

**12<sup>th</sup> ASEAN PARA GAMES 2023**  
**3– 9 June 2023**  
**NOMINATION POLICY**  
**PARA SWIMMING**

## **1. INTRODUCTION**

- 1.1 The 12<sup>th</sup> ASEAN Para Games will be held in Phnom Penh, Cambodia, from 3 to 9 June 2023. Para Swimming is offered as a sport in the Games.
- 1.2 The provisional list of events offered is pending confirmation by the local organizing committee.
- 1.3 Singapore may enter:
  - i) Individual events – a maximum of three (3) athletes per event

## **2. OBJECTIVE**

- 2.1 This policy describes the process and criteria set under the Singapore Disability Sports Council (SDSC) to nominate athletes to the Singapore National Paralympic Council (SNPC) for the representation of Singapore at the 12<sup>th</sup> ASEAN Para Games.
- 2.2 This policy is guided by the principle that only those who have the highest potential or a high potential to represent Singapore well at the Games would be nominated by SDSC, while the final selection of athletes remains at the discretion of SNPC.
- 2.3 SDSC will publish the nomination policy on its website (url: [www.sdsc.org.sg](http://www.sdsc.org.sg)), including any updates or changes to the policy. Athletes and coaches will be responsible for ensuring that they are fully aware of and understand the policy and its content, as well as updates and changes, if any, to the policy.

## **3. ELIGIBILITY**

- 3.1 To be eligible for consideration as an athlete representative, the participant must:
  - i. Be a Singapore citizen
  - ii. Comply with the sport-specific classification rules
  - iii. Be in good standing with SNPC and SDSC
  - iv. Minimum 15 years of age as of 2023 (Calculation: 2023 minus year born)

#### 4. NOMINATION CRITERIA

- 4.1 The nomination criteria is guided by SNPC's selection criteria, is applicable to the following sports: Boccia, Powerlifting, Para Badminton, Goalball, Para Swimming, Para Table Tennis, Chess, Para Athletics, Football 5-a-side, CP Football, Judo, Sitting Volleyball, Wheelchair Basketball, and e-Sports (DEMO).
- 4.2 Athletes/Teams must at least match the performance level equivalent to the 3rd placing at the Solo 2022 ASEAN Para Games.
- 4.3 Athletes/Teams who miss the qualifying standard but show potential to equal or surpass it in time for the Games.
- 4.4 All results submitted for consideration must take place at properly accredited and SNPC recognised national, regional and international competition. Results from overseas events may be submitted for athletes living, studying or working overseas. However, these events have to be properly accredited and sanctioned minimally by the National Federation to be accepted (on a case-by-case basis).
- 4.5. All achievements should be achieved from **1<sup>st</sup> December 2021 to 4<sup>th</sup> March 2023.** Athletes/Teams that are nominated based on results outside of the qualification period will be reviewed on a case-by-case basis.
- 4.6 Other Considerations

In addition to the above selection criteria, the following may be taken into consideration:

- Attitude and behavior towards coaches, teammates, fellow athletes, officials and sports administrators, whether in relation to sporting matters or otherwise.
- General conduct and character which may affect the reputation, image, values or best interests of the athlete or the sport.
- Past disciplinary record;
- Current skill level, injury status and fitness level
- Level of commitment and attendance.
- Potential for future development
- Ability to demonstrate team spirit and work well with teammates and officials; and

- Such other non-performance related qualities as the selectors may consider to be relevant.

4.7 Exemptions will only be granted due to extenuating circumstances. On request of SDSC, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered.

- Extenuating circumstances can include but is not limited to: Injury or Illness
- Equipment Failure
- Travel Delays
- Bereavement,
- Such other circumstances as the selectors may consider to be relevant.

## 5 QUALIFYING EVENTS

5.1 The selected qualifying events for Para Swimming are:

<b>Competition</b>	<b>Period</b>
11 <sup>th</sup> ASEAN Para Games 2022	30 July – 6 August 2022
Asian Youth Para Games 2021	2-6 December 2021
SDSC March Time Trials 2022	8 March 2022
IDM Berlin 2022	31 March- 3 April 2022
National Para Swimming Open Championship April 2022	30 April 2022
World Para Swimming Championship 2022	12-18 June 2022
ASEAN Para Games 2022	1-5 August 2022
Commonwealth Games, Birmingham 2022	28 July-8 August 2022
Haw Par Youth National Para Swimming Championship 2022	15 September 2022
Virtus Oceania Asia Games 2022	8- 10 November 2022
WPS Melbourne 2023	17-19 February 2023

