



Team Information Package

Prague 2024 Para Dance Sport European Championships

22 - 24 November 2024

Czech Para Dance Sport SUT

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Introductory word of President World Abilitysport - Rudi Van den Abbeele

Dear athletes, Members and Para dance sport federations,

It is my pleasure to address you as we present all the information you need to compete at the 2024 World Para Dance Sport European Championships in the wonderful city of Prague.

This edition of the European Championships will be the first held under the governance of World Abilitysport. It has been less than a year since we were trusted by the International Paralympic Committee to take the sport forward into what we hope will be a bright new future.

I hope you are already seeing changes for the better in all areas as we learn more about and evolve this fantastic sport. We have big plans and we want to take the community with us on that journey.

I wish you the best of luck for Prague 2024 whether you are just starting out or are aiming for the podium, either as an athlete or as one of the fantastic people and organisations who provide them with such invaluable support.

I look forward to meeting you all by the dancefloor in Czechia. See you there!

Rudi Van den Abbeele, President, World Abilitysport



Foreword Mayor of Prague 9 - Mgr. Tomáš Portlík

Dear athletes and team officials,

Welcome to the European Para Dance Sport Championships 2024 in Prague.

We are very honoured that this year's most important competition in Para sport will be held again in Prague.

We are very honoured to have the opportunity to host the European Para Dance Sport Championships after World Para Dance Sport moved under the wing of the World AbilitySport, and we hope that you will enjoy this titular competition with us.

This year's event will take place again in Prague 9, however in the new O2 Universum venue. This space is the most we have and can offer in Prague 9 for hosting events of European Championship size.

Dance has been a part of human life since time immemorial, and alongside top sporting performances we will be treated to a common form of dance, ballroom dancing, which everyone, athletes and spectators alike, will be able to enjoy at the evening gala.

Events such as the 2024 Para Dance Sport European Championships are having an impact on transforming our society and changing the perception of people with disabilities. The sports' championship, together with the social event, promotes inclusion and the blending of disability and able-bodied sport. In this year's edition, we are blending the new university sport and the zero edition of the Academic National Championships. On the last day of the ECH, the I-DANCE CHALLENGE finals will take place, focusing on regular and healthy movement for children and young people.

On behalf of the Prague 9 Municipality, I can say that we are happy to support a sporting event of this magnitude and we look forward to seeing all the athletes (disabled or not) who will be performing during the competitions. For three days, the best Para dancers will be performing in Prague and I can say that I am rightly proud of you, because your dedication makes the world (not just dance) a little more beautiful and glamorous again.

Para dance sport in the Czech Republic is still in its development phase after 4 years of work and we are happy to be at the beginning and to be an important part of its growth.

I wish you and your athletes the best of luck and success.

I hope you will enjoy every moment of this unique event and remember Prague.

Thank you,

Tomáš Portlík

Mayor of Prague 9

General information

World Abilitysport /World Para Dance Sport (WPDS)

Head of Para Dance Sport	Camila Rodrigues
Chief of Development	Craig Carscadden
Chief of Operations	Charmaine Hooper

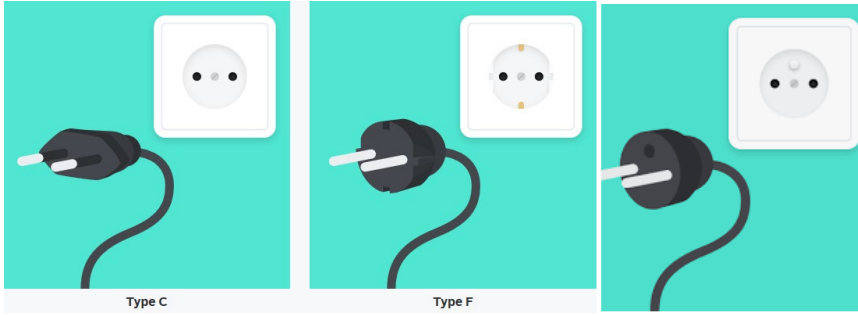
Local Organising Committee (LOC)

Project Lead	Petrana Slámová Vítězslav Rázek
Master of Ceremony	Jan Kroupa/ Žaneta Peřinová
Audio & Visual Technology	Pavel Zita (Zita Sound & Lights)
Scrutineers	Jakub Schneider
DJ	Pavel Zita and his team
Event Branding	Zuzana Galašová
Public Relations and Communication	Vojtěch Pardubský
Broadcasting	Pavel Zita and his team
Marketing & Commercial	Hanka Slapničková
Government Relations	Matěj Svoboda
Accommodation, Protocol and Events	Mlada Kyovská Šerých
Doping Control	TBS (delegate from National Sport Agency)
Medical Services	MUDr. Barbora Hirnerová MUC Adéla Slámová MUC Jaroslav Štefunko Supported by Czech Red Cross

