

# 2<sup>nd</sup> ARENA INVITATIONAL JUNIOR & YOUTH SWIMMING CHAMPIONSHIPS 2024



3<sup>rd</sup> – 5<sup>th</sup> AUGUST 2024

METHODIST GIRLS' SCHOOL SWIMMING POOL



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## 1. General Information

Competition: 2<sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024

Venue: Methodist Girls' School Swimming Pool

Details:

| Session | Date                     | Day      | Competition      | Warm Up |
|---------|--------------------------|----------|------------------|---------|
| 1       | 3 <sup>rd</sup> Aug 2024 | Saturday | 8.30am – 12.30pm | 7.30am  |
| 2       | 3 <sup>rd</sup> Aug 2024 | Saturday | 2pm – 6pm        | 1pm     |
| 3       | 4 <sup>th</sup> Aug 2024 | Sunday   | 2pm – 6pm        | 1pm     |
| 4       | 5 <sup>th</sup> Aug 2024 | Monday   | 6.30pm - 8.30pm  | 5.30pm  |

1.1. The Championships shall be conducted under the Rules and By-laws of World Aquatics as prescribed in the Competition Regulations (Approved on 21<sup>st</sup> February 2023). The one-start rule applies.

1.2. The Championships are open to invited Clubs and Schools who have received the letter of invitation from Swimfast Aquatic Group.

## 2. Entry Regulations

2.1. Closing Date for Entries: 8<sup>th</sup> Jul 2024 (Monday), 5pm

2.2. Deadline for Payment: 12<sup>th</sup> Jul 2024 (Friday), 5pm

2.3. All entries must be emailed to [sac@swimfast.com.sg](mailto:sac@swimfast.com.sg)

2.4. Entry Fee:

2.4.1. **S\$87.20** (inclusive of 9% GST) per Swimmer, for up to 4 Individual Events

2.4.2. **S\$10.90** (inclusive of 9% GST) per additional Individual Event

2.4.3. **S\$54.50** (inclusive of 9% GST) per Team, for each Relay Event

2.4.4. **S\$27.25** (inclusive of 9% GST) per Team, for Parent-Child Relay

2.5. Payment Modes:

2.5.1. Bank Transfer: Swimfast Aquatic Group Pte Ltd  
(**UOB Current Account: 341 – 302 – 727 – 4**)

2.5.2. PayNow: **UEN Number: 201104961K**

2.6. If payment for the entry fee is not made on time, the entries **will not** be accepted.

### 3. Competition Information

#### 3.1. Events listed below will be for both Boys and Girls:

- 3.1.1. Freestyle: 50m, 100m, 200m & 400m
- 3.1.2. Backstroke: 50m & 100m
- 3.1.3. Breaststroke: 50m & 100m
- 3.1.4. Butterfly: 50m & 100m
- 3.1.5. Individual Medley: 200m
- 3.1.6. Freestyle Relay: 4 x 50m
- 3.1.7. Medley Relay: 4 x 50m
- 3.1.8. Parent+Child Relay: 2 x 50m (1 Parent, 1 Child, regardless of gender)

#### 3.2. Age Groups for all Individual Events:

- 3.2.1. 8 years old and under: Born in 2016 or later
- 3.2.2. 9 – 10 years old: Born in 2014 or 2015
- 3.2.3. 11 – 12 years old: Born in 2012 or 2013
- 3.2.4. 13 – 14 years old: Born in 2010 or 2011
- 3.2.5. 15 years old and above: Born in 2009 or earlier

#### 3.3. Relay Format:

- 3.3.1. Each Club/School can send as many teams for each relay event, however, only 2 team's results per Club/School will be considered for tabulation of team scores.
- 3.3.2. Total combined age of the 4 swimmers in a team cannot be more than 51 years or 61 years in the respective categories.
- 3.3.3. Parent & Child (Event 311): 2 x 50m Freestyle (Mixed)  
Father + Son/Daughter or Mother + Son/Daughter  
Child must be 12 years old or younger (Born in 2012 or later)

#### 3.4. Super Final Format:

- 3.4.1. Top 10 Swimmers from Event 102/103 will race in Event 301/302.
- 3.4.2. Round 1: Only top 6 Swimmers will proceed to round 2 (4-5mins rest between each round)
- 3.4.3. Round 2: Only 4 out of 6 Swimmers will proceed to round 3
- 3.4.4. Round 3: Only 2 out of 4 Swimmers will proceed to round 4
- 3.4.5. Round 4: Final round with only the last 2 swimmers to determine the winner of the Super Final

### 3.5. An Inclusive Meet:

3.5.1. The 2<sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024 will include Para Swimmers participation in the 50m Fr event (Event 101).

