

PRESENTED BY

虎豹 *Haw par*

ORGANISED BY



SINGAPORE DISABILITY
SPORTS
AWARDS
2020



PROGRAMME TIMELINE

7.30PM
EVENT COMMENCES

7.35PM
WELCOME ADDRESS
by **Mr Kevin Wong**,
President, SDSC

7.40PM
SHORT REMARKS BY GUEST OF HONOUR
Mr Edwin Tong,
*Minister for Culture, Community
and Youth & Second Minister for Law*

7.45PM
SPORTS AWARDS PRESENTATION 1

- Community Impact Award I Events & Initiatives
- Community Impact Award I Volunteering
- Coach of the Year (Developmental)
- Coach of the Year (High Performance)

8.00PM
SCREENING OF VIDEO

8.10PM
SPORTS AWARD PRESENTATION 2

- Sportsgirl of the Year
- Sportsboy of the Year
- Team of the Year
- Sportsman of the Year
- Sportswoman of the Year

8.25PM
LIFETIME ACHIEVEMENT AWARD

8.30PM
EVENT ENDS



SINGAPORE DISABILITY
**SPORTS
AWARDS**
2020

SINGAPORE DISABILITY SPORTS AWARDS presented by Haw Par Corporation

The Singapore Disability Sports Awards is organised by Singapore Disability Sports Council (SDSC) and proudly presented by Haw Par Corporation. The awards aim to recognise the achievements and contributions made by individuals or groups in the disability sports community. In acknowledgement of the multi-faceted efforts that have made disability sports into what it is today, the awards are applicable to athletes, coaches, organisers, and volunteers.

ABOUT THE SINGAPORE DISABILITY SPORTS COUNCIL

The Singapore Disability Sports Council (SDSC) is the national sports body for persons with disabilities, founded in 1973. It aims to help persons with disabilities lead full and independent lives through sports. Besides providing sporting opportunities for them to realise their potential, SDSC trains talents to represent Singapore and pursue excellence at regional and international competitions.

ABOUT HAW PAR CORPORATION

Haw Par Corporation Limited, a Singapore-grown multinational Group, is listed on the Singapore Exchange since 1969. The Group is an enterprise with a strong consumer healthcare business that promotes healthy lifestyles through its healthcare products. The largest contributor to the healthcare business comes from a brand that it owns — Tiger Balm, one of the world's leading and most versatile topical analgesic brands. Besides the consumer healthcare business, the Group also engages in the leisure business and holds significant investments in securities and properties.



SDSA 2020 NOMINEES | SPORTSPERSON CATEGORY

SPORTSMAN

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Sportsman of the Year



Eric Foo Ming De | Tenpin Bowling

Eric has been bowling for 24 years. Together with his brother, Eric would visit the Serangoon Gardens Country Club, bowling for hours on end. They would try to beat their previous scores. Eric eventually participated in competitions and leagues. Eric's achievements include striking two gold (Singles Mixed TPB4; Mixed Doubles TPB4) and one silver (All Events Mixed TPB4) at the Thailand World Para Bowling Championships 2019 and two gold (Singles Men TPB4; All Events Men TPB4) and one bronze (Men Doubles TPB4) at the Philippines World Para Bowling Championship 2019.



Kalai Vanen | Powerlifting

Kalai took up the sport of powerlifting in February 2015 and has not looked back since, racking up a list of achievements, including winning Singapore's first medal in para powerlifting at the 8th ASEAN Para Games in 2015. The personal trainer has taken on many roles to give back to the sport, serving as Vice-Chairperson of the Singapore Para Athlete Commission (SPAC) and is also a qualified local para powerlifting referee (National Level).

At the World Para Powerlifting Championships 2019 Kalai ranked 22nd out of 27 (Men's Up to 97kg). Kalai ranked 34th out of 40 in the official World Rankings 2019.



Muhammad Diroy Bin Noordin | Athletics

Making his international debut at the 2016 China Open Athletics Championships, Diroy surprised himself by earning his first international medal – a gold nonetheless. Since then, he went on to represent Singapore at the Rio 2016 Paralympic Games where he finished a respectable 9th place in shot put. In 2018, Diroy achieved 4th place at the Asian Para Games in the F40 Men's Shot Put and 7th in the F40/F41 Men's Javelin events. Most recently, Diroy won a Silver in Men's Shot Put F40/41, at the Tunis World Para Athletics Grand Prix 2019.



