaging way.

Senior Parliamentary Secretary of MCCY and MSF Eric Chua attended as our Guest of Honour and presented medals and trophies to the winners, adding a distinguished touch to the event.



## Mastering the Game: A Dialogue with Badminton Legend Morten Frost

Date: 23 August 2023  
Venue: Virtual

On 23 August 2023, SDSC hosted an enriching virtual dialogue session led by Morten Frost, a legendary figure in the world of badminton and a 4-time Yonex All-England Men's Singles Champion. Currently serving as the Performance Director at Badminton England, Frost brought his wealth of experience and expertise to our para-badminton coaches and athletes, offering invaluable insights to help elevate their performance.

The session was highly interactive, with both coaches and athletes fully engaged, seizing the opportunity to ask a variety of questions and gain deeper understanding into the strategies and techniques essential for advancing in para-badminton. Frost's guidance and advice left a lasting impact, inspiring our participants to strive for excellence in their sport.

## SDSC Forum 2023:



In September 2023, the Singapore Disability Sports Council (SDSC) successfully concluded a series of forums focused on both high performance and community participation in disability sports. These forums aimed to share the development of the Disability Sports Master Plan (DSMP) with stakeholders and encourage constructive conversations that contribute to the plan's success.

### Key Objectives:

- **Supporting Performance:** We sought feedback from current para athletes, coaches, parents, and caregivers to identify any overlooked barriers preventing athletes from succeeding in sports. The discussions also explored potential solutions to address these barriers and focused on how athletes can be better supported to represent Singapore, including at the ASEAN Para Games (APG) 2029.
- **Promoting Participation:** The forums aimed to help parents and caregivers understand the benefits of sports participation for individuals with disabilities, identify barriers, and facilitate first-time participation. Additionally, mainstream coaches were engaged to become more aware of how they can contribute to parasport and support persons with disabilities through effective coaching practices.

### Forum Highlights:

#### 5 September 2023 – Athletes' Forum:

- **Participants:** 49 para athletes
- **Panel Discussion:** The 45-minute session titled "Secrets to Success" featured para athletes Wei Ming, Joan Poh, and Theresa Goh, and was moderated by Tim Newenham. This session set a strong foundation for the discussions that followed.
- **Focus Group Discussion (FGD):** A one-hour FGD explored how athletes can be better supported to represent Singapore, including preparations for the APG 2029.

#### 9 September 2023 – Performance Parents and Caregivers Forum:

- **Participants:** 11 parents and caregivers
- **Panel Discussion:** Moderated by Tim Newenham, this 45-minute session included valuable insights from Bernard Lim (Rio 2016 Paralympic medalist Theresa Goh's father), as well as other parents of developing athletes.
- **Focus Group Discussion (FGD):** The one-hour FGD focused on how parents can effectively support their children's journey towards high performance in sports.

#### 11 September 2023 – Performance Coaches' Forum:

- **Participants:** 16 coaches
- **Panel Discussion:** A 45-minute session on long-term planning, moderated by Tim Newenham, featured contributions from coaches Ang Peng Siong, Razak Bin Mansor, Hansen Bay, and Joan Poh.
- **Focus Group Discussion (FGD):** The one-hour FGD addressed ways in which coaches can better support athletes in representing Singapore, particularly with an eye on the APG 2029.

These forums offered valuable insights that will contribute to the ongoing development of the Disability Sports Master Plan, ensuring that our athletes, coaches, and support systems are well-prepared to excel on the global stage.



# Beyond Sports

## Focus on Abilities

Focus on Abilities is an Athlete Life initiative by the Singapore Disability Sports Council (SDSC) that seeks to unite supportive partners and donors to provide comprehensive career support for para athletes. Our aim is to empower para athletes to not only navigate success in their chosen sport but also to seamlessly transition into successful dual and post-sport careers.



## Allianz Movenow Mentoring Programme

Launched in January 2024

In January 2024, SDSC, in collaboration with Allianz Asia Pacific and Halogen Foundation, proudly launched the Allianz MoveNow Mentoring Programme at the regional office in Singapore. This initiative is part of SDSC's Athlete Life project under the Focus on Abilities initiative, designed to empower para athletes and youths with the skills and knowledge needed to transition successfully from academic life to the workforce.

Over the course of six months, the first cohort of the MoveNow Mentoring Programme has made significant strides in personal discovery, career navigation, and skill set development. The programme has played a pivotal role in preparing 5 para athletes—Shannon Heng (Para Shooting), Marius Madsen (Para Archery), Maveric Lee (Para Athletics), Lionel Toh (Para Athletics), Xavier Lim (Para Badminton), and Muhammad Nur Amsyar Bin Abdemanaf (Handcycling)—for their future careers. Through one-on-one mentorship, these athletes have gained insights into early career mastery, from managing finances to building a personal brand.

The impact of the programme has been profound, with participants demonstrating remarkable growth, supported by the patience and generous guidance of thought leaders and exemplary employees at Allianz. As we close this chapter and eagerly anticipate the second run in 2025, SDSC is committed to building on this foundation to foster inclusivity and unlock the potential of more young athletes with disabilities, helping them navigate and excel in their careers.



## Focus on Abilities Dialogue: "Winning Beyond the Podium"

Date: 26 January 2024

Venue: SportSG

SDSC organised a dialogue titled "Winning Beyond the Podium: Navigating Dual and Post-Sport Careers as a Para Athlete", aimed to initiate critical conversations about the necessary balance between careers and sports for para athletes. The dialogue served as a foundation for future workshops that will further support athletes in their career transitions.

Moderated by Paralympic medallist and SDSC Pathway Team member Theresa Goh, the discussion brought together a distinguished panel of experts, including Bernard Lim from SpexBusiness, Ron Loh, Deputy Chief Executive of SG Enable, and Nurulasyiqah Taha, SDSC Board Member and Chairman of the Singapore Para Athlete Commission. Their combined expertise and unique perspectives provided valuable insights into the support available for para athletes and the essential considerations they must take into account when pursuing dual careers.

The dialogue emphasised the importance and feasibility of balancing both sports and careers, highlighting that pursuing dual careers can be advantageous for para athletes. This message was particularly resonant for the 18 attendees, who gained a deeper understanding of the opportunities and challenges faced by para athletes in navigating their professional and sporting lives.

As SDSC continues to support athletes beyond their sporting achievements, the "Focus on Abilities" dialogue represents a significant step towards fostering a holistic approach to athlete development. By laying the groundwork for future workshops, this dialogue underscores SDSC's commitment to empowering para athletes to thrive both on and off the field.

## Media Training Course

Date: 18, 25 November 2023

In November 2023, the Singapore Disability Sports Council (SDSC) organised a Media Training Workshop for 11 para athletes, funded by the Temasek-CDC Enabling Fund. This workshop was aimed at enhancing the athletes' skills in media interviews, helping them to communicate their messages clearly and confidently. This initiative, in collaboration with Central CDC, reflects SDSC's commitment to supporting para athletes in both their sports and public engagements.

## Highlights

# Awards and Recognition





# Recognition

**Singapore National Paralympic Council (SNPC) and Singapore Disability Sports Council presented the four members of the Singapore Para Athletes Commission (SPAC)**



**Nurulasyiqah Taha (Boccia)**

Chairperson

**Toh Wei Soong (Para Swimming)**

Vice-Chairperson

**Maximillian Tan (Para Equestrian)**

Honorary Secretary

**Adelia Naomi Yokoyama (Deaf Bowling)**

Member

Serving from 2023 to 2027 and meeting at least once every six months, the SPAC will serve as the collective voice of para athletes in Singapore and seek to represent their interests and views. They will also provide effective input into decision-making so that para athletes train and compete within a supportive and transparent system. SPAC members will be the link between SNPC, SDSC and para athletes in Singapore.

## Singapore Sport Hall of Fame Induction



On 6 February 2024, Dr Teo-Koh Sock Miang, President of SDSC, was inducted into the Singapore Sport Hall of Fame in recognition of her exceptional leadership and commitment to sports. The prestigious award was presented by President Tharman Shanmugaratnam during a ceremony at the Istana.

This induction is particularly significant as it marks the first time that sports leaders—administrators, coaches, and scientists—have been celebrated in the Hall of Fame since its recent revamp. Dr Teo-Koh's contributions to para sports in Singapore, spanning over three decades, are truly inspirational. She also serves as the president of the Singapore National Paralympic Council and Special Olympics Singapore, further highlighting her dedication to advancing para athletes in the nation.

The entire SDSC family extends its warmest congratulations to Dr Teo-Koh on this well-deserved recognition.

# Awards

## Singapore Disability Sports Awards 2023



Presented by Haw Par Corporation, the Singapore Disability Sports Awards (SDSA) is an esteemed annual event that honours outstanding achievements and contributions within the disability sports community. This year, on 16 November 2023, SDSA 2023 set a new record with 14 awards presented.

For the first time, the Spirit of Sport Awards were introduced. This new category aims to acknowledge athletes who may not fit into the traditional Sports person categories but have shown remarkable passion, enthusiasm, sportsmanship, and dedication to their sport. The award also highlights individuals who have surmounted personal challenges in their sports journey and serve as sources of inspiration to others. Notably, this year's awards included a historic moment as a deaf athlete received one of the sport category awards for the first time.

Adding to the significance of the evening, Mr Edwin Tong, Minister for Culture, Community and Youth, sealed a time capsule containing our collective wishes for the future of disability sports. The ceremony featured contributions from pioneering Paralympian Raja Singh, current Paralympian Yip Pin Xiu, and emerging Team Singapore representative Marcus Koh, who shared their visions for the future of disability sports in Singapore.

The celebration concluded with a festive birthday cake and a fun table quiz, reflecting on the rich history of disability sports in Singapore, making SDSA 2023 a memorable event that marked a half-century of progress and dedication.



**The list of winners of the Singapore Disability Sports Awards 2023**

<p><b>Sportswoman of the Year</b></p> <p><b>Yip Pin Xiu</b> Swimming; defying physical impairment</p>	<p><b>Sportsman of the Year</b></p> <p><b>Toh Wei Soong</b> Swimming; defying physical impairment</p>	<p><b>Team of the Year</b></p> <p><b>Boccia BC3 Pairs</b> <b>Aloysius Gan &amp; Toh Sze Ning</b> Boccia; defying physical impairment</p>
<p><b>Team of the Year Competition Partners</b></p> <p><b>Kagan Gan &amp; Chew Zi Qun</b></p>	<p><b>Sportsgirl of the Year</b></p> <p><b>Adelia Naomi Yokoyama</b> Bowling; defying deafness</p>	<p><b>Sportsboy of the Year</b></p> <p><b>Wong Zhi Wei</b> Swimming; defying visual impairment</p>
<p><b>Coach (High Performance) of the Year</b></p> <p><b>William Woo Nam Fatt</b> Bowling</p>	<p><b>Coach (Developmental) of the Year</b></p> <p><b>Goh Chyuan</b> Table Tennis</p>	<p><b>Coach (Community) of the Year</b></p> <p><b>Lanny Kwok</b> Boccia</p>
<p><b>Spirit of Sport (Male)</b></p> <p><b>Dexter Goh Thean Tye</b> Wheelchair Basketball; defying physical impairment</p>	<p><b>Spirit of Sport (Female)</b></p> <p><b>Nurulasyiqah Bte Mohd Taha</b> Boccia; defying physical impairment</p>	<p><b>Spirit of Sport (Team)</b></p> <p><b>Singapore Rollers</b> Powerchair Football; defying physical impairment</p>
<p><b>Volunteer of the Year</b></p> <p><b>Yeo Jia Chyang</b> Special Olympics Singapore</p>	<p><b>Community Changemaker of the Year</b></p> <p><b>PlayBuddy</b></p>	<p><b>Event of the Year</b></p> <p><b>Run for Inclusion 2022</b> RunningHour</p>

## Goh Chok Tong Enable Awards (GCTEA)

The Goh Chok Tong Enable Awards (GCTEA) celebrated the achievements of 14 outstanding persons with disabilities at the awards ceremony held at the Istana. Graced by Guest of Honour President Tharman Shanmugaratnam, the ceremony was also attended by Ms Jane Ittogi, Emeritus Senior Minister (ESM) Mr Goh Chok Tong and Senior Parliamentary Secretary, Ministry of Culture, Community and Youth, and Ministry of Social and Family Development, Mr Eric Chua.

Launched in 2019, the GCTEA is an initiative of the Goh Chok Tong Enable Fund – a community fund administered by SG Enable and supported by Mediacorp – which provides persons with disabilities the opportunities to actively contribute to society and lead socially integrated lives.

Supported by the Tote Board, the awards comprise two categories: The GCTEA (Achievement) category and the GCTEA (Promise) category.

The former celebrates people with disabilities who have accomplished significant achievements in their fields and served as an inspiration to others, while the latter encourages people with disabilities who have shown promise to pursue greater heights in their areas of talent and willingness to serve the community.

7 out of 14 GCTEA recipients are former or current athletes. This demonstrates the important role that sports play in shaping successes.

### GCTEA (Achievement) Award



#### Aisah Binte Ibrahim

Aisah is the President of the Bedok Youth Society for the Disabled (BYSD), an Inclusion Ambassador with the Disabled People's Association, and a vocalist cum musician. She has poliomyelitis and relies on a wheelchair to get around after undergoing hip replacement surgery in 2014.



#### Laurentia Tan Yen-Yi

Laurentia, is an accomplished Team Singapore para-equestrienne who has won medals for the nation at major international sporting events such as the Beijing 2008 Paralympic Games and the London 2012 Paralympic Games. She has profound deafness and athetoid cerebral palsy.



### Judy Anne Wee

Judy is the founder and principal consultant of LevelField Consultants, a consultancy firm promoting the inclusion of everyone in all activities, and Executive Director of the Muscular Dystrophy Association (Singapore). She was born with congenital deformity that affects all her limbs, and currently relies on a wheelchair to aid her mobility.

## GCTEA (Promise) Award



### Aloysius Gan Kai Hong

Aloysius is a Team Singapore boccia youth para-athlete who has won medals for the nation at international tournaments such as the Bahrain 2021 Asian Youth Para Games and the inaugural World Boccia Youth Championship. Born with cerebral palsy, he is non-verbal and relies on his wheelchair to facilitate his movements.



### Mohamed Ismail Bin Hussain

Ismail is the captain of Team Singapore's para-tenpin bowling, a member of the Bowling Association of the Disabled (Singapore), and Asean Para Games gold medallist at the Men's TPB3 event. He has congenital nystagmus.



### Quek Hwee, Kimberly

Kimberly is a youth inclusion advocate who looks to raise awareness on the need for greater disability education and awareness. She is also a Deaf bowler who clinched a Silver in the women's doubles event at the Deaflympics 2022.



### Sophie Soon Jin Wen

Sophie is a Team Singapore para-swimmer, who has represented the nation at major sporting events such as the 2015 ASEAN Para Games and 2020 Tokyo Paralympics, and an advocate for Guide Dogs Singapore. Having cone rod dystrophy, which results in progressive vision loss, she is among the very few people in Singapore who relies on a guide dog as an assistance option.



## Highlights

# Fundraising and Donations

SDSC continues to rely on the generosity of individuals and groups to sustain our programmes and services. No commercial fundraisers were used for the fundraisers carried out in this financial year. The total fund-raising expenses did not exceed 30% of the total receipts from fundraising and sponsorships for FY 23/24.

# Highlights

## SDSC Charity Golf 2024

Date: 3 August 2023

Venue: Tanah Merah Country Club

The SDSC Charity Golf 2024 at Tanah Merah Country Club was a resounding success, bringing together our esteemed and generous partners for a day of golf at the Garden Course. This event provided a unique opportunity to celebrate and acknowledge those who have significantly contributed to SDSC’s mission of enhancing the disability sports landscape in Singapore.

This year, the event drew over 120 golfers, and we were honoured to have Mr. Eric Chua, Senior Parliamentary Secretary for the Ministry of Culture, Community and Youth & Ministry of Social and Family Development, join us. Our President, Dr. Teo-Koh Sock Miang, and Mr Chua flagged off the tournament with Paralympic medalist Theresa Goh, marking the start of a memorable day.



Para athletes Elaine Eng (boccia player), Jovin Tan (para sailing coach and Paralympian), and Yap Qian Yin (para sailor and Paralympian) also graced the event, sharing their inspiring sports stories through a video presentation. A highlight of the day was a surprise video message from Margaret, the mother of 5-time Paralympic gold medallist and SDSC board member Yip Pin Xiu, who was a special guest at the event. Additionally, para equestrian and Paralympian Gemma Rose Foo made a standout contribution by donating her horse whip to our charity auction.

The event's success would not have been possible without the tireless efforts of our organising committee, led by Dr. Teo-Koh and Dr. Jimmy Koh, our Ambassador. We extend our deepest thanks to committee members Ms. Adeline Ting, Ms. Angeline Peh, Mr. Cheah Hock Leong, Mr. Fred Wong, Mr. Kan Seng Chut, and Mr. Peter Cheong for their dedication and hard work.



We are also immensely grateful for the support of our sponsors: Atomy Singapore, Audi Singapore, CLA Global TS, Clubhouse SG, Dato' Elaine Teh, Elements Wellness Group, Elgydium Singapore, Haw Par Corporation Limited, Hock Tong Bee Pte Ltd, Jabra Singapore, Khong Guan, Mitsubishi Electric, Mr. Daryl Ng, Mr. Jimmy Wong, Mr. Kon Yin Tong, Mr. Lam Soon, Mr. Marvin Chew, Mr. Tan Chee Meng, Mr. Terence Teo, Ms. Adeline Ting, Pan Pacific Singapore, PSA Singapore, Savills Singapore, Sembawang Country Club, Singapore Pools in the Community, SodaStream Singapore, SportFive, Warren Golf & Country Club, Wells Singapore, and Win Win Food.



A special thanks goes to Auntie Margaret for her thoughtful contribution of handmade sandwiches, which added a personal touch to the tournament and expressed our gratitude to the donors.

