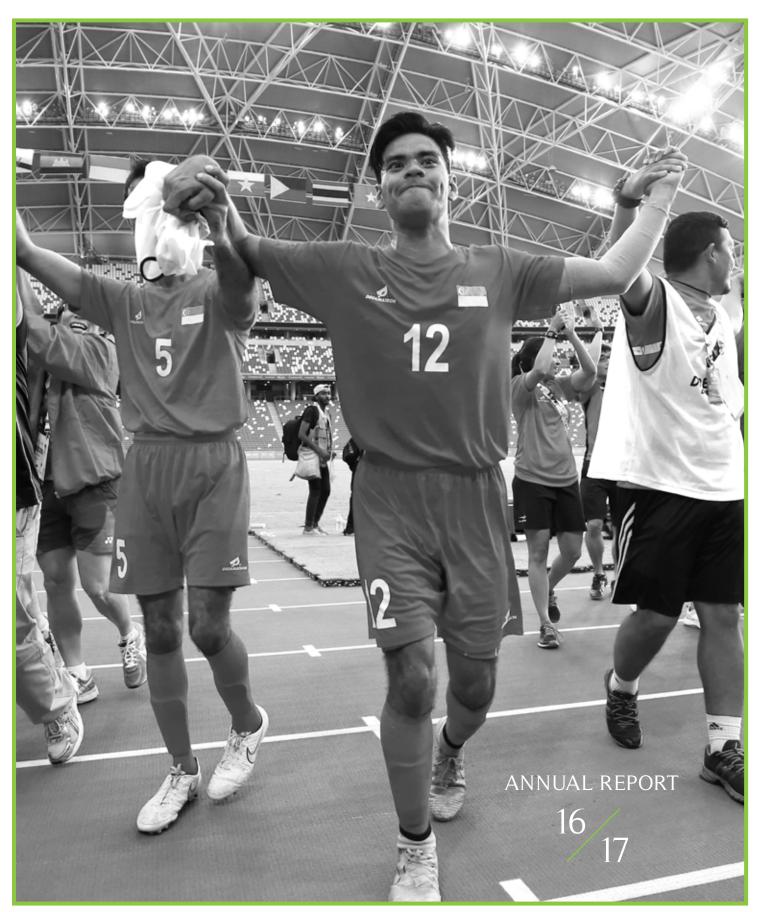
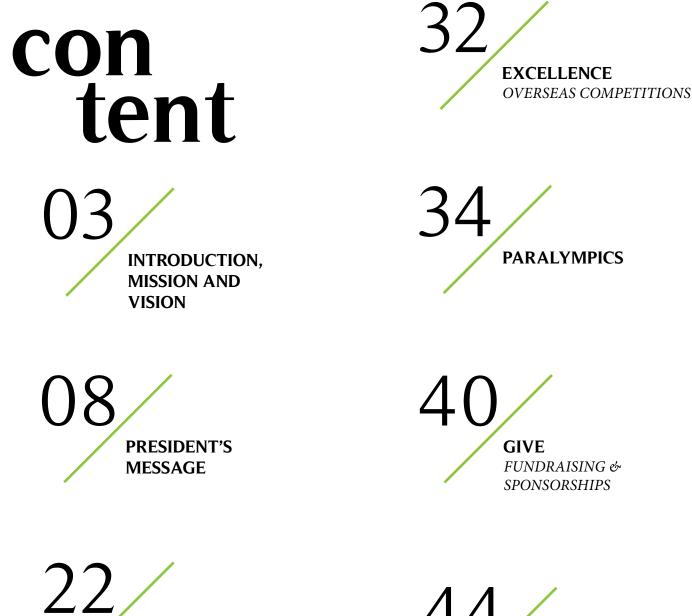


### **STRONGER AS ONE**







REACH AWARENESS & OUTREACH

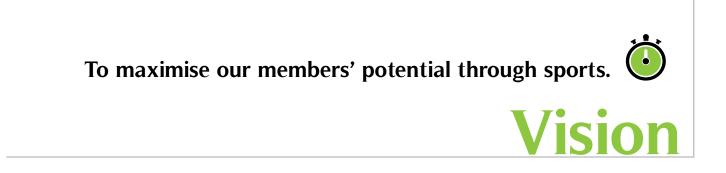


**FINANCIAL** REPORT



## Mission

Founded on the belief in the dignity, capability and value of persons with disabilities, our mission is to enable our sportspersons to realise their individual potential by providing them with the opportunity to participate and excel in sports both recreationally and competitively.



The Singapore Disability Sports Council (SDSC) Annual Report FY 16/17 documents the events organised for the year and celebrates the achievements of the athletes.

# Milestones

• Formally known as the Singapore Sports Council for the Handicapped, SDSC was founded on 26 February 1973 by the then Ministry of Social Affairs, Ministry of Education, Ministry of Health and eight organizations for the disabled community. It was later registered with the Commissioner of Charities on 24th May 1973.

• A year later, due to lack of funding, only Robert Tan and Frankie Thanapal Sinnah were selected to represent Singapore at the Commonwealth Paraplegic Games in Dunedin, New Zealand in 1974. Frankie returned with a bronze medal for swimming, while Robert was placed fourth for javelin and weightlifting, and fifth for archery.

• In 1975, the duo were again selected to represent Singapore in the first Far East and South Pacific (FESPIC) Games held in Japan. This time, Robert won a gold and a bronze medal, while Frankie won two gold medals and a bronze medal.



• In 1985, the Council was renamed the Singapore Sports Council for the Disabled (SSCD). Notwithstanding its role as the national agency for disability sports, SSCD had no assured funding. It did not even have a proper office to carry out its work.

• Singapore's first participation in the Paralympics Games was in Seoul, Korea in 1998. It was represented by 8 athletes from just two sports: Athletics and Swimming. The athletes were:

- o Athletics: William Ng, Grace Ong, Raja Singh, Derek Yzelmanl, Frankie Thanapal Sinnah, Freddy Tang and William Tan.
- o Swimming: Frankie Thanapal Sinnah and Thomas Yong.



• From 1973-1994, SSCD was staffed only by volunteers.

• Towards the end of 1994, the SSCD acquired its first office which was within the premises of the Handicap Welfare Association in Whampoa Drive.

• In 1995, SSCD moved into its new office at the National Stadium and employed two full-time staff. For the first time in 22 years, there was some semblance of a national sports body and a real sense of identity.

Milestones



• National Disability Games was introduced to provide people with disabilities with the opportunity to showcase their abilities in friendly competitions. 10 sports were featured at the Games, namely Archery, Boccia, Bowling, Cycling, Equestrian, Football, Sailing, Torball, Wheelchair Tennis and Wheelchair Basketball.

• SSCD officially changed its name to the Singapore Disability Sports Council (SDSC) in a ceremony held on 29 May 2003.



• The National Disability Games was revamped and renamed the 'National Disability League (NDL)'. It encompassed a series of competitions spread over two months and served as a platform to identify athletes with potential for development.

• Laurentia Tan Yen Yi won Singapore's first medal at the Beijing 2008 Paralympic Games and made history when she became the first Asian to win a Paralympic equestrian medal. The disability sporting landscape was further altered when Yip Pin Xiu subsequently won the nation's first Paralympic gold in her 50m Backstroke S3 event and clinched a silver medal in 50m Freestyle S3 event.



• Eight athletes represented Singapore in four sports - Boccia, Equestrian, Sailing and Swimming at the London 2012 Paralympic Games. Laurentia won a silver and a bronze medal in the Equestrian Dressage events.

• At the 2nd Asian Para Games 2014 in Incheon, South Korea, Jovin Tan and Yap Qian Yin placed Singapore on the sporting map by winning the country's first ever gold in Sailing. Other medalists included swimmer Theresa Goh who clinched a silver and two bronzes, and the doubles and trios bowling team which bagged a bronze each.

• A record contingent size of 13 athletes across 6 sports represented Singapore at the Rio 2016 Paralympic Games. Swimmer Yip Pin Xiu clinched Gold, twice, in the 50m and 100m backstroke S2 events, and witnessed Theresa Goh's emotional victory as she finally got her hands on that much-coveted bronze medal in the 100m breast-stroke SB4 – after four attempts at the Paralympic Games (16 years).









WHETHER IT IS TO REACH FOR THE STARS AND INSPIRE OTHERS OR PAVE THE WAY FOR OTHERS TO SUCCEED, NO DEED OR ROLE IS TOO TRIVIAL TO BE COUNTED. FROM CREATING THE ROADMAP FOR OUR BENEFICIARIES TO COMPETE IN AN INTERNATIONAL ARENA TO HELPING BEGINNERS TO TAKE THEIR FIRST STEPS TO LEARN ABOUT SPORTS, THE SUPPORT NETWORK THAT WE PROVIDE CHANGES THE LIVES OF OUR BENEFICIARIES. AND WE ARE NOT IN THIS ALONE. OUR PARTNERS, DONORS, SUPPORTERS AND EVERY ADVOCATE OF OUR CAUSE PLAYS A PART AND WE CELEBRATE THEM HERE.











Sports have changed my life entirely, from nothing to everything. It is now part of my identity, and it is my responsibility to do well for the country.

ISSAN NOORDIN

44

Muhd Diroy Noordin Javelin

# President's Message



overseas, and augmented our standing in the region by organizing CP Football and Goalball Invitationals which attracted teams from Asia and Australia.

Raising awareness for our cause was also a focus this year, which we achieved through outreach activities and fundraisers like the Reindeer Walk-a-Wheelathon which raised much needed funds for SDSC and, importantly, brought the entire community together around a common cause.

It is without a doubt that our beneficiaries and athletes are at the core of what we do. Every improvement and step they take towards their sporting goal gives us the impetus to give them the best support we can.

#### 2016: A year abundant with high-key achievements

I believe that everyone can agree that exceptional performances were achieved in sports excellence over the past year.

At the Rio 2016 Paralympics, our swimmers Yip Pin Xiu and Theresa Goh returned with a record medal haul of two golds and one bronze. Bowler Mohamed Ismail Bin Hussain claimed a bronze at the IBSA Tenpin Bowling Singles World Championships 2016 while shuttler Tay Wei Ming took home a Doubles silver and a Singles bronze at the Irish Para-Badminton International Tournament. Wei Ming also continued his winning streak a few months later when he collected a bronze at the 3rd Indonesia Para-Badminton International 2016.

The achievements of our athletes boost awareness for disability sports and their stories inspire so many others, not only in their community but also, the greater public. However, we must remember that these achievements do not come easy. You can get a glimpse into the lives of our elite athletes in this annual report in our snapshot of Theresa Goh's grueling schedule in her 'Road to Rio' diary.

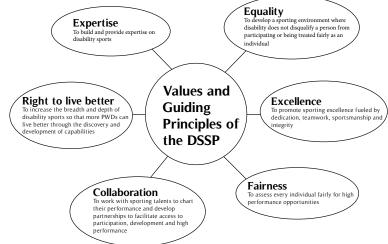
#### A blueprint for the future: Disability Sports Strategic Plan (DSSP)

Whilst we are proud of our medalists who have inspired a nation, SDSC's role is much more than supporting and developing high performance athletes. Our responsibilities also lie in drawing in all persons with disability and the community at large via sports programmes and outreach activities.

Underlying the success of our programmes is the support of an intricate network. From family to caregivers, coaches to sports associations and corporate partners, the value of this eco system of support cannot be underestimated.