Steve Tee | ACP: Ang Kee Meng | Cycling

In 2004, Steve was diagnosed with retinitis pigmentosa, a rare disease that begins with a partial loss of vision and eventually leads to total or near-total blindness. Then only 23, Steve could no longer play some of his favourite sports such as football and cycling. He went through a period of desolation and isolation. However, he soon bounced out of it and mustered inner strength to live his life to the fullest. Steve decided to focus on solutions instead. Having captained the Singapore team at the 8th ASEAN Para Games at five-a-side football for the visually impaired in 2015, Steve made his switch to para-cycling two years later. For tandem para-cycling, a visually impaired athlete, called the stoker, is paired with a sighted counterpart, who is called the pilot. Steve's pilot is former national cyclist Ang Kee Meng. Together, Steve and Kee Meng have won bronze at the 9th ASEAN Para Games and numerous achievements at the Asian level, such as attaining the bronze at the 2019 Asian Track Championships and gold at the 2019 Thailand Para Cycling Cup.



Tay Wei Ming | Badminton

Despite being born with Erbs Palsy that affects his right arm, Tay Wei Ming has overcome insurmountable odds to become a world class badminton player. He was first introduced to the sport at the age of 9 and started playing for his school when he was a teenager. His passion for the sport eventually led him to being scouted in 2007 by SDSC. In 2017, he was the first Singaporean to be crowned para badminton world champion. Most recently, he finished 3rd at the 2019 Thailand Para-Badminton International and came in top 8 at the BWF Para Badminton World Championships 2019.



Thomas Nathan Chan | Bowling

Thomas, who has visual impairment, took up bowling in 2012 and made his debut at the 8th ASEAN Para Games. Thomas has gone on to excel at international competitions and won bronze medals in the Doubles TPB1+TPB2/3 at the 9th ASEAN Para Games in 2017. He most recently won gold (Men's Singles TPB1) at Micron Singapore World Para Bowling Tour series 2019.

Sportswoman of the Year



Claire Toh | Table Tennis

In 2012, Claire Toh had an unfortunate fall which caused her to be paralysed since. Her determination to be independent and not rely on her family and friends spurred her to pick up table tennis – a sport she played during her primary school years. In mid-2013, she regained interest in the sport and made her debut in women table tennis at the 8th ASEAN Para Games 2015. Most recently, she came in 2nd at the 2019 ITTF Para Bangkok Open.



Diane Neo | Tenpin Bowling

One to be reckoned with in the Tenpin Bowling sports scene, Diane has produced remarkable results at various major games. In 2018, she faced down tough competition to add a silver in the TPB4 Women's Singles event to the Republic's medal tally at the Asian Para Games. Diane's commitment to training and ability to bowl consistently placed her in good stead, as she won silver (Singles TPB4 Women) and bronze (All Events TPB4 Women) at the Micron Singapore World Para Bowling Series 2019.



Laurentia Tan | Equestrian

Laurentia Tan rode her name into Singapore's history in 2008 when she won the first Paralympic medal for the Republic during her debut Paralympics outing. 12 years on, Laurentia is clearly not ready to back down from competition that is growing fiercer every year as well. She won a silver in the individual championship grade I event at the quadrennial Federation Equestre Internationale's (FEI) World Equestrian Games in 2018, and is currently ranked World No. 4 in the FEI Para Dressage Ranking. Laurentia is also an active advocate for various community causes and groups, such as mental health, and Audiovisibility, a platform for deaf artists to showcase their talents. She was elected as an Athlete Representative on FEI's Para Equestrian and Athletes Committees in 2014. She served for a period of 4 years until 2018.



Nur Aini Binte Mohamad Yasli | Powerlifting

At the age of 6, Aini was diagnosed with multiple epiphyseal dysplasia which impacted her bone growth. She was first introduced to powerlifting in 2015 when powerlifter Kalai Vanen approached her at the gym. Due to school commitments, she had to turn down the offer to pick up the sport. In 2017, Kalai approached her again and that was when Aini decided to give the sport a try. 2 months into the sport, Aini was selected to compete at the 9th ASEAN Para Games 2017 held in Kuala Lumpur. She pushed through her and achieved a personal best and came in 5th at the games. Aini competed in the 9th Fazza Dubai Para Powerlifting World Cup 2018 and won the bronze medal. In 2019, she made her debut at the World Para Powerlifting Championships and is currently ranked 18th in the world.



Nur Syahidah Alim | Archery

Embarking on her lifelong love for the sport as a recreational archer, Syahidah decided to turn competitive when she was given an opportunity to represent the nation at the 8th ASEAN Para Games 2015. It was at that game she made her mark and bagged two gold medals for Individual Compound Women and Compound Mixed Team Opens. She was also the first female archer to represent Singapore, and reached the quarter finals of the 2016 Rio Paralympic Games. Syahidah achieved a historic feat in 2019, winning gold at the 2019 World Para Archery Championship. She is also the reigning World Number 1 Para Archer. The Singapore Management University alumna also serves as chairperson of Singapore Para Athletes Commission and a member of the Asian Paralympic Committee Athlete's Commission, where she contributes to the development of para sport in the region.