Information about Host Country and City

With over 1,335,000 inhabitants, the city of Prague has an eventful past: not only is it the capital of Czech Republic; it also looks back on a history that spans more than 1100 years. Prague is also widely regarded as one of the most beautiful cities in Europe. The historic city centre with its unique panorama of Prague Castle, the largest castle complex in the world, is a UNESCO World Heritage Site.

Location	Prague, Czech Republic
Local Time	Central European Time (CET) (UTC + 1)
Official Language	Czech
Climate	Oceanic climate

	<p>Average weather (October)</p> <ul style="list-style-type: none"> • Average high °C (°F): 13 (55) • Average low °C (°F): 5 (41) • Average rain mm (inches): 24 (0.945)
Currency	Czech Crown – credit cards accepted.
Drinking water	All tap water has drinking water quality in Czech Republic.
Driving	<p>Driving in Czech Republic</p> <p>Right-hand side drive</p> <p>EU, EEA or International Driving Permit required</p>
Electricity	<p>For Czech Republic there are two associated plug types: C and E. Plug type C is the plug which has two round pins and plug type E plug has two round pins (diameter 4,8mm, centers spaced 19mm apart) and a hole for the earth pin. The type E plug is round, and the type E socket has round recess. The CEE 7/7 plug can be used with both type E and F sockets. Czech Republic operates on a 230V supply voltage and 50Hz.</p> 
Shopping	Supermarkets and retail shops are open on Sunday.
Useful telephone numbers	<p>Ambulance: 112 or 155</p> <p>Fire: 112 or 150</p> <p>Police: 110 or 158</p>

General programme (provisional)

Date	Time	Activity	Location
20 Nov	All day	Team Arrivals	PRG Václav Havel Airport
21 Nov	As per schedule	Classification	Hotel O2 Stages
21 Nov	17:30 – 19:00	Team Leaders Meeting	Hotel O2 Stages
22 Nov	14.30 – 15:00	Official Opening of the Championships	O2 universum

22 Nov	15:00– 20:00	1 st Day of Competition	O2 universum
22 Nov	20:00 –20:30	Victory Ceremonies Session	O2 universum
23 Nov	9:00 – 17:00	2 nd Day of Competition	O2 universum
23 Nov	17:00 –17:30	Victory Ceremonies Session	O2 universum
24 Nov	14:00 –19:00	3 rd Day of Competition	O2 universum
24 Nov	19:00 –19:30	Victory Ceremonies Session	O2 universum
24 Nov	19:30 –20:00	Official Closing of the Championships	O2 universum
24 Nov	20:00 –22:00	Post-event celebration for teams	Hotel O2 Stages
25 Nov	All day	Team Departures	PRG Václav Havel Airport

Travel to Prague

Arrivals

The official port of entry and departure for the Prague 2024 Para Dance Sport European Championships is Prague Václav Havel's Airport (PRG). The LOC will provide transportation between PRG and the official Team Hotels, for Members Associations' accredited persons, on Wednesday, 20 November and Thursday, 21 November. Official departure day is Monday, 25 November.

Travel time from Prague Václav Havel's Airport to hotel: 40 mins approximately.

Price of transport from/to airport is 20,-EUR/per person per one way. Minimum of 3 person for one way.

Each team will be provided with individual arrival and departure information per email, depending on the official port of entry and mode of transport provided by the LOC to the respective hotel.

All teams are reminded to read the instructions provided carefully and distribute it to team members not in a group.

Any changes to your travel schedule need to be communicated to the LOC's travel manager (travel@pragueparadance.cz)

For any changes with short notice, please call 00420 602 393 380.

On site contact at airports:

- Prague: Vítězslav Rázek - travel@pragueparadance.cz, 00 420 732 433 408.

Visa

In case your delegation needs to get an invitation letter for your Visa, please contact the LOC.

Contact: info@pragueparadance.cz

When applying for a Czech visa, please ensure that the passport is valid for at least 3 months after the expected departure from the Czech Republic.

Insurances

Each National Federation and/or Member Organisation is responsible for the appropriate insurance covering accidents, health, property and liability of their team.