It is this support structure that SDSC aims to fortify. That is why the first thing on our strategic agenda when we came into office was to lay down the Disability Sports Strategic Plan (DSSP) 2017-2020. The DSSP is a blueprint of our vision to champion sport accessibility for our beneficiaries to realize their potential.

#### President's Message (cont'd)



Six values guide the plan, with equal emphasis on sports excellence and growth of individuals engaged in physical activity.

We aim to get more people with disability to get active and use sports for rehabilitation so that they can reap the physical, mental and social benefits that we have witnessed in many athletes. Our Learn To Play and outreach activities have been key to increasing mass participation, and we will look at improving on quality by augmenting the technical expertise and resources that support our beginner and development programmes.

Increasing participation will play a part in fueling the development pipeline and grow the high performance talent base. To this end, we will put in a place a process to identify and nurture talent and develop coaches to prepare the next generation of elite athletes.

#### We are Stronger as One: a big 'thank you' to our supporters

Whilst we grow our base of participants, experts and athletes; we need to expand our base of partners and sponsors too. Our sponsors and donors are key components of the support network, contributing to the development of sports and creating opportunities for athletes to compete and be recognized through sport via competition and event sponsorship. We thank all of our sponsors, individual donors and corporate partners for their support, including Woh Hup Pte Ltd, Haw Par Corporation Limited, SPH Foundation Ltd and JCCI Singapore Foundation. Micron Technology Inc too has been a key partner of SDSC, supporting the development of 6 sports and making the first CP Football Invitational possible in 2016.

A collaborative mindset will be critical in bringing all parts of the support structure together, and there is much work to be done; but we are on the right track, moving forwards with a singular strategic direction. Ultimately, we aim to inspire the country to be active and enable every individual, regardless of ability, to lead healthy and fulfilling lives through sport. The personal journey that every individual who joins the sporting fraternity goes through to reach their potential cannot be understated; and a solid support structure will enable them to better their personal bests and reach their full potential.

On behalf of the SDSC team and Executive Committee, our thanks to all who have supported our athletes and our cause in one way or another.

Kevin Wong President Singapore Disability Sports Council

## Organisation Summary Background

The Singapore Disability Sports Council (SDSC) is the only sports organisation in Singapore that reaches across all disability groups offering sports at both elite and non-elite levels.

SDSC is a registered charity and also the national sports body for persons with disabilities in Singapore. With a membership of 20 voluntary welfare organisations, National Disability Sports Associations and individual members, SDSC has effectively managed to reach out to over 15,000 individuals with disabilities over the years.

#### **SDSC Primary Goals**

#### Fostering through sports:

- physical and mental well-being of persons with disabilities,
- build confidence and self-esteem and
- promote team spirit and a sense of achievement.

With the fulfilment of these aims, SDSC hopes to encourage persons with disabilities in Singapore to live full independent lives and to realise their individual potential.

#### **Our Programmes and Activities**

- Provide persons with disabilities with opportunities to participate, train and excel in sports
- Enhance the lifestyles of persons with disabilities and integrate them into the community through recreational sports and activities
- Increase public awareness of and promote support for the sporting and recreational needs of the disabled community

SDSC firmly believes in the value and benefits of sports and in the lives of persons with disabilities. Programmes and activities underscore its mission to enhance the potential of persons with disabilities through sports.

SDSC depends on the kind and generous contributions of corporate sponsors and members of the public to advance its cause.

## Members

Association for Persons with Special Needs AW WA Cerebral Palsy Alliance Singapore Down Syndrome Association (Singapore) Handicaps Welfare Association Metta Welfare Association Movement for the Intellectually Disabled of Singapore Muscular Dystrophy Association (Singapore) Singapore Association of the Visually Handicapped Singapore Leprosy Relief Association SPD TOUCH Community Services

Associate Members Bowling Association for the Disabled (Singapore) Lawn Bowls Association for the Disabled (Singapore) Para Cycling Federation of Singapore Riding for the Disabled Association of Singapore Table Tennis Association for the Disabled (Singapore) Wheelchair Basketball Association (Singapore) Wheelchair Racing Association (Singapore) Wheelchair Tennis Association (Singapore)

Alukkathara Purushothaman Angie Ong Ho Cheng Kwee Kevin Gerard Wong Lim Tze Beng Mahadevan Lukshumayeh Dr. Mark Hon Dr. Teo-Koh Sock Miang Mumtaz Begum Binte Abdul Karim Raja Singh Subir Singh Yeo Kian Wee, Andy

### **Individual** Members









#### ASSOCIATION FOR PERSONS WITH SPECIAL NEEDS

The Association for Persons with Special Needs (APSN) is a voluntary welfare organisation catering to the needs of children and adults with mild intellectual disability. It runs four schools and a training centre. As a founding member of Singapore Disability Sports Council (SDSC), APSN recognises the importance of sports in their members' growth and development. Their members have represented Singapore in a number of major overseas meets.

#### **CEREBRAL PALSY ALLIANCE SINGAPORE**

Cerebral Palsy Alliance Singapore, formerly known as the Spastic Children's Association of Singapore, was established in 1957 to provide special education, rehabilitation services, vocational training and gainful employment for children and adults with cerebral palsy in Singapore. Special education was introduced with the setting up of a school in 1966. In 1984, a workshop was added to provide sheltered employment for adults with cerebral palsy. The CPAS has been involved in SDSC's sports programmes on countless occasions and has always been the organisation to look out for during sports related events and activities. It is also the centre for excellence for Boccia.

#### HANDICAPS WELFARE ASSOCIATION

The Handicaps Welfare Association (HWA) has always been a strong advocate of sports. A founding member of the SDSC, HWA has been promoting sports and helping to nurture many outstanding sportsmen and sportswomen who have participated in local, regional and international sporting events.

#### MOVEMENT FOR THE INTELLECTUALLY DISABLED OF SINGAPORE

Movement for the Intellectually Disabled of Singapore (MINDS) is one of the oldest and largest non-governmental organisations catering to the educational, vocational, social and welfare needs of the Intellectually Disabled in Singapore. MINDS is actively involved in sports and physical activities organised by SDSC and their special schools have been participating regularly in SDSC's annual multisports events, namely the Singapore National Para Games.

**Ordinary Members** 





#### SINGAPORE ASSOCIATION OF THE VISUALLY HANDICAPPED

The Singapore Association of the Visually Handicapped (SAVH), formerly known as the Singapore Association for the Blind (SAB), is a voluntary welfare organisation founded in 1951. The association is affiliated to the National Council of Social Service (NCSS) and is an approved Institution of a Public Character (IPC). Throughout the years, SAVH has strongly encouraged its members to participate in SDSC's events and sporting programmes.

#### SINGAPORE LEPROSY RELIEF ASSOCIATION

The SILRA Home was built through public donations and officially opened on 4th September 1971 by the Late President of Singapore Dr. B. H. Sheares. The Home provides food, lodging, recreation and healthcare services for ex-leprosy patients. It also teaches patients some handicraft skills and rehabilitative work. Its residents want to be treated as equals with the wider community.

#### SPD

SPD, formerly the Society for the Physically Disabled, is a voluntary welfare organisation that focuses on helping people with disabilities maximise their potential and integrating them into mainstream society. Through programmes and services that encompass therapy, vocational skills training, employment support, assistive technology, early intervention, day care, educational and social support, SPD seeks to enable people with disabilities to be self-reliant and independent. As one of the founding members of SDSC, SPD is also one of the pioneers of sports excellence and participation for persons with disabilities.

#### TOUCH COMMUNITY SERVICES



TOUCH Community Services is a not-for-profit charitable organisation officially registered in 1992 and has been a member of the National Council of Social Services since 1994. TOUCH is committed to the well-being of all people, reaching out to various levels of needs in the community. Believing that every individual is unique and capable of reaching his or her highest potential, its mission is to establish and provide, for the needy and disadvantaged in our society, an integrated network of community-based services that strengthens the family.







#### AWWA

Catering to the educational, rehabilitative and social needs of children with physical disabilities in mainstream schools and institutions of higher learning, AWWA Community Integration Service (formerly known as TEACHME) joined SDSC in 1998 to jump start sports and physical activities for its clients. Since 1998, it has organised several sports clinics with SDSC's assistance, enabling their children to participate in sports in their respective mainstream schools.

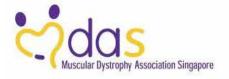
#### DOWN SYNDROME ASSOCIATION (SINGAPORE)

The Down Syndrome Association (Singapore), joined Singapore SDSC in 2000. The variety of programmes available provides DSA(S) members the opportunities to explore their passion, interests, to discover and culminate talents. It also offers many opportunities to showcase their acquired skills, talent and growth through various performances, competitions and awards. Through the Enrichment Programmes, DSA(S) members are offered sports such as Aikido, Bowling, Boxercise and Swimming, as well as other classes such as creative and fusion dance and Zumba.

#### METTA WELFARE ASSOCIATION

Metta Welfare Association (Metta) was founded in 1992 by Venerable Shi Fa Zhao, Abbot of the Golden Pagoda Buddhist Temple. He is also the President and Abbot of the Buddha Tooth Relic Temple and Museum. Metta is a keen supporter of the promotion of sports for persons with disability and does this through its service centres. The Metta School has been participating in SDSC's sports events such as the National Para Athletics and Swimming Championships.

#### MUSCULAR DYSTROPHY ASSOCIATION (SINGAPORE)



The Muscular Dystrophy Association (Singapore), MDAS, is a self-help organisation formed in March 2000. It is committed to uplift the lives of people with Muscular Dystrophy. MDAS strives to promote a healthy lifestyle and improve the overall well-being of its members by encouraging their participation in sports activities promoted by SDSC. Today, MDAS has successfully assembled a group of sports enthusiasts who regularly play Boccia and Powerchair Football.



#### BOWLING ASSOCIATION FOR THE DISABLED (SINGAPORE)

The Bowling Association for the Disabled (Singapore) (BADS) has been registered with the Registry of Societies since April 2010. BADS's main objective is to make bowling accessible to all persons with disabilities in Singapore. It organises and coordinates all bowling activities for the disabled community culminating in the selection of elite teams to represent Singapore in international competitions.



Lawn Bowls Association for the Disabled (Singapore)

#### LAWN BOWLS ASSOCIATION FOR THE DISABLED (SINGAPORE)

The Lawn Bowls Association for the Disabled (Singapore) was formed in 2005 to cater to those who wish to take up lawn bowls. As the sports association functions independently from Singapore Disability Sports Council (SDSC), it has greater freedom on the management and promotion of their sport.





#### PARA CYCLING FEDERATION OF SINGAPORE

Para Cycling Federation Singapore (PCFS), formerly known Handcycling Association of Singapore, is a non-profit dedicated to the development of athletes with disabilities to take up cycling as a form of rehabilitation and leisure. PCFS has taken up an active leadership role, fostering and preparing teams to participate in local and international competitions.

#### **RIDING FOR THE DISABLED ASSOCIATION OF SINGAPORE**

Riding for the Disabled Association of Singapore (RDA) was founded in 1982 and registered as a charity in 1987. Since then, more than a thousand children and adults with disabilities have been given the opportunity to ride. RDA provides free, therapeutic horse riding lessons to children and adults with physical and intellectual disabilities. It aims to teach persons with disabilities to ride to the best of their abilities. It has been actively supporting SDSC in sports events organised for the disabled community in Singapore.