Nurulasyiqah Binte Mohd Taha | ACP: Esther Chok | Boccia

Nurulasyiqah Binte Mohd Taha was the first Singaporean to have qualified for boccia at the Paralympic level in 2012. She finished 7th in the BC3 Individual event at the London 2012 Paralympic Games and 4th in the BC3 Pairs event with her partner, Toh Sze Ning, at the Rio 2016 Paralympic Games.

Nurul and her competition partner, Esther Chok, clinched the bronze medal at the BISFed 2019 Montreal Boccia World Open in the BC3 Individual event.

Nurul is a co-opted member of the Singapore Para Athletes Commission and the International Paralympic Committee Athletes' Council. She is also a certified Proud Paralympian Educator with the Agitos Foundation.



Yip Pin Xiu | Swimming



Yip Pin Xiu was the youngest member of the Singapore contingent at the Beijing 2008 Paralympic Games, but she was also the brightest star, bringing home Singapore's first ever Paralympic gold medal. Pin Xiu was born with Charcot Marie Tooth, which means her muscles degenerate progressively with age. She had started swimming when she was five. A volunteer with the Singapore Disability Sports Council noticed her swimming and how she was able, despite her physical challenges, to keep up with the other children and encouraged her to swim competitively. She began to do so when she was 12.

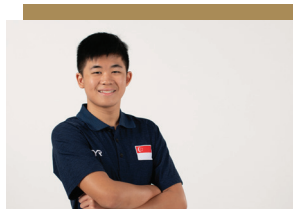
Soon she was taking part in regional and international meets, and she was bringing back medals. In 2008 at the Beijing Paralympics, she produced Singapore's first Paralympic gold medal and a silver medal, winning the S3 50 metres backstroke final and coming in second for the 50 meters freestyle final. On her return from Beijing in 2008, she was awarded the Public Service Medal. Fast forward to 2016, at her third Paralympic Games, Pin Xiu won two Gold medals in the Women's 50m and 100m Backstroke S2 event. She also set two world record for both events with a time of 0:59.38 and 2:07.09 respectively.

She had a breakthrough year in 2019, which saw her win two gold medals at the 2019 World Para Swimming Championships in the Women's 50m and 100m Backstroke S2 events; 9 years since her last world championship title in 2010.

Pin Xiu actively gives back to the community. She serves on the Singapore Para Athletes Commission and World Para Swimming High Support Needs Group. She has been a strong advocate for sports throughout the years

Sportsboy of the Year

Darren Chan | Swimming



Darren Chan enrolled in Rainbow Centre Yishun Park in 2009. After trying out many sports activities, Darren found that swimming was the best fit for him. Teachers noticed he was swift in water and supported Darren in swimming activities. Through signing up in the National Para Swimming Championships, Darren was scouted to join SDSC's swim club in 2018 for competitive training. The following year, Darren participated in his first competition since joining the team, representing his country at the Singapore 2019 World Para Swimming World Series.

Ho Jing Rui Gareth | ACP: Loh Siew Kay | Boccia



Gareth Ho developed interest and played recreational boccia when he was in Secondary Two. In 2015, together with the MDAS Boccia Team, he attended the ASEAN Para Games 2015 held in Singapore and cheered on the Singapore boccia team. That proved to be the spark for his interest in boccia. In that same year, Gareth participated in a national competition for the first time and won bronze in the competition with his teammate. Since then, Gareth made considerable progress and was selected to represent Singapore at the BISFed 2018 Chinese Taipei Boccia Regional Open competition. Most recently, together with his ACP Loh Siew Kay, Gareth achieved a respectable 9th place at the BISFed 2019 Dubai Boccia Regional Open in the BC3 (individual) category.

SPORTSBOY OF THE YEAR

Lim Kah Yi | Swimming



Kah Yi is the first athlete with Autism to represent Singapore and was part of a contingent of 7 athletes who flew out to the Virtus: World Intellectual Impairment Sport (previously known as INAS Global Games) held in Brisbane, Australia, in October 2019. Taking part in the multi-sport event was Kah Yi's first time traveling overseas to compete and he was chaperoned by his mother, Mrs Lim.

Kah Yi did Singapore proud by becoming the sole Singapore medallist, bagging four silver medals in his events (200m Individual Medley, 200m Freestyle, 100m Freestyle, 50m Breaststroke), clocking a memorable experience.

