## Table tennis Association for the Disabled Singapore (TTADS)

## Para Table Tennis Elite Programme 2019

Introduction	The information below shows the requirement to enter Para Table Tennis programme.
	Athletes that meet the qualification criteria as the stated below will be considered for the Para Table Tennis Elite Programme 2019 for a 12-month period from 1st January 2019 to 30th December 2019
	The criteria below do not guarantee an invitation into Para Table Tennis Elite Programme 2019 but it should be seen as a prerequisite for consideration.
	Athletes selected for this programme are seen as potentially possessing the skills, ability and attributes to progress onto a Top 3 position at regional competitions.
Criteria	Athletes will only be considered for invitation to the programme provided they possess/achieve
	<u>Technical skills</u>
	<ul> <li>I. Achieve 2-3 sets within 15min timeframe :</li> <li>Consecutive 30 strokes of forehand and backhand rally</li> <li>Consecutive 30 strokes of underhand slicing rally</li> </ul>
	II. Servicing at designated points on the table III. Achieve a Pass grade on multi ball assessment with coach

	<ul> <li>Player's attitude</li> <li>Positive attitude</li> <li>Willingness to follow training programme assigned</li> <li>Respectful to all players and coaches</li> <li>Optional</li> <li>Top 3 in National Competition or Asean Para Games</li> </ul>
Condition	Acceptance of invitation to the Para Table Tennis Elite Programme 2019 is subject to all TTADS conditions and requirements.  Athletes are reminded that their place on the programme is a privilege and not a right and are expected to remain fully committed to their training.  Athletes will be reviewed every 6 months, this is to ensure that players continue to progress and fulfil the requirements of the programme. After this point some athletes may be removed from the programme or given a period of time to achieve goals that have been outlined. The review will be done between coach and TTADS.  Any athlete failed to meet the requirement or no longer show progressing on performance may be removed by TTADS and opportunity may reserve for a better next candidate.  There shall be no right of appeal if an athlete is unsuccessful in attaining a place on the Programme.

For more information, kindly contact Patricia from TTADS at <a href="mailto:Patriciakim88@hotmail.com">Patriciakim88@hotmail.com</a> or Tel: 9101 9182.