

HAW PAR NATIONAL YOUTH INCLUSIVE ATHLETICS CHAMPIONSHIPS 2018

1	<u>INTRODUCTION</u>	
	The Singapore Disability Sports Council (SDSC) is pleased to invite all schools, associations and clubs to participate in the Haw Par National Youth Inclusive Athletics Championships on 28 September 2018 (Friday).	
1.1	Objectives:	
	<ul style="list-style-type: none"> ● Creating opportunities for youth persons with disability to compete ● Recruiting potential newcomers to the national or national development squads ● Nominating athletes to represent Singapore at major/international competitions 	
2	<u>GENERAL INFORMATION</u>	
2.1	Venue:	Bedok Stadium. 1 Bedok North Street 2 Singapore 469642
2.2	Event Date/Time:	28 September 2018 (Friday) 8:30 am (Admission) 9:30 am (Event starts) 6:00 pm (Event concludes) *subjected to changes. Detailed event schedule will be available after entry closes.
2.3	Categories:	<p>Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years on 31 December in the year of the competition (2018).</p> <p>Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 years on 31 December in the year of the competition (2018).</p> <p>Under-14 (U14) Boys and Girls: Any athlete of 11, 12 or 13 years on 31 December in the year of the competition (2018).</p> <p>Under-11 (U11) Boys and Girls: Any athlete of 9, 10 years on 31 December in the year of the competition (2018).</p> <p>Under-9 (U9) Boys and Girls: Any athlete of 7, 8 years on 31 December in the year of the competition (2018).</p> <p>Singaporeans or Permanent Residents (PR) must submit their entries with their NRIC numbers (e.g. S/TXXXXXXXG).</p> <p>Non-Singaporeans and non-PRs must submit their entries with FIN numbers</p>

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<p>2.4</p>	<p>Eligibility:</p>	<p>a) As a national level of competition, all schools, clubs, individual are to ensure that participants who are chosen to participate possess the ability and skills required to compete proficiently for the safety.</p> <p>b) With either Physical Impairment, Visual Impairment, Intellectual Impairment, Hearing Impairment.</p> <p>c) (For Under-20 (U20) Boys and Girls & Under-17 (U17) Boys and Girls)</p> <p>Holds a valid local- or internationally-recognised classification¹ status</p> <p>For the breakdown of classes PI, VI, II - https://www.paralympic.org/athletics/classification</p> <p>Participants (For Under-20 (U20) Boys and Girls & Under-17 (U17) Boys and Girls) who do not have a valid classification status are required to attend local classification or complete the indicated steps, <u>if they fall under the groups stated in 2.7.</u></p> <p>d) (For Under- 9, 11, 14 (U9, U11, U14) Boys and Girls)</p> <p>PI Standing – Refers to either with a total or partial loss of bodily functions, such as the ability to walk or fine motor skills, or a total or partial loss of a part of the body and defined as the participants will compete standing and without any assistance.</p> <p>PI Wheelchair – Refers to either with a total or partial loss of bodily functions, such as the ability to walk or fine motor skills, or a total or partial loss of a part of the body and defined as the participants will compete in a wheelchair</p> <p>II – Defined as having significant limitations in cognitive and adaptive functioning, as expressed in conceptual, social and practical adaptive skills. An IQ of 75 or below. Significant Limitations in adaptive behaviour. Impairment must have been present before the age of 18.</p>
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¹ Classification References:

PI, VI, II - <https://www.paralympic.org/athletics/classification>

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		<p>VI – Refers to significant visual loss that cannot be corrected by means of the use of optical lenses, medication or operation. Damage to one or more of the components of the vision system, which can include: Impairment of the eye structure/receptors Impairment of the optic nerve/optic pathways Impairment of the visual cortex</p> <p>HI - Defined as a hearing loss of at least 55 dB per tone average in the better ear. (3-tone frequency average at 500, 1000 and 2000 Hertz, ISO 1969 Standard)</p>
2.5	Entry Fees:	<p>\$3.00 per participant (SDSC Members) Ordinary Members: http://sdsc.org.sg/about-us/#1528445197397-01a14c2c-e899 Associate Members: http://sdsc.org.sg/about-us/#1528447082802-5be668c1-6012</p> <p>\$5.00 per participant (non-SDSC Members)</p> <p>Payment can be made by: a) <u>Cheque</u> Made payable to “Singapore Disability Sports Council” (Please write the name of the school/organization, name of individual on the reverse side of the cheque)</p> <p>b) <u>Bank Transfer</u> Bank Name: DBS Bank Bank Address: DBS Building Tower 2, 6 Shenton Way Singapore (068809) Swift Code: DBSSSGSG Bank Code: 7171 Branch Code: 033 Account Name: Singapore Disability Sports Council Account Number: 033-021741-2</p> <p>(Please indicate your transaction as “youth athletics champs “ <Name of participant/school/club>”)</p>