Toh Wei Soong | Swimming

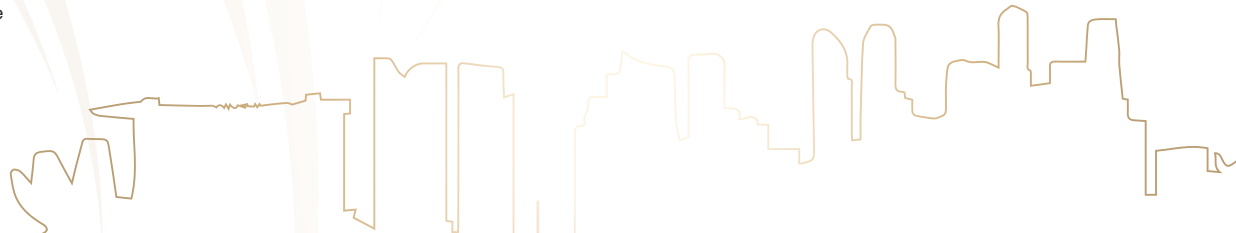


While Transverse Myelitis may have affected his lower nervous system at the tender age of two, this did not stop Wei Soong from swimming competitively and achieving milestones in his swimming career. From clinching his first medal in an international event during the 2013 Asian Youth Para Games, Wei Soong has continued to perform superbly. At the 2018 Commonwealth Games, he attained a Bronze medal during the S7 50m freestyle event, earning the Republic's second Commonwealth swimming medal after Joseph Schooling. (The Commonwealth Games is the only major games in the world that offers events for athletes with and without disabilities). He also emerged triumphant at the 2018 Asian Para Games, attaining Gold medals in the S7 50m and 100m freestyle events. His achievements in the sporting arena have also earned him recognition. In 2019, Wei Soong was nominated for The Straits Times Athlete of the Year Award, and was a recipient of the inaugural Goh Chok Tong Enable Award (UBS Promise). He is also an ambassador for Toyota's Start Your Impossible campaign, an athlete ambassador for BP Singapore and an advocate for the preservation of Farrer Park. Wei Soong has given numerous talks to help students, educators as well as administrators in universities to better understand the importance of inclusion in every aspect of our lives.

Wong Zhi Wei | Swimming



Zhi Wei did phenomenally well at the 2017 Asian Youth Para Games, bringing back 5 medals to the Republic. He not only came in victorious in the S13 Men's 100m freestyle, 100m butterfly and 400m freestyle events, he achieved a new personal best of 1min9.63 seconds during the 100m butterfly event. His performance at the 2017 ASEAN Para Games was also remarkable – he secured a runner-up position and second runner-up position at the S13 Men's 100m freestyle and 50m freestyle events respectively. Zhi Wei qualified for the 2018 Asian Para Games and became one of Singapore's youngest debutants at the Games. Never too shy to help others, Zhi Wei has become one of the "big brothers" in the para swimming community to his younger peers, and shared his experience generously to help others with visual impairment. In 2019, Zhi Wei was a recipient of the Goh Chok Tong Enable Awards (UBS Promise).



Sportsgirl of the Year



Sophie Soon | Swimming

Diagnosed with Cone Rod Dystrophy as a child, which results in deteriorating vision that may lead to eventual blindness, Sophie's visual impairment has not stopped her from pursuing her interests in sports. Sophie picked up competitive swimming at aged 15, and continues to push her abilities. In 2019, she achieved her personal best in the 50m and 100m Breaststroke S13 at the World Para Swimming World Series in Melbourne and Singapore editions respectively. Later that year, she was reclassified under S12 due to the nature of her condition. Sophie made her debut at the 2019 London World Para Swimming Championships and achieved her season best in the 100m Breaststroke and 100m Butterfly with a timing of 01:27.71 in 01:23.38 respectively.

Team of the Year



Boccia BC1/2

Juni Syafiqah Binte Jumat
Tan Yee Ting Jeralyn
Neo Kah Whye

The trio of Juni Syafiqah Binte Jumat, Tan Yee Ting Jeralyn and Neo Kah Whye make up the Boccia BC1 and BC2 team and they have been competing as a team since 2014. The combination of communication and productive collaboration has played a part in the success of the team. Most notably, they won a bronze at the 9th ASEAN Para Games in Malaysia in 2017.



Boccia BC3 Pairs

Nurulasyiqah Mohammad Taha
Toh Sze Ning
ACP: Nur Azizah Binti Ahmad Rumzi
ACP: Chew Zi Qun

The Boccia BC3 Pair comprises athletes Toh Sze Ning and Nurulasyiqah Binte Mohammad Taha, and their athlete competition partners Chew Zi Qun and Nur Azizah Binti Ahmad Rumzi. The team competed in the BISFed 2019 Seoul Boccia Asian-Oceania Regional Championships, BISFed 2019 Hong Kong Boccia World Open and BISFed 2019 Montreal Boccia World Open, where they achieved commendable results: 5th, 6th and 8th respectively.