## 6 NOMINATION PROCESS

- 6.1 SDSC will submit athlete nominations to SNPC, based on the eligibility and nomination criteria in this policy.
- 6.2 All nominations will be approved by SDSC's Sports High Performance & Development Committee, after which the approved nominations would be submitted to SNPC. The approved nominations will be published on SDSC website (url: [www.sdsc.org.sg](http://www.sdsc.org.sg)).
- 6.3 SNPC, as the national body representing Singapore to the ASEAN Para Sports Federation, has the sole and final decision in selecting or not selecting athletes to represent Singapore at the 12<sup>th</sup> ASEAN Para Games 2023.
- 6.4 All nominations must include the detail profile of athlete. (Refer to Annex C)

## 7 APPEALS PROCESS

- 7.1 Appeals against non-nomination by SDSC must be made in writing to SDSC within 48 hours of the announcement of nominees.
- 7.2 An appeal must be made in writing with supporting documentation to 'Singapore Disability Sports Council'.
- 7.3 An appeal would only be considered if the athlete had met the eligibility criteria and MQS for the sport, but was not nominated due to gross oversight by SDSC. SDSC's Sports High Performance & Development Committee will deliberate the appeal and, if deemed justifiable, hear the appeal by the athlete concerned.
- 7.4 SDSC will, in writing, inform the athlete about the decision to either uphold or reject the appeal. The decision will be final and no further correspondence will be entertained.



## 9. CONTACT PERSONS

To find out more about the MQS or qualifying events, please contact:

Jessica Chua  
SDSC High performance Asst Manager  
Email: [jessica.chua@sdsc.org.sg](mailto:jessica.chua@sdsc.org.sg)

To clarify on other parts of the nomination policy or submit an appeal, please contact:

Jessica Chua  
SDSC High performance Asst Manager  
Email: [jessica.chua@sdsc.org.sg](mailto:jessica.chua@sdsc.org.sg)

## Annex A

### Minimum Qualifying Standards (MQS)

\*\*Do note that Potential Athlete who have met MQS + 10 % variance will not have a guaranteed nomination to SNPC. SDSC will be assessing these potential athletes and their performance track record first before any nomination is sent in to SNPC.

<https://results.apg2022.com>

Event	Class	Men MQS	*Potential Athletes (Men) MQS + 10% Variance	Women MQS	*Potential Athletes (Women) MQS + 10% Variance
50m Freestyle	S1-S3	00:57.22	01:02.94		
	S4	00:56.13	01:01.74		
	S5	00:37.44	00:41.18	00:58.64	01:04.50
	S6	00:34.55	00:38.01	00:44.29	00:48.72
	S7	00:34.24	00:37.66	00:42.52	00:46.77
	S8	00:36.73	00:40.40		
	S9	00:31.23	00:34.35	00:35.35	00:38.89
	S10	00:29.20	00:32.12	00:37.96	00:41.76
	S11	00:32.27	00:35.50		
	S12	00:28.62	00:31.48	00:38.27	00:42.10
	S13	00:27.76	00:30.54		
	S14	00:27.17	00:29.89	00:30.46	00:33.51
100m Freestyle	S3	01:54.15	02:05.56		
	S4	02:07.21	02:19.93		
	S5	01:23.44	01:31.78	01:47.62	01:58.38
	S6	01:27.73	01:36.50	01:37.58	01:47.34
	S7	01:18.78	01:26.66	01:34.15	01:43.57
	S8	01:07.20	01:13.92	01:27.93	01:36.72

	S9	01:07.36	01:14.10	01:35.40	01:44.94
	S10	01:19.73	01:27.70	01:27.96	01:36.76
	S11	01:17.59	01:25.35		
	S12	01:03.63	01:09.99		
	S13	01:11.38	01:18.52		
	S14	01:00.27	01:06.30	01:07.49	01:14.24
200m Freestyle	S4	04:11.20	04:36.32		
	S5	03:00.62	03:18.68		
	S6	03:13.33	03:32.66		
	S14	02:14.56	02:28.02	02:30.68	02:45.75
400m Freestyle	S7	06:04.95	06:41.45		
	S8	06:12.42	06:49.66		
	S9	05:15.80	05:47.38		
	S10	05:29.30	06:02.23		
50m Breaststroke	SB2-SB3	01:10.82	01:17.90		
	SB4	00:55.29	01:00.82		
	SB5	00:45.17	00:49.69		
	SB7	00:45.16	00:49.68		
	SB8	00:38.28	00:42.11		
	SB12	00:35.67	00:39.24		
	SB13	00:35.50	00:39.05		
	SB14	00:33.55	00:36.90		
100m Breaststroke	SB4	01:57.15	02:08.87	02:48.61	03:05.47
	SB5	01:39.50	01:49.45		
	SB6	01:35.94	01:45.53		