All delegation members must have appropriate accident and health insurance accepted in order to compete. No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

The LOC will provide only basic medical services in the venue.

Accreditation

Accreditation access

Team members are always required to wear their Accreditation Badge to enter the official Championships Venue. They should wear it in a manner that it is clearly visible to venue staff. An Accreditation Badge is not transferable and only permits entry to the individual for whom it is issued. Misuse of an Accreditation Badge may result in the cancellation of accreditation.

Loss of Accreditation Badge

In case of loss or theft of an Accreditation Badge, please report it immediately to Mr Matěj Svoboda at office@sut.cz. To obtain a new accreditation badge, the team member must report to the LOC Office, accompanied by their Team Leader, carrying an appropriate identification document. A lost or damaged Accreditation Badge will be cancelled in the accreditation system, and a lost Accreditation Badge, later found, should be returned to the LOC Office for secure disposal.

Accommodation

Accommodation programme

Room configuration requests have been allocated to the teams on a first-come, first-served basis. All rates are provided as bed and breakfast, including all taxes and tourism surcharges applicable in Prague, Czech Republic. All rooms are located at Stages hotel Prague across the street from competition venue.

Official check in time at all hotels is 14:00 and check out time is 12:00. The LOC will endeavour to assist teams with any early arrival/late checkout requirements.

Please note, the teams must settle any additional costs (telephone, laundry, minibar, meeting room bookings, damages, etc.) directly with the hotel reception desk prior to departure – the LOC will not be responsible for any additional charges.

Official Hotel

The official Team hotel for participants is:

Accommodation	Address
Stages Hotel Prague	Českomoravská 19a, 190 00 Praha 9
www.stageshotel.com	

Price per single room is 126 EUR per night.

Price of double room is 200 EUR/per room per night in double occupancy.

Price of triple room 242 EUR per room per night in triple occupancy.

Deadline for the full accommodation payment: 20 October 2024. Deadline is used as a term for guaranteed price and space.

Cancelation policy:

cancelation 60 days before arrival: no cancelation fee

cancelation 30 days before arrival: 50% cancelation fee

cancelation less than 29 days before arrival: no refund

Deadline of accommodation to 25th October.

IN case of any booking after deadline, it can be possible to be arranged, however it will be done with the best possible price but without guarantee of the availability. For rooms after deadline, the requests should be done using the official accommodation online form (available on the official LOC www.pragueparadance.cz).

Breakfast

For participants that have had their accommodation sourced through the LOC Accommodation programme mentioned in section 5.1, a buffet breakfast is included in your room rate.

Delegations that have booked directly with the above-mentioned hotel and not through the LOC will need to confirm their arrangements with the hotel reception staff. The LOC is not responsible for reimbursement of breakfasts costs, if independent arrangements were made, that did not include breakfast.

Meeting Rooms

Delegations requiring use of a meeting room will need to make their own arrangements with their accommodation provider for any associated cost and availability.

Transport

Schedules for competition days

As the European Championship venue and accommodation are in the same location, no transport is provided by LOC.

Schedules for classification and other meetings

The Classification will be held in the place of venue, so there is no transport provided by LOC.

Public transport

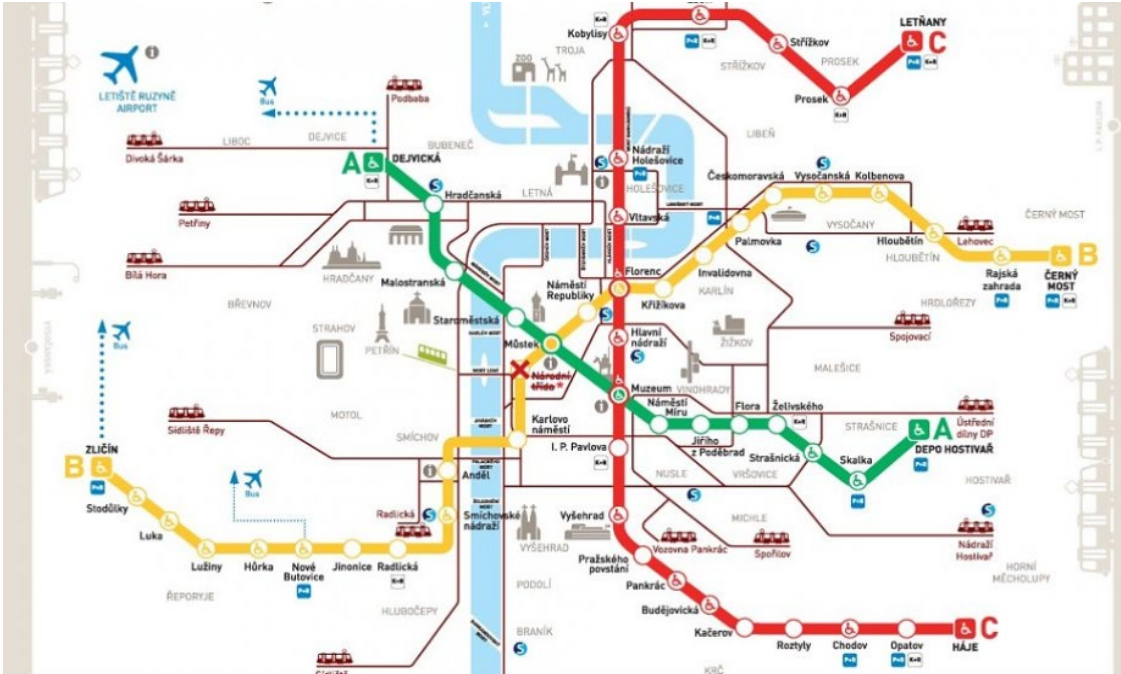
Bus and tram stops are marked by a sign on the picture. Underground stops are marked with logo of Metro.