Thanks to the collective efforts of everyone involved, we successfully raised an impressive \$330,000. These funds will be instrumental in supporting para athletes like Pin Xiu and many others in their training, competitions, and pursuit of their aspirations.



## Ang’s Academy Track Clinic

For the third consecutive year, SDSC was honoured to be the beneficiary of Ang’s Academy Track Clinic. This annual event, which focuses on enhancing sprinting and hurdling techniques, raised a total of \$2,561.68 for SDSC. The continued support from Ang’s Academy underscores the strong commitment to advancing track and field for athletes with disabilities.

## Start Small Dream Big Charity Event by Cherie Hearts @ Charlton

The Start Small Dream Big charity event, organised by Cherie Hearts @ Charlton, took place in conjunction with Young Entrepreneur’s Day 2023. This event featured crafts created by children aged 18 months to 6 years, alongside food, beverages, and game tickets. The event successfully raised \$1,500 for SDSC, highlighting the impact of community-driven initiatives on supporting disability sports.

## Victoria School Challenge 2023

Victoria School's Victoria Challenge 2023 selected SDSC as its beneficiary for this year's event. Their generous donation of \$665 will aid in the advancement of disability sports, reflecting the school's commitment to supporting inclusive and accessible sports opportunities.

## 24th SMU-Raffles Marina Western Circuit Sailing Regatta by SMU

The Singapore Management University (SMU) held its 24th SMU-Raffles Marina Western Circuit Sailing Regatta from July 29 to August 20, 2023. As part of their fundraising efforts, SMU chose SDSC's Sailability Programme as the recipient of the funds raised. Through a series of activities including a car wash, boat ride, auction, online campaign, and cash collection, SMU raised an impressive \$10,000 for the Sailability Programme. This substantial contribution will significantly enhance the support and opportunities available for individuals with disabilities participating in sailing. These fundraising events reflect the ongoing community support for SDSC and our programs. We extend our heartfelt gratitude to all partners and contributors who have generously supported these initiatives, helping us to make a meaningful impact in the field of disability sports.

# Online Giving Campaigns

In FY2023-2024, the Singapore Disability Sports Council (SDSC) has actively engaged in various online giving campaigns, demonstrating our commitment to supporting athletes and advancing our mission. These campaigns have played a crucial role in fundraising and community engagement.



## Support Wei Ming's Pursuit of Excellence (May 2023 - March 2024)

Total Raised: \$1,353

We are honoured to have supported para badminton shuttler Tay Wei Ming's fundraising campaign. This initiative, which ran from May 2023 to March 2024, aimed to bolster Wei Ming's pursuit of excellence in his sport. The funds raised through this campaign were stewarded by SDSC to maximise their impact, further enhancing our support for Wei Ming's athletic endeavours.

## SDSC Defy Limits FY2023-2024

Total Raised: \$810

The SDSC Defy Limits online giving campaign continued to be a vital source of support for our programs and services. This ongoing campaign underscores our commitment to providing high-quality programs and resources for athletes with disabilities, ensuring they have the necessary support to excel in their sports and personal development.

## Endowus Gives Back to SDSC (November 2023 – January 2024)

Total Raised: \$2,350

We are grateful for Endowus’ generous support through their "Giving Machines" initiative, which was active from November 2023 to January 2024. Endowus selected SDSC as a beneficiary of this innovative campaign, where Giving Machines were placed around Singapore to facilitate contributions. This partnership significantly contributed to our funding, supporting our ongoing efforts to advance disability sports.

These online giving campaigns have not only provided financial support but also strengthened our community connections and raised awareness about the importance of disability sports. We extend our heartfelt thanks to all contributors and partners who have supported these initiatives, helping us make a meaningful difference in the lives of athletes and the broader community.

# Corporate collaborations



**Certis – Goalball29 Launch at Lighthouse School**

In April 2023, Goalball29 was launched in partnership with Certis, as part of its second year partnership with SDSC, aiming to expand learn-to-play goalball programs across Singapore for youths with visual impairments, fostering greater sports inclusivity. This partnership will also help identify and develop young talent to form a new national goalball team for the ASEAN Para Games 2029, which Singapore will host.

The launch ceremony at Lighthouse School featured several key activities. Dr. Teo-Koh Sock Miang, President of SDSC, delivered a welcome address that emphasised the goals of the Goalball29 initiative. Certis representatives followed with a speech and a generous \$30,000 cheque presentation to SDSC. The event included an introduction to Goalball, followed by an interactive "Learn to Play Goalball" session where Lighthouse students engaged with Certis employees. The event was attended by staff from Certis, SDSC, and Lighthouse School, as well as students from Lighthouse School.



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# Future Fundraising Plans

SDSC will continue to engage corporations, organisations and individuals through an array of strategies, to ensure sustainability of its programmes in the long-run, including:

- A charity golf event
- Online fundraising campaigns, such as the Defy Limits Fund
- School and corporate partnerships
- Grant applications

These initiatives collectively contribute to the growth and advancement of disability sports in Singapore.

# The Year Ahead



# Stakeholder Review and Strategic Engagements

Through strategic stakeholder engagements and initiatives like the Enabling Sports Taskforce and the Inclusive Sport Access Network, SDSC continues to drive progress in the disability sports landscape. By integrating para athletes into its core functions and fostering collaborations that enhance accessibility, SDSC reaffirms its commitment to creating an inclusive, empowering, and supportive environment for all individuals with disabilities to participate and excel in sports.

## Enabling Sports Taskforce and Disability Sports Master Plan

In 2023, the Singapore Disability Sports Council (SDSC) actively engaged in shaping the future of disability sports in Singapore through its participation in key initiatives like the Enabling Sports Taskforce. This taskforce was conceived during a ForwardSG focus group discussion on disability sports, with the vision of enhancing and updating the Disability Sports Master Plan (DSMP). Under the guidance of Senior Parliamentary Secretary (SPS) Eric Chua, the taskforce aims to achieve a better sports participation rate among persons with disabilities by 2030, aligning with the broader goals of the Enabling Masterplan 2030.

SDSC's involvement in the task force underscores its commitment to leading and shaping disability sports policy in Singapore. By collaborating with various stakeholders, SDSC is positioned to drive meaningful changes that will benefit the broader disability sports community.

## Formation of the Inclusive Sport Access Network

In 2023, SDSC took a significant step towards creating more accessible and inclusive sports environments by forming the Inclusive Sport Access Network. This initiative brings together experts from disability services, accessible architecture, facility management, and sports, with a shared goal of enhancing sports participation opportunities for persons with disabilities.

The Network's primary focus is on advocating for the enhancement of accessibility in sports facilities to ensure they are fully equipped to support para sports. In its inaugural meeting in mid-September 2023 at the Singapore Sports Hub, the Network explored various initiatives, including the potential establishment of a national disability sport hub—a dedicated facility to advance disability sports in Singapore.

## Empowering Para Athletes Through Strategic Roles

SDSC's commitment to inclusivity extends beyond infrastructure to its organisational structure, where para athletes play an integral role. Esteemed Paralympians such as Nurulasyiqah Mohammad Taha and Yip Pin Xiu serve as Board Members, ensuring that the voices of those directly impacted by disability sports are heard at the highest levels of governance.

Additionally, Rio 2016 Paralympic medalist Theresa Goh and Paralympian Gemma Foo contribute their expertise as members of the SDSC staff. Their involvement enriches the day-to-day operations, program development, and athlete support services, ensuring that the needs of para athletes are central to the organisation's mission.

This inclusive approach not only strengthens SDSC's strategic and operational plans but also empowers para athletes to take on leadership roles, shaping the future of disability sports in Singapore.



# Future Plans & The Year Ahead

In November 2021, SDSC completed the development of its new strategic plan, in consultation with internal and external stakeholders. The strategic plan seeks to provide a blueprint of SDSC's vision for the next 10 years for Singapore para sports - instead of the usual 4 - to ensure that efforts and investments made by SDSC and its partners could achieve cumulative impact and progress.

The blueprint was guided by 4 objectives that SDSC aims to achieve as the national sports body for persons with disabilities and as the national association for para sport:

- To establish/influence national initiatives and policies to promote sports for persons with disabilities across a spectrum of Private and Public Sectors including Health, Education, Social and Family Development, besides Sports
- To provide oversight and guidance for national sports associations to become inclusive to persons with disabilities and ensure that organisations, clubs, and groups are coordinated for athletes with disabilities to access sports
- To be an agent that represents athletes with disabilities and organisations serving persons with disabilities to champion sports issues
- To maintain oversight over high performance and development concerning para athletes in national sport and disability sport associations, and host national events and programmes to support talent identification and public education

With the 4 objectives in mind, SDSC identified 6 functional areas for its Strategic Plan 2022-2032 with the following aspirations:

## Leadership and Governance

To be a credible agency empowered by expertise, diversity and drive for para sports

## Performance

To be a beacon for high performance para sport

## Community Development

To be the Community Architect: the go-to agency and lead champion for disability sports

## Financial Sustainability

To be a resilient leader.

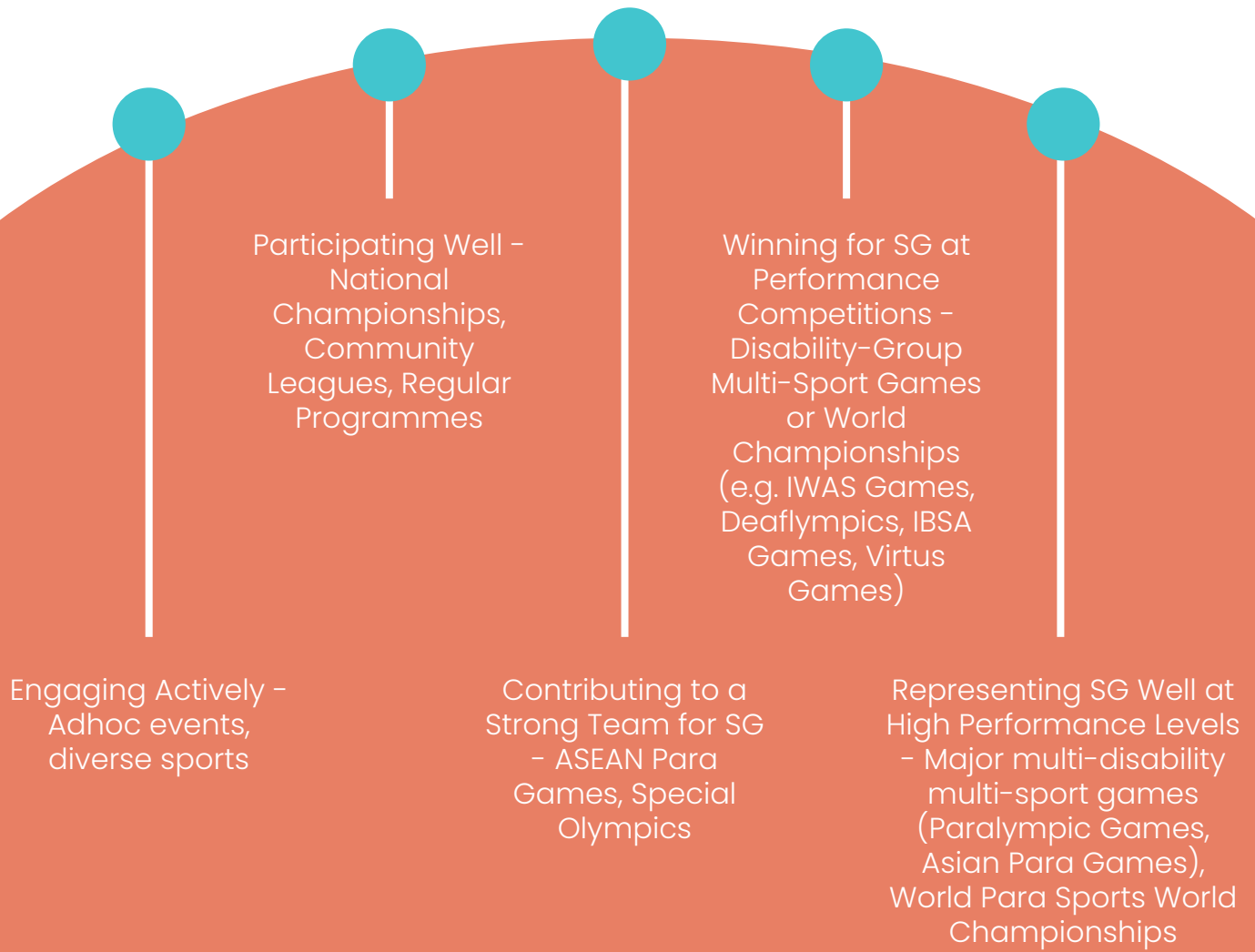
## Pathway

To be acknowledged as an Expert Para Athlete Developer

## Events and Communications

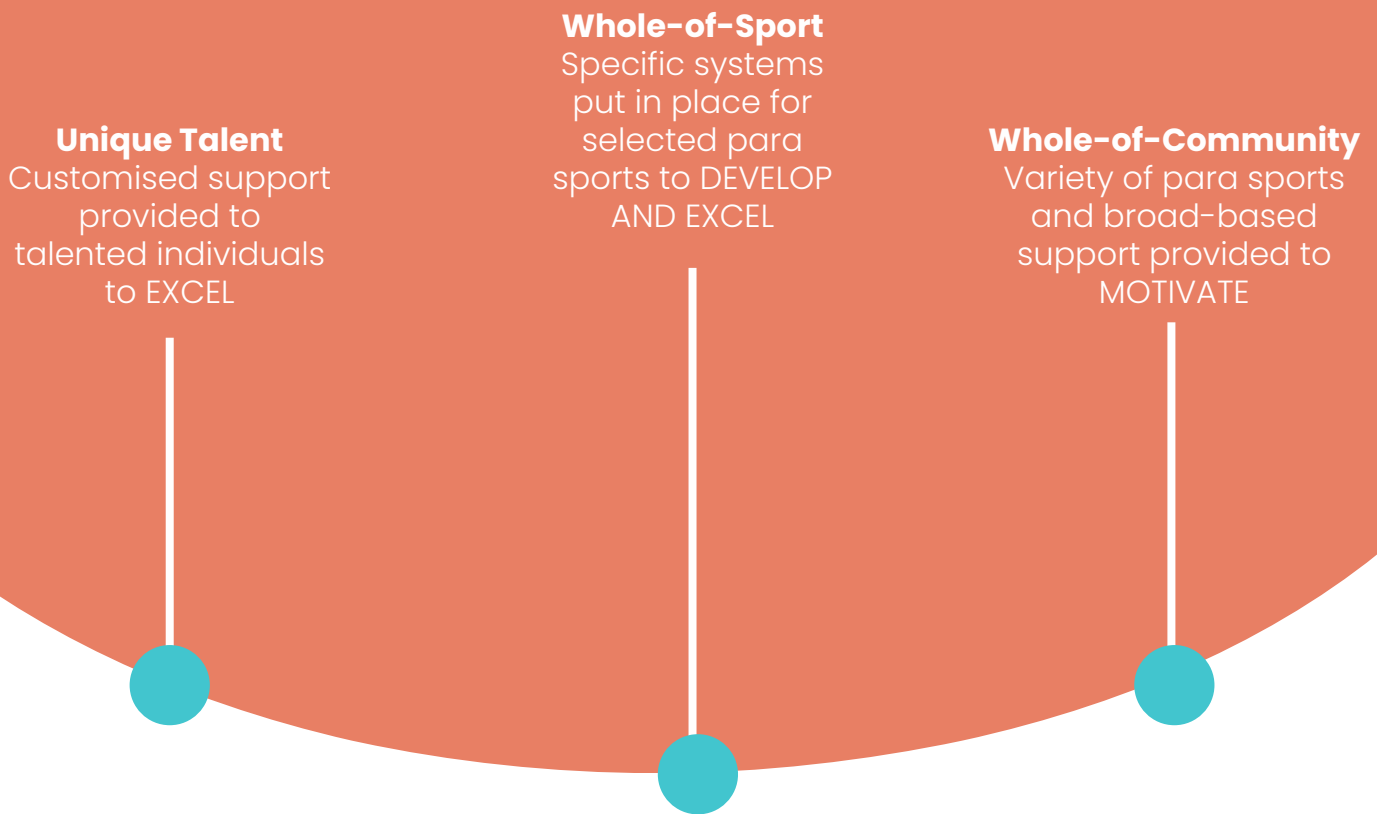
To be an Asian leader for para sports events, leader for disability sports and lead champion for para athletes.

# Multiple avenues for success through para sport



Not everyone shares the same aspirations or achieves the same milestones. We believe that success in para sport goes beyond medals. It also encompasses the positive impact on Singaporeans, inspired by the journeys of athletes with disabilities and their highs and lows. These journeys, marked by passion, resilience, and tenacity, have the power to uplift the nation and give hope to others with disabilities and their families. We recognise that we can play various roles in helping each person with disabilities live their best life through sport. Together, we can support and celebrate diverse paths and definitions of success.