	SB7	01:47.36	01:58.10		
	SB8	01:28.26	01:37.09	01:51.46	02:02.61
	SB9	01:26.38	01:35.02	01:41.62	01:51.78
	SB11	01:31.75	01:40.92		
	SB12	01:13.33	01:20.66	01:47.83	01:58.61
	SB13	01:21.50	01:29.65		
	SB14	01:10.87	01:17.96		
50m Backstroke	S1-S3	01:01.20	01:07.32		
	S4-S5	00:44.56	00:49.02		
	S4			01:06.85	01:13.54
	S5			00:48.17	00:52.99
	S10	00:32.51	00:35.76		00:00.00
	S14	00:32.51	00:35.76	00:38.53	00:42.38
100m Backstroke	S6	01:29.96	01:38.96		
	S7	01:27.36	01:36.10		
	S8	01:27.67	01:36.44		
	S9	01:17.00	01:24.70	01:37.15	01:46.86
	S10	01:12.93	01:20.22		
	S14	01:11.68	01:18.85		
50m Butterfly	S5	00:42.25	00:46.48	01:14.15	01:21.57
	S6	00:41.26	00:45.39	00:42.60	00:46.86
	S8	00:33.61	00:36.97		00:00.00
	S9	00:32.59	00:35.85		00:00.00
	S10	00:30.19	00:33.21		00:00.00
	S14	00:29.72	00:32.69	00:37.76	00:41.54
100m Butterfly	S9	01:23.14	01:31.45	01:57.99	02:09.79



	S10	01:16.64	01:24.30	
	S11	01:37.64	01:47.40	
	S14	01:05.49	01:12.04	
200m IM	SM5	03:49.86	04:12.85	
	SM6	03:33.46	03:54.81	
	SM7	03:08.75	03:27.62	
	SM8	03:14.72	03:34.19	
	SM9	03:11.48	03:30.63	
	SM10	02:50.49	03:07.54	
	SM14	02:36.62	02:52.28	

**Annex B**

<b>SECTION A</b>	<b>Profile</b>			
	<i>To be completed by the athlete</i>			
Insert athlete's passport photo	<b>Sport</b>			
	<b>Name as per passport</b>			
	<b>Gender</b>		<b>Age</b>	
	<b>Type of Impairment</b>			
	<b>Origin of Impairment</b>	Congenital / Acquired		
	<b>Classification</b>		<b>International Body</b>	Where did the classification take place?
	<b>Class Status</b>	New / Review / Confirmed	<b>Year</b>	
	<b>Carding</b>		<b>Year</b>	

<b>Training Information</b>	<b>No. of years in the sport</b>	<b>No. of training years in the sport</b>	
	<b>Attendance (% per month)</b>	<b>Frequency &amp; duration per week</b>	
	<b>Attendance (% past two years)</b>	<b>Training Programme</b>	Is the athlete training on his/her own expenses or under SDSC/NSAs programme?
<b>Performance Information</b>	<b>Current Ranking (Local)</b>	<b>Current Ranking (Regional/World)</b>	
	<b>Current Year's Achievements</b>	<b>Previous Para Games results if applicable</b>	

<b>Athlete's Individual/Team Philosophy</b>	What is the personal philosophy toward the athlete's sporting journey?
<b>Athlete's Games' Goal/Target</b>	

I certify that the above information is true and correct, to the best of my knowledge.

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Athlete's Name, Signature & Date

<b>SECTION B</b>	<b>Team Manager/SDSC/NSA's Review for Nomination</b> <i>Team Manager/SDSC/NSA to review athlete's submission and provide justification for the nomination</i>
<b>Justification for nomination</b>	Performance results of athletes being nominated should include the number of competing countries or athletes. E.g. Athlete XYZ came in 5 <sup>th</sup> out of 10 athletes or Team A came in 1 <sup>st</sup> out of 6 countries

<b>SECTION C</b>	<b>Coach's Assessment/Evaluation</b>
<b>Coach's evaluation of the athlete</b>	*Athlete's current skill level and fitness
	* Athlete's attitude and behaviour
	*Coach's assessment on athlete's current performance and outcome of his/ her future sports development for the next 2 years

	<p><b>*Sports result analysis of athlete’s potential for future development. For young athletes, there should be an age relative comparison based on their sports class, against a current high-performance athlete, locally or internationally.</b></p> <p><b>E.g. young athlete, age 16, performs XX sec against the current national para athlete, age 20, who is in the same class performs YY sec during this age</b></p>
	<p><b>*For developmental and/or debutants at Paralympic Games, justification on how this game is at a suitable level for him/her, over other more conducive games that can be more suitable to start with</b></p>

**Coach’s and Team Manager/SDSC/NSA’s undertaking**

I confirm and verify that the information provided above is to the best of my knowledge and understanding.

COACH      TEAM MANAGER/SDSC/NSA

\_\_\_\_\_

Name, Signature & Date

\_\_\_\_\_

Name, Signature & Date