3.5.2. Para Swimmers will follow WPS Sports Classes:

- 3.5.2.1. S1 - S10: Physical Impairments
- 3.5.2.2. S11 - S13: Visual Impairments
- 3.5.2.3. S14: Intellectual Impairments
- 3.5.2.4. S15: Hearing Impairments
- 3.5.2.5. S18: Significant Other Impairment / Down Syndrome
- 3.5.2.6. S19: High Functioning Autism

3.5.3. Para Swimmers will have their own ranking results and medals.

3.6. Technical Officials: Key Technical Officials will be appointed by the Singapore Aquatics Technical Swimming Committee.

3.7. The Arena Invitational Junior & Youth Swimming Championships Management Committee reserves the right to all decisions on all matters pertaining to the Championships.

3.8. Format of Competition – The Championships will be run as Timed Finals.

3.9. Withdrawals: There will be no administrative fees imposed for any withdrawals or DNS (Did Not Swim), however, entry fees will not be refunded.

3.10. Withdrawals from 50m Freestyle Super Finals: Team Manager must submit the swimmer's withdrawal form within 30 mins of the completion of the Timed Finals on 3<sup>rd</sup> Aug 2024, in order to give the opportunity to race in the 50m Freestyle Super Finals, to the next fastest swimmer.

3.11. Protest Procedure: Protest must be submitted in accordance with the following:

- 3.11.1. To the Meet Referee
- 3.11.2. In writing on the Protest Form (provided by organizers)
- 3.11.3. By the Club / School's Team Manager Only
- 3.11.4. Together with a deposit of S\$150.00 (Non-refundable)
- 3.11.5. Within 30 minutes of the conclusion of the respective event

3.12. Jury of Appeal (JOA): The JOA will be consulted in the event of an appeal after the initial Protest is not upheld. JOA consists of members from:

- 3.12.1. Swimfast Aquatic Club

3.12.2. Technical Swimming Committee (Singapore Aquatics)

3.12.3. Member of Affiliate (Team Manager of Club or School: on a rotational basis)

#### 4. Points, Medals and Prizes:

4.1. Club/School Points: Points will be awarded to Clubs/Schools as follows:

4.1.1. Individual Events: Top 8 swimmers will be awarded the following points respectively: 8 - 7 - 6 - 5 - 4 - 3 - 2 - 1 points

4.1.2. Relay Events: Top 8 teams will be awarded the following points respectively: 11 - 8 - 6 - 5 - 4 - 3 - 2 - 1 points

4.1.3. For breaking any (Individual or Relay) meet records, only the winner will be awarded 4 extra points.

4.1.4. No Points will be awarded for Parent & Child Relay.

#### 4.2. Medals:

Medals will be awarded to the top 3 Swimmers of each Age Group in each individual event, as well as top 3 teams in each relay event