# Structured growth for communities; agile flexibility for individuals



## Vision 2032 Para Sports Journey Guide

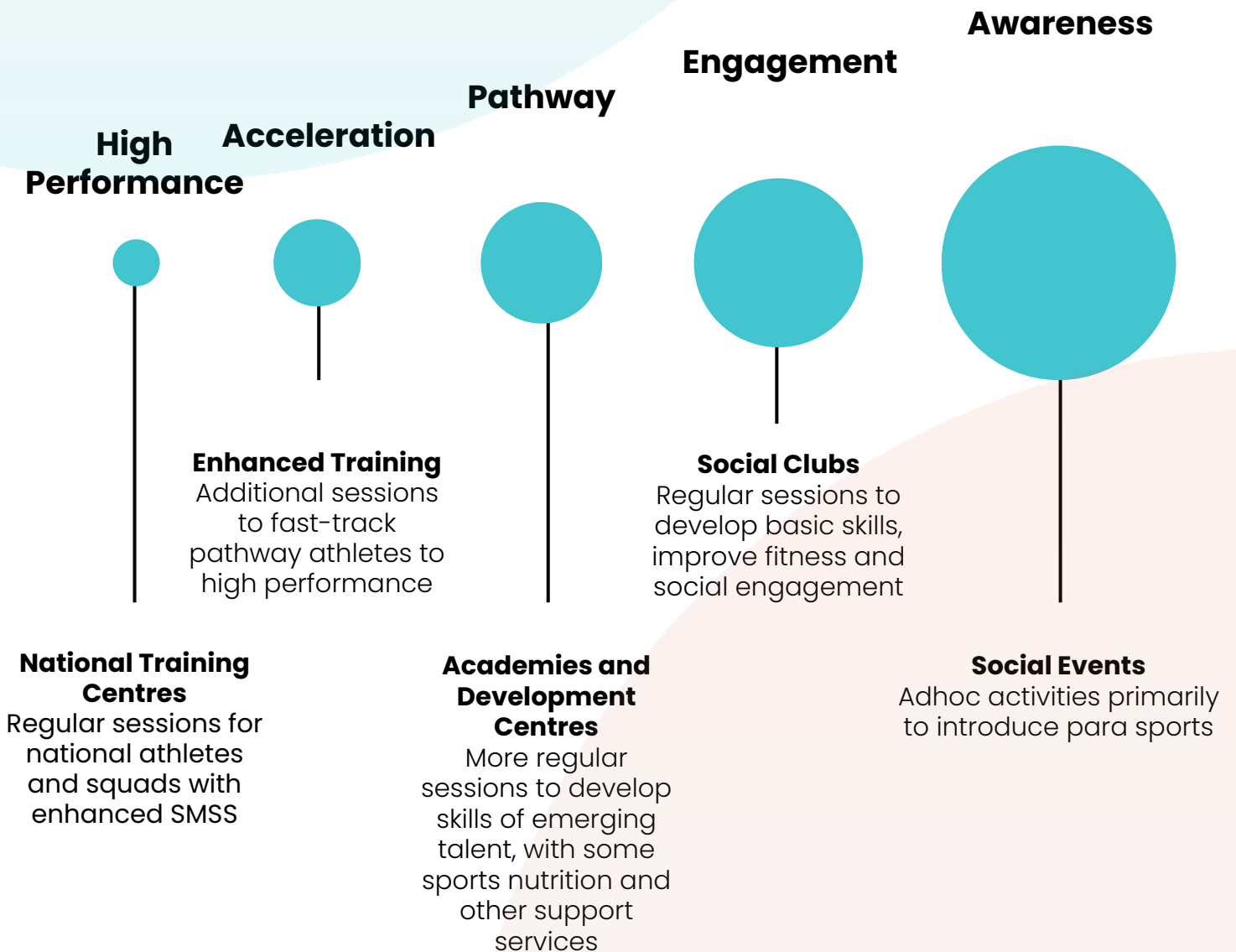
SDSC has identified, in its strategic plan, 5 stages of the Para Sports Journey to guide persons with disabilities in their participation and aspirations. SDSC shall work with its members and other potential partners to create and provide opportunities that can support persons with disabilities at different stages.



To promote a vibrant para sports landscape for persons with disabilities, SDSC shall cultivate partners such as SportCares, People's Association and other like-minded organisations to grow the enablers for community opportunities, where we seek to deliver a diverse range of sports for the greater well-being of persons with disabilities. These shall form our "Whole-of-Community" approach.

Where our intelligence and analysis allow us to identify selected sports that would provide good pathways to develop high performing athletes, we shall also invest our resources to curate a system of support around the selected sports. These shall ideally result in a "Whole-of-Sport" outcome.

Should talented individuals be discovered in a sport that may not be ideal for widespread effort, we shall rally our partners to support these talents to excel with individualised support.



# 2023-2032

## Key Strategic Initiatives

### Leadership & Governance

- Seal the importance of para sport in the national agenda through the equal recognition and equitable resourcing of SDSC as an agency comparable to SportSG
- Secure endorsement from the Ministry of Community, Culture and Youth (MCCY) for SDSC's model of success and streamline plans, initiatives and resources for para sport through SDSC for the efficient delivery of national outcomes
- Deepen our influence through a strong and supportive board, and a wider coalition of engaged and active members
- Cement our standing as a central funding administrator to attract donations and sponsorships to support para sport initiatives and groups
- Identify common needs to define support schemes that can be applied across para sports

### Community Development

- Deepen existing and develop new partnerships, e.g. with sport clubs, ActiveSG Academies and Clubs, to increase club-based opportunities and support for para sport
- Develop para sport educators and train staff and volunteers of partnering agencies to drive the formation of self-sustainable ground-up para sport groups
- Lower barriers of entry to para sport through sport-specific and general schemes
- Build signature events and programmes for consistent engagement and attraction
- Introduce an accreditation framework and a diagnostic tool to provide clear signposting for persons with disabilities to access sport programmes and services
- Form Communities of Practice to share and improve expertise and resources, e.g. Community of Practice for Inclusive Physical Education (PE), Inclusive PE Playbook
- Consolidate and optimise resources to support and encourage para sports initiatives
- Establish a para sports centre to provide a homeground and landmark for para sport opportunities

### Events & Communication

- Continue to attract prominent and meaningful international para events to Singapore, e.g. World Para Swimming World Series, ASEAN Para Games
- Host and participate in international networking opportunities
- Maintain a strong international para sports network
- Develop and centralise management of para sport technical officials
- Strengthen relationships with medical and coaching bodies
- Widen athlete ambassadorship

## Pathway

- Provide bridging support to fast-track potential para sport talents
- Install a talent identification system grounded in sport science testing
- Partner the National Youth Sport Institute and Singapore Sports School to better support youth para athletes
- Improve presence and engagements at potential talent touchpoints including schools, hospitals, agencies, and corporates
- Develop physical education milestone activities, such as annual fitness checks, Junior Para Sport Academy, for youth with disabilities to develop mindsets, encourage earlier entry to sport and narrow the gaps in their school experiences
- Leverage our centralised knowledge and expertise to facilitate talent transfer and optimisation in para sport

## High Performance

- Work closely with the Singapore National Paralympic Council to align major game goals and selection to national outcomes
- Collaborate with National Sport Associations to increase inclusive practices and entrench SDSC as a central oversight agency for para sport
- Complete the national para swimming project that comprises a robust pathway from 'Learn to Swim' to High Performance
- Promote para sport specialism in sport medicine
- Curate expert mentorship and apprentice coaching programmes to get 'more' and 'better' para sport coaches
- Invest in sports that offer better opportunities to meet success targets and para athletes who possess potential for identified competitions
- Develop selection and deselection policies that are aligned to target outcomes
- Ensure regular and multi-disciplinary monitoring of athletes to develop the best possible plan and environment to support them



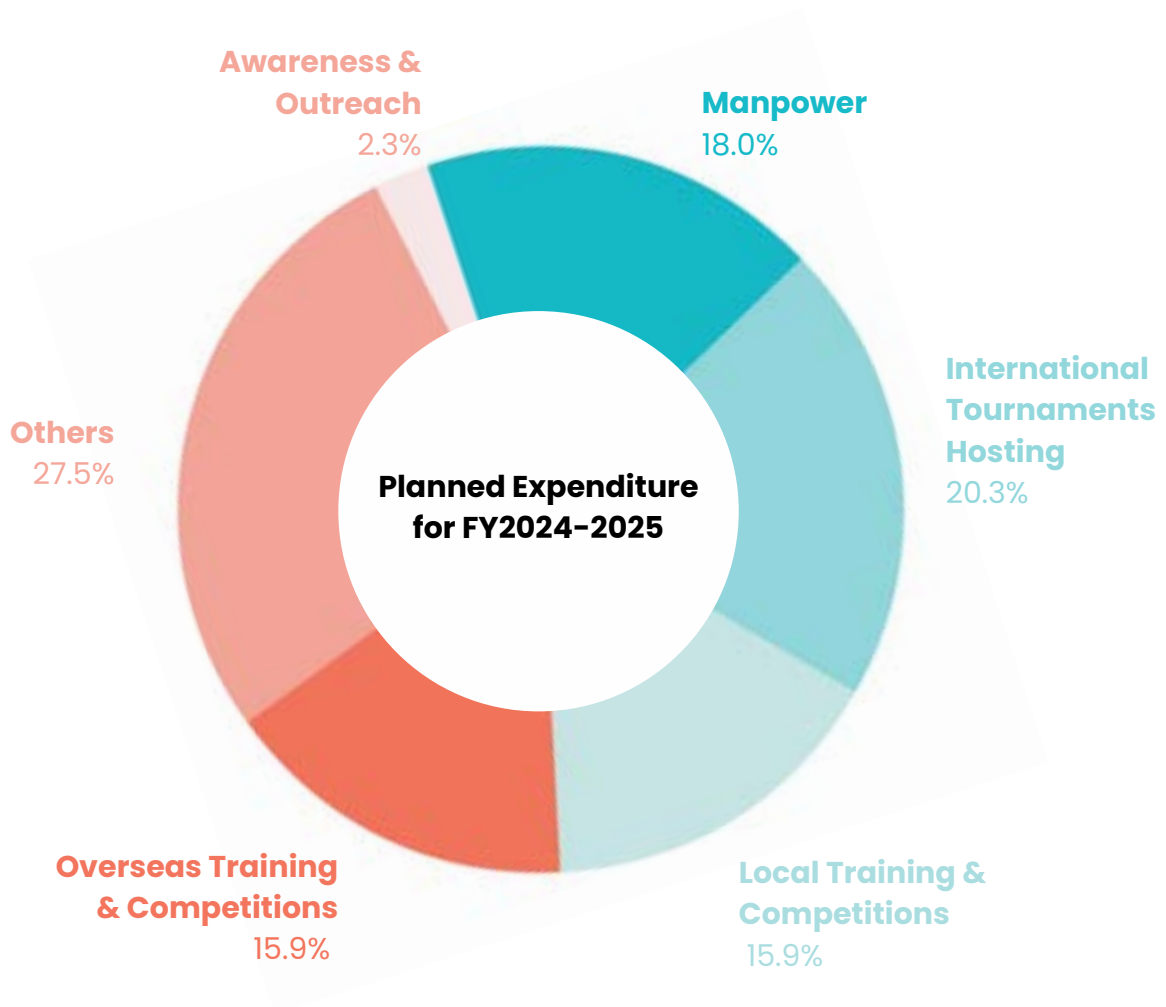
# Council Commitments

The Council has planned and committed expenditure to:

## **Host international parasport events**

- SDSC will continue to identify and host suitable international parasport events to support local athletes' performance development, and to contribute to regional and international growth and development of the specific parasport.
- In FY2024-2025, SDSC will host the Para Swimming World Series for the third time. We will also be hosting the 12th edition of the World Para Swimming Championships in 2025, which is the highest ranked Para swimming event outside the Paralympic Games. This milestone event also marks the inaugural occasion of the World Para Swimming Championships being hosted in Asia, which presents a good opportunity for Team Singapore athletes to compete against the world's top para swimmers on home ground, and inspire Singaporeans, as they witness the competition up close, as well as promote the para sport scene in Asia.
- Total cost for both projects is estimated at \$1,200,000, which would be funded through a combination of SportSG grant, event income, One Team Singapore Fund, and donations and sponsorships raised by the Council.

# Planned Expenditure for FY2024-2025



Type	Amount (\$)
<b>Fundraising Expenses</b>	<b>136,600</b>
<b>Charitable Activities</b>	<b>5,414,370</b>
<b>Administrative / Overheads</b>	<b>2,800,795</b>
<b>Governance Costs</b>	<b>18,000</b>
<b>Total</b>	<b>8,369,765</b>

# Governance

## Welcoming New Members

In the past year, SDSC expanded its network by welcoming new members, including ActiveSG Para Academy (Swimming), Eden School, AllKin Singapore Ltd, and St Luke's Eldercare. These new partnerships are expected to further enhance our reach and impact in promoting disability sports and inclusivity in Singapore.



# Our Ordinary Members



## ASSOCIATION FOR PERSONS WITH SPECIAL NEEDS (APSN) EDUCATION SERVICES LTD

APSN is a social service agency that provides holistic education, training, employment assistance, as well as continuing support to all APSN beneficiaries through the different stages of their life journey; so that they can become active contributors of the society and lead independent and fulfilling lives. APSN currently operates four Special Education (SPED) Schools (APSN Chaoyang School, APSN Katong School, APSN Tanglin School and APSN Delta Senior School) for students between the ages of 7 and 21, an APSN Student Care Centre for children from 7 to 18 years old and an APSN Centre for Adults for persons from 18 years and older.



## AWWA

AWWA is a social service agency delivering a wide range of programmes and services. These include early intervention for preschoolers, education and integration support for children and adults with additional needs, social assistance for vulnerable families, and care services for seniors. AWWA joined SDSC in 1998 to jump start sports and physical activities for its clients. Since 1998, it has organised several sports clinics with SDSC's assistance, enabling their children to participate in sports in their respective mainstream schools.



## BOWLING ASSOCIATION FOR THE DISABLED (SINGAPORE)

The Bowling Association for the Disabled (Singapore) (BADS) aims to make bowling accessible to all persons with disabilities in Singapore. It organises and coordinates bowling activities for the disabled community culminating in the selection of elite teams to represent Singapore in international competitions.



## CEREBRAL PALSY ALLIANCE SINGAPORE

Established in 1957, Cerebral Palsy Alliance Singapore (CPAS) provides early intervention, special education, rehabilitation services, training, and gainful employment for over 700 children and adults with cerebral palsy and multiple disabilities. Through active advocacy and the support of equal opportunities for all persons with cerebral palsy and multiple disabilities, CPAS hopes to empower these individuals by helping them realise their full potential and lead fulfilled, dignified lives. CPAS has been involved in SDSC's sports programme on many occasions and has always been the organisation to look out for during sports related events and activities. It is also the centre of excellence for Boccia.



### DEAF SPORTS ASSOCIATION (SINGAPORE)

Deaf Sports Association (Singapore), DSA, is the national body for sports for the deaf community in Singapore. DSA's vision is to help the deaf and hard of hearing realise their fullest ability through sports as part of social integration, character building and a healthy lifestyle. DSA organises annual multi-sporting events like the National Deaf Games where the deaf and hard of hearing compete through fun and games. DSA scouts talent and supports an elite training programme that prepares deaf and hard of hearing athletes for international deaf games such as the ASEAN Deaf Games, Asia Pacific Deaf Games, and Deaflympics. DSA is affiliated to the International Committee of Sports for the Deaf, Asia Pacific Deaf Sports Confederation and ASEAN Deaf Sports Federation.



### DOWN SYNDROME ASSOCIATION - SINGAPORE

The Down Syndrome Association (Singapore), joined SDSC in 2000. The variety of programmes available provides DSA(S) members with the opportunities to explore their passion, interests, to discover and culminate talents. It also offers many opportunities to showcase their acquired skills, talent and growth through various performances, competitions and awards. Through the Enrichment Programmes, DSA(S) members are offered sports such as Aikido, Bowling, Boxercise and Swimming, as well as other classes such as creative and fusion dance and Zumba.



### HANDICAPS WELFARE ASSOCIATION

The Handicaps Welfare Association (HWA) has always been a strong advocate of sports. A member of the SDSC, HWA has been promoting sports and helping to nurture many outstanding sportsmen and sportswomen who have participated in local, regional and international sporting events.



### LAWN BOWLS ASSOCIATION FOR THE DISABLED (SINGAPORE)

Lawn Bowls Association for the Disabled (Singapore) aka Parabowls Singapore's mission is to encourage physically & visually challenged Singaporeans to adopt lawn bowling as their choice of sport for a healthy and active lifestyle. In view of the aging population, Para Bowls has expanded this mission in recent years to promote lawn bowling to the elderly from homes and the grassroots in mature estates.



### METTA WELFARE ASSOCIATION

Metta Welfare Association (Metta) was founded in 1992 by Venerable Shi Fa Zhao, Abbot of the Golden Pagoda Buddhist Temple. Metta is a keen supporter of the promotion of sports for persons with disability and does this through its service centres. The Metta School has been participating in SDSC's sports events such as the National Athletics and Swimming Championships.



### MINDS

MINDS has been caring for Persons with Intellectual Disabilities (PWIDs) and their families since 1962. MINDS offers a holistic range of services to serve PWIDs across their lifespan with the aim of empowering them and enhancing their quality of life. These include schools, employment and training development centres, home based care services and community based services to cater to the physical, psychological, environmental and social needs of PWIDs. MINDS is actively involved in sports and physical activities organised by SDSC and regularly participates in SDSC's annual sporting events.



### **MUSCULAR DYSTROPHY ASSOCIATION (SINGAPORE)**

The Muscular Dystrophy Association (Singapore) also known as MDAS, is a social service agency formed in March 2000 to support persons with Muscular Dystrophy and their families. As a specialised group, it is committed to uplift the lives of people with Muscular Dystrophy. MDAS strives to promote a healthy lifestyle and improve the overall well-being of its members by encouraging their participation in sports activities promoted by SDSC. Today, MDAS has successfully assembled a group of sports enthusiasts who regularly play Boccia and Power Soccer.



### **SINGAPORE ASSOCIATION OF THE VISUALLY HANDICAPPED**

The Singapore Association of the Visually Handicapped (SAVH), formerly known as the Singapore Association for the Blind (SAB), is a social service agency founded in 1951. The association is affiliated to the National Council of Social Service (NCSS) and is an approved Institution of a Public Character (IPC). Throughout the years, SAVH has strongly encouraged its members to participate in SDSC's events and sporting programmes.