## TTADS







#### TABLE TENNIS ASSOCIATION FOR THE DISABLED (SINGAPORE)

Table Tennis Association for the Disabled (Singapore) was registered in 2011. It was set up to promote table tennis among special school students, the elderly on wheelchairs, the disabled and those who have lost their mobility; adding value to their lives. With a wide base, selected members are invited to join the developmental squad in weekly training sessions and to eventually represent Singapore in overseas competitions. It also works closely with SDSC to raise the awareness of disability sports and inculcate sports as a lifestyle pursuit for persons with disabilities through their regular table tennis demonstrations and public appearances.

#### WHEELCHAIR BASKETBALL ASSOCIATION (SINGAPORE)

The Wheelchair Basketball Association (Singapore) (WBA) was established on 7 July 2007 to promote wheelchair basketball for able and disabled Singaporeans of all ages. Its broad objective is to provide support and guidance to people with or without disabilities who participate in the sport. It also holds, coordinates and organises competitions and other events in wheelchair basketball to further interest in the sport. To meet its objectives, WBA actively conducts public awareness events or collaborates with other organisations to stage wheelchair basketball competitions and demonstrations.

#### WHEELCHAIR RACING ASSOCIATION (SINGAPORE)

The Wheelchair Racing Association (Singapore) (WRAS) was formed in 2008 to promote wheelchair racing in Athletics. WRAS aims to inculcate values of sports to individuals with disabilities. Over the years, wheelchair racing athletes have participated in local championships and donned national colours in regional and international competitions. Such competitions challenge the disabled to realise their fullest potential.

#### WHEELCHAIR TENNIS ASSOCIATION (SINGAPORE)

The Wheelchair Tennis Association (Singapore) (WTAS) was registered with the Registry of Societies on 12 June 2016. With the help of SDSC, it was able to secure courts for training members within a year of its registration. WTAS looks to the coaching and training needs of its members and aims to inspire more athletes to take up wheelchair tennis.

The more you think about the result, the more pressure you will feel. As long as you follow the process, the result will take care of itself.

> Norsilawati Binte Sa'at Wheelchair Racing

## Governance

Singapore Disability Sports Council (SDSC) is governed by an Executive Committee that oversees the good management and compliance of the Council's practices in achieving its objectives.

The committee is made up of elected representatives from member organisations and individual members.

SDSC's constitution stipulates that an election is to be held every two years to elect the President and members of the Executive Committee. Once elected, the Executive Committee members decide the composition of the office bearers as well as Chairman of the various sub-committees.

#### **CONFLICT OF INTEREST POLICY**

All Executive Committee members, Chairpersons of Sub-committees and senior staff members of Singapore Disability Sports Council (SDSC) are required to read and understand the conflict of interest policy in place and make full disclosure of interests, relationships and holdings that could potentially result in a conflict of interest. When a conflict of interest situation arises, the member/staff shall abstain from participating in the discussion, decision making and voting on the matter.

#### **REMUNERATION OF THE EXECUTIVE COMMITTEE**

No member of the Executive Committee receives any form of remuneration for his service rendered as an Executive Committee member.

#### **RESERVES POLICY**

The maximum operating reserves shall be five years of annual operating expenditure. The annual operating expenditure is defined as the highest annual expenditure over the last three years. Operating reserves exclude all building/project funds, endowment and sinking funds.

### **Executive Committee (FY 16/17)**

#### PRESIDENT

Dr Teo-Koh Sock Miang (till 28 Sept 2016) Individual Member

Mr Kevin Gerard Wong (wef 28 Sept 2016) Individual Member

#### VICE PRESIDENT

**Mr Raja Singh (wef 23 Jul 2014)** Individual Member (ExCo Member since 2010)

#### HONORARY SECRETARY

Mr Christian Stauffer (wef 28 Sept 2016) Individual Member

#### HONORARY TREASURER

Mr Eugene Yong Kon Yoon (till 28 Sept 2016) Riding for the Disabled Association of Singapore

Mr Ho Cheng Kwee (wef 28 Sept 2016) Individual Member (Honorary Assistant Treasurer from 2014 - 28 Sept 2016)

#### HONORARY ASSISTANT TREASURER

#### Mdm Mumtaz Begum Binte Abdul Karim (wef 28 Sept 2016)

Singapore Leprosy Relief Association (ExCo Member since 1993)

#### MEMBER

Mrs Koh-Lim Ai Lay (wef 12 Jan 2016) Cerebral Palsy Alliance Singapore

**Mr Hui Beng Hong (wef 17 Sept 2013)** Handicaps Welfare Association

**Mrs Mimi Tan (wef 1 Dec 2011)** Movement for the Intellectually Disabled of Singapore

Mr Joice Raveendran (wef 12 May 2015) AWWA

**Mr Ee Tiang Hwee (wef 20 Jan 2015)** Metta Welfare Association

Dr. Victor Tay (wef 28 Sept 2016) Association for Persons with Special Needs

Mr Lim Puay Tiak (till 28 Sept 2016) Wheelchair Basketball Association Singapore)

Mrs Angie Ong (wef 28 Sept 2016) Individual Member

#### Dr. Mark Hon (wef Jun 2009)

Individual Member (Honorary Secretary from Jun 2012 - 28 Sept 2016)

#### Dr. Ong Joo Haw (till 28 Sept 2016)

Individual Member

Name of SDSC Executive Committee	Board Attendance*		
Dr Teo-Koh Sock Miang (till 28 Sept 2016)	3/3		
Mr Kevin Gerard Wong (wef 28 Sept 2016)	5/5		
Mr Raja Singh	5/8		
Mr Christian Stauffer (wef 28 Sept 2016)	5/5		
Mr Eugene Yong Kon Yoon (till 28 Sept 2016)	2/3		
Mr Ho Cheng Kwee (wef 28 Sept 2016)	7/8		
Mdm Mumtaz Begum Binte Abdul Karim (wef 28 Sept 2016)	8/8		
Mrs Koh-Lim Ai Lay	6/8		
Mr Hui Beng Hong	6/8		
Mrs Mimi Tan	7/8		
Mr Joice Raveendran	6/8		
Mr Ee Tiang Hwee	6/8		
Dr. Victor Tay (wef 28 Sept 2016)	1/5		
Mr Lim Puay Tiak (till 28 Sept 2016)	2/3		
Mrs Angie Ong (wef 28 Sept 2016)	5/5		
Dr. Mark Hon	6/8		
Dr. Ong Joo Haw (till 28 Sept 2016)	1/3		

\*attendance against total available meetings





**REACH AND ENGAGE** 

THE MOMENT YOU GET YOUR HEART RATE UP AND FORCE YOURSELF OUT OF YOUR COMFORT ZONE, YOU STEP INTO A COMMUNITY OF LIKE-MINDED PEOPLE LIVING AN ACTIVE LIFESTYLE. WHETHER YOUR ARENA IS A 3 METER TRACK AT HOME OR A STADIUM WITH HUNDREDS CHEERING, SPORTS BENEFITS YOU IN A MYRIAD OF WAYS. HERE'S A ROUND-UP OF THE OUTREACH ACTIVITIES THAT SDSC HAS BEEN INVOLVED IN OVER THE YEAR, HELPING MANY EXPERIENCE GETTING ACTIVE AND MAKING NEW FRIENDS.

### REACH Awareness and Outreach

Singapore Disability Sports Council raises awareness of disability sports and promotes healthy living to persons with disability through programmes that are organised by SDSC or in partnership with external parties. These outreach activities not only allow SDSC to engage with persons with disability on multiple platforms but also promote the message of inclusivity to the community at large.

#### NURTURING AND DEVELOPMENT (LEARN TO PLAY) PROGRAMME

Our Nurturing and Development Programme, also known as the Learn To Play (LTP) programme, is designed to encourage persons with disabilities to enjoy sports as part of a healthy and active lifestyle. All LTP programmes provide basic lessons to help beginners build competency in the sport of their choice, which is an important motivational factor for long-term participation. The programme also doubles as a platform to encourage the disabled community to eventually participate in competitions like Singapore National Para Games (SNPG).

In 2016, the programme reached out to participants across all ages and disabilities in a total of four sports including Badminton, Football, Shooting and Tenpin Bowling.

#### MOTIVATIONAL TALKS BY PARA-ATHLETES APRIL 2016 – MARCH 2017

Athletes from SDSC were invited to give talks and share their inspiring stories at several organisations (Goldman Sachs, People's Association (Mesra Youth Seminar) and schools (Anderson Junior College, Coral Secondary School, Kranji Secondary School, Lian Hua Primary School and Yew Tee Primary School).

#### SCHOOL ACTIVITIES APRIL 2016 – MARCH 2017

SDSC organized adapted sports activities and sports carnival games for students at the sports leader's camps for Bedok Green Secondary School, Catholic High School, Greendale Secondary school, Hong Kah Secondary School, ITE College Central, Jurongville Secondary School, Northvista Secondary School and Sengkang Secondary School. The activities SDSC led gave students a chance to experience disability sports and try out new sports like Sitting Volleyball and Goalball.

### Citi - Global Community Day and Family Day 28 MAY 2016

As part of the awareness campaign for the 2016 Rio Paralympics, SDSC conducted Boccia, Sitting Volleyball, Table Tennis and Wheelchair Basketball demonstrations and try-outs at the Citi-Global Community Day and Family Day held at the Singapore Expo. This provided an opportunity to the employees of Citibank Singapore to try out disability sports and interact with athletes.

#### PURPLE PARADE 5 NOVEMBER 2016

The Purple Parade is Singapore's largest movement supporting inclusion. A groundup initiative started by passionate Special Needs organisations and supported by Central Singapore CDC, corporate and community partners, the movement celebrates the abilities of the special needs community in Singapore. This year, Team Singapore athletes were invited to be part of the marching contingentat Suntec City. The carnival was a rousing success, attracting more than 10,000 people.



Team Singapore poses for a photo before kicking off the marching parade

#### SILRA HOME SPORTS DAY 8 MARCH 2017

As an advocate of the rehabilitative and therapeutic value of sports, SDSC conducts activities to educate persons with disabilities on the benefits of exercise and sports. In March 2017, SDSC organised a Sports Day for clients at the Singapore Leprosy Relief Association (SILRA) home, conducting modified sports games such as Boccia, Shooting and Bowling that were designed to suit their functional and motor abilities.



Resident of SILRA Home trying out Boccia at SILRA Home Sports Day





GROWTH

COMPETITIONS ARE STEPPING STONES TO BIGGER THINGS. WHETHER IT IS TO BENCHMARK AGAINST PEERS OR THE EXHILARATION OF THE CHASE, THE OPPORTUNITY TO COMPETE IS ESSENTIAL TO THE DEVELOPMENT OF SPORTING TALENT. TO THIS END, SDSC ORGANISES SEVERAL ANNUAL EVENTS TO PROVIDE OPPORTUNITIES FOR DEBUTANTS AND MATURE ATHLETES ALIKE TO GAIN COMPETITION EXPERIENCE, MAKE NEW FRIENDS AND SHINE.



### Growth Local Competitions & Invitationals

Our events are made possible with the support of sponsors like Haw Par Corporation Limited, Micron Technology Inc. and SPH Foundation Ltd, and our many volunteers including our event crew and photographers.



Eyes set on winning possession of a loose ball during the SIN-THA match

#### CEREBRAL PALSY FOOTBALL INVITATIONAL 21 – 24 JULY 2016

SDSC hosted a CP football invitational that saw the participation of neighbouring countries Indonesia and Thailand. Together with host team Singapore, the three nations came together to train and compete in a one-round league. The highlight of the event was the 7-a-side Micron Unified Match in which 11 Micron staff joined players from Thailand and Singapore in friendly competition. The event came to a close with a dinner reception graced by Guest of Honour Mr Baey Yam Keng, Parliamentary Secretary, Ministry of Culture, Community and Youth, sponsors, supporting partners, team athletes and officials who all played a part in making the event possible.



A visually impaired participant (right) competes in the track event with the help of a sighted guide

#### 44TH NATIONAL PARA ATHLETICS CHAMPIONSHIPS 20 AUGUST 2016

Annual events like the National Para Athletics Championships are crucial in helping SDSC build a pool of competent and ready athletes across all functionalities. The Championship is a platform for local athletes to compete in a competitive environment, which in turn allows them to gain greater physical and mental confidence in their abilities. This year's Guest of Honour was Mrs Koh-Lim Ai Lay, Principal of Cerebral Palsy Alliance Singapore and SDSC Board member, who graced the championship held at Hougang Stadium. This 44th edition of the championship saw over 180 individuals participating.

#### **Local Competitions & Invitationals**



Participants at the SPH Foundation National Para Swimming Championships effortlessly startoff the Backstroke event

#### SPH FOUNDATION NATIONAL PARA SWIMMING CHAMPIONSHIPS 27 AUGUST 2016

Into its 35th year running, the Championships is one of the highlights in SDSC's annual sporting calendar. The event, proudly sponsored by Singapore Press Holdings Foundation for the sixth year, was held at the Toa Payoh Swimming Complex and graced by Guest of Honour, Mr Lim Puay Tiak, Executive Committee Member of the SDSC. Swimmers were classified into different categories based on functionality, with a total of 100 swimmers vying for honours.

#### SINGAPORE NATIONAL PARA GAMES 6 AUGUST - 1 OCTOBER 2016

The Singapore National Para Games (SNPG), formerly known as the National Disability League (NDL), is a multi-sports league that promotes sports as a healthy lifestyle to persons with disabilities. The title of the event was changed after the 8th ASEAN Para Games which Singapore hosted with great success in 2015. The 2015 Games had a positive impact on the public at large, creating national brand recognition for the "para" movement and helping the public recognise and associate the word "para" with disability sports.



Minister Grace Fu (second from the right) offically opening the newly named Singapore National Para Games

Spearheaded by the Singapore Disability Sports Council (SDSC), the SNPG is held annually from mid-July to mid-September. It is a key event for SDSC and serves to champion access to sports for PWDs, provide opportunities for them to discover their talents, experience community-level competition and integrate into mainstream society. The event also aims to help PWDs make new friends and build camaraderie. Aspiring athletes can also take the opportunity to hone their skills and be talent-spotted for national training and to represent Singapore at regional and international competitions.

Generously sponsored by Haw Par Corporation Limited for the second year and organised in partnership with the Singapore Sports School, 19 sport competitions were organised over the 2 month period of the SNPG; with the 6 August 2016 opening ceremony graced by Grace Fu, Minister for Culture, Community and Youth.

#### Local Competitions & Invitationals



Competitiors and officials from the Goalball Invitationals

#### GOALBALL INVITATIONAL 2016 10 - 13 NOVEMBER 2016

Building on the momentum of the 8th ASEAN Para Games, SDSC created this event as a platform to develop Goalball - a sport catering to the visually impaired. The event was held over three days, during which a competitive match was played amongst the Women's teams from Australia, Malaysia, and Singapore and a friendly match played between the Men's team from Malaysia and Singapore.



Thumbs up for Team Singapore as they hosted and competed at the inaugural National Para Cycling Road Championship and International Invitational

#### NATIONAL PARA CYCLING ROAD CHAMPIONSHIP AND INTERNATIONAL INVITATIONAL 24 – 26 MARCH 2017

The inaugural National Para Cycling Road Championship and International Invitational (co-organised by the Para Cycling Federation of Singapore) took place within the URA Car Free Sunday Criterium. Supported by the Singapore Disability Sports Council and Singapore Cycling Federation, a total of 26 athletes, including 14 athletes from Malaysia, participated in 3 categories – Handbike, Tandem, Cycling.



Supporters cheering on the participants at the Haw Par National Youth Para Athletics Championships

#### HAW PAR NATIONAL YOUTH PARA ATHLETICS CHAMPIONSHIPS 31 MARCH 2017

In alignment with the Disability Sports Master Plan, SDSC renamed the 'National Special Schools Track and Field Championships' to 'National Youth Para Athletics Championships'. With the help of the Ministry of Education, SDSC was able to reach out to mainstream schools, and managed to get 19 mainstream school students with disability to participate. This marked the first time that mainstream

school students with disabilities were able to compete in the Championship. The 2017 event, for which Haw Par Ltd was the title sponsor, was held at Hougang Stadium on 31 March 2017, with Guest Of Honour, Associate Professor Muhammad Faishal Ibrahim, Parliamentary Secretary, Ministry of Education. This year's Championship saw a total of 185 participants.



Our young medallists together with (left to right) Mr Henry Tan, Executive Director of SDSC, Guest of Honour Associate Professor Muhammad Faishal Ibrahim, Parliamentary Secretary, Ministry of Education, Mr Kevin Wong, President of SDSC, Mr Tarn Sien Haw, Group General Manager of Haw Par Corporation Limited and Mr Christian Stauffer, Honorary Secretary of SDSC.

# TEAM SINGAPORE



# RIO 2016 PARALYMPICS



EXCELLENCE

THE SUCCESS OF OUR ATHLETES IN 2016 INSPIRED A NATION AND CHANGED THE IMAGE OF PARA SPORTS. GLASS CEILINGS WERE SMASHED, GIVING IMPETUS TO OUR ATHLETES TO STRIVE ON WITH THE KNOWLEDGE THAT, WITH SHEER DETERMINATION AND HARD WORK, ANYONE CAN BECOME A SPORTING INSPIRATION. WE CELEBRATE THEIR SUCCESSES AND HONOUR ALL THOSE WHO GAVE SUPPORT IN ONE WAY OR ANOTHER. Rio2016



13

2016 Rio Paralympic Games

Athletes Sports

6

2

Gold

Swimming

Bronze

Swimming

IPC Athletics Grand Prix Italian Open Championship 4 to 11 April 2016   Grosseto, Italy	s 1 Gold		
Russian Para Swimming Championships	4	1	1
4 to 12 April 2016   Moscow, Russia	Gold	Silver	Bronze
CPEDI3* Deauville		2	1
7 to 10 April 2016   Deauville, France		Silver	Bronze
4th China Open Athletics Championships 2016 18 to 25 April   Beijing, China	1 Gold		
CPEDI3* Waregem	1	2	
21 to 24 April 2016   Waregem, Belgium	Gold	Silver	
IPC Swimming European Championship 2016	3		1
26 April to 8 May 2016   Funchal, Portugal	Gold		Bronze
CPEDI3* Roosendaal 19 to 22 May 2016   Roosendaal, Netherlands		1 Silver	

**Overseas Competitions** 

IDM Berlin 2016			1
6 to 13 June 2016   Berlin, Germany			Bronze
Irish Para-Badminton International Tournament 2016	Ď	1	1
22 to 26 June   Antrim, UK		Silver	Bronze
CPEDI3* Überherrn		2	2
7 to 10 July 2016   Überherrn, Germany		Silver	Bronze
Berlin Open - 2016 IPC Athletics Grand Prix		1	
12 to 19 July 2016   Berlin, Germany		Silver	
3rd Indonesia Para-Badminton International 2016	1		
2 to 7 August 2016   Solo, Indonesia	Gold		
IBSA Tenpin Bowling Singles World Championships			1
20 to 28 August 2016   Warsaw, Poland			Bronze
ITTF PTT Thailand International Table Tennis Open			1
8 to 13 October 2016   Pattaya, Thailand			Bronze
9th Fazza International IPC Athletics Grand Prix	1		
17 to 24 March 2017   UAE	Gold		

#### **Other Competitions**

International Competitions	Date	Country	
Czech Target 2016 - Para Archery Tournament	11 to 20 Jun 2016	Nove Mesto nad Metuji, Czech Republic	
BISFed 2016 World Open, Povoa de Varzim	13 to 19 Jun 2016	Povoa de Varzim, Portugal	
ITTF PTT Indonesia Para Table Tennis Open 2016	19 to 24 Jul 2016	Karanganya, Indonesia	
TAFISA Wheelchair Rugby Cup	6 to 10 Oct 2016	Jakarta, Indonesia	
Hong Kong Tenpin Bowling Championships for the Disabled 2016	7 to 12 Dec 2016	Hong Kong	

# 2016 Rio Paralympics

The 15th edition of the Paralympics was held in Rio de Janeiro, Brazil, from 7th to 18th September 2016. Team Singapore was represented by 13 athletes, including 6 debutants, competing in 6 out of the 22 sports available. A total of 38 support staff accompanied Team Singapore which was led by our Chef de Mission, Mr. Ho Cheng Kwee. Flag bearer Yip Pin Xiu led Team Singapore's largest ever Paralympic contingent at the opening ceremony on the 7th of September 2016.

#### Summary of individual sports and athletes

Despite having only 13 competitors, Team Singapore managed to put on their best showing at the Paralympics with 2 golds and 1 bronze, ranking 46th overall. The 2 Golds were won by Yip Pin Xiu in the Women's 100 metre backstroke S2 and Women's 50m backstroke S2. Theresa Goh won a Bronze in the Women's 100m Breaststroke SB4.

There was also another milestone accomplished at Rio as Nur Syahidah Binte Alim became the first Singaporean to qualify in Archery at the Paralympics.

Archery	
Nur Syahidah Binte Alim	Woman's Individual Compound Open
<u>Athletics</u>	
Norsilawati Sa'at	Women's 100m and 400m T52
Suhairi Suhani	Men's long jump T20
Muhammad Diroy Bin Nordin	Men's javelin throw F41
, i i i i i i i i i i i i i i i i i i i	Men's Shot put F40
Boccia	
Nurulasyiqah Taha and Toh Sze Ning	Mixed Pairs BC3
<u>Equestrian</u>	
Gemma Foo	Team 1a
Laurentia Tan	Team 1a
Maximillian Tan	Team 1b
Sailing	
Jovin Tan and Yap Qian Yin	2-person keelboat (SKUD18)
	2-person keelboat (SKOD18)
Swimming	
Yip Pin Xiu	Woman's 50m &100m Backstroke (S2)
Theresa Goh	Woman's 50m,100m & 200m Freestyle (S5)
	Woman's 100m Breaststroke (SB4)

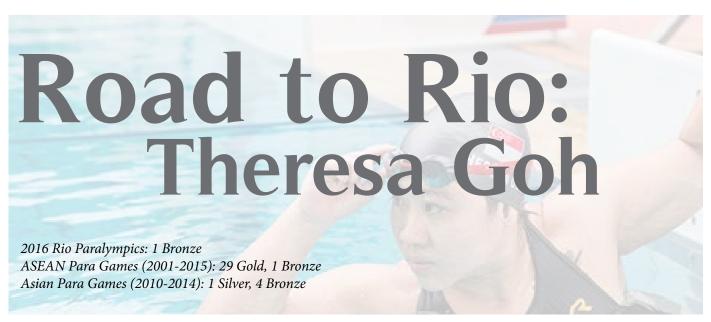
Team Singapore returned on the 21st of September on board SQ67 to a resounding welcome at Changi Airport. Amongst the 120 people who were there at 5.30am to welcome home our heroes was Mr. Tan Chuan-Jin, Minister for Social and Family Development, and Sport Singapore CEO Lim Teck Yin.

A victory parade around the city was specially organised on 24th September for our athletes. It commenced at ActiveSG Sengkang Sports Centre and ended at Vivocity. 11 Ferrari and 2 London cab owners selflessly contributed their time to transport our Paralympians at the victory parade.

The 13-person strong Team Singapore contingent was then honoured for their Paralympic achievements in Parliament on 7th November. The Paralympians received a standing ovation from the chamber in honour of the nation's best ever showing at the games.

Ms Grace Fu, Minister for Culture, Community and Youth, spoke on behalf of the House, recognising the achievements of Team Singapore at the Rio 2016 Paralympic Games.

THANKS YOU DO



Training and swimming are integral to the life of Paralympic medalist Theresa Goh. And while the glitter of bronze, silver, and gold naturally takes the limelight and fills conversations, it is the human mettle behind the medals that bears significant mention.

Theresa hit the water at the age of five and it took her more than 15 years and four editions of the Paralympics to reach her dream of a Paralympic podium finish. Just imagine having to cast aside self-doubt, naysayers, never giving up on hope, and working day in and day out to chase a dream for half your life. Imagine the sacrifices you have to make financially, socially and career-wise. Imagine all that, and then perhaps you will get a glimpse into a fraction of the sheer determination that every elite athlete like Theresa needs in order to commit to a long road on which a medal finish at the end is not a surety.

The life for any elite athlete is never easy, whatever the ability. So, we thought it apt to celebrate all our sporting heroes and the inspiration that is Theresa with a snapshot into her 'Road to Rio' journey – a perennial journey in which the phrase 'off peak season' does not exist.

A week in the life of an elite athlete: Theresa Goh

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM		Swim		Swim	Swim	Swim	Rest day / personal time
	Gym		Gym		Gym	Crossfit training	
PM		Swim	Swim		Swim		
Misc Activities	Physiotherapy	Medical	Biomechanics	Nutrition	Sports Doctor	Sports Massage	
	Sports Psychology	Family time	Out with friends	Time for myself	Corporate speaking engagements		

#### What is your schedule like, on and off season?

**TG:** We don't have an off season! Gym and swim training take place from Mondays to Saturdays, with Sunday being a rest day. Training days don't increase nearer to competitions, but the training programmes get more intense. We may also have nutrition and medical sessions during the week - the schedule for these are not fixed. Sometimes, we see a sports doctor if there's an injury hindering my training. The doctor will assess my injury and work with the physiotherapist to get me on the road to recovery.

Our Physiologist sees us regularly. He gets us to fill up a daily training session feedback form in order to collect data on how tough we thought training was, how much we slept, how well we slept, how tired we felt at the start of the day and how tired we felt at the end of the day. The Physiologist also tests our hydration levels and gives us tips on how to best manage jetlag. Biomechanics is also on our schedule and these sessions are interesting as they help us to tighten our technique. The biomechanist films our swims and analyses our strokes, then gives us feedback on how to make our strokes more efficient, which helps us swim faster.

#### What do you do at the gym and at swim training?

**TG:** We train at the gym at the Singapore Sports Institute(SSI) and each session lasts for about one and a half hours. I do shoulder warm up exercises to prevent injury, pull ups, bench presses, lat pull downs, glute kickbacks and core exercises. That's the base workout. Sometimes, just to mix it up, we do circuit training with new exercises or equipment. The swim training programme depends on the phase of training. A regular training session lasts for one and a half hours to two hours and would include a warm up, drills, sprints, a main set and a warm down. Whether we do endurance, sprints or power sets for the main workout depends on what coach wants us to focus on. I clock in a distance of about 2500m to 3000m each session.

#### What inspires you?

**TG:** Many things inspire me. Most of the time, internal intrinsic motivation is key. Hearing other stories of determination from others also help. Whether it's a friend, or an acquaintance, or even a stranger who strikes up a conversation, there are things I can learn from all of them. I make time on my schedule for community and corporate speaking engagements. I've spoken at Accenture, Facebook, Bloomberg, Google, Apple and many more organisations, and do either a presentation or a fireside chat which is more interactive as I answer questions from the group. I share about my journey, from childhood to present day, and adapt the content according to the themes I've been engaged to speak on.

# It's been more than 10 years since your first Paralympics in Athens in 2004, it must not have been easy for you physically or mentally as you headed to Rio in 2016. What kept you going?

**TG:** One of the most challenging things for athletes like myself is having to constantly balance the feelings of stress or pressure that you place on yourself. What definitely helped me a lot was having a strong base of mental strength gained from previous experiences and good sports psychologists. I was able to handle the pressure much

better and remained relatively calm throughout the whole experience. There was a huge support system behind me too. The team that accompanied us to competitions, training camps etc, everyone had a role, and they did it well. All I had to do was to want to do well, and to train hard and smart. Singapore Disability Sports Council, Singapore National Paralympic Council, Sport SG, SSI all played important parts in providing me with support, and made it really easy for me to just focus on my training.

Family was definitely a huge factor; always being at the airport to send me off and to receive me when I'm back gives me strength. Just knowing that they had my back was more than sufficient for me.

Pin Xiu of course played a vital role just by being there. We both pushed each other through the bad days. It's a lot easier to push and go hard at training when you have someone there doing the same thing. On days when you just don't feel like training, having a team mate there who understands what you're going through is something that cannot be taken for granted.



# Nobody knows our journey like us..

1

peedo

Yip Pin Xiu Paralympic Medallist



GIVE

THERE IS AN ATHLETE INSIDE US ALL WAITING TO BREAK OUT. WHILST THERE ARE MANY WHO NEED ASSISTANCE TO SUSTAIN THEIR PASSION FOR SPORTS, THERE ARE OTHERS WHO REQUIRE HELP TO GET STARTED. WE THANK OUR DONORS, VOLUNTEERS, SPONSORS AND PARTNERS FOR BEING THE ROOTS OF A SUPPORT SYSTEM THAT CREATES, DEVELOPS AND SUSTAINS OUR SPORTS PROGRAMMES AND ACTIVITIES.

# **GIVE** Fundraising and Sponsorships

From formal dinner fundraisers to sports events and a Guiness world record, here are highlights from our fundraising and partnership initiatives for the year.



Paralympian Theresa Goh takes flight as she participates in the Guinness World Record - Most Tendem Indoor Skydives

### iFLY SINGAPORE - 5TH ANNIVERSARY CHARITY FUNDRAISER 3 JUNE 2016

iFly Singapore organised an unique charity fundraiser in 2016, inviting athletes and sports celebrities from SDSC and Sport Singapore to participate in a Guinness World Record attempt for the 'Most Tandem Indoor Skydives'. Graced by Guest of Honour, Mr George Yeo, who officiated iFly Singapore's opening five years ago as then Minister of Foreign Affairs, the event saw iFly Singapore pledging SGD\$50 and a flight voucher worth SGD\$119 to SDSC for every participant. The event raised \$11,500 and iFly donated \$27,370 in flight tickets to SDSC.

### FLAG DAY 16 JULY 2016

SDSC's annual fundraising event rallied students and volunteers from various schools and organisations to help raise funds for SDSC. A total of \$20,94174 was raised and the funds were channeled towards supporting athletes via the provision of transportation, sports equipment, training, nutrition, preparations and participation fees for local and overseas competitions.

### CITI-YMCA YOUTH FOR CAUSES MAY-SEPTEMBER 2016

CitiYMCA Youth for Causes is a joint community initiative launched by Citi Singapore and the YMCA of Singapore. Funded by Citi Foundation, the programme is a catalyst for the promotion of social entrepreneurship and community leadership development among Singapore youths. The initiative provides youths aged 13 to 25 with seed funding, resources and guidance from selected mentors to execute sustainable social entrepreneurship ideas and business models that benefit and support Voluntary Welfare Organizations (VWOs). Two groups from Dunman High School chose SDSC as the beneficiary of their project. In teams of four, they learnt to budget, raise funds, mobilize volunteers to increase public awareness for SDSC's cause, raising a total of \$15,430.

### RUN @ SUTD 15 OCTOBER 2016

The inaugural RUN@SUTD was organised by the student committee from Singapore University of Technology and Design (SUTD) in October 2016. The aim of the run was to promote total well-being of body, mind and spirit amongst the student population and the community at large. Participants were treated to a variety of disability sport try-outs and a fun-filled day of activities. The event raised a total of \$1665.

### WOH HUP-CAIRNHILL MIXED DEVELOPMENT CHARITY COMPLETION DINNER 24 OCTOBER 2016

Woh Hup Pte Ltd organised a dinner celebration cum charity dinner at Orchard Parade Hotel. The generous donations from guests and Woh Hup amounted to \$60,000.



Guest of Honour, Mr Tan Chuan-Jin, Minister for Social and Family Development flags off the Reindeer Walk-a-Wheelathon

# REINDEER WALK-A-WHEELATHON - 26 NOV 2016

The third edition of SDSC's Reindeer Walk-a-Wheelathon was held on 26 November at Marina Bay Event Square. Guest of Honour, Mr Tan Chuan-Jin, Minister for Social and Family Development, graced the event which saw over 1000 participants. To foster a sense of inclusiveness among the able and disabled within the community, participants embarked on a 3km Walk-a-Wheelathon alongside each other. Apart from the walk, numerous booths were set up to ensure that every participant was fully engaged and involved in the event. SDSC managed to raise a total of \$134,840 through outright donations and the kind sponsorships of Woh Hup Pte Ltd, Lee Kim Tah Limited, Mitsubishi Electric Asia (Singapore), Tanglin Corporation Pte Ltd, Yangzijiang International S Pte Ltd, Velocity Stone Pte Ltd, PricewaterhouseCoopers LLP, UOB Commercial Banking and Maybank.

### GENESIS GYM CHARITY WORKOUT -21 JANUARY 2017

Genesis Gym ushered-in the Chinese New year by organising a Charity Workout to raise funds for SDSC. Participants got to workout alongside eight athletes in a series of adapted workouts. The fundraiser raised \$1700 in aid of athlete training preparations for the 9th ASEAN Para Games in 2017.





FINANCIAL REPORT

SINGAPORE DISABILITY SPORTS COUNCIL (Unique Entity Number: \$73\$\$0035B)

STATEMENT BY EXECUTIVE COMMITTEE MEMBERS AND FINANCIAL STATEMENTS FINANCIAL YEAR ENDED 31 MARCH 2017

KONG, LIM & PARTNERS LLP

CERTIFIED PUBLIC ACCOUNTANTS Associated worldwide with JHI 13A MacKenzie Road Singapore 228676 Tel: 6227 4180 Fax: 6324 0213

#### STATEMENT BY EXECUTIVE COMMITTEE MEMBERS

We state that, in the opinion of the Executive Committee,

(a) the financial statements of the Council are drawn up so as to give a true and fair view of the financial position of the Council as at 31 March 2017 and the financial performance, changes in accumulated fund and cash flows of the Council for the year then ended; and

(b) at the date of this statement, there are reasonable grounds to believe that the Council will be able to pay its debts as and when they fall due.

#### On behalf of the Executive Committee Members,

Mr. Kevin Gerard Wong President

Mr. Ho Cheng Kwee Honorary Treasurer

#### INDEPENDENT AUDITORS' REPORT TO THE COUNCIL MEMBERS OF SINGAPORE DISABILITY SPORTS COUNCIL

#### Report on the Audit of the Financial Statements

#### Opinion

We have audited the financial statements of Singapore Disability Sports Council (the "Council"), which comprise the statement of financial position as at 31 March 2017, the statement of comprehensive income, statement of changes in funds and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements are properly drawn up in accordance with the provisions of the Charities Act, Chapter 37 (the "Charities Act"), the Societies Act, Chapter 311 (the "Societies Act") and Financial Reporting Standards in Singapore (FRSs) so as to present fairly, in all material respects, the state of affairs of the Council as at 31 March 2017 and the results, changes in funds and cash flows of the Council for the year ended on that date.

#### Basis for Opinion

We conducted our audit in accordance with Singapore Standards on Auditing (SSAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Council in accordance with the Accounting and Corporate Regulatory Authority (ACRA) Code of Professional Conduct and Ethics for Public Accountants and Accounting Entities (ACRA Code) together with the ethical requirements that are relevant to our audit of the financial statements in Singapore, and we have fulfilled our other ethical responsibilities in accordance with these requirements and the ACRA Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Other Information

Executive Committee is responsible for the other information. The other information comprises the Statement by the Executive Committee set out on page 44.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Independent Auditors' Report to the council members of Singapore Disability Sports Council (continued)

#### Responsibilities of Executive Committee for the Financial Statements

Executive Committee is responsible for the preparation and fair presentation of the financial statements in accordance with the provisions of the Charities Act, the Societies Act and FRSs, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Council's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Council or to cease operations, or has no realistic alternative but to do so.

The Executive Committee's responsibilities include overseeing the Council's financial reporting process.

#### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SSAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

• Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

• Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effective-ness of the Council's internal control.

• Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by Executive Committee.

• Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Council's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Council to cease to continue as a going concern.

Independent Auditors' Report to the council members of Singapore Disability Sports Council (continued)

Auditor's Responsibilities for the Audit of the Financial Statements (continued)

• Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Executive Committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### **Report on Other Legal and Regulatory Requirements**

In our opinion:

(a) the accounting and other records required to be kept by the Council have been properly kept in accordance with the provisions of the Societies Regulations enacted under the Societies Act and the Charities Act;

(b) The fund-raising conducted by the Council during the financial year ended 31 March 2017 has been carried out in accordance with regulation 6 of the Societies Regulations issued under the Societies Act;

(c) The Council has complied with the requirements of regulation 7 (fund-raising expenses) of the Charities (Fund-raising Appeals for Local and Foreign Charitable Purposes) Regulations 2012, and total relevant fund-raising expenses of the Council did not exceed 30% of its total relevant receipts from fund-raising for the year;

(d) Donations received were used for activities in accordance with the objective of Singapore Disability Sports Council.

KONG, LIM & PARTNERS LLP Public Accountants and Chartered Accountants

Singapore, 21 June 2017

#### STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2017

	Notes	2017	2016
		S\$	S\$
ASSETS			
Non-Current Assets			
Property, plant and equipment	4	243,277	302,536
Current Assets			
Trade and other receivables	5	90,142	140,303
Prepayments		50,222	133,411
Fixed deposits	6	1,640,609	914,673
Cash and cash equivalents	7	669,094	1,109,429
		2,450,067	2,297,816
Total Assets		2,693,344	2,600,352
FUNDS AND LIABILITIES			
Funds			
Accumulated funds		1,317,886	1,329,034
Designated funds	8	926,121	1,013,314
		2,244,007	2,342,348
Current Liabilities			
Trade and other payables	9	449,337	258,004
		449,337	258,004
Total Funds and Liabilities		2,693,344	2,600,352

#### STATEMENT OF COMPREHENSIVE INCOME FOR THE FINANCIAL YEAR ENDED 31 MARCH 2017

	<u>Notes</u>	2017	2016
		S\$	S\$
Revenue	10	2,548,520	3,498,821
Other items of income			
Other Income	12	28706	84,678
Interest income		23,901	11,322
		52,607	96,000
Items of expense			
Coaching fees		(388,850)	(458,602)
Depreciation of property, plant and equipment	4	(65,301)	(61,368)
Events and functions		(367,462)	(331,286)
Overseas training and competition		(209,014)	(618,997)
Fund-raising activities		(44,855)	(28,330)
Employee benefits expense	13	(944,466)	(1,045,166)
Youth development		(138,627)	(904,810)
Other operating expenses	14	(366,507)	(406,631)
		(2,525,082)	(3,855,190)
Surplus/(Deficit) before tax expense Income tax expense	15	76,045	(260,369)
Net surplus and total comprehensive income for the year	_	76,045	(260,369)
Other Comprehensive income			
Donation received for designated funds	8	538,865	767,503
Other expenses incurred for designated funds	8	(626,058)	(193,642)
Other comprehensive (loss)/income for the year		(87,193)	573,861
Total comprehensive (loss)/income for the year		(11,148)	313,492

The accompanying notes form an integral part of these financial statements.

#### STATEMENT OF CHANGES IN FUNDS FOR THE FINANCIAL YEAR ENDED 31 MARCH 2017

	Accumulated funds	Designated funds	Total
	S\$	S\$	S\$
Balance as at 1 April 2015	1,015,542	439453	1,454,995
Net movement of designated funds	-	573,861	573,861
Total comprehensive income for the year	313,492		313,492
Balance as at 31 March 2016	1,329,034	1,013,314	2,342,348
Net movement of designated funds	-	(87,193)	(87,193)
Total comprehensive income for the year	(11,148)		(11,148)
Balance as at 31 March 2017	1,317,886	926,121	2,244,007

#### STATEMENT OF CASH FLOWS FOR THE FINANCIAL YEAR ENDED 31 MARCH 2017

	2017	2016
		S\$
Cash Flows From Operating Activities		
(Deficit)/Surplus before tax	(11,148)	313,492
Adjustments for:		
Depreciation of property, plant and equipment	65,301	61,368
Interest income	(23,901)	(11,322)
Operating cash flow before working capital changes	30,252	363,538
Changes in working capital:		
Trade and other receivables	50,161	153,671
Prepayments	83,189	(54,003)
Trade and other payables	191,333	55,145
Grants received in advance	(87,193)	134,461
Net cash flows generated from operating activities	267,742	652,812
Cash flows from investing activities		
Purchase of property, plant and equipment	(6,042)	(247,235)
Fixed deposit	(725,936)	(710,160)
Interest received	23,901	11,322
Net cash flows used in investing activities	(708,077)	(946,073)
Net decrease in cash and cash equivalents	(440,335)	(293,261)
Cash and cash equivalents at beginning of year	1,109,429	1,402,690
Cash and cash equivalents at end of year (Note 7)	669,094	1,109,429

#### NOTES TO THE FINANCIAL STATEMENTS - 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 1. GENERAL

Singapore Disability Sports Council (the "Council") is registered in Singapore under the Singapore Societies Act with its registered office and principal place of business at 3 Stadium Drive #01-34, Singapore 397630.

The principal activities of the Council are those relating to the promotion of general interest of amateur sports among the disabled in Singapore.

#### 2. SUMMARY SIGNIFICANT ACCOUNTING POLICIES

#### 2.1 Basis of preparation

The financial statements of the Council have been drawn up in accordance with the Charities Act, Chapter 37, Societies Act, Chapter 311, and Singapore Financial Reporting Standards (FRS). The financial statements have been prepared on the historical cost basis except as disclosed in the accounting policies below.

The financial statements are presented in Singapore Dollar (S\$), which is the Council's functional currency.

#### 2.2 Adoption of new and revised standards

The accounting policies adopted are consistent with those of the previous financial year except in the current financial year, the Council has adopted all the new and revised standards which are relevant to the Council and are effective for annual financial periods beginning on or after 1 April 2016. The adoption of these standards did not have any material effect on the financial statements.

#### 2.3 Standards issued but not yet effective

A number of new standards, amendments to standards and interpretations are issued but effective for annual periods beginning after 1 April 2016, and have not been applied in preparing these financial statements. The Council does not plan to early adopt these standards.

The following standards that have been issued but not yet effective are as follows:

Description	Effective for annual periods beginning on or after
FRS 109 Financial Instruments	1 January 2018
FRS 115 Revenue from Contracts with Customers	1 January 2018
Amendments to FRS 1: Disclosure Initiative	1 January 2017
Amendments to FRS 115: Clarifications to FRS 115 Revenuwe from Contracts with Customers	1 January 2018
FRS 116 Leases	1 January 2019

The executive committee expects that the adoption of the standards above will have no material impact on the financial statements in the period of initial application.

NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### 2.4 Property, plant and equipment

All items of property, plant and equipment are initially recorded at cost. Subsequent to recognition, property, plant and equipment are measured at cost less accumulated depreciation and any accumulated impairment losses. The cost of property, plant and equipment includes its purchase price and any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is calculated using the straight-line method to allocate depreciable amounts over their estimated useful lives. The estimated useful lives are as follows:

	<u>Years</u>
Computers and raining equipments	1 - 5
Furniture and fittings and office equipment	5
Motor vehicle	10

The carrying values of property, plant and equipment are reviewed for impairment when events or changes in circumstances indicate that the carrying value may not be recoverable.

The useful lives, residual values and depreciation method are reviewed at the end of each reporting period, and adjusted prospectively, if appropriate.

An item of property, plant and equipment is derecognised upon disposal or when no future economic benefits are expected from its use or disposal. Any gain or loss on de-recognition of the asset is included in profit or loss in the year the asset is derecognised.

#### 2.5 Impairment of non-financial assets

The Council assesses at each reporting date whether there is an indication that an asset may be impaired. If any indication exists, or when an annual impairment testing for an asset is required, the Council makes an estimate of the asset's recoverable amount.

An asset's recoverable amount is the higher of an asset's or cash-generating unit's fair value less costs of disposal and its value in use and is determined for an individual asset, unless the asset does not generate cash inflows that are largely independent of those from other assets or group of assets. Where the carrying amount of an asset or cash-generating unit exceeds its recoverable amount, the asset is considered impaired and is written down to its recoverable amount.

Impairment losses are recognised in profit or loss.

A previously recognised impairment loss is reversed only if there has been a change in the estimates used to determine the asset's recoverable amount since the last impairment loss was recognised. If that is the case, the carrying amount of the asset is increased to its recoverable amount. That increase cannot exceed the carrying amount that would have been determined, net of depreciation, had no impairment loss been recognised previously. Such reversal is recognised in profit or loss.

#### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### 2.6 Financial instruments

#### a)Financial assets

#### Initial recognition and measurement

Financial assets are recognised when, and only when, the Council becomes a party to the contractual provisions of the financial instrument. The Council determines the classification of its financial assets at initial recognition.

When financial assets are recognised initially, they are measured at fair value, plus, directly attributable transaction costs.

#### Subsequent measurement

Loans and receivables

Non-derivative financial assets with fixed or determinable payments that are not quoted in an active market are classified as loans and receivables. Subsequent to initial recognition, loans and receivables are measured at amortised cost using the effective interest method, less impairment. Gains and losses are recognised in profit and loss when the loans and receivables are derecognised or impaired, as well as through the amortisation process.

Loans and receivables comprise trade and other receivables, fixed deposits and cash and cash equivalents.

Cash and cash equivalents comprise cash at banks, cash on hand, and short-term deposits.

#### **De-recognition**

A financial asset is derecognised when the contractual right to receive cash flows from the asset has expired. On de-recognition of a financial asset in its entirety, the difference between the carrying amount and the sum of the consideration received and any cumulative gain or loss that has been recognised in other comprehensive income is recognised in profit or loss.

#### b) Financial liabilities

#### Initial recognition and measurement

Financial liabilities are recognised when, and only when, the Council becomes a party to the contractual provisions of the financial instrument. The Council determines the classification of its financial liabilities at initial recognition.

All financial liabilities are recognised initially at fair value plus directly attributable transaction costs.

#### Subsequent measurement

After initial recognition, financial liabilities that are not carried at fair value through profit or loss are subsequently measured at amortised cost using the effective interest method. Gains and losses are recognised in profit or loss when the liabilities are derecognised, and through the amortisation process.

Such financial liabilities comprise trade and other payables.

NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### 2.6 Financial instruments (cont'd)

#### b) Financial liabilities (cont'd)

#### **De-recognition**

A financial liability is de-recognised when the obligation under the liability is discharged, cancelled or expires. When an existing financial liability is replaced by another from the same lender on substantially different terms, or the terms of an existing liability are substantially modified, such an exchange or modification is treated as a de-recognition of the original liability and the recognition of a new liability, and the difference in the respective carrying amounts is recognised in profit or loss.

#### 2.7 Impairment of financial assets

The Council assesses at each reporting date whether there is any objective evidence that a financial asset is impaired.

#### Financial assets carried at amortised cost

For financial assets carried at amortised cost, the Council first assesses whether objective evidence of impairment exists individually for financial assets that are individually significant, or collectively for financial assets that are not individually significant. If the Council determines that no objective evidence of impairment exists for individually assessed financial asset, whether significant or not, it includes the asset in a group of financial assets with similar credit risk characteristics and collectively assesses them for impairment. Assets that are individually assessed for impairment and for which an impairment loss is, or continues to be recognised are not included in a collective assessment of impairment.

If there is objective evidence that an impairment loss on financial assets carried at amortised cost has been incurred, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of estimated future cash flows discounted at the financial asset's original effective interest rate. The carrying amount of the asset is reduced through the use of an allowance account. The impairment loss is recognised in profit or loss.

When the asset becomes uncollectible, the carrying amount of impaired financial asset is reduced directly or if an amount was charged to the allowance account, the amounts charged to the allowance account are written off against the carrying amount of the financial asset.

To determine whether there is objective evidence that an impairment loss on financial assets has been incurred, the Council considers factors such as the probability of insolvency or significant financial difficulties of the debtor and default or significant delay in payments.

If, in a subsequent period, the amount of the impairment loss decreases and the decrease can be related objectively to an event occurring after the impairment was recognised, the previously recognised impairment loss is reversed to the extent that the carrying amount of the asset does not exceed its amortised cost at the reversal date. The amount of reversal is recognised in profit or loss.

#### 2.8 Cash and cash equivalents

Cash and cash equivalents comprise cash at bank, cash on hand and short-term deposits and are subject to an insignificant risk of changes in value.

NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017 These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### 2.9 Income

Income is recognised to the extent that it is probable that the economic benefits will flow to the Council and the income can be reliably measured, regardless of when the payment is made. Income is measured at the fair value of consideration received or receivable, taking into account contractually defined terms of payment and excluding taxes or duty.

The main income for the Council is from membership fees, donations, government grants and sponsorships. Membership fees are recognised on an accrual basis. Recognition of government grants are set out on Note 2.10. All other revenue is based on cash receipt basis and income that are collectible.

#### 2.10 Government grant

Government grants are recognised when there is reasonable assurance that the grant will be received and all attaching conditions will be complied with.

Government grant shall be recognised in profit or loss on a systematic basis over the periods in which the entity recognizes as expenses the related costs for which the grants are intended to compensate.

Grants related to income may be presented as a credit in profit or loss, either separately or under a general heading such as "Other income".

#### 2.11 Employee benefits

#### **Defined contribution plans**

The Council makes contributions to the Central Provident Fund scheme in Singapore, a defined contribution pension scheme. Contributions to defined contribution pension schemes are recognised as an expense in the period in which the related service is performed.

#### 2.12 Income taxes

The Council is a tax-exempted institution under the provision of the Income Tax Act (Chapter 134, 2004 Revised Edition).

#### 2.13 Conflict of interest policy

Executive Committee (the "EC") members are expected to avoid actual and perceived conflicts of interest. Where EC members have personal interest in business transactions or contracts that the Council may enter into, or have vested interest in other organisations that the Council have dealings with or is considering to enter into joint ventures with, they are expected to declare such interests to the EC as soon as possible and abstain from discussion and decision-making on the matter. Where such conflicts exist, the EC will evaluate whether any potential conflicts of interest will affect the continuing independence of EC members and whether it is appropriate for the EC member to continue to remain on the EC.

NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (CONT'D)

#### 2.14 Funds

Fund balances restricted by outside sources are indicated and distinguished from unrestricted funds allocated to specific purposes if any by action of the Executive Committee. Externally restricted funds may only be utilised in accordance with the purpose established by the source of such funds and are in contrast with the unrestricted funds over which the Executive Committee retains full control of use in achieving any of its institutional purposes.

#### 3. SIGNIFICANT ACCOUNTING ESTIMATES AND JUDGMENTS

The preparation of the Council's financial statements requires management to make judgments, estimates and assumptions that affect the reported amounts of revenues, expenses, assets and liabilities, and the disclosure of contingent liabilities at the end of each reporting period. Uncertainty about these assumptions and estimates could result in outcomes that require a material adjustment to the carrying amount of the asset or liability affected in the future periods.

#### 3.1 Judgments made in applying accounting policies

The Executive Committee members are of the opinion that there are no significant judgments made in applying accounting policies that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

#### 3.2 Key sources of estimation of uncertainty

The key assumptions concerning the future and other key sources of estimation uncertainty at the end of the reporting period are discussed below. The Council based its assumptions and estimates on parameters available when the financial statements were prepared. Existing circumstances and assumptions about future developments, however, may change due to market changes or circumstances arising beyond the control of the Council. Such changes are reflected in the assumptions when they occur.

#### Useful lives of property, plant and equipment

The useful life of an item of property, plant and equipment is estimated at the time the asset is acquired and is based on historical experience with similar assets and takes into account anticipated technological or other changes. If changes occur more rapidly than anticipated or the asset experiences unexpected level of wear and tear, the useful life will be adjusted accordingly. The carrying amount of the Council's property, plant and equipment as at 31 March 2017 was S\$243,277 (2016: S\$302,536).

#### Impairment of loans and receivables

The impairment of trade and other receivables is based on the aging analysis and management's continuous evaluation of the recoverability of the outstanding receivables. In assessing the ultimate realisation of these receivables, management considers, among other factors, the creditworthiness and the past collection history of each customer. If the financial conditions of these customers were to deteriorate, resulting in an impairment of their ability to make payments, additional allowances may be required. The carrying amounts of the Council's trade and other receivables as at 31 March 2017 were S\$90,142 (2016: S\$140,303).

NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017 These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 4. **PROPERTY, PLANT AND EQUIPMENT**

	Computers and training equipment	Furniture, fittings and office equipment	Motor vehicles	Total
	S\$	S\$	S\$	<b>S</b> \$
Cost				
At 01 April 2015	148,170	40,179	243,105	431,454
Additions	171,864	3,100	72,271	274,235
Written off		-	(75,431)	(75,431)
At 31 March 2016	320,034	43,279	239,945	603,258
Additions	6,042	-	-	6,042
Written off	(21,263)	(18,407)	-	(39,670)
At 31 March 2017	304,813	24,872	239,945	569,630
Accumulated Depreciation				
At 01 April 2015	141,349	34,112	139,324	314,785
Depreciation Charge	34,556	8,061	18,751	61,368
Written off		-	(75,431)	(75,431)
At 31 March 2016	175,905	42,173	82,644	300722
Depreciation Charge	39,421	1,106	24,774	65,301
Written off	(21,263)	(18,407)	-	(39,670)
At 31 March 2017	194,063	24,872	107,418	326,353
Carrying amount				
At 31 March 2016	144,129	1,106	157,301	302,536
At 31 March 2017	110,750		132,527	243,277
	110,750	-	152,527	243,277

#### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 5. TRADE AND OTHER RECEIVABLES

	2017	2016
	S\$	S\$
Trade receivables	16,618	16,921
Other receivables	60,804	110,692
Deposits	12,720	12,960
Total trade and other receivables	90,142	140,303

Trade receivables are unsecured, non-interest bearing and are generally on 30 days terms (2016: 30 days).

There is no other class of financial assets that is past due and/or impaired except for trade receivables.

#### Receivables that were past due but not impaired

The Council had trade receivables amounting to S\$15,852 (2016: S\$1,458) that were past due at the reporting date but not impaired. These receivables were unsecured and the analysis of their aging at the reporting date was as follows:

	2017	2017
	S\$	S\$
Trade receivables past due but not impaired:		
Lesser than 30 days	-	690
31 to 90 days	648	768
More than 90 days	15,204	-
	15,852	1,458

#### Receivables that were past due and impaired

There were no trade receivables that were past due and impaired.

#### 6. FIXED DEPOSITS

Fixed deposits have maturity of 12 months (2016: 12 months) from the date of placement and earned interest rate of 0.35% to 1.85% (2016: 1.38% to 1.80%) per annum as at reporting date.

Fixed deposits are denominated in Singapore Dollar.

#### NOTES TO THE FINANCIAL STATEMENTS - 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 7. CASH AND CASH EQUIVALENTS

	2017	2016
	S\$	S\$
Cash at bank	368,603	1,006,766
Cash on hand	396	409
Short-term deposits	300,095	102,254
Total cash and short-term deposits	669,094	1,109,429

Short-term deposits have maturity of 3 months (2016: 3 months) from the date of placement and earned interest rate of 0.35% (2016: 1.20%) per annum as at reporting date.

Cash and short-term deposits are denominated in the following currencies:

	2017	
	S\$	S\$
Singapore dollars	669,004	1,109,281
Other currencies	90	148
	69,094	1,109,429

#### 8. **DESIGNATED FUNDS**

	2017	2016
	S\$	S\$
At the beginning of the year	1,013,314	439,453
Donation Received	538,865	767,503
Other expenses incurred	(626,058)	(193,642)
At the end of the year	926,121	1,013,314

### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017 These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### DESIGNATED FUNDS (CONT'D) 8.

	2017	2016
		S\$
Archery	23,626	23,626
Boccia	-	3,500
BWF and SG Gives	-	2,346
Care and Share	388,638	503,656
Element 14 PL (Premier Farnell Network)	20,693	24,253
Football Team – Asean Games 2015	12,060	12,060
Goalball	25,00	25,000
Goalball and Football 5	22785	
Haw Par Corporation Limited	133,667	-
JCCI	45,000	-
Kids Club	31,549	31,549
Live Your Dream Fund	-	21,327
Micron Technology Foundation	41,074	125,000
Ministry of Educations Sports and Recreation Club	-	120,121
NTUC Fairprice foundation	74,971	85,536
SG Gives	1,090	-
Shooting	-	240
Swimming	90,000	-
The Boston Consulting Group PL	-	22784
TTADS	10,854	9,174
Velocity	3,142	3,142
Wheelchair Rugby	1,972	
	926,121	1,013,314

### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 8. DESIGNATED FUNDS (CONT'D)

#### Care and Share

The fund is provided by National Council of Social Service (NCSS) as the matching grant for voluntary welfare organisations (VWOs).

#### Haw Par Corporation Limited

The designated fund is the sponsorship received from Haw Par Corporation Limited for the purpose of Boccia coaching fee, facilities, equipment and local event (Singapore National Para Games, National Youth Para Swimming Championship and Athletics Championship).

#### NTUC Fairprice Foundation

The fund arises from the sponsorship of the purchase of van for the usage of the Council.

Swimming fund

The fund is mainly designated to overseas training and competition for swimming athletes.

#### 9. TRADE AND OTHER PAYABLES

	2017	2016
	S\$	S\$
Trade payables	15,000	29,533
Other payables	379,494	211,916
Accrued expenses	54,843	16,555
	449,337	258,004

Trade and other payables are non-interest bearing and are normally settled on 30 to 45 days (2016: 30 to 45 days) term.

Trade and other payables are denominated in Singapore Dollar

### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017 These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 10. **INCOME**

	2017	2016
	S\$	S\$
Donation and Sponsorship	211,424	61,884
Fund raising Projects	150,271	260,199
Membership Subscriptions	2,424	2,268
SDF Mindef	10,746	2,887
SSC Subsidy (Note 11)	2,173,655	3,171,583
	2,548,520	3,498,821

#### SSC SUBSIDY 11.

	2017	2016	
	S\$	S\$	
Sporting Grants	1,304760	1,291,976	
ACT, SpexTag, ATA	97,199	129,622	
Final Push Programme	177,469	849,000	
SpexScholarship	594,227	900,985	
	2,173,655	3,171,583	

#### 12. **OTHER INCOME**

	2017	2016
	S\$	S\$
Derecognition and write off account payables	5,295	-
Job credit scheme	12,455	20,900
Wage credit scheme	9706	62,828
Other income	1,250	950
	28706	84,678

#### NOTES TO THE FINANCIAL STATEMENTS - 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 13. EMPLOYEE BENEFITS EXPENSE

	2017	2016	
	S\$	S\$	
Key management personnel			
Salaries and other related costs	257,360	273,562	
Central Provident Fund	32,818	34,733	
	290,178	308,295	
Staffs			
Salaries and other related costs	566732	637,224	
Central Provident Fund	87,556	99,647	
	654,288	736,871	
Total employee benefits expense	944,466	1,045,166	

Note:

• SDSC employee Mr Henry Tan Hong Khoen received an annual remuneration in the range of \$100,000-\$200,000. He was the only employee who received a remuneration exceeding \$100,000.

• No employee who is an immediate family member of an Executive Head or Board Member was paid remuneration that exceeded \$\$50,000 during the financial year ended 31 March 2017.

#### 14. OTHER OPERATING EXPENSES

The following items have been included in arriving at other operating expenses:

	2017	2016
	S\$	S\$
ATA and ACT	76,676	84,014
Rental of secretarial office	163,448	162,937

#### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 15. INCOME TAX

The Council has been granted IPC status since 28 November 1984. The Council is a charitable institution by virtue of Section 2 of the Charities Act, Chapter 37. In addition, there is no need to file income tax returns by virtue of Section 13(l)(zm) of the Income Tax Act Chapter 134.

#### 16. DISCLOSURE ON GOVERNANCE EVALUATION CHECKLIST VIA CHARITY PORTAL

As required, the Council has submitted the Governance Evaluation Checklist for the financial year ended 31 March 2016 via Charity Portal on https://www.charities.gov.sg.

The Council will submit the Governance Evaluation Checklist for the financial year ended 31 March 2017 after the approval of financial statements.

#### 17. DONATIONS

Tax exempt donations during the year amounted to S\$401,150 (2016: S\$398,106).

#### **18. FUND-RAISING**

The proceeds collected from fund raising events conducted during the year have been recognised as income.

	2017	2016	
	S\$	S\$	
Income	171,213	260,199	
Expenses	44,855	28,330	

#### NOTES TO THE FINANCIAL STATEMENTS - 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 19. FINANCIAL RISK MANAGEMENT

The Council's activities expose it to a variety of financial risks from its operation. The key financial risks include credit risk and liquidity risk.

The Executive Committee members reviews and agrees policies and procedures for the management of these risks, which are executed by the management team. It is, and has been throughout the current and previous financial year, the Council's policy that no trading in derivatives for speculative purposes shall be undertaken.

The following sections provide details regarding the Council's exposure to the above- mentioned financial risks and the objectives, policies and processes for the management of these risks.

There has been no change to the Council's exposure to these financial risks or the manner in which it manages and measures the risks.

#### Credit risk

Credit risk refers to the risk that the counterparty will default on its contractual obligations resulting in a loss to the Council. The Council has adopted a policy of only dealing with creditworthy counterparties and obtaining sufficient collateral where appropriate, as a means of mitigating the risk of financial loss from defaults. The Council performs ongoing credit evaluation of its counterparties' financial condition and generally do not require a collateral.

The maximum exposure to credit risk in the event that the counterparties fail to perform their obligations as at the end of the financial year in relation to each class of recognised financial assets is the carrying amount of those assets as stated in the statement of financial position.

#### Excessive risk concentration

Concentrations arise when a number of counterparties are engaged in similar business activities, or activities in the same geographical region, or have economic features that would cause their ability to meet contractual obligations to be similarly affected by changes in economic, political or other conditions. Concentrations indicate the relative sensitivity of the Council's performance to developments affecting a particular industry.

#### Exposure to credit risk

The Council has no significant concentration of credit risk other than those balances with related council comprising 91% (2016: 93%) of trade receivables. The Council has credit policies and procedures in place to minimise and mitigate its credit risk exposure.

#### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 19. FINANCIAL RISK MANAGEMENT (CONT'D)

#### Credit risk (cont'd)

#### Financial assets that are neither past due nor impaired

Trade and other receivables that are neither past due nor impaired are with creditworthy debtors with good payment record with the Council. Cash and cash equivalents are placed with or entered into with reputable financial institutions or companies with high credit ratings and no history of default.

#### Financial assets that are either past due or impaired

Information regarding financial assets that are either past due or impaired is disclosed in Note 5.

#### Liquidity risk

Liquidity risk refers to the risk that the Council will encounter difficulties in meeting its short-term obligations due to shortage of funds. The Council's exposure to liquidity risk arises primarily from mismatches of the maturities of financial assets and liabilities. It is managed by matching the payment and receipt cycles. The Council's objective is to maintain a balance between continuity of funding and flexibility through the use of stand-by credit facilities. The Council's operations are financed mainly through funds. The Executive Committee members are satisfied that funds are available to finance the operations of the Council.

#### Analysis of financial instruments by remaining contractual maturities

The table below summarises the maturity profile of the Council's financial assets and liabilities at the reporting date based on contractual undiscounted repayment obligations

#### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 19. FINANCIAL RISK MANAGEMENT

#### Liquidity risk (cont'd)

The table below summarises the maturity profile of the Council's financial assets and liabilities at the reporting date based on contractual undiscounted repayment obligations

	Carrying amount	Contractual cash flows	One year or less
	S\$	S\$	S\$
2017			
Financial assets:			
Trade and other receivables	90,412	90,412	90,412
Fixed deposits	1,640,609	1,641,310	1,641,310
Cash and short-term deposits	669,094	669,269	669,269
Total undiscounted financial assets	2,399,845	2,400,721	2,400,721
Financial liabilities:			
Trade and other payables	449,337	449,337	449,337
Total undiscounted financial liabilities	449,337	449,337	449,337
Total Net undiscounted assets	1,950,508	1,951,384	1,951,384
2016			
Financial assets:			
Trade and other receivables	140,303	140,303	140,303
Fixed deposits	914,673	920,022	920,022
Cash and short-term deposits	1,109,429	1,109,537	1,109,537
Total undiscounted financial assets	2,164,405	2,169,862	2,169,862
Financial liabilities:			
Trade and other payables	258,004	258,004	258,004
Total undiscounted financial liabilities	258,004	258,004	258,004
Net undiscounted assets	1,906,401	1,911,858	1,911,858

#### NOTES TO THE FINANCIAL STATEMENTS – 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 20. FAIR VALUES

The fair value of a financial instrument is the amount at which the instrument could be exchanged or settled between knowledgeable and willing parties in an arm's length transaction.

The following methods and assumptions are used to estimate the fair value of each class of financial instruments for which it is practicable to estimate that value.

#### Cash and short-term deposits, other receivables and other payables

The carrying amounts of these balances approximate their fair values due to the short-term nature of these balances.

#### Trade receivables and trade payables

The carrying amounts of these receivables and payables approximate their fair values as they are subject to normal trade credit terms.

#### Fixed deposits

The carrying amounts of fixed deposits approximate their fair values as they are subject to fixed interest rates for similar arrangements with financial institutions.

#### 21. FINANCIAL INSTRUMENTS BY CATEGORY

At the reporting date, the aggregate carrying amounts of loans and receivables and financial liabilities at amortised cost were as follows:

	2017	2016
	S\$	S\$
Loans and receivables		
Trade and other receivables (Note 5)	90,142	140,303
Fixed deposits (Note 6)	1,640,609	914,673
Cash and cash equivalents (Note 7)	669,094	1,109,429
Total loans and receivables	2,399,845	2,164,405
Financial liabilities measured at amortised cost		
Trade and other payables (Note 9)	449,337	258,004
Total financial liabilities measured at amortised cost	449,337	258,004

#### NOTES TO THE FINANCIAL STATEMENTS - 31 MARCH 2017

These notes form an integral part and should be read in conjunction with the accompanying financial statements.

#### 22. FUND MANAGEMENT

The Council's objective when managing fund is to ensure that the funds are utilised in accordance with the purpose of the funds.

#### 23. RECLASSIFICATION

Certain comparative figures have been reclassified to conform with current year presentation.

	Before reclassification 2016	Reclassification made	After reclassification 2016
	S\$	S\$	S\$
Statement of Comprehensive Income			
Items of expense			
Revenue	4,266,324	(767,503)	3,498,821
Youth Development	(1,098,452)	193,642	(904,810)
Events and functions	(950,283)	618,997	(331,286)
Overseas training and competition		(618,997)	(618,997)



ACKNOWLEDGEMENTS

THANKS TO ALL OUR PARTNERS, DONORS AND ADVOCATES. OUR PROGRAMMES AND INITIATIVES DEPEND ON YOUR SUPPORT.

> TOGETHER, WE ARE STRONGER AS ONE

### **Acknowledgements**

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Haw Par Management Services PL JCCI Singapore Foundation Ltd Kwan Im Thong Hood Cho Temple NCSS Trust Fund (Care & Share) Singapore Sports School Tote Board WohHup Pte Ltd

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#### Schools & Associations

AW WA **APSN** Tanglin School **APSN Chao Yang School** APSN Delta Senior School **APSN Katong School AquaFins** Aquatic Performance Swim Club Cerebral Palsy Alliance Singapore Chess Academy Equestrian Federation of Singapore Football Association of Singapore Grace Orchard School Handicaps Welfare Association iC2 PrepHouse ITE College East Lighthouse School **METTA School** MINDS Clementi Training and Development Centre Movement for the Intellectually Disabled of Singapore Muscular Dystrophy Association Singapore National Volunteer & Philanthropy Centre Pathlight School Rainbow Centre - Margaret Drive School Rainbow Centre - Yishun Park School Singapore Badminton Association Singapore Sailing Federation Singapore Sports School Singapore Swimming Association Speediswim Aquatic Centre Swimfast Aquatics Club

SDSC Annual Report 16/17 Supporters

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I think because sports has played such a big part in my life, I can very confidently say that it has made me who I am today. It has given me a lot more confidence, allowed me to be more active and to just generally have better physical health. I haven't fallen sick in a long time; I'm fitter than a lot of my peers who are not disabled. Sports helps physically, mentally, socially, everything. It helps me in every aspect of my life \_\_\_\_

### 

Yip Pin Xiu 3-time Gold Paralympic Medallist



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