#### 4.3. Prizes:

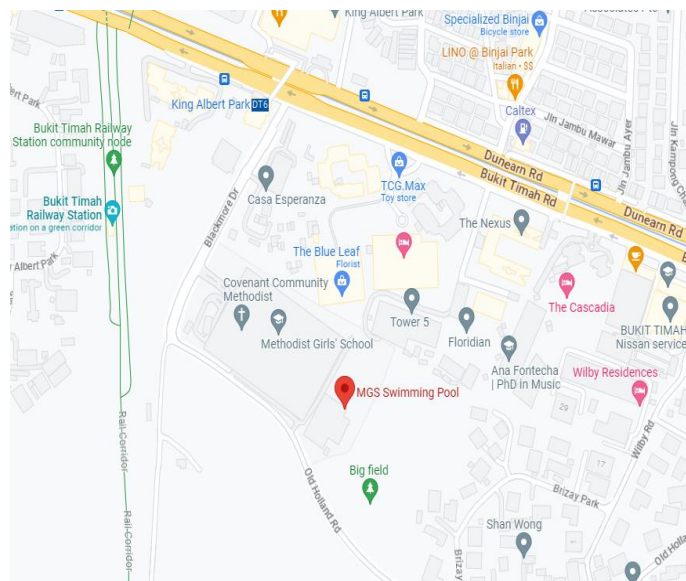
4.3.1. 1<sup>st</sup> Place in 50m Fr Girls Super Finals: **S\$500.00**

4.3.2. 1<sup>st</sup> Place in 50m Fr Boys Super Finals: **S\$500.00**

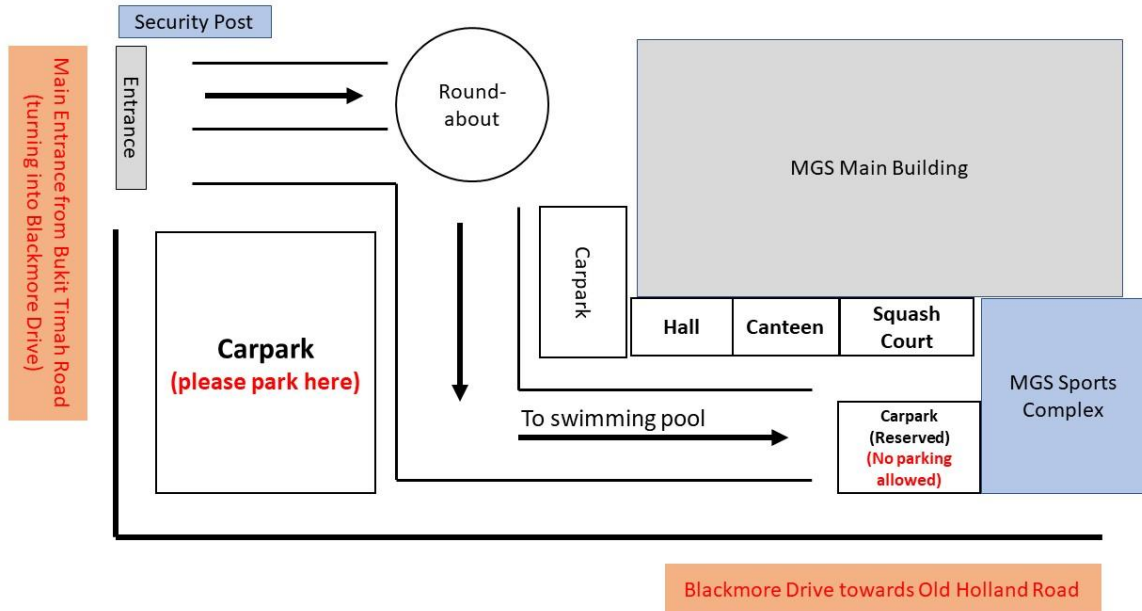
4.3.3. Team Challenge: Club/School with the highest points: **S\$1000.00**

