

**SELECTION POLICY**  
**Citi Para Swimming World Series Singapore 2023**  
**29 April – 1 May 2023**

**1. INTRODUCTION**

- 1.1. The Citi Para Swimming World Series Singapore 2023 will be held in Singapore from 29 April to 1 May 2023 at the OCBC Aquatics Centre.
- 1.2. The events offered can be found in Annex A. The nomination form can be found in Annex B.

**2. OBJECTIVE**

- 2.1. This policy details the criteria and process for the nomination and selection of athletes to represent Singapore at the Citi Para Swimming World Series Singapore 2023.
- 2.2. This policy is published and updated, if necessary, on SDSC's website ([www.sdsc.org.sg](http://www.sdsc.org.sg)). Athletes and coaches will be responsible for ensuring that they are fully aware and understand the policy and its content, as well as any changes made to the policy should it occur.

**3. ELIGIBILITY**

- 3.1. Athletes must meet the following requirements to be eligible for nomination:
  - Must be a Singapore citizen
  - Must be at least 13 years of age in 2023 (Calculation: 2023 minus year born)
  - Has a valid national classification
  - Must be in good standing with SDSC
  - Has a regular competitive training programme
- 3.2. Athletes may be granted an exemption of the last requirement only if there are extenuating circumstances. On request of SDSC, evidence shall be provided of the extenuating circumstances, prior to the exemption being considered.
  - Extenuating circumstances can include but is not limited to: Injury or Illness
  - Equipment Failure
  - Travel Delays
  - Bereavement,
  - Such other circumstances as the selectors may consider to be relevant.

#### 4. MINIMUM QUALIFICATION STANDARDS (MQS) AND ENTRIES

- 4.1. Athletes must achieve a minimum of **150 points** (according to the World Para Swimming (WPS) Points System - 2022) in any event during the qualifying meets (see section 5). To convert the swim time to points, please download and use the calculator [here](#).
- 4.2. Selected athletes must enter the events they qualified with. Other events can be added without needing to meet the event MQS.

#### 5. QUALIFYING MEETS

- 5.1. The qualifying window is from 1 March 2022 to 10 March 2023.
- 5.2. Athletes may use their results at any of the following meets during this qualifying window to qualify for this meet:
  - All time trials and championships organised by the SDSC
  - All meets sanctioned by WPS
  - ASEAN Para Games, Asian Para Games
  - All meets sanctioned by the Singapore Swimming Association (SSA)
- 5.3. Athletes who are overseas based and could not compete in any of the competitions listed above would need to send in the meet information that they competed in and the full competition result to Kang Tze Wei ( [tze.wei@sdsc.org.sg](mailto:tze.wei@sdsc.org.sg)) and Jessica Chua ( [Jessica.chua@sdsc.org.sg](mailto:Jessica.chua@sdsc.org.sg)) for consideration.

#### 6. NOMINATION AND SELECTION

- 6.1. Nominations must be submitted via email to the contact persons listed in this policy (see section 8) by 10 March 2023.
- 6.2. New swimmers are expected to prepare and have the necessary medical documents ready for their classification at WPS 2023.
- 6.3. SDSC has the sole and final discretion in the selection of athletes to represent Singapore at the Citi Para Swimming World Series Singapore 2023.

## 7. DE-SELECTION

6.1. An athlete selected for the Citi Para Swimming World Series Singapore 2023 may be de-selected from the team if he/she:

- becomes unable to perform to the required standard, due to illness, injury, lack of commitment to training requirements and/or meet preparations, or other reasons, in the opinion of SDSC, based on medical advice or inputs from the Para Swimming Performance Director and athlete's coach.
- breaches or fails to fulfill a requirement of the anti-doping policies of Anti-Doping Singapore or other approved agencies where applicable

## 8. CONTACT PERSON

Jessica Chua

Email: [Jessica.chua@sdsc.org.sg](mailto:Jessica.chua@sdsc.org.sg)

Kang Tze Wei

Email: [tze.wei@sdsc.org.sg](mailto:tze.wei@sdsc.org.sg)

**Annex A – Events Offered**

**Heats**

Warm up: 0700-0845  
Starts: 0900

**Finals**

Warm up: 1530-1715  
Starts: 1730

<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>
<b>Men &amp; Women</b>	<b>Men &amp; Women</b>	<b>Men &amp; Women</b>
100 Free M/F (S1-14) 150 IM M/F (SM1-4) 50 Butterfly M/F (S2-7) 200 Freestyle M/F (S1-5, S14) Mixed 4x100 Medley 49pt Relay Mixed 4x100 Medley 34pt Relay Mixed 4x100 Medley S14 Relay	400 Freestyle M/F (S6-S14) 50 Backstroke M/F (S1-5) 100 Breaststroke M/F (SB4-9, S11-14) 50 Breaststroke M/F (SB1-3) Mixed 4x100 Freestyle S14 Relay Men 4x100 Freestyle 34pt Relay Mixed 4X50 Freestyle 20pt Relay	100 Backstroke M/F (S1-2, S6-14) 50 Freestyle M/F (S1-13) 200 IM M/F (SM5-14) 100 Butterfly M/F (S8-14) Mixed 4X50 Medley 20pt Relay Mixed 4X100 Freestyle 49pt Relay

**ANNEX B - NOMINATION FORM**  
**Citi Para Swimming World Series Singapore 2023**  
**29 April – 1 May 2023**

**Instructions**

Please complete this form and submit to (insert email address) by **10 March 2023**.

<b>Full Name of Swimmer</b> (as per NRIC)	<b>Age</b> (as of 2023)	<b>Classification</b> (To list as S/SB/SM or NEW)	<b>Qualified Event/s</b>	<b>WPS Points</b>	<b>Qualifying Meet</b>	<b>Name of Coach</b>

Submitted by

\_\_\_\_\_  
(Coach/Teacher Name)