

# SDSC Season 2023 Series 2 Lift Trial (Powerlifting) Date: 3 March 2023

### Results

| Name                             | Gender | Body Weight<br>/ Category     | 1 <sup>st</sup><br>Attempt | 2 <sup>nd</sup><br>Attempt | 3 <sup>rd</sup><br>Attempt | Best | WPPO<br>Coefficient<br>Formula<br>(pDOTS) |
|----------------------------------|--------|-------------------------------|----------------------------|----------------------------|----------------------------|------|---|
| Azhar<br>Samsuddin               | Male   | Up to 72kg<br>70.5kg          | 78<br>Good lift            | 83<br>Good lift            | 88<br>Good lift            | 88   | 61.420                                    |
| Nur 'Aini Binte<br>Mohd Yasli    | Female | Up to 50kg<br>49.5kg          | 76<br>Good lift            | 80<br>Good lift            | 83<br>No lift              | 80   | 74.419                                    |
| Mohamed<br>Syukur Bin<br>Mohamed | Male   | More than<br>120kg<br>125.4kg | 72<br>Good lift            | 77<br>Good lift            | 80<br>Good lift            | 80   | 44.699                                    |
| Tan Yi Xuan<br>Keith             | Male   | Up to 65kg<br>62.3kg          | 32<br>Good lift            | 36<br>Good lift            | 40<br>No lift              | 36   | 26.739                                    |

#### Officials

| Name                          | Role                 |
|-------------------------------|----------------------|
| Meganathan S/O Segar          | Side Referee         |
| Shazwan Rafsanjani Bin Ismail | Head Referee         |
| Kalai Vanen                   | Side Referee         |
| Lin Shuangchun                | Technical Controller |

#### SDSC Staff / Coach

| Name                    |  |
|-------------------------|--|
| Tan Jin Kai Ron (Staff) |  |
|                         |  |

## https://db.ipc-services.org/centre/tools/pdots

The coefficient formular (pDOTS) formula is applied when two or more weight categories are combined at the discretion of World Para Powerlifting (WPPO) to determine the final medal rankings. This little tool helps to calculate the pDOTS score based on the gender of the athlete, their body weight and best lift for both, individual and team events.