sign for Metro station



stops for buses and trams



Plan of Prague metro – the competition venue is on the station Českomoravská on yellow line of metro.

Tickets may be purchased from vending machines on trams and underground trains and at stations in Prague. On buses, tickets may also be purchased by sms.

Public transport in Czech Republic operates on a system of trust, but periodic spot checks are made. The fine for travelling without a valid ticket is CZK 1500,- approx. EUR 60.

Public transport: A transfer ticket for an adult costs CZK 40 and is valid for 90 minutes. For shorter distances of up to 30 minutes, tickets can be used for CZK 30. A tourist ticket for 24 hours costs CZK 120, for three days CZK 330.

Competition Venue

Competition venue is located in ground floor of O2 universum (<https://www.o2universum.cz>), address: Českomoravská 2345/6, Prague 9, Czechia.

Changing room allocation

The 2 changing rooms are allocated as follows to the teams next to the competition floor:

- Changing Room #1
- Changing Room #2

For the exact location of each changing room, please refer to official LOC website (www.pragueparadance.cz)

Team seating

Teams will be seating in specified area separated from visitors' area. The Team seating area around the field of play will be marked, and only accredited participants will be allowed to stay in that area.

In case of the overcrowding of this area and due to accessibility limitations in the venue, wheelchair users need to be prioritised for the team seats available around the field of play and standing athletes/team officials will be kindly asked to sit instead in a dedicated area in the stands.

Personal belongings

Participants are advised to leave valuable items in the hotel. There will be no safety box or individual lockers in the venue.

Catering

Only holders of the prepaid voucher will have access to the meal arrangements described in this session.

Your voucher will identify your entitlement to access catering and will be checked with the catering staff before serving food.

Team leaders should contact the LOC at the official email info@pragueparadance.cz informing their interest in obtaining the vouchers. They will receive a questionnaire to collect the data. Pricing will be available at the official LOC website (www.pragueparadance.cz)

Provision at official arrival and departure days

Arrivals before 21 November

For participants arriving before 21 November 2024, there will be no meals provided by LOC. The official hotel's restaurant will be open every day until 22:00.

Arrivals on 21 November

For participants arriving on 21 November 2024, dinner will be available at the official hotel's restaurant.

At the departure day breakfast is in the hotel.

Provision during competition days

Lunch

During competition days lunch will be available at the times indicated below in the Catering Room at the Sport Venue.

Place	Lunch 22, 23, 24 Nov
O2 universum	12:00-15:00 (with voucher)

Dinner

Dinners will be provided at the times indicated below.

Hotel	Dinner 21, 22, 23, 24 Nov
Hotel O2 Stages	18:30-20:30 At hotel (with voucher)

Sport

Entry regulations

Eligibility

Dance couples must consist of a male and a female partner. All wheelchair users must fulfil minimum disability criteria. Couples' entries must be submitted by their Member Organisations.

Final sport entries

All athletes must be entered by their respective Member Organisations via the SDMS. WPDS will check if athletes entered in the Freestyle events fulfil the minimum requirements.

For World Para Dance Sport Championships, each country can nominate a maximum number of 3 couples/athletes per class per event. For the freestyle events there is a minimum number of points required.

Entries deadlines

Entries by number from 2 September to 10 October.