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2.6	Registration Deadline:	<p><u>30 August 2018</u></p> <p>Submit all necessary documents via email to nationalathletics@sdsc.org.sg Payments must also be made by the registration deadline.</p> <p>Late entries will <u>not</u> be accepted, and changes to entries will <u>not</u> be allowed after the registration deadline.</p>
2.7	Local Classification For Under-20 (U20) Boys and Girls & Under-17 (U17) Boys and Girls:	<p>Please email to nationalathletics@sdsc.org.sg to register for a local classification slot, if you belong to the following groups and do not have a valid classification status.</p> <p>a) <u>Intellectual Impairment Classification (U20 and U17)</u> Dates: * 14 August 2018 to 15 August 2018 Time: * 10am to 6pm Venue: SportSG Athlete Service Centre. Counselling Room 3 Stadium Drive S397630.</p> <p>b) <u>Physical Impairment Classification (U20 and U17)</u> Dates: *17 August 2018 Time: * 9:30am to 12:30pm Venue: SportSG NSA Meeting Room 4. 3 Stadium Drive S397630.</p> <p>Do note that actual time slots will be allocated by SDSC. *Subject to change</p> <p><u>Please submit the following documents with your entry form, if you belong to the following groups and do not have a valid classification status.</u></p> <p>c) <u>Visual Impairment Classification (U20 and U17)</u> At least a Doctor's Memo to certify: - reduced or no vision caused by damage to the eye structure, optical nerves or optical pathways or visual cortex of the brain</p> <p>Must have at least one of the following impairments: . Impairment of the eye structure; . Impairment of the optical nerve/optic pathways; or . Impairment of visual cortex.</p> <p>-Visual acuity of less than or equal to LogMAR 1.0 or a visual field restricted to less than 40 degrees in diameter</p> <p>Above is all reference from IPC World Para Athletics</p>

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		<p>AND/OR appear in IPC World Para Athletics Classification Master list with New (N), Review (R) or Confirm (C) status Indicate which class in your entry. T11, 12 or 13</p> <p>d) <u>Hearing Impairment Classification (U20 and U17)</u> A memo from Deaf Sports Association certifying eligibility Contact: info@dsa.org.sg</p>
2.8	For enquiries:	<p>Please contact SDSC at nationalathletics@sdsc.org.sg or call +65 6342 3564.</p>

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3 EVENT OFFERED

Track Events				
Event	Class (Physical Impairment)	Class (Intellectual Impairment)	Class (Visual Impairment)	Class (Hearing Impairment)
60m Under-9 (U9) Boys and Girls: Any athlete of 7, 8 years	PI Standing PI Wheelchair	II	VI	HI
60m Under-11 (U11) Boys and Girls: Any athlete of 9, 10 years	PI Standing PI Wheelchair	II	VI	HI
100m Under-14 (U14) Boys and Girls: Any athlete of 11, 12 or 13	PI Standing PI Wheelchair	II	VI	HI
100m Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years old	T31, 32, 33, 34 T35, 36, 37, 38 T42, 43, 44 T45, 46, 47 T61, 62, 63, 64 T51, 52, 53, 54		T11 T12 T13	TD
200m Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years old	T31, 32, 33, 34 T35, 36, 37, 38 T42, 43, 44 T45, 46, 47 T61, 62, 63, 64 T51, 52, 53, 54			TD

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<p>400m</p> <p>Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16</p> <p>Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years old</p>		T20		
<p>1500m</p> <p>Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16</p> <p>Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years old</p>		T20		
<p>Finisher Event (Non-Competitive) 100m 7 years to 19 years old</p>	<p>Any athlete with Physical Impairment, Visual Impairment, Intellectual Impairment, Hearing Impairment, Autism, Down Syndrome</p>			