TEAM OF THE YEAR



Cerebral Palsy Football Team

Abdul Mahdi Bin Abdul Rahman
Balasubramaniam
Khairul Anwar Bin Kasmani
Muhamad Haikal Aiman B Samri
Muhammad Alif Anwar Bin Ibrahim
Muhammad Firdaus bin Mohammed Noor
Muhammad Mubarak Bin Mohd Rastam
Muhammad Shafiq Bin Ariff
Muhammad Shahidil Bin Saidi
Peter Kam
Pranav S/O C Balu
Suhaimi Bin Sudar

The Cerebral Palsy Football team first made its debut appearance at the 7th ASEAN Para Games in Nay Pyi Taw, Myanmar in 2014 and brought home the Silver medal for the Republic. Having also competed in the 2014 Incheon Asian Para Games, the team clinched bronze on homeground at the 8th ASEAN Para Games 2015. Their most recent achievement was a friendly match with a football club from Malaysia where the team scored 2-1.



Goalball Women's Team

Christina Aw
Joan Hung
Inez Hung
Norliana Norliana Bte Mohamed Ajam

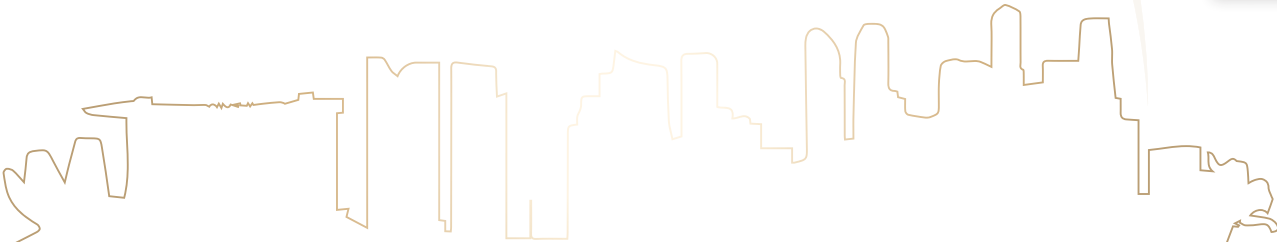
The women's goalball team have been very dedicated in their training and proved themselves during the Asia Pacific Goalball Tournament 2019, beating stronghouse neighbours Malaysia to take 5th placing at the competition. They also pulled off an upset over high-ranked Iraq with a last-minute goal. The team also contributes their time as part of Goalball Singapore's flagship community programme titled 'Goalball for ALL'. They utilise this opportunity to position goalball as an inclusive sport that can be taken up by able-bodied athletes and for talent identification to recruit PWDs to play the sport.



Tenpin Bowling Pairs

Muhammad Farhan Bin Ismail
Eric Foo Ming De

Eric has been bowling for 24 years. Together with his brother, Eric would visit the Serangoon Gardens Country Club, bowling for hours on end. They would try to beat their previous scores. Eric eventually participated in competitions and leagues. Eric's achievements include striking two gold (Singles Mixed TPB4; Mixed Doubles TPB4) and one silver (All Events Mixed TPB4) at the Thailand World Para Bowling Championships 2019 and two gold (Singles Men TPB4; All Events Men TPB4) and one bronze (Men Doubles TPB4) at the Philippines World Para Bowling Championship 2019.



SDSA 2020 NOMINEES | CONTRIBUTOR CATEGORY

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COACH (HIGH PERFORMANCE)

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COACH (DEVELOPMENTAL)

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COMMUNITY IMPACT AWARD (VOLUNTEERING)

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COMMUNITY IMPACT AWARD (EVENTS & INITIATIVES)

Coach of the Year (High Performance)



Ang Peng Siong | Swimming

Under the watchful eyes for sporting legend Ang Peng Siong, Toh Wei Soong has flourished under his guidance since 2013 and continues to do so. Toh Wei Soong attained a Bronze medal during the S7 50m freestyle event, earning the Republic's second Commonwealth swimming medal after Joseph Schooling. Most recently, Wei Soong clinched a gold and silver at the Singapore 2019 World Para World Swimming Series.



