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| **CALL FOR PROVISION OF SERVICES AS** **HIGH PERFORMANCE PARA ATHLETICS COACH (LONG JUMP)** |
| 1. **NATURE AND PERIOD OF CONTRACT**
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| Contract for service from October 2020 to March 2021Contract may be extended upon expiry on a yearly basis, subject to review.  |
| 1. **CONTRACT DELIVERABLES**
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| A contractor is sought to deliver service as a high performance coach to an elite full-time athlete training in the sport of athletics (in particular, long jump), under the T20[[1]](#footnote-1) category. The contractor shall, in general, train the assigned athlete toward sustainable podium performances at international competitions and major games[[2]](#footnote-2).The expected responsibilities include: 1. Planning and delivering a tailored high performance training programme with periodization plan, to help athlete achieve high performance milestones and targets
2. Collaborating with members of the Functional Sports Programme (FSP) team to support the training programme, namely:
* the sport psychologist
* the sport biomechanist
* the sport nutritionist
* the exercise physiologist
* the sport physiotherapist
* the high performance team
1. Reviewing local and overseas competition calendars to develop long-term and annual competition plans that complement the periodization plan.
2. Attending overseas trainings and competitions with the athlete as coach (overseas accommodation, transport, food and travel insurance will be fully covered)
3. Participating in post-competition reviews with the FSP team. Quarterly reviews would be required in the case of lack of competitions in the quarter.
4. Submitting monthly reports on athlete’s progress to the high performance team.
5. Undertaking other management and administration roles in relation to the athlete’s programme from time to time, such as team manager during overseas stints.
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| 1. **FEE PAYMENT**
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| Within 30 days, upon the submission of monthly invoice and attendance records |
| 1. **VARIATION OF TERMS**
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| Either party can vary the terms of engagement as long as the other party agrees to such variation.  |
| 1. **TERMINATION OF SERVICE**
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| Either party can terminate the contract as long as there is notice of 30 days given to the other party in the form of a written documentation.  |
| 1. **SUBMISSION OF DOCUMENTS**
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| Please submit **Form A** via email to Ms Charlotte Eng (charlotte.eng@sdsc.org.sg) by **10 September 2020, 5.00pm**. Late submissions will not be accepted.  |
| 1. **EVALUATION OF SUBMISSION**
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| Comparisons will be made on the following to appoint the contractor: 1. Experience of contractor in coaching and delivering performance of long-jump athletes at sanctioned IAAF / WPA competitions and/or major games (50%)

As a benchmark, this should be demonstrated by trainees achieving long jump records of 7.00m or more. Triple-jump coaches are welcome to quote if comparable records, with juxtaposition to long-jump, are demonstrated. 1. Service fee (30%)
2. Experience of contractor in coaching persons with disabilities (10%)
3. Knowledge of contractor in World Para Athletics (WPA) competition format and qualification system (10%)

Shortlisted contractors may be requested to attend an online interview prior to appointment.Foreign contractors will be considered if no local contractors are deemed suitable for appointment. Contractors must possess a valid NROC membership.Foreign contractors who do not currently have NROC membership, must possess certifications that will qualify them to be a member. |
| 1. **QUERIES**
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| Please contact Ms Charlotte Eng (charlotte.eng@sdsc.org.sg / 9670 8006).  |

1. Rrefer to this [link](https://www.paralympic.org/athletics/classification) for more information on classification. [↑](#footnote-ref-1)
2. Major games are: ASEAN Para Games, Asian Para Games, Commonwealth Games, and Paralympic Games. [↑](#footnote-ref-2)