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Relay				
Event	Class (Physical Impairment)	Class (Intellectual Impairment)	Class (Visual Impairment)	Class (Hearing Impairment)
Parlauf Relay Junior A (6 athletes to run 400m) Under-11 (U11) Boys and Girls: Any athlete of 7, 8, 9 or 10 years old		II		
Parlauf Relay Junior B (6 athletes to run 400m) Under-14 (U14) Boys and Girls: Any athlete of 11, 12 or 13 years old		II		

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Jump & Field Events				
Event	Class (Physical Impairment)	Class (Intellectual Impairment)	Class (Visual Impairment)	Class (Hearing Impairment)
Long Jump Under-14 (U14) Boys and Girls: Any athlete of 11, 12 or 13 Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 years old Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years old		II (U14) T20 (U20 & U17)		
Shot Put Seated Throw Under-9 (U9) Boys and Girls: Any athlete of 7, 8 years Under-11 (U11) Boys and Girls: Any athlete of 9, 10 years Under-14 (U14) Boys and Girls: Any athlete of 11, 12 or 13 *Modified with reference from World Para Athletics.	PI Wheelchair (Boys 1kg and Girls 1kg)			

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<p>Shot Put Seated Throw</p> <p>Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 years old</p> <p>*Based on World Para Athletics.</p>	<p>F32 (Boys 1kg and Girls 1kg)</p> <p>F33 (Boys 2kg and Girls 2kg)</p> <p>F34 (Boys 3kg and Girls 2kg)</p> <p>F52 (Boys 2kg and Girls 2kg)</p> <p>F53 (Boys 2kg and Girls 2kg)</p> <p>F54 (Boys 3kg and Girls 2kg)</p> <p>F55 (Boys 3kg and Girls 2kg)</p> <p>F56 (Boys 3kg and Girls 2kg)</p> <p>F57 (Boys 3kg and Girls 2kg)</p>			
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<p>Shot Put Seated Throw</p> <p>Under-20 (U20) Boys and Girls: Any athlete of 17, 18 or 19 years old</p> <p>*Based on World Para Athletics.</p>	<p>F32 (Boys 2kg and Girls 2kg)</p> <p>F33 (Boys 3kg and Girls 3kg)</p> <p>F34 (Boys 4kg and Girls 3kg)</p> <p>F52 (Boys 2kg and Girls 2kg)</p> <p>F53 (Boys 3kg and Girls 3kg)</p> <p>F54 (Boys 4kg and Girls 3kg)</p> <p>F55 (Boys 4kg and Girls 3kg)</p> <p>F56 (Boys 4kg and Girls 3kg)</p> <p>F57 (Boys 4kg and Girls 3kg)</p>			
<p>Shot Put (Standing)</p> <p>Under-9 (U9) Boys and Girls: Any athlete of 7, 8 years</p> <p>Under-11 (U11) Boys and Girls: Any athlete of 9, 10 years</p> <p>Under-14 (U14) Boys and Girls: Any athlete of 11, 12 or 13</p> <p>*Modified with reference from World Para Athletics.</p>		<p>II (Boys 2kg and Girls 2kg)</p>		<p>HI (Boys 2kg and Girls 2kg)</p>

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<p>Shot Put (Standing)</p> <p>Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 years old</p> <p>*Based on World Para Athletics.</p>	<p>F40, 41 (Boys 3kg and Girls 2kg)</p>	<p>F20 (Boys 5kg and Girls 3kg)</p>		<p>F D (Boys 5kg and Girls 3kg)</p>
<p>Shot Put Shot Put (Standing)</p> <p>Under-20 (U20) Men and Women: Any athlete of 17, 18 or 19 years old</p>	<p>F40, 41 (Boys 4kg and Girls 3kg)</p>	<p>F20 (Boys 6kg and Girls 4kg)</p>		<p>F D (Boys 6kg and Girls 4kg)</p>
<p>Club Throw</p> <p>Under-17 (U17) Boys and Girls: Any athlete of 14, 15 or 16 years old</p> <p>Under-20 (U20) Men and Women: Any athlete of 17, 18 or 19 years old</p>	<p>F 31, 32, 51</p>			

3.1 Event Order (TBC)

28 September 2018 (Friday)

8:30 am (Admission)

9:30 am (Event starts)

6:00 pm (Event concludes)

*subjected to changes. Detailed event schedule will be available after entry closes

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EVENT REGULATIONS

1. **Organiser**

SDSC, as the championship organiser, shall have jurisdiction over all matters.