#### 5. Competition Venue

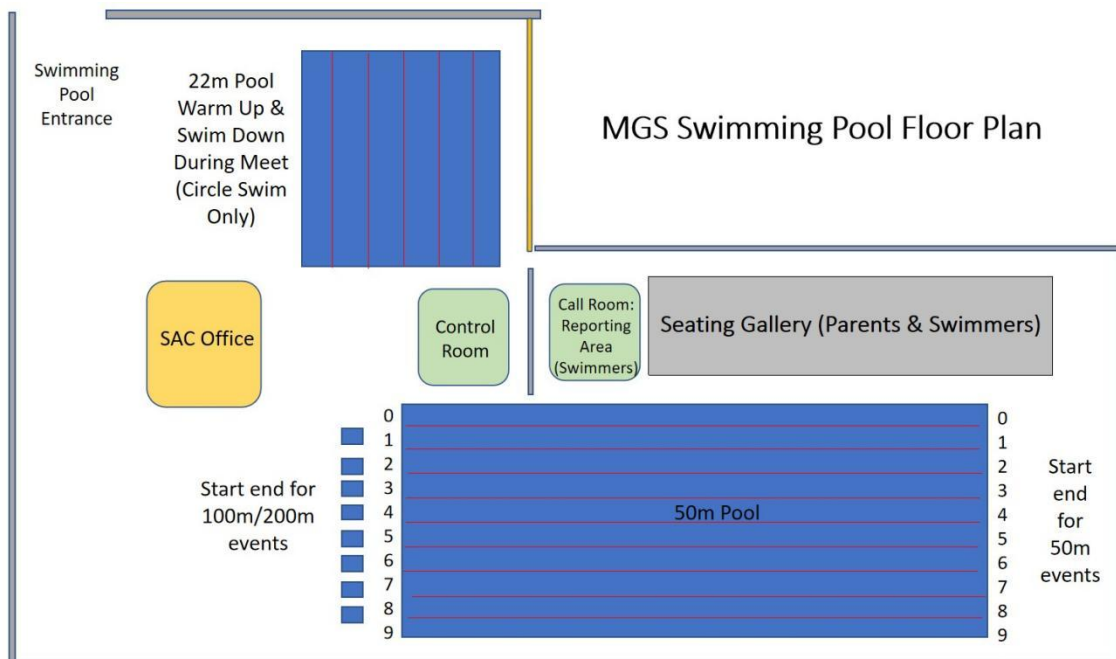
5.1. View Map at <https://maps.app.goo.gl/of5NRgNprGaiPTTX8>



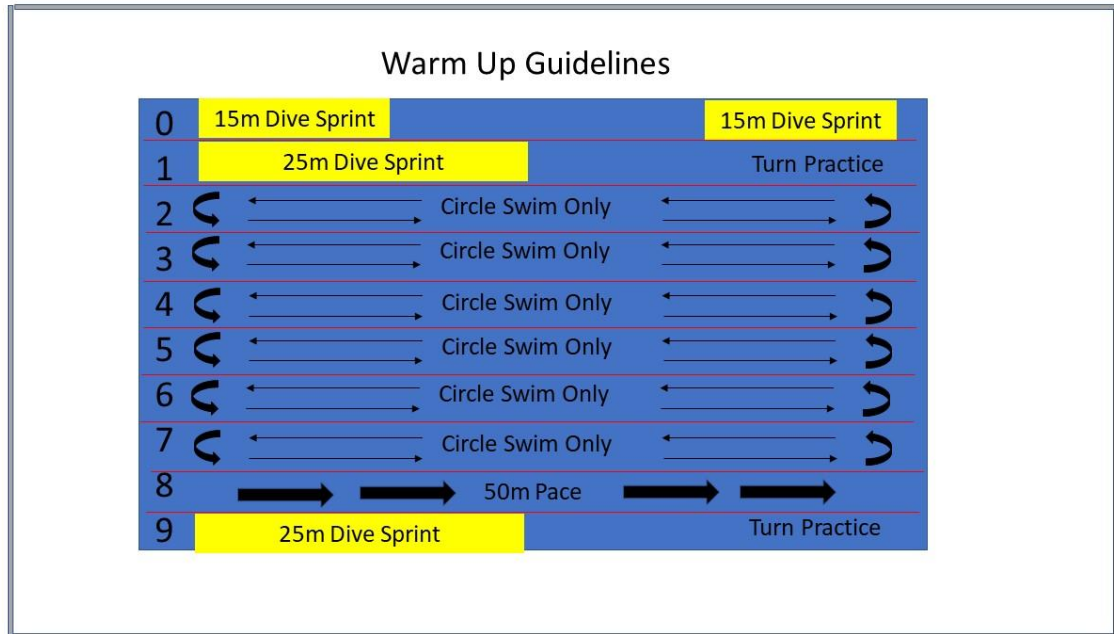
5.2. Parking: There are limited parking lots within the school premise. Parents are advised to drop off the swimmers and park at nearby public carparks.