### **SPD**

Established in 1964, SPD is a social service agency that seeks to enable people with disabilities of all ages to be as independent and self-reliant as possible. Today, the pioneer in serving people with physical disabilities also provides therapy, early intervention, employment and educational support, assistive technology, as well as case management and social support to help people with different disabilities so that they can participate in school, work and daily life within mainstream society. As one of the founding members of SDSC, SPD is also one of the pioneers of sports excellence and participation for persons with disabilities.



### **SINGAPORE RED CROSS SOCIETY**

Singapore Red Cross is a homegrown humanitarian organisation, dedicated to relieving human suffering, protecting lives and dignity and responding to emergencies since 1949. It serves the vulnerable through its blood donor recruitment programme, home and day activity centre for the disabled, elder aid, transport aid, family life aid, health aid and community first aid. It builds capacity and resilience through its training academy, and volunteer and youth development. Beyond Singapore, SRC mobilises and translates contributions from the donor community to relief and recovery, rehabilitation and reconstruction efforts, with the aim of helping communities affected by disasters.



### **TABLE TENNIS ASSOCIATION FOR THE DISABLED (SINGAPORE)**

Table Tennis Association for the Disabled (Singapore) (TTADS) was set up to promote table tennis among special school students, the elderly on wheelchairs, the disabled and those who have lost their mobility; adding value to their lives. With a wide base, selected members are invited to join the developmental squad in weekly training and eventually to represent Singapore in overseas competitions.



## Our Associate Members



### ACTIVESG PARA SPORT ACADEMY (SWIMMING)

ActiveSG Para Sport Academy (PSA) welcomes individuals with physical, intellectual, and/or visual impairments to join and experience swimming conducted by qualified coaches in a safe, fun and supportive environment. They have featured para swimming as one of the parasports to provide more opportunities for parasport participation and development.



### EDEN SCHOOL

Eden School aims to become an autism school of choice where potential is maximised and lives are positively transformed. They adopt a curriculum that aims to prepare students on the autism spectrum for their adult lives in many domains such as learning to care for their own personal needs, participating in routine social interactions in the community, undertaking meaningful vocational jobs and spending their leisure time meaningfully as well. Their mission is to provide a quality education through an autism-focused curriculum, competent staff and strong family collaboration.



### ALLKIN SINGAPORE LTD

Founded in 1978 as Singapore's first family service centre, Allkin Singapore is a community-driven social service agency that believes everyone has the potential to create positive change, regardless of age, race, or background. Through their service offerings, strategic partnerships, and community initiatives, they have unlocked opportunities for vulnerable individuals and families to overcome life's challenges, build a brighter future, and inspire others to do the same.



### EQUESTRIAN FEDERATION OF SINGAPORE

The Equestrian Federation of Singapore (EFS) aims to provide Excellence, Opportunity, and Service to the equestrian community and share the sport of equestrian with everyone. Its mission is to develop and grow a strong, active, and inclusive equestrian community in Singapore through sport excellence and community outreach.



### FENCING SINGAPORE

Fencing Singapore (FS) has pledged to be an inclusive National Sports Association with the commitment to promote Wheelchair Fencing. Its objective is to be an association that supports both persons with disabilities and able-bodied fencers.



### PARA CYCLING FEDERATION OF SINGAPORE

Para Cycling Federation of Singapore (PCFS) is a non-profit dedicated to encouraging athletes with disabilities to take up cycling as a form of rehabilitation, recreation, and competition. Apart from handcycling, PCFS now includes para cyclists on bicycles, tandem bicycles and trikes, to cater to a wider range of disabilities.



### GOALBALL SINGAPORE

Established in 2018, Goalball Singapore aims to have a sustainable team sport for the visually impaired that can also be enjoyed by sighted persons. The game not only helps to promote inclusiveness and social interaction but also teaches values such as resilience and confidence.



### Rainbow Centre

Empowered. Included. Thriving.

### RAINBOW CENTRE, SINGAPORE

Rainbow Centre envisions a world where persons with disabilities are empowered and thriving in inclusive communities. They work with their partners to create opportunities for persons with disabilities to make the most of their abilities and participate meaningfully in society. Through practical education, meaningful support and effective training programmes, they strive to increase the quality of life for them and their families. Established in 1987, Rainbow Centre is a registered charity and Institution of a Public Character.



### PARA ATHLETICS (SINGAPORE)

Para Athletics (Singapore) (PAS) was founded to serve both its para-athletes and the fraternity. Its primary commitment is to provide an opportunity for para-athletes to fully develop their athletic potential in the sport of Track and Field. It oversees the overall development of athletes in track and field events, providing guidance in their development and performance through appropriate coaching and training support.



### RIDING FOR THE DISABLED ASSOCIATION OF SINGAPORE

More than 8000 children and adults with physical and intellectual disabilities have since benefitted from the equine-assisted therapy that the Riding for the Disabled Association of Singapore (RDA) provides 100% free-of-charge to the community. RDA envisions working towards a more inclusive community inspiring hope and improving lives of persons with disabilities.



### WHEELCHAIR BASKETBALL ASSOCIATION (SINGAPORE)

The broad objectives of the Wheelchair Basketball Association (Singapore) (WBA Singapore) are to promote wheelchair basketball for all abled and disabled Singaporeans of all ages and to hold, coordinate or organise competitions and other events in wheelchair basketball with the support and approval of relevant controlling bodies at an international, regional and local level.



### WHEELCHAIR TENNIS ASSOCIATION (SINGAPORE)

The Wheelchair Tennis Association (Singapore) was registered with the Registry of Societies on 12 June 2016. With the help of SDSC, it was able to secure courts for training of members within a year of this registration. WTAS looks to the coaching and training needs of its members and aims to inspire more athletes to take up wheelchair tennis.



### SINGAPORE ASSOCIATION FOR THE DEAF

Formed in 1955, Singapore Association for the Deaf (SADeaf) is an integrated services provider to the Deaf and hard-of-hearing community in Singapore. The community's keen interest in sports and recreational activities led to the formation of the Sports & Recreation Committee of the Deaf (SRCD) in 1974, which was later renamed Social Group for the Deaf (SGD). Through this committee working with Deaf Sports Singapore, SADeaf had seen excellent sportsmen and sportswomen represent the nation in international competitions.



### ST LUKE'S ELDERCARE

St Luke's is a Christian healthcare provider committed to meeting the evolving needs of the community. Within the St Luke's ecosystem, St Luke's ElderCare delivers a full range of integrated services and programmes for elders through centre, community, residential and home-based services. Their services are tailored to support elders affected by physical disabilities from stroke, falls, or accidents, as well as those who are frail, lonely, and lack daytime caregivers. Additionally, they cater to elders seeking to maintain active, healthy, and socially engaged lifestyles.

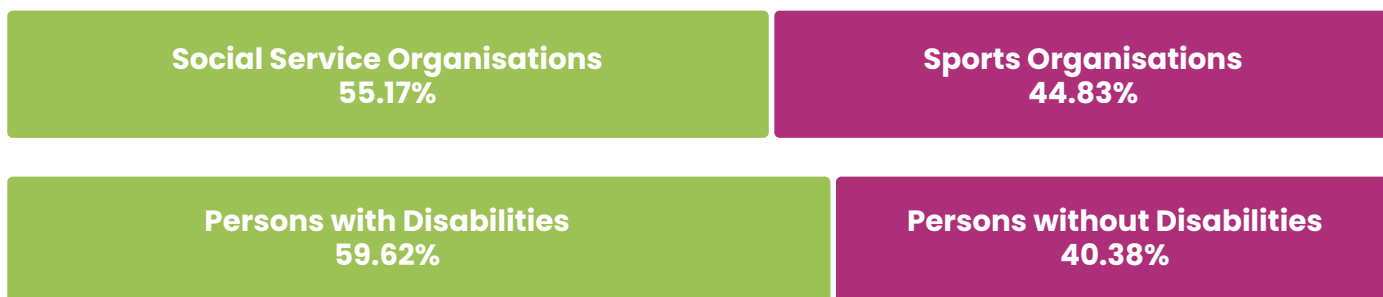


### TOUCH COMMUNITY SERVICES

TOUCH Community Services is a not-for-profit charitable organisation officially registered in 1992 and has been a member of the National Council of Social Services since 1994. TOUCH is committed to the well-being of all people, reaching out to various levels of needs in the community. Believing that every individual is unique and capable of reaching his or her highest potential, its mission is to establish and provide, for the needy and disadvantaged in our society, an integrated network of community-based services that strengthens the family.



# Membership Diversity



## National Affiliations

- Singapore Sailing Federation
- Archery Association of Singapore
- National Council of Social Service
- Singapore Swimming Association
- Singapore National Olympic Council
- Singapore National Paralympic Council

## International Affiliations

- Boccia International Sports Federation (BISFED)
- International Federation for CP Football (IFCPF)
- International Blind Sports Association (IBSA)
- Virtus (International Association of Sport for athletes with intellectual impairment)
- World Abilitysport (Merger of IWAS and CPISRA since 15 April 2023)

# Office Bearers



## President

### **Dr Teo-Koh Sock Miang**

*(wef 29 September 2020)*

#### **Individual Member**

*Board Member since 11 September 2018*

## Vice President

### **Mr James Chia**

*(wef 29 October 2023)*

#### **Ordinary Member**

*Board Member Since 29 September 2022  
Lawn Bowls Association for the Disabled  
(Singapore)*

## Vice President

### **Ms Angeline Peh**

*(29 September 2022 - 28 October 2023)*

#### **Individual Member**

*Board Member since 8 January 2019*

## Honorary Secretary

### **Ms Suzana Soo**

*(wef 29 September 2022)*

#### **Ordinary Member**

*Board Member since 13 November 2019  
MINDS Towner Gardens School*

## Honorary Treasurer

### **Mr Gary Chong**

*(wef 29 September 2022)*

#### **Individual Member**

*Board Member since 29 September 2022*

## Honorary Assistant Treasurer

### **Mrs Selina Foong**

*(wef 20 September 2023)*

#### **Ordinary Member**

*Board Member Since 29 September 2022  
AWWA Ltd*

## Honorary Assistant Treasurer

### **Mrs Koh-Lim Ai Lay**

*(29 September 2022 - 19 September 2023)*

#### **Ordinary Member**

*Board Member since 12 January 2016  
Cerebral Palsy Alliance Singapore School*

# Board Members

**Dr Anthony Fok**

wef 29 September 2022

**Ordinary Member**

Association of Persons with Special Needs

**Ms Florence Khemlani**

since 29 September 2022

**Ordinary Member**

Bowling Association for the Disabled (Singapore)

**Mr Boo Hian Kok**

since 20 September 2023

**Ordinary Member**

Cerebral Palsy Alliance Singapore School

**Ms Yip Pin Xiu**

since 29 September 2020

**Individual Member****Mr Patrick Wong**

since 8 January 2019

**Individual Member****Dr Leonard Lim Ang Tee**

since 29 September 2022

**Individual Member****Ms Nurulasyiqah Binte  
Mohammad Taha**

since 8 July 2023

**Individual Member**

Chairperson, Singapore Para Athletes  
Commission



# Role of Governing Board



The Singapore Disability Sports Council (SDSC) is governed by a Board that ensures the good management and compliance of the Council's practices, to achieve the Council's goals. The Board comprises elected and appointed Board Members. The Terms of Reference can be found on SDSC's website.

The principal responsibilities of the Board are:

- To elect the offices of the Vice-President, Honorary Secretary, Honorary Treasurer and Honorary Assistant Treasurer.
- To appoint a person of high rank and distinction to be the Patron of SDSC.
- To set and periodically review the vision and mission statements of SDSC to keep its goals and objectives relevant.
- To review SDSC's constitution, as necessary.
- To focus on policy, strategy and governance of SDSC.
- To discuss and approve strategic plans and annual work plans of SDSC and ensure that they are aligned to its vision and mission.
- To set policies and guidelines for financial limits, internal control procedures and budget overspending.
- To review and approve the annual budget and financial statements of SDSC.
- To review periodic work progress reports and financial reports to monitor and evaluate SDSC's performance.
- To select, support and assess the Executive Director.

## **Term Limit of the Board**

Members to the Board can be re-nominated and re-appointed every four years during the elections. To promote steady renewal in the spirit of sustainability of SDSC, no member of the Board shall hold office for a continuous period of more than 8 years at any one time, but shall be eligible for re-appointment after the lapse of at least two years.

## **Term Limit of Treasurer**

The Honorary Treasurer has a term limit of four consecutive years. They may hold office again after a lapse of at least two years.

## **Immediate family members of President and Board Members**

No staff are close family members of the President or Board Members.

## **Remuneration of the Board**

No member of the Board receives any form of remuneration for their service rendered as a Board member.

## **Performance and Effectiveness Evaluation of the Board**

The Board evaluates its performance and effectiveness regularly during bi-monthly meetings, and biennial surveys.

# Background of Governing Board



Name	Current Charity Board Appointment	Past SDSC Board Appointments	Occupation	Related Entity
Dr Teo-Koh Sock Miang	President Since 29 September 2020	Vice President 11 September 2018 – 29 September 2020  President 19 August 2014 – 28 September 2016	Retiree  (Formerly Associate Professor, Physical Education & Sports Science, NTU/NIE)	-
Mr James Chia	Vice President Since 29 October 2023	Board member Since 29 September 2022	Assistant Director, Woodlands Health Pte Ltd	Lawn Bowls Association for the Disabled (Singapore)
Ms Suzana Soo	Honorary Secretary Since 29 September 2022	-	Principal, MINDS Towner Garden School	MINDS
Mr Gary Chong	Honorary Treasurer Since 29 September 2022	-	Managing Director, OCBC Bank	-
Mrs Selina Foong	Honorary Assistant Treasurer Since 20 September 2023	Board Member Since 29 September 2022	Chief Operating Officer, AWWA Ltd	-
Dr Anthony Fok	Board Member	-	Business owner	APSN Education Services Ltd
Ms Florence Khemlani	Board Member	-	Business owner	Bowling Association for the Disabled (Singapore)
Mr Boo Hian Kok	Board Member	-	Principal, Cerebral Palsy Alliance Singapore School (East)	Cerebral Palsy Alliance Singapore
Ms Yip Pin Xiu	Board Member	-	Full-time athlete	-
Mr Patrick Wong	Board Member (Appointed)	-	Head, Internal Audit APAC, Julius Baer	-
Dr Leonard Lim Ang Tee	Board Member (Appointed)	-	Senior Consultant Sports Physician, Changi General Hospital	-
Ms Nurulasyiqah Binte Mohammad Taha	Board Member Since 8 Jul 2023 (Appointed)	-	Tax Consultant, Pricewaterhouse Coopers Singapore Pte Ltd	-

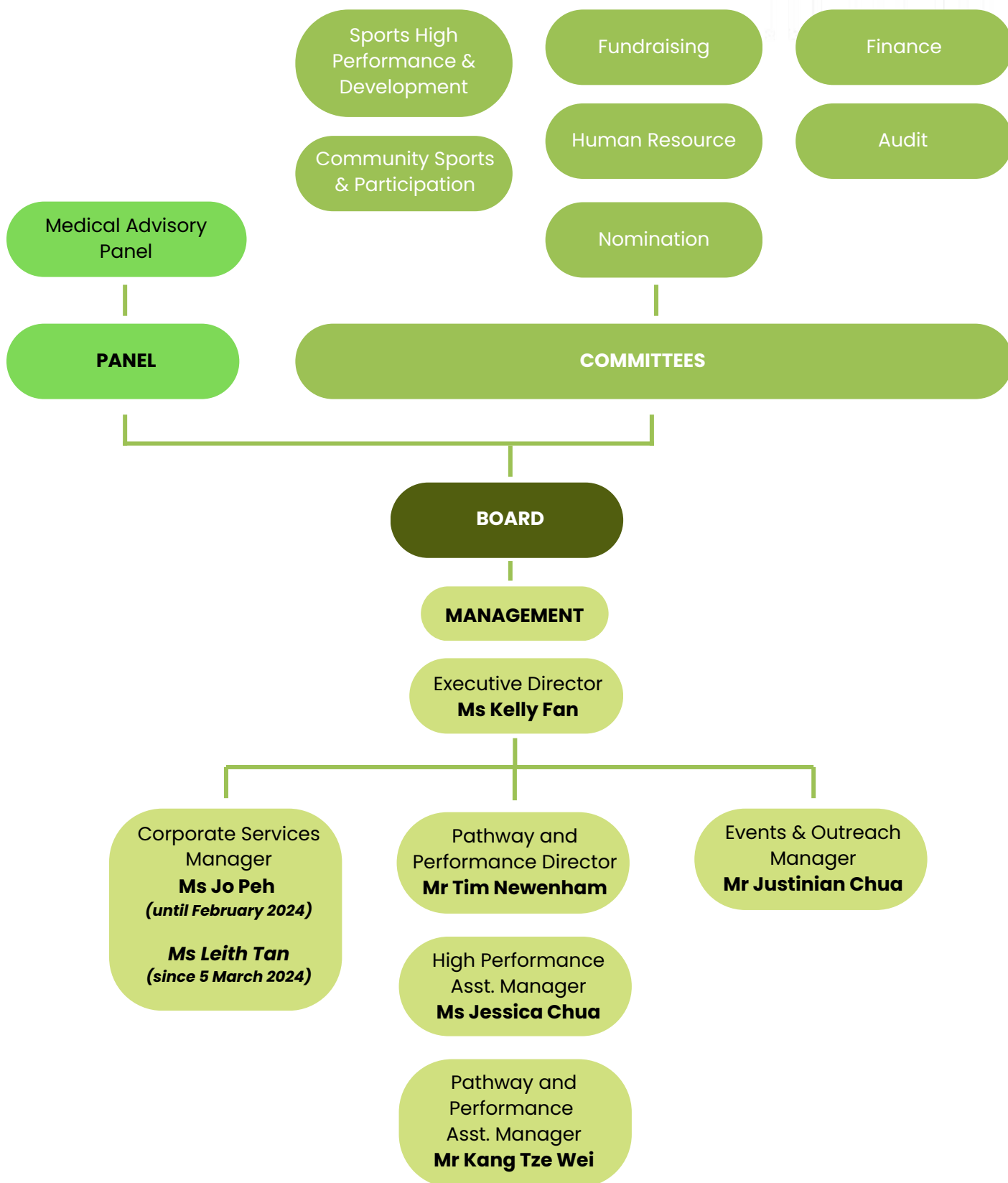
# Attendance



Name of Board Member	Attendance for board meetings
Dr Teo-Koh Sock Miang	6/6 (100%)
Mr James Chia	5/6 (83%)
Ms Angeline Peh (until 28 October 2023)	2/2 (100%)
Ms Suzana Soo	6/6 (100%)
Mr Gary Chong	5/6 (83%)
Mrs Selina Foong	6/6 (100%)
Mrs Koh-Lim Ai Lay (until 19 September 2023)	2/2 (100%)
Dr Anthony Fok (since 29 September 2022)	5/6 (83%)
Ms Florence Khemlani	6/6 (100%)
Mr Boo Hian Kok (since 20 September 2023)	4/4 (100%)
Ms Yip Pin Xiu	6/6 (100%)
Mr Patrick Wong	4/6 (67%)
Dr Leonard Lim Ang Tee	6/6 (100%)
Ms Nurulasyiqah Binte Mohammad Taha (since 8 July 2023)	5/5 (100%)



# Organisational Structure



# Board Committees

## Sports High Performance and Development Committee



### CHAIR

Dr Teo-Koh Sock Miang

### MEMBERS

Ms Yip Pin Xiu

Ms Florence Khemlani

Dr Leonard Lim Ang Tee

## Responsibilities

### Sport Development

- To evolve a framework for the development of disability sports towards high performance.
- To identify and strategise sports to be promoted for development and high performance.
- To plan and strategise developmental training programmes, training centres and centres of excellence.
- To ensure that qualified instructors and coaches are engaged to execute the training programmes for developmental and high performance programmes, and establish pathways for technical expertise development.
- To recommend and oversee organisation of sports events, workshops and competitions to support the development of sports and high performance.
- To supervise talent identification and fair selection of athletes for developmental and national squads, as well as for other funding support provided by Council.
- To ensure that athletes' and Council's best interests are kept when selecting competitions for participation.