Athena Han I-Chia | Cycling

Athena started out as a volunteer with Para Cycling Federation Singapore (PCFS) in 2017, learning the ropes of coaching tandem athletes. Armed with a degree in Sports Science, she then attained her coaching licence in 2018 and started working more closely with Tee Wee Leong and Ang Kee Meng. Despite the relatively new arrangement, she has led the cyclists to achieve their first medal at the 8th Asian Track Championships for Individual Pursuit. Capitalizing on the efficacy of the training program and with inputs from the Sports Science team, together they have earned another bronze at the recent 9th Asian Track Championships 2019 for Individual Pursuit.



Jörg Alexander Volker Roger Eubel | Equestrian

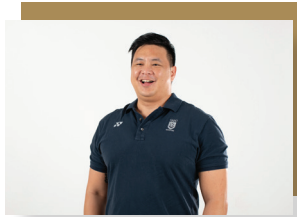
Volker has been working with Laurentia since 2008. Volker, whom Laurentia sometimes refer to as a 'horse whisperer', with his advice on horse nutrition and exercises for the owner, Harvey (i.e. the horse Laurentia was riding and competing with) went through a transformation that made him into an even better horse - in 6 months - he was almost unrecognisable.

Volker incorporates the classical principles of horsemanship, investing time and energy trying to understand the horses to help us, as riders, form the best relationship with them. Under Volker's guidance, Laurentia won a silver in the individual championship grade I event at the quadrennial Federation Equestre Internationale's (FEI) World Equestrian Games in 2018 and is currently ranked World No. 4 in the FEI Para Dressage Ranking. Volker always works to seek the best of a horse and rider combination. This often results in further positive changes, making the riding experience far more interactive and pleasurable.



Koh Gee Boo (Simon) | Badminton

One of the longest coach-athlete partnerships in local sports, Simon first coached Wei Ming since he matriculated into Nanyang Polytechnic in 2010. At that time, Simon was also coaching the badminton team. Under Simon's tutelage, Wei Ming got into the Sports Excellence Program (Spex) in 2015 and has led Wei Ming on to several achievements since then. Most notably winning the title in the 2018 Spain Para-Badminton International and more recently, joint 3rd in the 2019 Thailand Para-Badminton International.



Mark Chay | Swimming

Former national swimmer Mark Chay led Yip Pin Xiu to victory at the 2019 World Para Swimming Championships, where she won gold in the S2 50m and 100m Backstroke events despite this being his first leap into coaching para swimming. His past experience and guidance have been a valuable insight, combining what he knows and adapting it to para swimming. This has been an asset as they chart their course towards the Paralympic Games.



Muhamad Hosni Bin Muhamad | Athletics

2014 marked the year Hosni took the reins in coaching athletes with intellectual impairments. After the stint at the ASEAN Para Games in 2014, Hosni piqued interest in continuing coaching athletes with intellectual impairments. Under his coaching, Suhairi Suhani made history by coming in eighth in the final for the long jump event at the 2016 Summer Paralympics in Rio. The following year, Hosni expanded his portfolio and took Muhammad Diroy Noordin (short stature) under his guidance. Hosni led him to 6th placing at the World Para Athletics Championship 2019.



Pang Qing Liang | Archery

Qing Liang started coaching Syahidah Alim in February 2019. Despite the fairly new coaching arrangement, both parties had adjusted well, leading Syahidah to her first competition title in two years. Utilising his past experience as a national archer, Qing Liang was able to provide valuable insight into the sport. Together, they put Singapore on the World Para Archery map when Syahidah claimed the World Champion title at the 2019 Para Archery World Championships in the Netherlands. Following that, he coached Syahidah to a National Record score during a world ranking competition.

Coach of the Year (Developmental)



Hansen Bay | Goalball

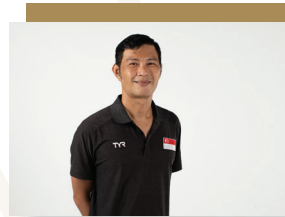
Hansen first got involved when Goalball in 2012. He made use of the characteristics inherent to this Paralympic sport to teach team development and mental skills to able-bodied athletes. Hansen's exposure to Goalball eventually made him a Goalball coach for the APG team in 2015. Hansen observed that there is a misconception that persons with disabilities are more prone to injuries and should avoid sport participation. To correct these misconceptions and to improve the level of physical activity among persons with visual impairments, Hansen is actively promoting Unified Goalball where both persons with visual impairments and their sighted peers can team up to enjoy this sport.

Besides coaching Goalball, Hansen also serves as an educator for the International Paralympic Committee (IPC), where he teaches programmes about disability sports to other coaches in Singapore and the region.