5.3. Pool Layout:



5.4. Warm Up Guidelines: 50m Pool will only be available for swimmers to use before the start of each session. Pool will close 15 minutes before the start of each session. During the meet, swimmers may use the training pool (22m pool) for their warm up and/or swim down. Strictly no diving is allowed in the training pool as it is a shallow pool.



## 6. Order of Events

6.1. Timed Finals: Competitors, regardless of age, will be placed in graduated time order, from slowest to fastest in all 4 Sessions.

### 6.2. Super Finals: 50m Freestyle Super Final

6.2.1. The top 10 swimmers in Events 102 & 103 (50m Freestyle Girls and Boys respectively) will be invited to swim in the Super Finals Sprint Challenge (Events 301 & 302), held in Session 3 (4<sup>th</sup> Aug 2024)



| 3 <sup>rd</sup> Aug 2024 (Saturday AM): Session 1 |                              |        |              |                    |
|---|------------------------------|--------|--------------|--------------------|
| Event No  | Event                        | Gender | Format       | Remarks            |
| 101   | 50m Freestyle (Para Event)   | Mixed  | Timed Finals | Slowest to Fastest |
| 102   | 50m Freestyle                | Girls  | Timed Finals | Slowest to Fastest |
| 103   | 50m Freestyle                | Boys   | Timed Finals | Slowest to Fastest |
| 104   | 100m Butterfly               | Girls  | Timed Finals | Slowest to Fastest |
| 105   | 100m Butterfly               | Boys   | Timed Finals | Slowest to Fastest |
| 106   | 100m Breaststroke            | Girls  | Timed Finals | Slowest to Fastest |
| 107   | 100m Breaststroke            | Boys   | Timed Finals | Slowest to Fastest |
| 108   | 4 x 50m Medley Relay (51yrs) | Mixed  | Timed Finals | Slowest to Fastest |
| 109   | 4 x 50m Medley Relay (61yrs) | Mixed  | Timed Finals | Slowest to Fastest |

| 3 <sup>rd</sup> Aug 2024 (Saturday PM): Session 2 |                              |        |              |                    |
|---|------------------------------|--------|--------------|--------------------|
| Event No  | Event                        | Gender | Format       | Remarks            |
| 201   | 50m Butterfly                | Girls  | Timed Finals | Slowest to Fastest |
| 202   | 50m Butterfly                | Boys   | Timed Finals | Slowest to Fastest |
| 203   | 100m Freestyle               | Girls  | Timed Finals | Slowest to Fastest |
| 204   | 100m Freestyle               | Boys   | Timed Finals | Slowest to Fastest |
| 205   | 50m Breaststroke             | Girls  | Timed Finals | Slowest to Fastest |
| 206   | 50m Breaststroke             | Boys   | Timed Finals | Slowest to Fastest |
| 207   | 100m Backstroke              | Girls  | Timed Finals | Slowest to Fastest |
| 208   | 100m Backstroke              | Boys   | Timed Finals | Slowest to Fastest |
| 209   | 4 x 50m Medley Relay (51yrs) | Girls  | Timed Finals | Fastest to Slowest |
| 210   | 4 x 50m Medley Relay (51yrs) | Boys   | Timed Finals | Fastest to Slowest |
| 211   | 4 x 50m Medley Relay (61yrs) | Girls  | Timed Finals | Fastest to Slowest |
| 212   | 4 x 50m Medley Relay (61yrs) | Boys   | Timed Finals | Fastest to Slowest |