### Selection

- To ensure fair and transparent selection of athletes for international competitions.
- To oversee the processes of nomination, selection and appeals to ensure that they are fair and transparent.

### Capability Development

- Propose & oversee officiating, technical and coach development plans for sports development and high performance.
- Appointment of coaches and other sport-related support staff for developmental and high performance sports.

# Board Committees

## Community Sports and Participation Committee



### CHAIR

Ms Suzana Soo

### MEMBERS

Mr James Chia

Mr Boo Hian Kok

Ms Nurulasyiqah Binte Mohammad Taha

Mr Alister Ong (wef 1 February 2024)

## Responsibilities

### Review and recommend to the Board

- The type of disability sports to be invested for community participation and promotion, and corresponding strategies for effective implementation.
- Support programmes, initiatives and policies related to the promotion of community sports and participation.
- Budget for community sports and participation.

### Community Sports and Participation

- To establish a framework for the evaluation, support and monitoring of recreational sports activities.
- To plan and strategise recreational programmes for every disability group and ensure that resources are distributed fairly.
- To recommend and oversee organisation of events to support the promotion of community sports and participation.
- To establish partnerships that will expand the Council's advocacy of sports for all.
- To ensure that CSP strategies provide pathways for talented individuals with disability and sports with robust participation to be referred to the Sports High Performance and Development Committee for development.
- To oversee the recruitment and management of volunteers to support Community Sports and Participation activities.
- To recommend overseas exchanges for youths for exposure or educational purposes.



## Board Committees

# Fundraising Committee



### CHAIR

Ms Florence Khemlani and Mr James Chia (co-chairs wef 30 January 2024)  
Ms Angeline Peh (until 29 January 2024)

### MEMBERS

Ms Yip Pin Xiu  
Mr Yip Ren Kai, Mr Jimmy Sia, Mr Koh Yong Zhi (wef 30 January 2024)  
Mr Ho Cheng Kwee (until 14 March 2024)

## Responsibilities

### Spearhead Fundraising

- To direct and oversee fundraising efforts to ensure that fundraising objectives are met to support SDSC and its sports programmes in accordance with the annual budget and targets set by the Board.
- To endorse the budget requirements for each fund raising programme or project and to table approvals to the Board if necessary.
- To develop an annual fundraising strategy, including goals, timelines, small and major givers' recognition, and relationship management initiatives.
- To engage major givers such as corporates and foundations and secure funding for SDSC programmes and events.

### Oversee Risk Management of Fundraising

- To oversee the accurate and timely reporting of fundraising income
- To oversee fundraising projects and ensure that adequate and effective risk controls are taken to safeguard the collection and accountability of donations, in compliance with governmental and public sector regulations.

### Develop Alternative Sustainable Sources of Income

- To increase existing sources of income such as membership fees
- To explore and broaden sources of income to provide sustainable alternatives to fundraising efforts, such as rental of assets and event fees

## Board Committees

# Finance Committee



### CHAIR

Mr Gary Chong

### MEMBERS

Mrs Selina Foong  
Mr Ho Cheng Kwee  
Mrs Koh-Lim Ai Lay (until 19  
September 2023)

## Responsibilities

- Act as an objective and impartial advisor to the Board on all financial matters pertaining to the operations of the Council

### Financial Reporting

- To endorse all financial statements of SDSC, including any financial information in its annual reports and any other formal announcement
- To review the annual financial statement and report on SDSC's financial health with recommendations, where necessary
- To ensure submission of regular and consistent reports to the Council on financial operations, and any other reports to government or statutory bodies as required by legislation or regulation

### Financial Framework, Policies and Regulations

- To review and implement a robust financial framework that includes regulations and policies to enhance the effectiveness and efficiency of SDSC's financial operations.
- To ensure the compliance of SDSC to external financial policies and regulations as required

### Budgeting and Reserves Policy

- To vet and endorse annual and ad hoc budgets to ensure adequate funding for the implementation of activities, and to submit such budgets to Council for approval, where appropriate.
- To provide advice for the effective management and appropriate usage of reserves

# Board Committees

## Audit Committee



### CHAIR

Mr Patrick Wong

### MEMBERS

Dr Anthony Fok  
Ms Joelle Aw

## Responsibilities

### Overseeing Financial Reporting

- Monitor the integrity of the financial information provided by SDSC, in particular by reviewing the relevance and consistency of the accounting standards used by SDSC.
- Assess, and challenge, where necessary, the accuracy, completeness, and consistency of financial information (including interim reports) before submitting to the Board for approval or made public.
- Review the assurance provided by the Executive Director and the Treasurer regarding the financial records being properly maintained and the financial statements giving a true and fair view of SDSC's operations and finances.

### Overseeing Risk Management and Internal Controls Over Financial Reporting

- At least annually, review the adequacy and effectiveness of the risk management and internal control systems regarding financial reporting risks. This may include reviewing management reports to highlight significant findings and recommendations, inclusive of management's responses.
- Review periodically management risk profiles identifying significant risk areas (with particular focus on financial reporting risks and controls).
- Review disclosures in the Annual Report relating to the adequacy and effectiveness of the risk management and internal control systems (with particular focus on financial reporting risks and controls).
- Review SDSC's procedures for detecting fraud and whistleblowing, and ensure that arrangements are in place by which staff of SDSC and any other persons may, in confidence, raise concerns about possible improprieties in matters of financial reporting, financial control, or any other matters.

### Overseeing External Audit

- Oversee SDSC's relations with the external auditor (including audit scope, approach and fees).
- Review the performance of the external auditors, to facilitate the selection, appointment, re-appointment, and removal (e.g. assess effectiveness through level of errors identified, accuracy in handling key accounting audit judgments, and response to queries from the Committee).
- Monitor and assess annually, the external auditor's independence or objectivity is not impaired (including the amount of fees and provision of non-audit services).
- Review the audit representation letter (particularly in relation to non-standard issues) and the external auditor's Management letter to assess whether it is based on a good understanding of SDSC's business, and monitor the responsiveness of Management to the recommendations made (or the reasons why they have not been acted upon).
- Establish regular meetings with the external auditors to discuss matters that the Committee or auditors believe should be discussed privately.
- Ensure that the external auditors have direct and unrestricted access to the Chairman of the Audit Committee and the Chairman of the Board.

### Interested Persons Transactions

- Review IPTs to consider whether they are on normal commercial terms and are not prejudicial to the interests of SDSC or its stakeholders.
- Determine methods or procedures for determining the transaction prices are sufficient to ensure that the transactions will be carried out on normal commercial terms and not prejudicial to SDSC or its minority stakeholders.
- Direct management to present the rationale, cost- benefit analysis and other details relating to IPTs subject to a specific mandate.
- Receive reports from management regarding IPTs. Report to stakeholders on IPTs.



# Board Committees

## Human Resource Committee



### CHAIR

Dr Anthony Fok

### MEMBERS

Ms Suzana Soo  
Dr Teo-Koh Sock Miang  
Mr James Chia

## Responsibilities

### Review and recommend to the Council

- Significant organisational, compensation and other policies respecting human resources
- Senior management appointment and succession plans
- Strategic direction of HR practices and policies

### Human Resource Strategy

- To annually review the human resources profile and adequacy to carry out the Council's goals and objectives
- To support the Secretariat in the development of the HR Strategy to achieve the delivery of the progressive, innovative and effective HR service

### Compensation, Benefits and Performance Management

- To review the Council's compensation and benefits policies, and make recommendations for the remuneration of senior managers (i.e. Managers and above)
- To ensure that a performance management framework is in place for fair assessment and rewarding of employees

### People Risk Management

- To provide guidance to Secretariat on employment practices to ensure adherence to statutory regulations
- To provide guidance to Secretariat on the handling of employee misconduct and lead investigations where necessary to report on the findings of such cases to the Board

# Board Committees

## Nomination Committee

### CHAIR

Dr Anthony Fok

### MEMBERS

Ms Suzana Soo  
Dr Teo-Koh Sock Miang  
Mr James Chia

## Responsibilities

### Review and recommend to the Board

- To review the composition of the Board annually to ensure that the Board has an appropriate balance of independent Board members and to ensure an appropriate balance of expertise, skills, attributes and ability among the Board members.
- To identify potential Board candidates and explore their interest and availability for service on the Board.
- To nominate individuals to be elected as members of the Board.
- To take the lead in succession planning.
- To nominate Board members for election as office bearers.
- To design and oversee a process of board orientation.

# Board Committees

## Medical Advisory Panel

### LEAD

Dr Leonard Lim Ang Tee

### MAP Committee

Dr Leonard Lim Ang Tee (Chair)

Dr Teoh Chin Sim

Dr Wong Yue Shuen

Dr Jong Sze Chin

Ms Lenis Phoa

Mr Jason Leong

## Responsibilities

### To form a network of medical practitioners from various hospitals to contribute to:

- Medical advice to SDSC for athlete issues and medical processes
- Promotion of para sports within hospitals

## Terms of Reference

### 1. Background and Purpose

The Singapore Disability Sports Council Medical Advisory Panel aims to promote safe and inclusive sports participation for individuals with disabilities and enhance the health and performance of para-athletes. The Panel will serve as a resource of experts providing advice and support to para-athletes, coaches, healthcare professionals, and event organisers involved in disability sports.

### 2. Composition

The Panel will consist of members with diverse expertise in medicine, rehabilitation, sports science, and sports medicine:

**Chairperson:** An experienced medical professional specialising in disability sports and healthcare.

**At least two other healthcare professionals:** These may include physicians, physiotherapists, occupational therapists, and specialists in sports science and sports medicine with significant involvement in disability sports. The Panel may form subgroups as needed to address specific projects aligned with its objectives.

### 3. Objectives and Responsibilities

The Medical Advisory Panel has the following objectives and responsibilities:

#### 3.1. Enhancement of Collaboration Between Healthcare Professionals and Relevant Organisations

Develop strategies to bridge gaps between healthcare professionals and relevant organisations, facilitating the transition of patients with disabilities from healthcare to community sports.

Engage stakeholders to maintain and grow support.

#### 3.2. Raising Awareness of Parasport Among Healthcare Practitioners

Provide expertise when developing awareness campaigns and educational programs about the benefits of parasport and its therapeutic potential. Offer advice during the organisation of talks, seminars, and workshops on disability sports and its role in rehabilitation.

#### 3.3. Classification and Health Screenings of Para Athletes

Advise on classifier selection, development, and support.

#### 3.4. Risk Assessment for Planned Programmes and Activities

Advise on risk assessments for proposed SDSC programmes and activities, identifying potential medical risks and recommending mitigation strategies.

#### 3.5. Recommendation of Relevant Specialists

Recommend medical specialists or healthcare providers to ensure appropriate and specialised care for para-athletes and disability sport participants.

#### 3.6. Other Medical Support

Respond to ad-hoc medical inquiries and requests from SDSC, offering medical advice and expertise as needed.

### 4. Meetings and Reporting

The Panel will convene regular meetings, at least biannually, to discuss progress, address issues, and plan future activities. The Chairperson will report the Panel's activities, outcomes, and recommendations to the SDSC Board as necessary.

### 5. Duration of Appointment

Members will serve a two-year term, renewable at the discretion of the SDSC Board.

### 6. Funding and Support

SDSC will provide the necessary resources and support for the Panel to carry out its activities effectively.



# Executive Management

## Executive Director

### **Ms Kelly Fan**

*Appointed to position since 21 February 2017*

Ms Kelly Fan joined SDSC as the Executive Director on 21 February 2017, after stints at the Prime Minister's Office – Strategy Group and Nanyang Technological University. She was formerly the manager of the Singapore National Paralympic Council (SNPC) and Acting Executive Director of SDSC from 2006 to 2009. In that period, she introduced a number of initiatives and gave SDSC its prominence, including influencing the shift of disability sports coverage from Home and Charity sections to Sports and Local sections in Singapore news.

Besides administering the set-up of SNPC, Kelly also launched the Athletes Achievement Awards that gives recognition to athletes' achievements at the four major games competitions: ASEAN Para Games, Asian Para Games, Commonwealth Games and the Paralympic Games.

Kelly oversaw a very successful 9th ASEAN Para Games campaign in 2017, with Singapore's athletes winning the largest ever away haul and the Asian Para Games campaign in 2018, with the team recording its best-ever showing.

Closer to home, Kelly led the SDSC team to host the World Para Bowling Tour Series (2018, 2019), Singapore Boccia Open (2018), Singapore Para Cycling Cup (2018) and Singapore World Para Swimming World Series (2019, 2023), bringing greater community support for para sports, and valuable opportunities for the development of para athletes.

# Policies

## **Conflict of Interest Policy**

All Board members, staff members and volunteers of SDSC are required to read and understand the conflict of interest policy in place and make full disclosure of interests, relationships and holdings that could potentially result in a conflict of interest. When a conflict of interest situation arises, the member/staff/volunteer is excluded from the discussion and approval of such a transaction.

No staff sits on the Board, and no staff are involved in the setting of their own remuneration.

Key staff are interviewed by a panel comprising at least one Office Bearer/s and at least one member of the HR Committee, after which the interview panel would propose the remuneration to the Board for approval.

## **Whistle Blowing Policy**

SDSC has a Whistle Blowing Policy which is posted on the SDSC website, to allow staff and members of the public to report improper, unethical and inappropriate behaviour, so that SDSC may take up timely and appropriate action to safeguard a culture of accountability, integrity and transparency.

## **Staff Appraisal Policy**

Staff performance is evaluated against Key Performance Indicators (KPIs) twice a year by the reporting officers. The Executive Director's appraisal is conducted once a year by office bearers. The end-of-year assessment is discussed with and endorsed by the HR Subcommittee. It is then reviewed and approved by the Board.

Documented procedures are in place for financial matters and controls in key areas including procurement, receipt, payments, as well as a system for delegation for authority and limits of approval.