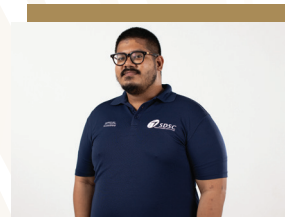
Jovin Tan | Sailing

Jovin Tan, determined not to give up sailing that had pulled him through life from a rebellious youth to a respected Paralympian, made a decision to pursue coaching when the sport was dropped from the Paralympic programme. He wanted to make sure that the benefits of sailing continued to spread to other persons with disabilities, and even to the wider community. Therefore, he took up an arduous journey to earn his credentials, becoming the first person with disabilities to clear the Standard First Aid course that was originally not catered for PWD and become accredited as a coach under the National Registry of Coaches. He has since embarked to coach various programmes to help others learn the sport of sailing during weekends (as he is still working full-time), and kickstarted unified programmes to help persons with and without disabilities learn to sail together. Jovin also continues to sail in local races to inspire his students, and runs races during the local regattas for persons with disabilities.



Leong Wei Chiang Lionel | Swimming

Former national swimmer Lionel Leong uses his experience to bring new energy to the team of para swimmers Lim Kong Boon, Darren Chan and Nicole Fu. Imparting his guidance, all three swimmers qualified for the 2019 Singapore World Para Swimming World Series and achieved their personal best in their respective events.



Muhammad Abdul Razak Bin Mansor | Powerlifting

Razak's journey into para powerlifting started when he was a national technical official at the 8th ASEAN Para Games in 2015. His participation at the games spurred him to get his coaching license. In 2016 he started volunteering with the powerlifting development team. Two years later, he took on the role of coach and guided Kalai Vanen and Nur Aini Binte Mohamad Yasli to qualify for the Asian Para Games 2018 and the World Para Powerlifting Championships 2019.



Nurulsyahirah Taha | Boccia

Nurulsyahirah Taha has been coaching MDAS developmental athletes since 2017. She currently trains about 10 active BC3 and BC4 athletes, and works together with regular volunteers. She introduced physical conditioning to her athletes, who all have various forms of muscular dystrophy, which is characterised by progressive muscle weakness and loss of muscle mass. She also started a system of peer feedback during training as a way for the athletes to gradually hold more responsibilities and empathise with each other.



Tan Joo Seng Roland | Swimming

Coach to para swimmers Wong Zhi Wei, Colin Soon, Benson Tan and Jazlene Tan, Roland has dedicated a significant amount of time to developing these athletes to their fullest potential. Not only did Jazlene qualify for the 2019 Singapore World Para Swimming World Series, Zhi Wei also benefitted from his expertise to become Singapore's most decorated athlete at the 2017 Asian Youth Para Games, qualified for the 2018 Asian Para Games, 2019 Singapore World Para Swimming World Series and the 2019 World Para Swimming Championships.

Community Impact Award (Volunteering)



Dr Lim Mui Hong | Athletics
Mohammed Faisal Suptu | Athletics

Dr Lim Mui Hong and Mohammed Faisal Suptu are classifiers for para athletics. Classification is undertaken to assess if an athlete is eligible to compete in para athletics events. Eligible athletes are then allocated the appropriate sport class based on how much their impairment affects sports performance. This is to ensure that they compete with others who are in the same sport class.

Dr Lim is an orthopaedic surgeon with a focus in sports medicine and sports surgery. Dr Lim was introduced to para sport in 2014, volunteering his time and lending his expertise to help in the classification process. Faisal is an associate lecturer at Republic Polytechnic with a background in Sports & Exercise Psychology. He was first exposed to technical classification as a Liaison Officer at the ASEAN Para Games 2015. Dr Lim and Faisal attended Level 2 para athletics classifier course organised by the International Paralympic Committee in 2017. Both of them have since worked together as medical and technical classifiers for individuals who are embarking on para athletics journey.



Dr Ong Joo Haw | Powerlifting

Dr Ong is a medical doctor and his deep passion for powerlifting led him to learn more about para powerlifting. Since 2017, Dr Ong has been assisting SDSC with conducting safety assessments and eligibility tests to classify aspiring athletes in the sport. Beyond classification, Dr Ong is an active powerlifter and continues to impart knowledge of the sport with SDSC athletes.



Lee Yan Hong Arthur | Swimming

With over 30 years of officiating experience under his belt, Arthur has been a strong advocate of inclusion and professionalism in our nation's swimming meets. Arthur volunteered as a technical official and officiated his first Singapore Disability Sports Council (SDSC) National Swimming Championships back in 1995. Since then, he has continued to take up key roles in the para swimming sector, such as competition manager for the 2015 ASEAN Para Games and the Singapore 2019 World Para Swimming World Series. Arthur has also worked closely with the SDSC to professionalise the local para swimming sector.