| 4 <sup>th</sup> Aug 2024 (Sunday PM): Session 3 |                                     |        |              |                                |
|---|-------------------------------------|--------|--------------|--------------------------------|
| Event No  | Event                               | Gender | Format       | Remarks                        |
| 301   | Super Final 50m Freestyle Challenge | Girls  | Super Finals | Top 10 regardless of Age Group |
| 302   | Super Final 50m Freestyle Challenge | Boys   | Super Finals | Top 10 regardless of Age Group |
| 303   | 200m Individual Medley              | Girls  | Timed Finals | Slowest to Fastest             |
| 304   | 200m Individual Medley              | Boys   | Timed Finals | Slowest to Fastest             |
| 305   | 50m Backstroke                      | Girls  | Timed Finals | Slowest to Fastest             |
| 306   | 50m Backstroke                      | Boys   | Timed Finals | Slowest to Fastest             |
| 307   | 4 x 50m Freestyle Relay (51yrs)     | Girls  | Timed Finals | Slowest to Fastest             |
| 308   | 4 x 50m Freestyle Relay (51yrs)     | Boys   | Timed Finals | Slowest to Fastest             |
| 309   | 4 x 50m Freestyle Relay (61yrs)     | Girls  | Timed Finals | Slowest to Fastest             |
| 310   | 4 x 50m Freestyle Relay (61yrs)     | Boys   | Timed Finals | Slowest to Fastest             |
| 311   | 2 x 50m Parent + Child Relay        | Mixed  | Timed Finals | Slowest to Fastest             |

| 5 <sup>th</sup> Aug 2024 (Monday PM): Session 4 |                |        |              |                    |
|---|----------------|--------|--------------|--------------------|
| Event No  | Event          | Gender | Format       | Remarks            |
| 401   | 200m Freestyle | Girls  | Timed Finals | Slowest to Fastest |
| 402   | 200m Freestyle | Boys   | Timed Finals | Slowest to Fastest |
| 403   | 400m Freestyle | Girls  | Timed Finals | Slowest to Fastest |
| 404   | 400m Freestyle | Boys   | Timed Finals | Slowest to Fastest |

## 7. Terms and Conditions

- 7.1. All Participants who are entered in the 2<sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024 are deemed to have given written permission to the Organizers for the Organizers to collect analyse and collate any personal information relating to that Participant, as the Organizers may in their sole discretion deem fit, including without any limitation information for the Organizers' programme, planning, data-processing, statistical or risk-analysis, research, fund-raising and/ or, any other purposes in furtherance of the functions of organizing a swimming championship.
- 7.2. Whilst reasonable precaution will be taken by the Organizers to ensure the Participants' safety, Participants take part in 2<sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024 at their own risk and the Organizers will not be responsible or held liable for any injury or death howsoever arising from training for or during participation in this Swimming Championship. Participants are strongly encouraged to consult their medical practitioner prior to registration and before the actual race day.
- 7.3. In the event of harsh weather conditions that could cancel the 2<sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024, Swimfast Aquatic Group reserves the right not to refund entry fees or any other charges submitted by the teams and/ or individuals at the 2<sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024.

## 8. Key Dates

| Date and Time                               | Event   | Venue                        |
|---|---|------------------------------|
| 8 <sup>th</sup> Jul 2024, 5pm<br>(Monday)   | Closing Date for Entries Submission   | Email to sac@swimfast.com.sg |
| 9 <sup>th</sup> – 11 <sup>th</sup> Jul 2024 | Entries List will be sent to Teams for verification                           | -                            |
| 12 <sup>th</sup> Jul 2024, 5pm<br>(Friday)  | Deadline for Payment of Entries   | -                            |
| 29 <sup>th</sup> Jul 2024, 11am<br>(Monday) | Team Leader's Meeting   | Online (Zoom)                |
| 3 <sup>rd</sup> – 5 <sup>th</sup> Aug 2024  | 2 <sup>nd</sup> Arena Invitational Junior & Youth Swimming Championships 2024 | Methodist Girls' School      |



**Consent & Indemnity Form**

Consent:

I have read the Terms and Conditions as stated on Page 10 of the info pack and have agreed to abide by them.

Indemnity:

I \_\_\_\_\_ (Full Name of Team Manager), on behalf of

\_\_\_\_\_ (Club/School), hereby indemnify Swimfast Aquatic Club, their management, staff and appointed contractors against all liabilities which may arise from the participation in the events

I have also agreed to be the point of contact (No Proxy allowed) during the meet and any decisions to be made on behalf of our Club / School, will be done by myself.

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)