# Purpose and plans for restricted funds

List of Restricted Funds	Purpose	Balance as at 1 Apr 2023 (per Audit Report) in SGD	Income in SGD	Expenditure in SGD	Balance as at 31 Mar 2024 in SGD	Planned timing of use
Charity Support Fund	Website enhancement, volunteer management	49,717	-	(32,707)	17,010	May-25
President's Challenge (FY2021-2023)	Critical programme support, expansion of programmes	192,459	242,025	(20,547)	413,937	Mar-25
Deferred Capital Fund	Depreciation of donated vehicle value	658,012	63,950	(271,222)	450,740	Nov-25
Sports and Athletes Development Funds	Provision of pathway and performance para sport opportunities	2,160,912	1,028,642	(861,228)	2,328,326	See details on the next page



# Purpose and plans for restricted funds

Details of Sports and Athletes Development Funds:

List of Restricted Funds	Balance as at 1 Apr 2023 (per Audit Report) in SGD	Income in SGD	Expenditure in SGD	Balance as at 31 Mar 2024 in SGD	Planned timing of use
One-Team SG Fund	1,330,123	297,694	(125,567)	1,502,250	Mar-25
Haw Par	151,689	120,000	(104,653)	167,036	Mar-25
Charity Golf 2022	-	140,000	-	140,000	Mar-25
Jefferson Gaw Cheng Fund	278,761	-	(201,956)	76,805	Mar-25
Goalball Team Fund	37,785	30,000	(7,488)	60,297	Mar-25
Sport Development	25,001	29,300	-	54,301	Mar-25
Development Team Fund	106,861	46,463	(107,414)	45,910	Mar-25
Table Tennis Fund	52,497	45,200	(62,636)	35,061	Mar-25
Para Cycling Fund	31,306	100	(660)	30,746	Mar-25
Allianz Direct Help	-	15,698	-	15,698	Jul-25
Tenpin Bowling Fund	25,000	-	(9,380)	15,620	Mar-25
Majulah Tokyo	8,715	10,000	(8,716)	9,999	Mar-25
Toyota	-	100,000	(100,000)	-	
Project Champions Way Fund	11,113	-	(2,756)	8,357	Mar-25
Empowering Abilities (Edward Lifesciences)	-	6,660	-	6,660	Jun-24
Focus on Ability	876	-	-	876	Jun-24
Other Restricted Funds	101,185	187,527	(130,002)	158,710	Dec-25

# Code of Governance Checklist

S/N	Key Code guidelines	Code guideline ID	SDSC Compliance
<b>BOARD GOVERNANCE</b>			
1	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied
	Are there Board members holding staff appointments?		No
2	Staff does not chair the Board and does not comprise more than one-third of the Board.	1.1.3	
3	There are written job descriptions for their executive functions and operational duties which are distinct from their Board roles.	1.1.5	
4	There is a maximum limit of four consecutive years for the Treasurer position (or equivalent, e.g Finance Committee Chairman or person on Board responsible for overseeing the finances of the charity). Should the charity not have an appointed Board member, it will be taken that the Chairman oversees the finances.	1.1.7	Complied
5	All Board members submit themselves for re-nomination and re-appointment, at least once every three years.	1.1.8	Not Complied*
6	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	Are there Board member(s) who have served for more than 10 consecutive years?		No
7	The charity discloses in its annual report the reasons for retaining the Board member(s) who has served for more than 10 consecutive years.	1.1.13	
8	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied
<b>CONFLICT OF INTEREST</b>			
9	There are documented procedures for Board members and staff to declare actual or potential conflicts of interest to the Board.	2.1	Complied
10	Board members do not vote or participate in decision-making on matters where they have a conflict of interest.	2.4	Complied

# Code of Governance Checklist

S/N	Key Code guidelines	Code guideline ID	SDSC Compliance
<b>STRATEGIC PLANNING</b>			
11	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied
<b>HUMAN RESOURCE AND VOLUNTEER<sup>2</sup> MANAGEMENT</b>			
12	The Board approves documented human resource policies for staff.	5.1	Complied
13	There is a documented Code of Conduct for Board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
14	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied
	Are there volunteers serving in the charity?		Yes
15	There are volunteer management policies in place for volunteers.	5.7	Complied
<b>FINANCIAL MANAGEMENT AND INTERNAL CONTROLS</b>			
16	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of its core charitable programmes.	6.1.1	Complied
17	The Board ensures internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied
18	The Board ensures reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
19	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	Complied
20	The Board approves an annual budget for the charity's plans and regularly monitors its expenditure.	6.2.1	Complied
	Does the charity invest its reserves, including fixed deposits?		Yes
21	The charity has a documented investment policy approved by the Board.	6.4.3	Complied
<b>FUNDRAISING PRACTICES</b>			
	Did the charity receive cash donations (solicited or unsolicited) during the year?		Yes
22	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied
	Did the charity receive donations-in-kind during the year?		Yes
23	All donations-in-kind received are properly recorded and accounted for by the charity.	7.2.3	Complied



# Code of Governance Checklist

S/N	Key Code guidelines	Code guideline ID	SDSC Compliance
<b>DISCLOSURE AND TRANSPARENCY</b>			
24	The charity discloses in its annual report: i. Number of Board meetings in the year; and ii. Individual Board member's attendance.	8.2	Complied
	Are Board members remunerated for their Board services?		No
25	No Board member is involved in setting his or her own remuneration.	2.2	
26	The charity discloses the exact remuneration and benefits received by each Board member in its annual report. OR The charity discloses that no Board members are remunerated.	8.3	
	Does the charity employ paid staff?		Yes
27	No staff is involved in setting his or her own remuneration.	2.2	Complied
28	The charity discloses in its annual report: i) the total annual remuneration (including any remuneration received in its subsidiaries), for each of its three highest paid staff, who each receives remuneration exceeding \$100,000, in bands of \$100,000; and ii) If any of the 3 highest paid staff also serves as on the Board of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000. OR The charity discloses that none of its staff receives more than \$100,000 each in annual remuneration.	8.4	Complied
29	The charity discloses the number of paid staff who are close members of the family of the Executive Head or Board members, who each receives remuneration exceeding \$50,000 during the year, in bands of \$100,000. OR The charity discloses that there is no paid staff who are close members of the family of the Executive Head or Board member, who receives more than \$50,000 during the year.	8.5	Complied
<b>PUBLIC IMAGE</b>			
30	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied

## Notes

- Staff: Paid or unpaid individual who is involved in the day to day operations of the charity, e.g. an Executive Director or administrative personnel.
- Volunteer: A person who willingly serves the charity without expectation of any remuneration.
- Close member of the family: A family member belonging to the Executive Head or a governing board member of a charity –
  - who may be expected to influence the Executive Head's or governing board member's (as the case may be) dealings with the charity; or
  - who may be influenced by the Executive Head or governing board member (as the case may be) in the family member's dealings with the charity.
 A close member of the family may include the following:
  - the child or spouse of the Executive Head or governing board member;
  - the stepchild of the Executive Head or governing board member;
  - the dependent of the Executive Head or governing board member.
  - the dependent of the Executive Head's or governing board member's spouse.
- Executive Head: The most senior staff member in charge of the charity's staff.

\*[Constitution Reference 23.1 & 23.2] The term of office of Elected/Appointed Board Members shall be four (4) years. [23.4] No person shall hold the office of President, Vice President, Honorary Secretary or Assistant Treasurer for more than two (2) terms consecutively. Re-appointments may only be considered after a lapse of at least two (2) years. This clause was approved by SDSC membership, based on the runway required to execute SDSC's strategic plans in relation to the major games, which run in 4-year cycles.

# Governance Highlights

## Charity Transparency Award 2023

For the second consecutive year, the Singapore Disability Sports Council (SDSC) was honoured with the Charity Transparency Award (CTA), an initiative by the Charity Council aimed at promoting good transparency and governance in the charity sector. The CTA, along with the Charity Governance Awards (CGA), acknowledges the exemplary work of charities while inspiring others to adopt best practices.

The CTA specifically recognises charities with outstanding disclosure practices as recommended by the Charity Transparency Framework (CTF). The CTF, closely aligned with the Code of Governance for Charities and Institutions of a Public Character (IPCs) 2017, highlights nine key dimensions as essential areas for disclosure. This award reinforces SDSC's commitment to upholding these high standards of transparency and governance, further enhancing our reputation within the community.

## SMU Learning Journey (22 September 2023)

On 22 September 2023, the Singapore Disability Sports Council (SDSC) had the pleasure of hosting 17 students from Singapore Management University (SMU). This visit was part of the students' Charity Transparency Assessment Project, aimed at gaining insights into the operations, challenges, and governance practices of various charities.

The students were keenly interested in understanding how SDSC, as a previous recipient of the Charity Transparency Award (CTA), maintains its commitment to high standards of transparency and governance. During their visit, they explored our efforts to uphold these standards and engaged in discussions about the complexities involved in charity operations.

Tay Hui Sin, Honorary Finance Secretary of the SMU Accounting Society, expressed their appreciation, noting, "The visit was an enlightening experience that highlighted the remarkable work SDSC does for para athletes in Singapore. We deeply valued the insights shared by you and James regarding the operational challenges and the continuous efforts to enhance transparency and governance within the charity sector."

## Visit by South Korean Delegation (31 Jan 2024)

SDSC had the privilege of hosting a delegation of seven Korean professors specialising in sports for persons with disabilities. The visit was an opportunity for SDSC to share insights into national initiatives and policies promoting sports for persons with disabilities, as well as our collaboration with National Sports Associations (NSAs). The delegation, which included esteemed professors from various universities in South Korea, engaged in fruitful discussions on the importance of governance and transparency in the effective administration of sports programmes for persons with disabilities.



# Financials

## Singapore Disability Sports Council

**(REGISTERED UNDER SOCIETIES ACT 1966 AND CHARITIES ACT 1994)**

UEN NO: S73SS0035B

FINANCIAL YEAR ENDED 31 MARCH 2024

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# Statement By The Board

**For the financial year ended 31 March 2024**

In the opinion of the Board,

- (a) the accompanying financial statements together with the notes thereon are drawn up so as to present fairly, in all material respects, the financial position of Singapore Disability Sports Council (the council) as at 31 March 2024 and of the financial activities, changes in funds and cash flows of the council for the year ended; and
- (b) at the date of this statement, there are reasonable grounds to believe that, the council will be able to pay its debts as and when they fall due.

On behalf of the Board,



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**Dr Teo-Koh Sock Miang**  
President



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**Suzana Binte Soo**  
Secretary



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**Chong Pooi Lon Gary**  
Treasurer

Singapore, 09 July 2024



# Report on the Audit of the Financial Statements

## Opinion

We have audited the financial statements of Singapore Disability Sports Council (the council), which comprise the balance sheet as at 31 March 2024, and the statement of financial activities and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of material accounting policy information.

In our opinion, the accompanying financial statements are properly drawn up in accordance with the provisions of the Societies Act 1966 (the Societies Act), the Charities Act 1994 and other relevant regulations (the Charities Act and Regulations) and Charities Accounting Standard in Singapore (CAS) so as to present fairly, in all material respects, the financial position of the council as at 31 March 2024, and of the financial activities, changes in funds and cash flows of the council for the financial year ended on that date.

## Basis for Opinion

We conducted our audit in accordance with Singapore Standards on Auditing (SSAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the council in accordance with the Accounting and Corporate Regulatory Authority (ACRA) Code of Professional Conduct and Ethics for Public Accountants and Accounting Entities (ACRA Code) together with the ethical requirements that are relevant to our audit of the financial statements in Singapore, and we have fulfilled our other ethical responsibilities in accordance with these requirements and the ACRA Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Other Matters

The financial statements of the council for the year ended 31 March 2023 were audited by another auditors who expressed an unmodified opinion on those financial statements on 8 August 2023.

## Other Information

The Board is responsible for the other information. The other information comprises the Statement by the Board included in page 1 but does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

# Report on the Audit of the Financial Statements (Continued)

## **Responsibilities of Board for the Financial Statements**

The Board is responsible for the preparation and fair presentation of the financial statements in accordance with the provisions of the Societies Act, the Charities Act and CAS, and for such internal controls as the Board determines it is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Board is responsible for assessing the council's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Board either intends to liquidate the council or to cease operations, or has no realistic alternative but to do so.

The Board's responsibilities include overseeing the council's financial reporting process.

## **Auditor's Responsibilities for the Audit of the Financial Statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level assurance, but is not a guarantee that an audit conducted in accordance with SSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SSAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the council's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Board.
- Conclude on the appropriateness of the Board's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the council's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the council to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Board regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

# Report on the Audit of the Financial Statements (Continued)

## **REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS**

In our opinion,

- a) the accounting and other records required to be kept by the council in accordance with the Societies Regulations enacted under the Societies Act, the Charities Act and Regulations and CAS and have been properly kept in accordance with those Regulations; and
- b) the fund-raising appeals held during the year ended 31 March 2024 have been carried out in accordance with Regulation 6 of the Societies Regulations issued under the Societies Act and proper accounts and other records of the fund-raising appeals have been kept.

During the course of our audit, nothing has come to our attention that causes us to believe that during the financial year:

- a) the council has not used the donation monies in accordance with its obligations as required under Regulation 11 of the Charities (Institutions of Public Character) Regulations; and
- b) the council has not complied with the requirements of Regulation 15 of the Charities (Institutions of Public Character) Regulation.



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**Cypress Singapore PAC**  
Public Accountants and  
Chartered Accountants  
Singapore

Singapore, 09 July 2024

## BALANCE SHEET AS AT 31 MARCH 2024

	Note	2024 SGD	2023 SGD
<b>FUNDS</b>			
Restricted funds	3	3,210,013	3,061,100
Unrestricted funds	4	3,240,743	2,808,264
		6,450,756	5,869,364
Represented by			
NON CURRENT ASSET			
Plant and equipment	5	648,284	935,980
<b>CURRENT ASSETS</b>			
Trade and other receivables	6	493,454	512,423
Cash and cash equivalents	7	6,274,466	5,796,528
		6,767,920	6,308,951
Less:			
CURRENT LIABILITIES			
Trade and other payables	8	905,681	812,164
Deferred income	9	59,767	563,403
		965,448	1,375,567
<b>NET CURRENT ASSETS</b>			
		5,802,472	4,933,384
		6,450,756	5,869,364

The accompanying notes form an integral part of the financial statements.



## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted Funds SGD	2024 Unrestricted Funds SGD	Total SGD	Restricted Funds SGD	2023 Unrestricted Funds SGD	Total SGD
<b>INCOME</b>	10						
<u>Income from generated funds:</u>							
<u>Voluntary income</u>							
Donations	11	392,535	202,260	<b>5,472,595</b>	241,095	139,406	<b>380,501</b>
Grants from third parties		317,025	230,797	<b>547,822</b>	120,338	270,861	<b>391,199</b>
Grants from SportSG		297,694	3,801,308	<b>4,099,002</b>	549,513	2,619,508	<b>3,169,021</b>
Membership subscription fees		-	144	<b>144</b>	-	4,002	<b>4,002</b>
		<b>1,007,254</b>	<b>4,234,509</b>	<b>5,241,763</b>	<b>910,946</b>	<b>3,033,777</b>	<b>3,944,723</b>
<u>Activities for generated funds</u>							
Event income		-	674,776	<b>674,776</b>	-	4,315	<b>4,315</b>
Sponsorship		240,413	-	<b>240,413</b>	93,839	-	<b>93,839</b>
Fund-raising income	12	16,950	322,054	<b>339,004</b>	-	512,691	<b>512,691</b>
		<b>257,363</b>	<b>996,830</b>	<b>1,254,193</b>	<b>93,839</b>	<b>517,006</b>	<b>610,845</b>
<u>Investment income</u>							
Interest income		-	157,313	<b>157,313</b>	-	61,578	<b>61,578</b>
		-	<b>157,313</b>	<b>157,313</b>	-	<b>61,578</b>	<b>61,578</b>
<u>Income from charitable activities:</u>							
Learn to play		-	42,726	<b>42,726</b>	-	23,280	<b>23,280</b>
		-	<b>42,726</b>	<b>42,726</b>	-	<b>23,280</b>	<b>23,280</b>
<u>Other income:</u>							
Job credit scheme		-	9,607	<b>9,607</b>	-	-	-
Job support scheme		-	-	-	-	62,132	<b>62,132</b>
Athlete engagement		-	27,876	<b>27,876</b>	-	20,320	<b>20,320</b>
Sundry income		-	3,734	<b>3,734</b>	-	14,602	<b>14,602</b>
		-	<b>41,217</b>	<b>41,217</b>	-	<b>97,054</b>	<b>97,054</b>
<b>TOTAL INCOME</b>		<b>1,264,617</b>	<b>5,472,595</b>	<b>6,737,212</b>	<b>1,004,785</b>	<b>3,732,695</b>	<b>4,737,480</b>

The accompanying notes form an integral part of the financial statements.

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

	Note	Restricted Funds SGD	2024 Unrestricted Funds SGD	Total SGD	Restricted Funds SGD	2023 Unrestricted Funds SGD	Total SGD
<b>TOTAL INCOME</b>		1,264,617	5,472,595	<b>6,737,212</b>	1,004,785	3,732,695	<b>4,737,480</b>
LESS: EXPENDITURES							
<u>Cost of generating funds</u>							
Fund-raising expenditure	12	-	80,039	<b>80,039</b>	-	77,735	<b>77,735</b>
		-	<b>80,039</b>	<b>80,039</b>	-	<b>77,735</b>	<b>77,735</b>
<u>Charitable activities expenditure</u>							
SpexTAG and spexGLOW		-	63,427	<b>63,427</b>	-	64,995	<b>64,995</b>
Capability development		-	42,460	<b>42,460</b>	-	45,258	<b>45,258</b>
Coaching fees and allowance		-	266,895	<b>266,895</b>	-	328,086	<b>328,086</b>
Overseas training and competition		-	<b>238,122</b>	<b>238,122</b>	-	<b>170,458</b>	<b>170,458</b>
Youth development expenditure		857,657	1,307,623	<b>2,165,280</b>	915,647	635,459	<b>1,551,106</b>
Events and competitions		-	937,705	<b>937,705</b>	-	176,944	<b>176,944</b>
		<b>857,657</b>	<b>2,856,232</b>	<b>3,713,889</b>	<b>915,647</b>	<b>1,421,200</b>	<b>2,336,847</b>
<u>Support costs</u>							
Depreciation of plant and equipment	5	271,222	90,955	<b>362,177</b>	101,315	44,631	<b>145,946</b>
Insurance		-	23,028	<b>23,028</b>	-	29,387	<b>29,387</b>
Office rental		-	195,689	<b>195,689</b>	-	179,792	<b>179,792</b>
Employee benefits expenses	13	56,825	1,639,781	<b>1,696,606</b>	243,274	1,181,763	<b>1,425,037</b>
Other operating expenditure	14	-	59,700	<b>59,700</b>	-	50,209	<b>50,209</b>
		<b>328,047</b>	<b>2,009,153</b>	<b>2,337,200</b>	<b>344,589</b>	<b>1,485,782</b>	<b>1,830,371</b>
<u>Governance cost</u>							
Audit fees		-	24,692	<b>24,692</b>	-	9,447	<b>9,447</b>
		-	<b>24,692</b>	<b>24,692</b>	-	<b>9,447</b>	<b>9,447</b>
TOTAL EXPENDITURES	19	1,185,704	4,970,116	<b>6,155,820</b>	1,260,236	2,994,164	<b>4,254,400</b>
SURPLUS/ (DEFICIT) BEFORE TAXATION		78,913	502,479	<b>581,392</b>	(255,451)	738,531	<b>483,080</b>

The accompanying notes form an integral part of the financial statements.