Entries by name from 7 to 25 October.

Full payment of competition fee: 29 October.

Accreditation fees

Accreditation fee to be paid by the teams directly to the LOC: 280 Euros

Capitation fee to be paid by the teams directly to the WPDS: 100 Euros

An invoice for the capitation fee will be created to the teams when entering online the participants in the WA-SMS.

Competition procedure

Judging system and results

The skate judging system will be used for the conventional events.

Only athletes who have been licensed by WPDS will be eligible to compete.

Ranking

The minimum number of participating countries per event must be 3.

In case of not reaching the minimum quota of 3 countries in the event, there are two options:

- a) The event is cancelled with no competition at all or
- b) The couple/athlete can compete in a higher class.

No medals will be rewarded for the original event. However, in case the athletes reach the podium in the higher class, medals shall be normally awarded. The placement points will be carried to their specific ranking class.

Music

Music for Freestyle events must be submitted via email to the LOC in mp3 format until **1 November 2024 – email address info@pragueparadance.cz**. Team leaders are advised to bring a copy by USB Stick. The title of the email must contain the country and the athletes' name.

Starting numbers

Please refer to Annex 13.4.

Call area

The call area will be inside the warmup area, close to the entrance to the field of play.

Athletes are requested to pay attention to the competition schedule and present themselves to the volunteers minimum 10 minutes before the start of their event.

Mixed Zone

The Mixed Zone (MZ) is where the interviews with the broadcast and press media occurs. The athletes may refuse the interview request from the media, but they must pass through the MZ after leaving the Field of Play. Refusal to pass through the MZ is not permitted.

After the dance round is over, the athletes will exit the dance floor section of the Field of Play (FOP), and must pass through the Mixed Zone (MZ) on the side of the Athlete side (i.e. FOP zone, which is indicated as Blue Zone on the accreditation card).

The MZ is comprised of two (2) main areas in the following order:

1. Broadcast MZ
2. Press MZ

If the athletes agree to the interview requests, they must do the interview with the Rights-Holding Broadcasters (RHBs) first.

The Press Manager and/or Mixed Zone Manager may escort the athlete to a specific media that have requested assistance.

Live Broadcast Production

For the Prague 2024 Para Dance Sport European Championships, there will be a live broadcast production of all sessions. All delegations and the LOC must coordinate to allow smooth operations for all parties.

All stakeholders must be aware of the camera positions and must not block the camera shots, in principle. For operational reasons, there may be exceptions, but all parties must agree and notified beforehand.

Due to the live broadcast production the team seating areas, especially the tables at the FOP always need to be maintained tidy.

Victory Ceremonies

Victory Ceremonies will be conducted at the end of each competition day (please refer to the detailed competition schedule in Annex 13.1, that includes the Victory Ceremonies timings). Each day there will be seven back to back ceremonies. Only the finalists will participate in the ceremony.

After each final of an event, results will be announced, and the respective medallists must report to the Victory Ceremonies staff (located in the sport hall area) 20 min prior to their respective Victory Ceremony. The LOC is NOT in the position to postpone any Victory Ceremony if the medallist(s) does/do not arrive in time.

Medallists should either wear their national team uniform or their competition uniform. No flags or cameras etc are allowed to be brought to the podium.

The order for the medals/gifts is: first Bronze, followed by Silver, and then Gold. The athlete(s) will be presented with the medal(s), which will be hung around the neck. When the presentation is finished, the national anthem of the Gold medallist(s) will be played. After the conclusion of the anthem, medallists are asked to get together in the middle for a photo. Then the whole Victory Ceremony party moves off the podium.

Classification

Classification will be conducted according to the [2018 World Para Dance Sport Classification rules and regulations](#).

Classification will take place at the venue (Stages hotel) on 21 November from 10:00 until 19:00.

Athletes are requested to bring to classification only their competition wheelchair, straps if any and their medical information.

If an athlete does not attend Classification, he/she will be disqualified from the competition. The Classification schedule will be addressed to Member Organisations and team leaders directly via email.

Protests can be placed within one hour after the result has been announced.

Medical Services

The medical room is situated on the same floor as competition hall and is signposted. It is able to offer emergency medical care.

LOC has engaged the services of Czech Red Cross. A team of 3 first aiders will be on sight every day from 9:00 until 20:00.

Ambulance services

There will be no ambulance at the competition place during the competition because the venue is situated very close to the hospital. For any emergencies, e.g. the injured visitor/athlete has to contact a doctor directly in the place of competition and he will decide what it will be next step and treatment.

