



LIFE App

Mobile Application User Guide

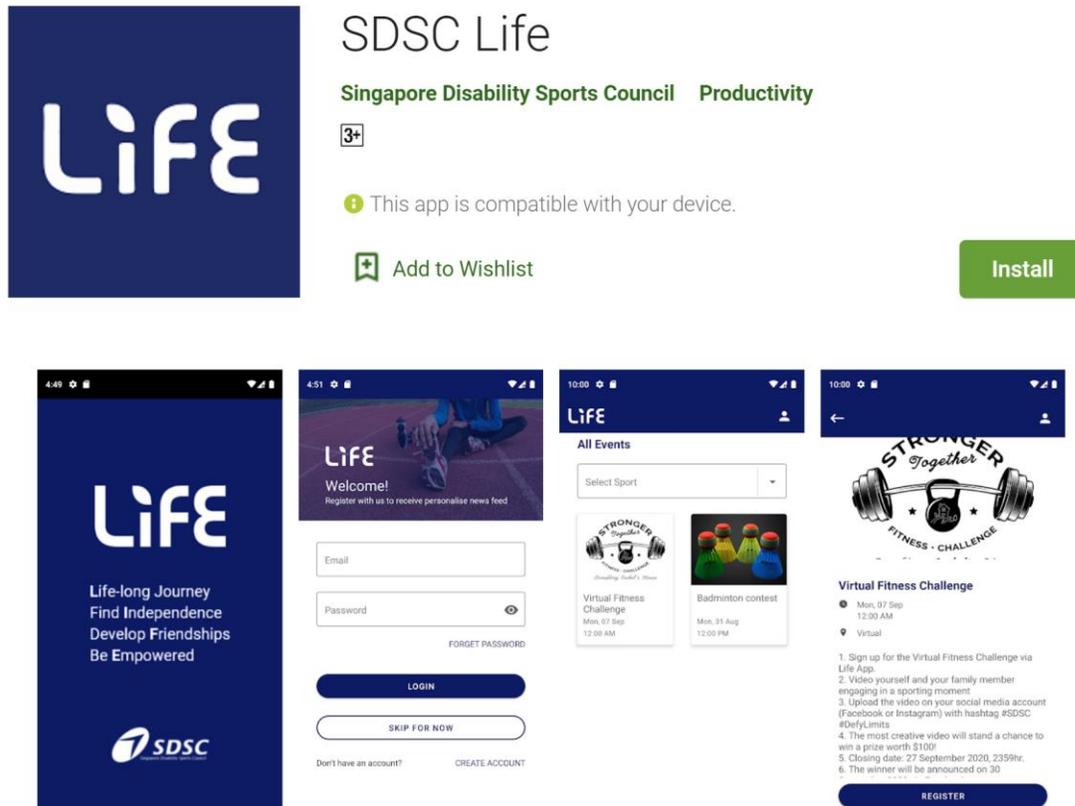
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LIFE Mobile Application

The Singapore Disability Sports Council (SDSC) has been managing athletes from all disability groups for a wide range of sports. SDSC LIFE is a mobile application that allows General Public and Athletes to get easy access to events and training anytime and anywhere. If you have any questions, please reach out to lifeapp.support@sdsc.org.sg.

Part 1: Getting Started

Downloading the App

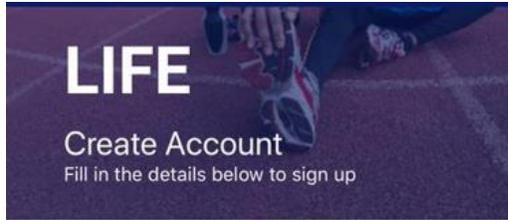


You can install “SDSC LIFE on any mobile device that has iOS (iPhone, iPad) and Android (mobile phones and tablets) operating systems

To use the SDSC LIFE mobile app, you have to first download it from the Apple App Store or Google Play Store.

1. Open the App Store and search for “SDSC LIFE”.
2. Download and install the “SDSC LIFE” mobile app on your device.
3. Open the “SDSC LIFE” mobile app. You are ready to go!

