



SDSC Para Swimming Elite Programme 2021

Introduction	<p>The information below show the requirement to enter SDSC Swimming programme.</p> <p>Athletes that meet the qualification criteria as the stated below will be considered for the SDSC Para Swimming Elite Programme 2021 for a 12 month period from 1 April 2021 to 31 March 2022</p> <p>The criteria below does not guarantee an invitation into SDSC Para Swimming Elite Programme 2021 but it should be seen as a prerequisite for consideration.</p> <p>Athletes selected for this programme are seen as potentially possessing the skills, ability and attributes to progress onto a Top 6th or podium medallist in Asian Para Games.</p>
Benefits of Joining	<ul style="list-style-type: none">• One of the establish Para-Sports Development model in Singapore.• Creating local talent representing and creating history in the Paralympics Games.• Early access to insights (benefits to webinars, competition, information and news)• Analysis & Performance tracking for the swimmers under the programme.

Criteria	<ul style="list-style-type: none">● Athletes will only be considered for invitation to the programme providing they have either a WPS S1 - S13 inclusive, WPS or VIRTUS Classification (II2 & II3).● Athletes must be registered to a swimming club affiliated Singapore Swimming Association (SSA) or from MOE Sped Schools.● Only Athletes with the minimum age 15 years (2021-Birth Year) will be eligible for consideration.● Only recognised WPS offered events that are published in the WPS rulebook for WPS Regional, World or Paralympic Games may be considered. For VIRTUS (II2 & II3) event, please refer to the Annex A.● Any change in an athlete's classification at any time for whatever reason during the year will result in a review of the athlete's place on the programme. If the athlete has not achieved a consideration time for their new classification within an agreed period of time (minimum 3 months from the date of classification change) the athlete will be withdrawn from the programme.● Athletes with a physical, visual and Intellectual impairment wishing to be considered for the SDSC Para
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	<p>Swimming Elite Programme 2021 must have achieved a minimum of 400 points at the meets below:</p> <ul style="list-style-type: none"> ➤ SDSC National Inclusive Swimming Championships 2020/2021 ➤ SDSC National Youth Swimming Championships 2020/2021 ➤ Major Games 2020/2021 ➤ WPS approved competition 2020/2021 ➤ SDSC-approved / sanctioned trials or events <p>*For I12/I13 athletes, please refer to Annex A for the qualification timing.</p> <ul style="list-style-type: none"> ● Points that referring to: <ul style="list-style-type: none"> -World Para Swimming (WPS) points system -British/Germany Para Swimming Multi-Class Disability Points System ● Split times or performances from time trials will not be considered. ● All athletes will be required to be showing the required progression along the athlete pathway.
Coaching fee support	<p>Athlete will be fully supported by SDSC for the coaching fee.</p> <p>Requirement:</p> <ul style="list-style-type: none"> -Athletes should train under Swim Club that affiliated with SSA. -Able to attend a minimum 75% training attendance set by the swimming club. -Athletes to submit the receipt & attendance sheet for the reimbursement by end of the month.
Condition	<p>Acceptance of invitation to the SDSC Para Swimming Elite Programme 2021 is subject to all SDSC conditions and requirements.</p> <p>Athletes are reminded that their place on the programme is a privilege and not a right and are expected to remain fully committed to their training.</p>

	<p>Athletes will be reviewed every 6 months, this is to ensure the continuing to progress and fulfilling the requirements of the programme. After this point some athletes may be removed from the programme or given a period of time to achieve goals that have been outlined. The review will be done between coach and SDSC to track athlete on positive performance progression profile. Any athlete failed to meet the requirement or no longer show progressing on performance may be removed by SDSC and opportunity may reserve for a better next candidate.</p> <p>Athletes are required to be a SDSC Individual/Youth Member</p> <p>There shall be no right of appeal if an athlete is unsuccessful in attaining a place on the Programme.</p>
Application Forms	<p>The following documents are to be submitted to the SDSC:</p> <ol style="list-style-type: none">1. Swimming Elite/Development Programme Registration Form 20212. SDSC Membership Application Form

Annex A

Event	Class	Men		Women	
		Elite	Development	Elite	Development
50m Freestyle	II2	00:34.23	00:37.65	00:39.41	00:43.35
	II3	00:29.85	00:32.84	00:33.25	00:36.57
100m Freestyle	ii2	01:12.81	01:20.09	01:27.14	01:35.85
	ii3	00:59.11	01:05.02	01:16.71	01:24.38
200m Freestyle	ii2	02:42.69	02:58.96	03:20.62	03:40.68
	ii3	02:10.74	02:23.81	03:21.45	03:41.60
400m Freestyle	ii2	05:54.89	06:30.38	06:59.98	07:41.98
	ii3				
50m Breaststroke	ii2	00:44.43	00:48.87	00:54.03	00:59.43
	ii3	00:34.46	00:37.91	00:55.55	01:01.11
100m Breaststroke	ii2	01:39.31	01:49.24	01:59.61	02:11.57
	ii3	01:18.92	01:26.81	02:01.56	02:13.72
50m Backstroke	ii2	00:41.72	00:45.89	00:48.90	00:53.79
	ii3	00:41.49	00:45.64	00:41.64	00:45.80
100m Backstroke	II2	01:37.35	01:47.09	01:47.17	01:57.89
	II3	01:18.51	01:26.36	01:36.38	01:46.02
50m Butterfly	ii2	00:34.03	00:37.43	00:44.44	00:48.88
	ii3	00:35.34	00:38.87	00:38.37	00:42.21
100m Butterfly	ii2	01:17.41	01:25.15	01:49.86	02:00.85
	ii3	01:28.73	01:37.60	01:29.35	01:38.29
200m IM	ii2				
	ii3	02:36.63	02:52.29	03:05.45	03:24.00