People who will be at your medical service are:

Coordinator: Matěj Svoboda – phone number 00420732 799 770

MUDr. Barbora Hirnerová

MUC Adéla Slámová

MUC Jaroslav Štefunko

Supported by Czech Red Cross and Vršovická zdravotní, a.s.

Medical services outside competition hours

In case of any medical issues outside competition hours the teams should contact the hotel reception to get into contact with the closest medical service.

Emergencies:

For emergencies and life-threatening illnesses such as heart attacks and strokes and by accidents please contact the fire and **ambulance emergency** service through the **emergency number 112**. For the police please phone 158.

Partner's hospitals in Prague

Hospital close to the event and the Clarion Congress hotel (0,86 km) is the

Medicon - nemocnice s poliklinikou Vysočany - nearest hospital

Address: Sokolovská 304, 190 00 Praha 9 tel: +420237777300

Vršovická zdravotní, a.s. - partner hospital of ECH

U Vršovického nádraží 1547/5, 101 00 Praha 10 - Vršovice

Tel: +00420271008700

Email: info@vzas.cz

Pharmacy

A pharmacy in Czech Republic is called a Lékárna. Pharmacies are easily recognised by green logo (on the picture) (*Lékárna*) sign



Opening hours are generally from 9:00 to 18:30 weekdays and from 9:00. to 13:00 on Saturdays.

Some pharmacies take turns in providing after-hours services. A list of the pharmacies on duty is posted at the entrance of every pharmacy and published in the daily newspaper. Alternatively, call to find out the after-hours pharmacy. After-hours pharmacies -

https://zdravotni.praha.eu/jnp/cz/lekarny_s_pohotovostni_sluzbou/index.html

Pharmacies not too far from the venue:

Pharmacy in Shopping center Harfa which is 100 metres from sport venue

<https://www.galerieharfa.cz/obchody/lekarna-cithara>

Opening hours:

Mo – Su 9.00 – 21:00

+420 234 132 536

The LOC medical team can in addition be reached on +420 732 799 770 (Matěj Svoboda)

Doping Control

Doping Control Programme

The Doping Control Programme, which shall include the collection of doping control samples, shall be under the authority of World Para Dance Sport. The collection and testing of samples shall be done in accordance with the applicable provisions of the World Abilitysport Anti-Doping Code (“Code”) and the World Anti-Doping Code International Standard for Testing and Investigations. The samples will be analysed at the World Anti-Doping Agency accredited Laboratory in Czech Republic.

Federal Anti-Doping Act

A Federal Anti-Doping Act has been enacted in Czech Republic In 2015. The Act applies to all athletes and support personnel when participating in any IPC event located in Czech Republic. The purpose of this act is to

fight the use of doping substances and doping methods in sport in order to protect the health of athletes, ensure fairness and equal chances in sport competitions and thereby preserve the integrity of sport.

Under this Act, the Czech Antidoping Committee will report all Adverse Analytical Findings (AAF) to the Federal Government of Czech Republic. The Federal Government may choose to apply penal sanctions including but not limited to imprisonment in instances of doping. Please note that instances of doping are defined with reference to the WADA Prohibited List, which includes Cannabinoids, Narcotics as well as Anabolic Agents. For the comprehensive list of prohibited substances and methods, please refer to the 2024 Prohibited List.

The full Anti-Doping Act can be found [here](#).

Therapeutic use exemption (TUE)

It is an athlete's responsibility to ensure that any medication or method they take to treat an illness or medical condition is not prohibited according to the World Anti-Doping Agency (WADA) Prohibited List.

Athletes may have to take a medication that is on the WADA Prohibited List to treat an acute or chronic illness or medical condition. Before doing so, they must apply for a TUE and be given an approval for the particular medication and/or method. Athletes should consult with their NPC team physician to guide them through this process. All TUEs will be managed as per the WADA International Standard for TUEs (ISTUE) and entered into ADAMS (a secure online database).

Member Organisations are encouraged to:

- Be proactive in assisting their athletes in verifying the status of their medications.
- Identify, along with the athlete's physician, therapeutic use alternatives to prohibited medications or methods, if appropriate.
- Submit legible and complete TUE application forms in a timely manner.

The most common reason a TUE is denied is because of lack of proper medical documentation. Athletes and Member Organisations medical staff are encouraged to ensure documentation related to all medical treatment such as proper diagnoses and treatment plans are included.

For more information about Anti-doping and TUE, please check: <https://worldabilitysport.org/anti-doping/>