Creating an Account and Signing Up



Type of User

By Clicking Sign Up, you agree to our [Terms and Conditions](#) and that you have read our [Data Use Policy](#)

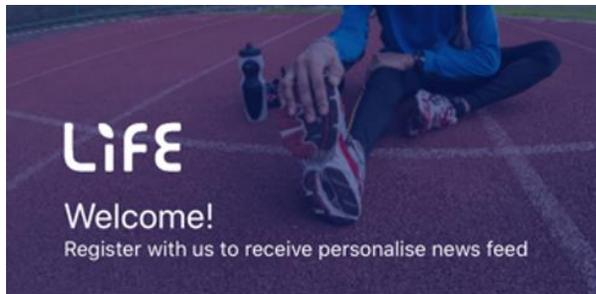
1. Sign up by typing in your full name, email address and password in the allocated fields.

2. Select User Type

3. Press "Sign Up" to complete the process

1. Enter Full Name, Email Address, Enter Password
2. Select Type of Users
3. Press the "**Sign Up**" button
4. Press "**Ok**" at the bottom of the Terms & Conditions
5. Optional: Pick a few sports you like or are interested in
6. Upon successful registration, you will be redirected to the Home page

Signing In



[FORGET PASSWORD](#)

[Don't have an account?](#)

[CREATE ACCOUNT](#)

1. Sign in by typing in your email address and password in the allocated fields.

2. Press "Login" to complete the process

1. Enter your username (your email)
2. Enter your password
3. Press the "**Login**" button
4. Upon successful login, you will be redirected to the Home page

Logging Out



1. Click on the Profile Icon at the top right corner of your screen.



Jane Doe

[VIEW EVENTS ATTENDED](#)

Details

Contact Number

Email Address

Postal Code

Emergency Contact Name

Emergency Contact Number

Sports Preferences

[EDIT INFORMATION](#)

[LOGOUT](#)

2. Press "Logout" to complete the process

1. Click on the Profile Icon at the top right corner of your screen
2. At the end of the Profile, Select on the "**Logout**" Button
3. Upon successful logout, you will be redirected to the Home page, but no user signed in

Part 2: Profile Setting



1. Click on the Profile Icon at the top right corner of your screen.



Jane Doe

[VIEW EVENTS ATTENDED](#)

Details

Contact Number

Email Address

Postal Code

Emergency Contact Name

Emergency Contact Number

Sports Preferences

[EDIT INFORMATION](#)

2. Select "Edit Information"

[LOGOUT](#)



Jane Doe

Edit Information

Full name

Contact Number

Email Address

Postal Code

Emergency Contact Name

Emergency Contact Number

Boccia [Edit](#)

3. edit your:
- Full Name
 - Contact Number
 - Postal Code
 - Emergency Contact Name
 - Emergency Contact Number
 - Sports you are interested in

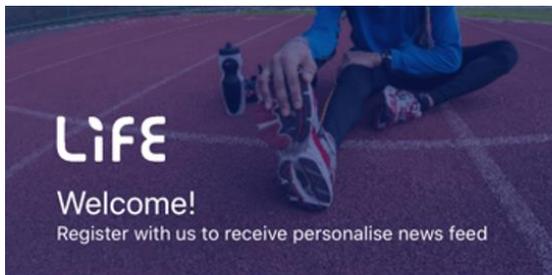
[SAVE](#)

4. Press "Save" to complete the process

1. Click on the Profile Icon at the top right corner of your screen.
2. Select **“Edit Information”**
3. Here you can edit your:
 - Full Name
 - Contact Number
 - Postal Code
 - Emergency Contact Name
 - Emergency Contact Number
 - Sports you are Interested in
4. Select on **“Save”**

Part 3: Support

Forget Password



FORGET PASSWORD  1. Click on “Forget Password”

Don't have an account?

[CREATE ACCOUNT](#)

1. Click on **“Forget Password”** at the Login Page
2. Enter your email address
3. Click on **“Reset Password”** to receive an email with the instructions
4. Check your email and open the email with the reset password link, and tap on the link

Please visit the following link to help us complete an evaluation about the LIFE App (to be completed 2-3 weeks after first downloading the application):

<https://docs.google.com/forms/d/117iZxuhdbFkPWaeKF3XD5Wz1aUMycJ5gftO1CmJ4rl/edit>