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024 (CONTINUED)

	Note	Restricted Funds SGD	2024 Unrestricted Funds SGD	Total SGD	Restricted Funds SGD	2023 Unrestricted Funds SGD	Total SGD
SURPLUS/ (DEFICIT) BEFORE TAXATION		78,913	502,479	<b>581,392</b>	(255,451)	738,531	<b>483,080</b>
TAXATION	15	-	-	-	-	-	-
NET SURPLUS/ (DEFICIT) FOR THE YEAR		<b>78,913</b>	<b>502,479</b>	<b>581,392</b>	<b>(255,451)</b>	<b>738,531</b>	<b>483,080</b>
Fund transfer	4	70,000	(70,000)	-	(78,220)	78,220	-
		<b>148,913</b>	<b>432,479</b>	<b>581,392</b>	<b>(333,671)</b>	<b>816,751</b>	<b>483,080</b>
RECONCILIATION OF FUNDS							
Total funds brought forward		3,061,100	2,808,264	<b>5,869,364</b>	3,394,771	1,991,513	<b>5,386,284</b>
Total funds carried forward	19	<b>3,210,013</b>	<b>3,240,743</b>	<b>6,450,756</b>	<b>3,061,100</b>	<b>2,808,264</b>	<b>5,869,364</b>

The accompanying notes form an integral part of the financial statements.

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2024

	Note	2024 SGD	2023 SGD
CASH FLOWS FROM OPERATING ACTIVITIES			
Surplus before taxation		<b>581,392</b>	483,080
Adjustments for:			
Depreciation on plant and equipment		<b>362,177</b>	145,946
Interest income		<b>(157,313)</b>	(61,578)
Operating cash flow before working capital changes		<b>786,256</b>	567,448
Changes in working capital:			
Trade and other receivables		<b>18,969</b>	(86,190)
Trade and other payables		<b>93,517</b>	153,556
Deferred income		<b>(503,636)</b>	563,403
		<b>(391,150)</b>	630,769
Cash effect of operating activities		<b>395,106</b>	1,198,217
Interest received		<b>157,313</b>	61,578
NET CASH EFFECT OF OPERATING ACTIVITIES		<b>552,419</b>	1,259,795
CASH FLOWS FROM INVESTING ACTIVITY		<b>(74,481)</b>	(139,480)
Purchase of plant and equipment		<b>(74,481)</b>	(139,480)
NET CASH EFFECT OF INVESTING ACTIVITIES			
NET INCREASE IN CASH AND CASH EQUIVALENTS		<b>477,938</b>	1,120,315
CASH AND CASH EQUIVALENTS AT 1 APRIL 2023/2022	7	<b>5,796,528</b>	4,676,213
CASH AND CASH EQUIVALENTS AT 31 MARCH 2024/2023	7	<b>6,274,466</b>	5,796,528

The accompanying notes form an integral part of the financial statements.



# Notes to the financial statement

## For the financial year ended 31 March 2024

### **1. GENERAL INFORMATION**

The council is registered in Singapore under the Societies Act 1966 since 24 May 1973 and is domiciled in Singapore.

The council is an approved charity under the Charities Act 1994 since 28 November 1984 and an approved Institution of Public Character (IPC) for the period from 27 December 2023 to 26 December 2026.

The Code of Governance for Charities and Institutions of Public Character (IPCs) was launched by the Charity Council on 26 November 2007. The council has complied all applicable guidelines of the Code of Governance Evaluation Checklist for the "enhanced-tiered" – Charities for the financial year ended 31 March 2024 (full checklist is available at [www.charities.gov.sg](http://www.charities.gov.sg)).

The council is awarded The Charity Transparency Award in 2023 and 2022 in recognition of its adoption of the highest standards of governance, in line with the Code of Governance for Charities and Institutions of Public Character. The Charity Transparency Award recognises charities with good disclosure practices that the Charity Transparency Framework recommends.

The principal activities of the council are to promote, develop and increase participation for para sport, ranging from recreation to high performance in Singapore.

The registered office and principal place of business of the council is at 3 Stadium Drive #01-34, Singapore 397630.

The financial statements of the council for the financial year ended 31 March 2024 were authorised for issue in accordance with a resolution of the Board on the date of Statement by the Board.

### **2. MATERIAL ACCOUNTING POLICY INFORMATION**

#### **2.1 Basis of preparation**

The financial statements are prepared in accordance with the provisions of the Societies Act 1966 (the Societies Act), the Charities Act 1994 and other relevant regulations (the Charities Act and Regulations) and Charities Accounting Standard in Singapore (CAS).

The financial statements are prepared in accordance with the historical cost convention except as disclosed in the accounting policies below.

The preparation of financial statements in conformity with CAS requires the use of estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the financial year. Although these estimates are based on best knowledge of current events and actions and historical experiences and various other factors that are believed to be reasonable under the circumstances, actual results may ultimately differ from those estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period or in the period of the revision and future periods if the revision affects both current and future periods. There were no significant judgements and estimates made during the financial year.

The financial statements are presented in Singapore dollars, which is the functional currency of the council.

## Notes to the financial statement

### For the financial year ended 31 March 2024

#### 2. MATERIAL ACCOUNTING POLICY INFORMATION (CONTINUED)

##### 2.2 Changes in accounting policies

The accounting policies adopted are consistent with those of the previous financial year.

##### 2.3 Fund Accounting

The council maintains restricted funds and unrestricted funds.

###### Restricted funds:

Restricted funds represent funds that have been received by the council for which the usage is restricted, specifically for an activity in one or more of its services or for specified activities within these services. These restrictions may be designated by government agencies, other donor organisations or individuals.

###### Unrestricted funds:

Unrestricted funds represent funds received by the council that are expendable for any activities of the council at the discretion of the Board in furtherance of the council's charitable objectives.

Unless specifically indicated, fund balances are not represented by any specific assets or liabilities but are represented by all assets of the council.

In order to ensure observance of limitations and restrictions placed on the use of the resources available to the council, the financial statements of the council are maintained such that the resources for various purposes are classified for accounting and reporting purposes that are in accordance with activities or objectives specified.

##### 2.4 Key sources of estimation uncertainty

The preparation of financial statements in conformity with CAS requires the use of estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities as at the date of the financial statements, and the reported amounts of income and expenses during the financial year. Although these estimates are based on the council's best knowledge of current event and actions, actual results may differ from those estimates.

There were no significant key assumptions concerning the future, nor other key sources of estimation uncertainty at the year end that would have significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year except for:-

###### *Depreciation of plant and equipment*

The estimates for the residual values, useful lives and related depreciation charges for the plant and equipment are based on commercial and production factors which could change significantly as a result of technical innovations and competitors' actions in response to the market conditions.

The council anticipates that the residual values of its plant and equipment will be insignificant. As result, residual values are not being taken into consideration for the computation of the depreciable amount.

Changes in the expected level of usage and technological development could impact the economic useful lives and the residual values of these assets, therefore future depreciation charges could be revised.

## Notes to the financial statement

For the financial year ended 31 March 2024

### 2. MATERIAL ACCOUNTING POLICY INFORMATION (CONTINUED)

#### 2.5 Plant and equipment and depreciation

Plant and equipment are initially stated at cost. Subsequent to initial recognition, property, plant and equipment are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation of an asset commences when the asset is available for use. Depreciation is provided on gross carrying amounts less residual value in equal annual instalments over the estimated lives of the assets. The estimated useful lives are as follows:

	<u>No. of years</u>
Computers	1
Training equipment	3 - 5
IT software	3
Furniture and fittings and office equipment	5
Motor vehicles	10

The residual value and the estimated useful lives of an asset are reviewed at each year end, and if expectations are different from previous estimate, changes are made to the depreciation charge for the remaining undepreciated amount.

Fully depreciated assets are retained in the financial statements until they are no longer in use or disposed and no further charges for depreciation is made in respect of these assets. Any gain or loss arising from the de-recognition of the asset is recognised in the statement of comprehensive income.

When events or changes in circumstances indicate that the carrying amount of an asset is not recoverable, impairment loss is recognised in the statement of comprehensive income.

On disposal of an item of plant and equipment, the difference between the disposal proceeds and its carrying amount is recognised in statement of comprehensive income within operating expenses.

#### 2.6 Trade and other receivables

Trade and other receivables excluding prepayments are initially recognised at their transactions price, excluding transaction costs, if any. Transaction costs are recognised as expenditure in the statement of financial activities as incurred. Prepayments are initially recognised at the amount paid in advance for the economic resources expected to be received in the future.

After initial recognition, trade and other receivables excluding prepayments are subsequently measured at cost less any accumulated impairment losses. Prepayments are subsequently measured at the amount paid less the economic resources received or consumed during the financial year.

At each balance sheet date, where there is objective evidence that a receivable is impaired, the carrying amount of the asset is reduced through the use of an allowance account, and the amount of the loss is recognised in the statement of financial activities. The allowance recognised is measured as the difference between the asset's carrying amount and the undiscounted future cash flows that the council expects to receive from the receivables. When a receivable is uncollectible, it is written off against the allowance account for receivables. Subsequent recoveries of amounts previously written off are credited in the statement of financial activities.

# Notes to the financial statement

## For the financial year ended 31 March 2024

### 2. MATERIAL ACCOUNTING POLICY INFORMATION (CONTINUED)

#### 2.7 Deferred income

Deferred income are resources (normally cash) received that do not meet the criteria for recognition as income in the statement of financial activities as entitlement to the income does not exist at the balance sheet date. This primarily relates to grants and donations received where the donors or grantors have specified conditions for use; and these conditions have not been met at the financial year end. The deferred income will be recognised as income in the statement of financial activities when the conditions are fulfilled.

#### 2.8 Cash and cash equivalents

Cash and cash equivalent comprise cash at banks and fixed deposits which are short term, highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of changes in value. These include cash and cash equivalents held under restricted funds, the use of which is subject to the relevant restricted funds' operating terms.

#### 2.9 Trade and other payables

Trade and other payables (excluding accruals), are recognised at their transaction price, excluding transaction costs, if any, both at initial recognition and at subsequent measurement. Transaction costs are recognised as expenditure in the statement of financial activities as incurred. Accruals are recognised at the best estimate of the amount payable.

#### 2.10 Provisions

Provisions are recognised when the council has a present obligation as a result of past events where it is probable that it will result in an outflow of economic benefits that can be estimated reliably. Provisions are reviewed at the year end and adjusted to reflect the current best estimate. If it is no longer probable that an outflow of resources embodying economic benefits will be required to settle the obligation, the provision is reversed.

#### 2.11 Income recognition

Income including donations, gifts and grants that provide core funding or are of general nature are recognised when there is (a) entitlement (b) certainty and (c) sufficient reliability of measurement. Such income is only deferred when: the donor specifies that the grant of donation must only be used in future accounting periods; or the donor has imposed conditions which must be met before the council has unconditional entitlement.

##### Donations:

Donations and corporate cash sponsorship are recognised on receipt. However, donations received and subject to donor-imposed pre-conditions are deferred as liabilities until the council is able to meet the terms of the donations.

Cash donations which are still in collection containers at public and other premises or are in transit to the council are not recognised as income until they have been received by the council.

No value is ascribed to volunteer services, donated services, assets donated for continuing use or similar donations-in-kind, unless the benefit to the council is reasonably quantifiable and measurable in which case an equivalent amount is recorded in expenditure or capitalised as appropriate.



# Notes to the financial statement

## For the financial year ended 31 March 2024

### 2. MATERIAL ACCOUNTING POLICY INFORMATION (CONTINUED)

#### 2.11 Income recognition (continued)

##### Grants:

Grants from government, other organisations and third parties are recognised as income only when there is sufficient evidence that the council has complied with the conditions attached to them and there is reasonable certainty that they will be received. These grants are recognised on an accrual basis. Grant recognised in the statement of financial position are calculated based on the funding principles set by the individual organisations. Adjustments to the grants which are made on finalisation by the relevant organisations are recognised in the statement of financial activities in the financial year in which they are finalised. Grants with specific conditions are recognised either when they have been conformed to, or when there is sufficient evidence that they will be met. In instance where there is uncertainty about the ability of the council to meet the conditions set by grantors, the recognition of the grant as income is deferred until conditions imposed at the time of the grants can be complied with.

Grants from third parties, SportSG, sponsorship, fund-raising and sundry income are recognised upon receipt and for events that occurred during the financial year. Sponsorship income in kind is recognised based on fair value of sponsorship received.

##### Membership subscription fees:

Membership subscription fees are recognised as income over the period of the membership. Membership renewal fees shall be paid by 31 March of each year. A contract liability is recognised for payment received in excess of the value of performance obligations fulfilled.

##### Event income:

Event income is recognised when the event has ended.

##### Interest income:

Interest income is accrued on a time basis, by reference to the principal outstanding and at the effective interest rate.

##### Job Credit Scheme and Jobs Support Scheme (JSS):

The Jobs Credit scheme and Jobs Support Scheme (JSS) are recognised upon receipt.

##### Athlete engagement income:

Athlete engagement income is recognised upon receipt after the completion of the motivation talks.

#### 2.12 Expenditure

All expenditures are accounted for on an accrual basis and have been classified under headings that aggregate all costs related to that activity.

##### Cost of generating funds:

The costs of generating funds are those costs attributable to generating income for the council, other than those costs incurred in undertaking charitable activities in furtherance of the council's objects.

## Notes to the financial statement

For the financial year ended 31 March 2024

### 2. MATERIAL ACCOUNTING POLICY INFORMATION (CONTINUED)

#### 2.12 **Expenditure (continued)**

##### Charitable activities:

Expenditure on charitable activities comprises all costs incurred in undertaking work to meet the charitable objects of the council. Those costs, include the direct cost of the charitable activities of the council together with those support costs incurred that enable these activities to be undertaken.

##### Governance costs:

Governance costs are those incurred in compliance with constitutional and statutory requirements including related professional fees.

##### Support costs:

Support costs are costs incurred in supporting income generation activities such as fundraising and in supporting the governance of the council. Support costs do not in themselves constitute an activity, instead they enable output-creating activities to be undertaken. Support costs comprises the manpower and operating cost of Pathway and Performance, Events and Outreach, Communications and Fund-raising and Corporate Services' office. Support costs are apportioned to the relevant activity cost category they support.

#### 2.13 **Employee benefits**

Employee benefits, which include base pay, cash bonuses, contribution to defined contribution plans such as the Central Provident Fund and other staff-related allowances, are recognised in the statement of comprehensive income when incurred. For defined contribution plans, contributions are made to publicly or privately administered funds on a mandatory, contractual or voluntary basis. Once the contributions have been paid, there will be no further payment obligations.

Employee entitlement to annual and other leave is recognised when they accrue to employees. A provision is made for the estimated liability for annual leave as a result of services rendered by employees up to the year ended.

#### 2.14 **Operating leases**

Leases where a significant portion of the risks and rewards of ownership are retained by the lessor are classified as operating leases.

Payments made under operating leases (net of any incentive received from the lessor) are taken to the statement of financial activities on a straight-line basis over the period of the lease.

When an operating lease is terminated before the lease period has expired, any payment required to be made to the lessor by way of penalty is recognised as an expense in the period in which termination takes place.

#### 2.15 **Taxation**

The council is an approved charity under the Singapore Charities Act 1994 and an Institution of Public Character under the Income Tax Act 1947. No provision for taxation has been made in the financial statements as the council is a registered charity with income tax exemption.

## Notes to the financial statement

For the financial year ended 31 March 2024

### **2. MATERIAL ACCOUNTING POLICY INFORMATION (CONTINUED)**

#### **2.16 Related party**

A related party is defined as follows:

- (a) A person or a close member of that person's family is related to the council if that person:
  - (i) Has control or joint control over the council;
  - (ii) Has significant influence over the council; or
  - (iii) Is a member of the key board personnel of the council or of a parent of the council.
  
- (b) An entity is related to the council if any of the following conditions applies:
  - (i) The entity and the council are members of the same group (which means that each parent, subsidiary and fellow subsidiary is related to the others).
  - (ii) One entity is an associate or joint venture of the other entity (or an associate or joint venture of a member of a group of which the other entity is a member).
  - (iii) Both entities are joint ventures of the same third party.
  - (iv) One entity is a joint venture of a third entity and the other entity is an associate of the third entity.
  - (v) The entity is a post-employment benefit plan for the benefit of employees of either the council or an entity related to the council. If the council is itself such a plan, the sponsoring employers are also related to the council.
  - (vi) The entity is controlled or jointly controlled by a person identified in (a).
  - (vii) A person identified in (a)(i) has significant influence over the entity or is a member of the key board personnel of the entity (or of a parent of the entity).

#### **2.17 Functional currency**

Functional currency is the currency of the primary economic environment in which the council operates. The financial statements are prepared using Singapore dollar as the functional currency.

#### **2.18 Foreign currency transaction**

Foreign currency transactions are recorded, on initial recognition in the functional currency, by applying to the foreign currency amount to the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

All transactions in currencies other than the functional currency are treated as transactions in foreign currencies.

At each year end, foreign currency monetary assets and liabilities are converted into the functional currency at the spot rate on the year end. Exchange differences are taken to the statement of comprehensive income.