2. **General Information**

- 2.1 Minimum age for all competitors is **7 years (born in the year of 2011)**.
- 2.2 The Championship shall be run under the latest IAAF RULES, except, where appropriate, international technical INAS, IWAS, CP-ISRA, IBSA, Deaflympics and IPC rules shall apply.
- 2.3 The Organiser reserves the right to combine events dependent on the number of entries.
- 2.4 Please refer to Events for the complete series of events offered.
- 2.5 The Schedule shall be prepared after the close of entries, based strictly on the number of events and competitors. It shall be available *3 days before the Championships and will be emailed to the appointed representative.
*Subject to changes

3. **Rules Governing Entries**

- 3.1 Only events stated in the official Event Information will be offered.
- 3.2 Each participant is allowed to participate in a maximum of **2 Individual events, 1 Relay and Finisher Event** and can represent one organisation only.
- 3.3 The closing date for all entries shall be on **30 August 2018**.
- 3.4 All entries must be submitted via the email address provided.
- 3.5 SDSC reserves the authority to combine classes depending on entries and/or cancel an event due to low entries.

4. **Procedure on Reporting to the Competitors' Stewards**

- 4.1 Appointed representatives are responsible for marshalling the competitors to the competitors' stewards / Call Area.
- 4.2 Competitors must report immediately to the competitors' steward or Call Area without delay once their events are due to be called.

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- 4.3 Competitors of each event will be called to report to Call Room before their scheduled event commence. All liaison officers and appointed representatives may refer to the event notice board for the event that is being called.
- 4.4 Competitors who do not report after **3** repeated calls for an event would be excluded from the event and shall be indicated as **DNS** (did not start). Competitors who report after the next event is called will not be allowed to compete unless they are involved in another event or in prize giving when the event is announced.
- 4.5 Appointed representatives must inform the competitor steward if their athletes are involved in another event or prize giving when their names are called.

5. The Start

- 5.1 No competitor shall report directly to the starter.
- 5.2 Footwear will be subjected to clearance before competition.

6. The False Start

- 6.1 See Annex, False Start.

7. Competition Arena

- 7.1 Only competitors who are scheduled for a particular event shall be allowed to enter the competition arena.
- 7.2 Only officials on duty shall be allowed to remain in the arena.

8. Results of the meet

- 8.1 The final competition results shall be time-based. Hence, there shall be no heats for all track events.
- 8.2 There shall be three throws/jumps for field events.

9. Prizes

- 9.1 Prizes will be awarded to the first three placings.
- 9.2 In the event of a tie for second placing, no prizes will be awarded for the third placing.

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- 9.3 In the event of a tie for the third placing, prizes will be awarded for all winners.
- 9.4 The Highest Participation Awards shall be awarded to the top three schools/ organisations / clubs with the most participants, regardless of type of events participated in.

The Organiser reserves the right to determine the winners for all awards

Award Quantum (provided in NTUC Vouchers) are as follows:

Highest Participation Awards (3 schools / organisations)
\$300

10. Protest

- 10.1 Any technical protest or objection by a competitor or team against the conduct, eligibility or placing of another competitor or team, shall be made to the SDSC within thirty [30] minutes following the conclusion of the respective event together with a deposit of **one hundred Singapore dollars [\$100.00]**. Only the appointed representative shall lodge the protest. A Jury Panel, Sport Technical Official of SDSC and Singapore Athletics (SA) Technical Adviser shall resolve such protests, and its decision shall be final.

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ANNEX

IAAF COMPETITION RULES 2018-2019 FALSE START

- Rule 162.7. An athlete, after assuming a full and final starting position, shall not commence his start until after receiving the report of the gun. If, in the judgement of the Starter (including under Rule 129.6), he does so any earlier, it shall be a false start. Note (i): Any motion by an athlete that does not include or result in the athlete's foot / feet losing contact with the foot plate(s) of the starting blocks, or the athlete's hand / hands losing contact with the ground, shall not be considered to be the commencement of his start. Such instances may, if applicable, be subject to a disciplinary warning or disqualification. However, if the Starter determines that prior to receiving the report of the gun an athlete initiated a movement that was not stopped and continued into the commencement of his start, it shall be a false start. Note (ii): As athletes starting races in a standing position are more prone to over-balance, if such a movement is considered to be accidental, the start should be regarded as "unsteady". If an athlete is pushed or jostled over the line before the start, he should not be penalised. Any athlete causing such interference may be subject to a disciplinary warning or disqualification.
- Rule 200.8(c) In the Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified.