

11th ASEAN PARA GAMES 2021
17-23 December 2021
NOMINATION POLICY FOR
POWERLIFTING

1. INTRODUCTION

- 1.1 The 11th ASEAN Para Games will be held in Hanoi, Vietnam, from 17 to 23 December 2021. Archery is offered as a sport in the Games.
- 1.2 The events offered can be found in Annex A.
- 1.3 Singapore may enter:
- i) Maximum of twenty (20) athletes, of 10 males and 10 female competitors spread throughout the range of 10 male and 10 female bodyweight categories
 - ii) A maximum of two (2) athletes per bodyweight category

2. OBJECTIVE

- 2.1 This policy describes the process and criteria set under the Singapore Disability Sports Council (SDSC) to nominate athletes to the Singapore National Paralympic Council (SNPC) for the representation of Singapore at the 11th ASEAN Para Games 2021.
- 2.2 This policy is guided by the principle that only those who have the highest potential or a high potential to do Singapore proud at the Games would be nominated by SDSC, while the final selection of athletes remains at the discretion of SNPC.
- 2.3 SDSC will publish the nomination policy on its website (url: www.sdsc.org.sg), including any updates or changes to the policy. Athletes and coaches will be responsible for ensuring that they are fully aware of and understand the policy and its content, as well as updates and changes, if any, to the policy.

3. ELIGIBILITY

- 3.1 To be eligible for consideration as an athlete representative, the participant must:
- i) Be a Singapore citizen
 - ii) Be over 15 years old in 2021 (Calculation: 2021 minus year born)
 - iii) Comply with the sport-specific classification rules
 - iv) Be in good standing with SNPC and SDSC

4. NOMINATION CRITERIA

- 4.1 Athletes/ teams who have performances during the qualification period (1 April 2020 – 30 June 2021) that at least matches the 3rd placing of the Kuala Lumpur 2017 ASEAN Para Games. (Refer to MQS in Annex A)
- 4.2 Should the event not be in the Kuala Lumpur 2017 ASEAN Para Games, the top two (2) placed athletes/ teams of the specific class based on ranking at national games, national trials or competitions for the sport as identified and published by SDSC would be considered for nomination. There must be at least 4 or more competitors in the race or event for the 2nd placed athlete/ team to be considered. If the numbers of competitors are 3 or less, only the

1st placed athlete/ team may be eligible for selection.

- 4.3 Developmental athletes whose performance achieved during the qualification period showing the variance of not more than 10% from the 3rd placing of the Kuala Lumpur 2017 ASEAN Para Games may be considered for nomination. Developmental athletes refer to athletes who have participated in para-sports in an international competition for not more than five years
- 4.4 Athletes with verified performance results from WPP approved competitions and SDSC local approved meets/trials within qualification period (1 April 2020 – 30 June 2021) shall qualify for nomination.

5. NOMINATION PROCESS

- 5.1 SDSC will submit athlete nominations to SNPC, based on the eligibility criteria and MQS outlined in this policy.
- 5.2 All nominations will be approved by SDSC's Sports High Performance & Development Sub-Committee, after which the approved nominations would be submitted to SNPC. The approved nominations will be published on SDSC website (url: www.sdsc.org.sg).
- 5.3 SNPC, as the national body representing Singapore to the ASEAN Para Sports Federation, has the sole and final decision in selecting or not selecting athletes to represent Singapore at the 11th ASEAN Para Games 2021.
- 5.4 All nominations must include the detail profile of athlete. (Refer to SNPC Annex B)

6. APPEAL PROCESS

- 6.1 Appeal against non-nomination by SDSC must be made in writing to SDSC's Assistant Manager High Performance within 48 hours of the announcement of nominees.
- 6.2 An appeal must be made in writing with supporting documentation and accompanied by a deposit of S\$100.00, payable to 'Singapore Disability Sports Council'. If the appeal is successful, the deposit would be refunded in full.
- 6.3 An appeal would only be considered if the athlete had met the eligibility criteria and MQS for the sport, but was not nominated due to gross oversight by SDSC. SDSC's Sports High Performance & Development Committee will deliberate the appeal and, if deemed justifiable, hear the appeal by the athlete concerned.
- 7.4 SDSC will, in writing, inform the athlete about the decision to either uphold or reject the appeal. The decision will be final and no further correspondence will be entertained.

7. DE-SELECTION

- 7.1 An athlete selected for the ASEAN Para Games 2021 may be de-selected by SNPC from the team if he/she:
 - becomes unable to perform to the required standard due to illness or injury, in the opinion of the National Coach and Team Manager, after receiving medical advice;
 - demonstrates a lack of commitment to training requirements or tournament preparations, in the opinion of the National Coach and Team Manager;

- breaches or fails to fulfill any requirement of the Anti-Doping Policies of SDSC, SNPC, Anti-Doping Singapore or other relevant agencies where applicable.

8. CONTACT PERSONS

To find out more about the MQS or selection events, please contact:

Mr. Kang Tze Wei
 Assistant Manager, High Performance
 DID: 6342 3505 Email: tze.wei@sdsc.org.sg

To clarify on other parts of the nomination policy or submit an appeal, please contact:

Mr. Kang Tze Wei
 Assistant Manager, High Performance
 DID: 6342 3505 Email: tze.wei@sdsc.org.sg

Annex A – Minimum Qualifying Standards (MQS)

3rd placing of the Kuala Lumpur 2017 ASEAN Para Games

| EVENTS | Men MQS |
|----------------|------------------|
| Up to 49.00kg | 114 kg |
| Up to 54.00kg | 100 kg |
| Up to 59.00kg | 120 kg |
| Up to 65.00kg | 158 kg |
| Up to 72.00kg | 164 kg |
| Up to 80.00kg | 135 kg |
| Up to 88.00kg | 155 kg |
| Up to 97.00kg | 150 kg |
| Up to 107.00kg | 152 kg |
| Over 107.00kg | |
| EVENTS | Women MQS |
| Up to 41.00kg | 38 kg |
| Up to 45.00kg | 60 kg |
| Up to 50.00kg | 60 kg |
| Up to 55.00kg | 80 kg |
| Up to 61.00kg | 70 kg |
| Up to 67.00kg | 75 kg |
| Up to 73.00kg | 70 kg |
| Up to 79.00kg | 58 kg |
| Up to 86.00kg | 66 kg |
| Over 86.00kg | 95 kg |