## Notes to the financial statement

For the financial year ended 31 March 2024

### 3. RESTRICTED FUNDS

	Note	As at 1 April SGD	Income SGD	Expenditure SGD	Net income/ SGD (expenditure) SGD	Fund transfer in SGD	As at 31 March SGD
2024							
<i>Restricted funds</i>							
One-Team SG Fund	(a)	1,330,123	297,694	(125,567)	172,127	-	1,502,250
Deferred Capital Fund	(b)	658,012	63,950	(271,222)	(207,272)	-	450,740
President's Challenge - 2023	(c)	-	242,025	-	242,025	-	242,025
President's Challenge - 2022	(c)	171,912	-	-	-	-	171,912
President's Challenge - 2021	(c)	20,547	-	(20,547)	(20,547)	-	-
Haw Par	(d)	151,689	120,000	(104,653)	15,347	-	167,036
Charity Golf 2022	(e)	-	70,000	-	70,000	70,000	140,000
Jefferson Gaw Cheng Fund	(f)	278,761	-	(201,956)	(201,956)	-	76,805
Goalball Team Fund		37,785	30,000	(7,488)	22,512	-	60,297
Sport Development		25,001	29,300	-	29,300	-	54,301
Development Team Fund	(g)	106,861	46,463	(107,414)	(60,951)	-	45,910
Table Tennis Fund		52,497	45,200	(62,636)	(17,436)	-	35,061
Para Cycling Fund		31,306	100	(660)	(560)	-	30,746
Charity Support Fund		49,717	-	(32,707)	(32,707)	-	17,010
Allianz Direct Help		-	15,698	-	15,698	-	15,698
Tenpin Bowling Fund		25,000	-	(9,380)	(9,380)	-	15,620
Majulah Tokyo		8,715	10,000	(8,716)	1,284	-	9,999
Toyota		-	100,000	(100,000)	-	-	-
Project Champions Way Fund		11,113	-	(2,756)	(2,756)	-	8,357
Empowering Abilities (Edward Lifesciences)		-	6,660	-	6,660	-	6,660
Focus on Ability		876	-	-	-	-	876
Other Restricted Funds	(h)	101,185	187,527	(130,002)	57,525	-	158,710
<b>Total restricted funds</b>		<b>3,061,100</b>	<b>1,264,617</b>	<b>(1,185,704)</b>	<b>78,913</b>	<b>70,000</b>	<b>3,210,013</b>



## Notes to the financial statement

For the financial year ended 31 March 2024

### 3. RESTRICTED FUNDS (CONTINUED)

	Note	As at 1 April SGD	Income SGD	Expenditure SGD	Net income/ SGD (expenditure) SGD	Fund transfer in/(out) SGD	As at 31 March SGD
2023							
<i>Restricted funds</i>							
One-Team SG Fund	(a)	918,996	549,513	(138,386)	411,127	-	1,330,123
Deferred Capital Fund	(b)	51,903	-	(93,064)	(93,064)	699,173	658,012
Jefferson Gaw Cheng Fund	(e)	420,000	-	(141,239)	(141,239)	-	278,761
President's Challenge - 2022	(c)	51,574	120,338	-	120,338	-	171,912
President's Challenge - 2021	(c)	141,579	-	(121,032)	(121,032)	-	20,547
Haw Par	(d)	302,172	123,426	(273,909)	(150,483)	-	151,689
Development Team Fund	(d)	196,904	63,839	(153,882)	(90,043)	-	106,861
Table Tennis Fund	(g)	36,183	24,500	(8,186)	16,314	-	52,497
Enabling Lives Initiative Fund		733,776	-	-	-	(733,776)	-
ParAble Fund		46,299	-	(46,299)	(46,299)	-	-
Charity Support Fund	(g)	80,300	-	(30,583)	(30,583)	-	49,717
Goalball Team Fund		30,000	30,000	(22,215)	7,785	-	37,785
Para Cycling Fund		44,569	300	(13,563)	(13,263)	-	31,306
Sport Development		25,001	-	-	-	-	25,001
Tenpin Bowling Fund		48,653	-	(23,653)	(23,653)	-	25,000
Project Champions Way Fund		35,493	-	(24,380)	(24,380)	-	11,113
Majulah Tokyo		30,328	10,000	(31,613)	(21,613)	-	8,715
Contribution from Tay Seow Leng		-	13,000	(13,000)	-	-	-
Focus on Ability		97,373	-	(66,812)	(66,812)	(29,685)	876
Other Restricted Funds	(h)	103,668	69,869	(58,420)	11,449	(13,932)	101,185
<b>Total restricted funds</b>		<b>3,394,771</b>	<b>1,004,785</b>	<b>(1,260,236)</b>	<b>(255,451)</b>	<b>(78,220)</b>	<b>3,061,100</b>

## Notes to the financial statement

For the financial year ended 31 March 2024

### 3. RESTRICTED FUNDS (CONTINUED)

(a) One-Team SG Fund

This fund is due to a matching scheme announced by the government to encourage private donation to support athletes pursuing sporting excellence. It provides resources to complement existing sources in backing the high performance system of the council.

(b) Deferred Capital Fund

The Deferred Capital Fund consists of the Enabling Lives Initiative Funds. This is a grant awarded by Tote Board Enabling Lives Initiative for the purpose of development of IT software for the use to congregate persons with disabilities (PWDs) to connect, share and pursue sporting opportunities with independence. IT software amounted to SGD884,850 was 90% funded by Enabling Lives Initiative Fund as disclosed in Note 5. During the financial year, the remaining funding balance of SGD63,950 from Enabling Lives Initiative Fund was fully received.

(c) President's Challenge

This fund is to provide critical support for Para Sport 'Access, Educate & Engage' and vehicle maintenance.

(d) Haw Par

This fund is to support the programmes including Haw Par National Youth Swimming Championships, Haw Par National Youth Athletics Championships, adoption of Boccia, Tiger Balm WeHeartBoccia Train-the-Trainer Workshops and Singapore Disability Sports Awards 2024 presented by Haw Par Corporation.

(e) Charity Golf 2022

It is funded from an event which aimed to spread the council's vision of transforming the lives of persons with disabilities through sport and its mission to build a vibrant and inclusive community where they can pursue their sporting aspirations.

(f) Jefferson Gaw Cheng Fund

It is to fund the programmes across athletics, powerchair football and swimming to empower persons with disabilities and improve their quality of life through sport.

(g) Development Team Fund

This fund is used for training and competitions such as Para Tenpin Bowling, Para Archery, Para Badminton, Para Table Tennis and other overseas training and competitions.

(h) Other Restricted Funds

The other restricted funds mainly consist of the donation to high performance sport (HPD), including but not limited to pathway development for team Singapore athletes, coach development, provision of sports science & medicine services, competition opportunities, management & technical capability, data analytics & Information and enhancing the training environment for high performance athletes.

## Notes to the financial statement

For the financial year ended 31 March 2024

### 4. UNRESTRICTED FUNDS

The unrestricted funds are available to the council to apply for the general purposes as set out in its governing documents.

Movement of the unrestricted funds during the financial year is as follows:

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
	<hr/>	<hr/>
As at 1 April	2,808,264	1,991,513
Income	5,472,595	3,732,695
Expenditure	(4,970,116)	(2,994,164)
Net surplus	502,479	738,531
	<hr/>	<hr/>
	3,310,743	2,730,044
Fund transfer (into)/ out of restricted funds (Note 3)	(70,000)	78,220
	<hr/>	<hr/>
As at 31 March	3,240,743	2,808,264

The reserves of the council provide financial stability and the means for the development of the council's activities. The Board reviews the level of reserves regularly for the council's continuing obligations.

## Notes to the financial statement

For the financial year ended 31 March 2024

### 5. PLANT AND EQUIPMENT

Note	Computers SGD	Training equipment SGD	IT software SGD	Furniture and fittings and office equipment SGD	Motor vehicles SGD	Total SGD
2024						
<b>Cost</b>						
As at 1 April 2022	68,648	174,400	882,929	24,913	187,612	1,338,502
Additions	12,012	118,876	1,921	6,671	-	139,480
Disposal	(1,084)	(2,354)	-	-	-	(3,438)
As at 31 March 2023	79,576	290,922	884,850	31,584	187,612	1,474,544
Additions	33,514	40,967	-	-	-	74,481
Disposal	-	-	-	(1,594)	-	(1,594)
As at 31 March 2024	<b>113,090</b>	<b>331,889</b>	<b>884,850</b>	<b>29,990</b>	<b>187,612</b>	<b>1,547,431</b>
<b>Accumulated depreciation</b>						
As at 1 April 2022	60,764	169,092	-	23,593	142,607	396,056
Depreciation	11,422	16,910	98,317	536	18,761	145,946
Disposal	(1,084)	(2,354)	-	-	-	(3,438)
As at 31 March 2023	71,102	183,648	98,317	24,129	161,368	538,564
Depreciation	8,780	43,723	294,950	1,730	12,994	362,177
Disposal	-	-	-	(1,594)	-	(1,594)
As at 31 March 2024	<b>79,882</b>	<b>227,371</b>	<b>393,267</b>	<b>24,265</b>	<b>174,362</b>	<b>899,147</b>
<b>Carrying amount</b>						
As at 31 March 2024	<b>33,208</b>	<b>104,518</b>	<b>491,583</b>	<b>5,725</b>	<b>13,250</b>	<b>648,284</b>
As at 31 March 2023	<b>8,474</b>	<b>107,274</b>	<b>786,533</b>	<b>7,455</b>	<b>26,244</b>	<b>935,980</b>



## Notes to the financial statement

For the financial year ended 31 March 2024

### 6. TRADE AND OTHER RECEIVABLES

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Trade receivables	8,478	244,566
<b>Other receivables</b>		
Advance payments	345,843	177,608
Deposit	15,284	13,610
Interest receivables	65,392	48,938
Sundry receivables	18,752	10,780
Prepaid operating expenditures	39,705	16,921
	<b>484,976</b>	<b>267,857</b>
	<b>493,454</b>	<b>512,423</b>

The advance payments are the expenditures paid for the upcoming championship events which are scheduled to take place after the financial year.

### 7. CASH AND CASH EQUIVALENTS

Cash and cash equivalents included in the statement of cash flows comprises:

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Cash at banks	2,047,477	1,690,778
Fixed deposits	4,226,989	4,105,750
	<b>6,274,466</b>	<b>5,796,528</b>

Included in the cash and cash equivalents are the amounts of SGD3,683,848 (2023: SGD3,387,673) classified to designated unrestricted funds and SGD2,590,618 (2023: SGD2,408,855) classified to restricted funds of which the uses are subjected to relevant restricted funds' operating terms.

Fixed deposits bear interest from 1.50% to 3.65% (2023: 3.30% to 3.65%) per annum with an original maturity from 6 – 12 months (2023: 6 – 12 months).

## Notes to the financial statement

For the financial year ended 31 March 2024

### 8. TRADE AND OTHER PAYABLES

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Trade payables	383,200	259,567
<b>Other payables</b>		
Unutilised funds from the grants from SportSG	367,599	307,845
Accrued operating expenses	154,882	244,752
	522,481	552,597
	<b>905,681</b>	<b>812,164</b>

### 9. DEFERRED INCOME

The deferred income is related to the income received in advance for the grants from SportSG for championship events for the next financial year.

### 10. INCOME

During the financial year, the council issued tax deductible receipts amounting to SGD586,031 (2023: SGD680,752). These receipts are included within donation income and fund-raising income.

### 11. DONATIONS

As an Institution of Public Character (IPC), certain qualifying donors are granted 2.5 times tax deduction for the donations made to the council.

### 12. FUND-RAISING INCOME

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Fund-raising income		
- Tax exempt donation	339,004	500,115
- Non-tax exempt donation	-	12,576
	339,004	512,691
As reported in the statement of financial activities	339,004	512,691
Less: Fund-raising expenditure (as reported in the statement of financial activities)	(80,039)	(77,735)
Net income	<b>258,965</b>	<b>434,956</b>

## Notes to the financial statement

For the financial year ended 31 March 2024

### 13. EMPLOYEE BENEFITS EXPENSES

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Salaries, allowance and bonuses	1,456,252	1,262,750
Employer's CPF	178,616	159,549
Other benefits	4,913	2,738
	<b>1,639,781</b>	<b>1,425,037</b>

Included in the above is key management personnel compensation as follows:-

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Salaries, allowance and bonuses	532,086	503,513
Employer's CPF	47,268	43,596
	<b>579,354</b>	<b>547,109</b>

Total annual remuneration for each of the three highest-paid staffs:

Salaries, allowance and bonuses	428,904	417,891
Employer's CPF	31,993	31,068
	<b>460,897</b>	<b>448,959</b>

The annual remuneration of the key management personnel classified by remuneration bands are as follows:

	<b>No. of key management personnel</b>	
	<b>2024</b>	<b>2023</b>
Annual remuneration:		
Below S\$100,000	-	-
S\$100,001 - S\$200,000	3	3
S\$200,001 - S\$300,000	-	-
S\$300,001 - S\$400,000	-	-

## Notes to the financial statement

For the financial year ended 31 March 2024

### 14. OTHER OPERATING EXPENDITURE

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Bank charges	1,242	592
General expenses	6,325	1,510
Loss on foreign exchange	310	457
Maintenance of office equipment	8,070	13,752
Marketing fees	25,377	18,937
Meeting expenses	879	1,242
Membership fees	1,024	164
Printing and stationery	2,537	2,073
Postage	23	100
Telephone and internet charges	13,194	8,530
Transport	719	2,852
	<b>59,700</b>	<b>50,209</b>

### 15. TAXATION

The council is a registered charity and is exempted from income tax under Section 13(1)(zm) of the Income Tax Act.

### 16. BOARD MEMBERS' REMUNERATION

The Board Members have not received any form of remuneration from the council for the financial year. There were no paid staff, who were close members of the family of the President or the Board Members, who received remuneration during the financial year.

### 17. CONFLICT OF INTEREST POLICY

Board Members are expected to avoid actual and perceived conflicts of interest. Where Board Members have personal interest in business transactions or contracts that the council may enter into, or have vested interest in other organisations that the council has dealings with or is considering to enter into joint ventures with, they are expected to declare such interest to the Board as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the Board will evaluate whether any potential conflicts of interest will affect the continuing independence of Board Members and whether it is appropriate for the Board Member to continue to remain on the Board.



## Notes to the financial statement

For the financial year ended 31 March 2024

### 18. SIGNIFICANT RELATED PARTY TRANSACTIONS

There was no significant related party transaction during the financial year.

### 19. RESERVE POLICY

The Board has established a reserve policy for the council, pursuant to the Code of Governance for Charities and IPCs Guidelines 6.4.1.

The reserve is set aside to provide financial stability and the means for the development of the council's principal activity. The council intends to maintain its reserves at a level which is at least equivalent to six months of the average unrestricted Annual Operating Expenditure (i.e. 50%) over the last five years. The council intends to use the reserves in the following manner:

- a. Charitable activities, namely the promotion, development and participation in recreational to high performance sports by persons with disabilities
- b. Support costs, namely employee benefits expenses

The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil the council's continuing obligations.

The council's reserve position is as follows:

	<b>2024</b>	<b>2023</b>
	<b>SGD</b>	<b>SGD</b>
Unrestricted funds	<b>3,240,743</b>	<b>2,808,264</b>
Annual operating expenditure	<b>4,970,116</b>	<b>2,994,164</b>
Ratio of reserves to annual operating expenditure	<b>0.65</b>	<b>0.94</b>

# Charity's Reserves Position

	2024	2023
Unrestricted funds (A)	<u>3,240,743</u>	<u>2,808,264</u>
Restricted funds	<u>3,210,013</u>	<u>3,061,100</u>
Annual operating expenditure (B)	<u>4,970,116</u>	<u>2,994,164</u>
Ratio of reserves to annual operating expenditure (A)/(B)	0.65	0.94

The Council's accumulated reserves are made up of restricted and unrestricted funds which provide stability and the means for the development of the Council's activities. The Board reviews the level of reserves regularly for the Council's continuing obligations.

The Council intends to maintain the maximum operating reserves of five years of annual operating expenditure.

The Council does not have any Endowment Fund.

## Reserves Policy

The Board has established a reserve policy for the Council, pursuant to the Code of Governance for Charities and IPCs. The reserve is set aside to provide financial stability and the means for the development of the Council's principal activity. The Council intends to maintain its reserves at a level which is at least equivalent to six months of the average unrestricted Annual Operating Expenditure (i.e. 50%) over the last five years. The Council intends to use the reserves in the following manner: a) charitable activities, naming the promotion, development and participation in recreation to high performance sports by persons with disabilities, and b) support costs, namely employee benefits expenses. The Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil the Council's continuing obligation.

## Purpose of Charitable Assets Held

The Council does not hold any major fixed assets like building or any financial instrument like bonds. Assets held as at the end of the financial year are for operational purposes. For more information on the financial assets held by the Council, please refer to the Council's Financial Statements.

## Major Financial Transactions and Funding Sources (\$150,000 and above)

- The Council placed fixed deposits with various banks amounting to \$4,226,989.
- The Council raised an income of \$339,004 from Charity Golf 2023.
- The Council obtained a grant of \$4,099,002 from SportSG.

## Financial State

The Council closed the financial year ended 31 March 2024 with a surplus of \$581,392. The Council has no outstanding bank loan at the end of the financial year.

# Summary of Financial Performance

## Categorised Income

	2024	2023
Grant from SportSG	<b>60.8%</b>	<b>66.9%</b>
Donations & Sponsorships	<b>13.0%</b>	<b>10.5%</b>
Fundraising	<b>5.0%</b>	<b>10.8%</b>
Others	<b>21.1%</b>	<b>11.8%</b>
Total Income	<b>\$6,737,212</b>	<b>\$4,737,480</b>

## Categorised Expenditure

	2024	2023
Coaching & Athlete Training Allowance	<b>4.3%</b>	<b>7.7%</b>
Local Events & Competitions	<b>15.2%</b>	<b>4.2%</b>
Youth Development	<b>35.2%</b>	<b>36.5%</b>
Overseas Training & Competitions	<b>3.9%</b>	<b>4.0%</b>
Technical Capability Development	<b>0.7%</b>	<b>1.1%</b>
Operating Costs	<b>34.8%</b>	<b>43.2%</b>
Depreciation	<b>5.9%</b>	<b>3.4%</b>
Total Expenditure	<b>\$6,155,820</b>	<b>\$4,254,400</b>

# Acknowledgement of our generous donors

## **\$60,000 and above:**

Toyota Motor Asia Pacific Pte Ltd  
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## **\$5,000 and above**

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 Dymon Asia Private Equity (Singapore) Pte Ltd  
 Fred Wong (Estate of Lor Leng Yuen, Deceased)  
 CAF - America (Edward Lifesciences Foundation)  
 Steen Consultants Pte Ltd  
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