Lim Kim Seng | Sailing

Lim Kim Seng lost his hearing at the age of three but remains undeterred in his quest to help others. An active volunteer with SDSC's Sailing programme since 2006, Kim Seng spends every weekend supporting persons with disabilities, transferring them from their wheelchairs to the sailboats, and performing tasks such as rigging, launching and recovery of the sailboats. Despite having difficulty speaking, he is well-liked for his cheerful nature and instinctive ability to understand the needs of the sailors.



Loh Siew Kay | Boccia

Siew Kay has been a dedicated volunteer for Boccia for 4 years, reporting every week to Muscular Dystrophy Association of Singapore to help Boccia player Gareth Ho as a athlete competition partner. To help Gareth improve his technique and enjoy the game more frequently, Siew Kay sacrifices his weekends as well to train with Gareth, and innovatively invented a push stick to ease Gareth's rolling of the Boccia ball.



Michael Tan Tai An | Photographer

Since 2015, Michael has been volunteering with gusto and willingly lends SDSC his expertise to shoot and edit photographs for various events. This often sees him spending many hours with us despite no remuneration. His passion for photography is clear for all to see.



Muscular Dystrophy Service Group | Boccia

Muscular Dystrophy Service Group (MDSG) is a student-initiated Service-Learning project that was started in 2017 by Jovie Lim, Baek Jin Woo and Ng Bei Lin from Singapore University of Social Sciences. MDSG's objective is to facilitate and catalyse the awareness of Muscular Dystrophy as well as people with Muscular Dystrophy within Singapore. MDSG aims to be the disseminating point for increased awareness, via methods of direct and indirect service onto the community, starting from increasing awareness of this community within our school. At the end of each student's volunteer term, MDSG hopes that their experience in MDSG helped them understand Muscular Dystrophy and inspired them to continue their volunteering journey. Currently, MDSG has a small pool of volunteers who head down to MDAS weekly to provide assistance in sport activities such as Boccia and Power Soccer. Other activities volunteers have participated in include MDAS' annual flag day and Boccia competitions.



Monique Heah Cheng Siew | Equestrian

Monique Heah has been volunteering with the SDSC, specifically for the sport of Equestrian since 2008 but more actively from 2010 onwards. Monique's first encounter was in 2008 Paralympics when she went to support the team for the competition. Seeing that the sport of equestrian was rising and it is requiring someone with the skill set and knowledge of the sport to push it forward, she stepped up to take on the position as Team Manager. Monique serves as a liaison between the athletes/officials and the federation. For the last 10 years, she has taken time off to lead the team for their overseas competitions as well as the Paralympics and the World Equestrian Games. Monique brings an unspoken positive energy to the team including the horses.



Ni Ni Swee | Boccia

Ni Ni's desire to volunteer came after attending a Boccia Workshop conducted by SDSC in 2003. As a physiotherapist, Ni Ni started off providing warming up exercises for the boccia team and gradually assisted the team at international competitions. Passionate to improve the quality of life for persons with Cerebral Palsy and others physical disabilities, she became an International Boccia Classifier in 2008. Accredited by the Cerebral Palsy International Sports Recreation Association (CPISRA), Ni Ni is classifying for the Singapore Cerebral Palsy Football team and Boccia team.



serendipET | Volunteer Group

serendipET is a social enterprise founded on the principles of helping others. Their main focus of business is in experiential education and outdoor education. They work with local schools, international schools, government institutions and corporations in the private sector. serendipET has been a volunteer with SDSC since their incorporation in 2016. They started by volunteering their time to assist in different roles for various sporting events conducted by SDSC. This eventually allowed them to start doing outreach for the disability sports scene in Singapore. Besides partnering with SDSC to conduct tastings and talks in various schools, they have also incorporated various sports into their programs and camps. They have successfully gotten many of their clients to incorporate the additional objective of, creating an inclusive society in Singapore, into their programs and curriculums. serendipET strives to continue their support to the objectives and vision of the Singapore Disability Sports Council.

Community Impact Award (Events & Initiatives)



Cerebral Palsy Alliance Singapore | Boccia

Cerebral Palsy Alliance Singapore (CPAS) offers Boccia as an extra-curricular activity for their clients. The organisation has bridged the gap between the public and persons with disabilities by organising outreach programmes, including booths for Boccia, during past CPAS World Play Day events. CPAS has also collaborated with other special education schools, neighbouring primary and tertiary institutions to advocate for its clients and share more about the sport. Furthermore, CPAS offers its venue as a training ground for local national referees and athletes under the SDSC programme.



Wheelchair Rugby Programme | Wheelchair Rugby

An inclusive weekly recreational programme of wheelchair rugby that include players of all levels and abilities. The programme promotes social cohesion and friendships between persons with and without disabilities through sports.

LIFETIME ACHIEVEMENT AWARD



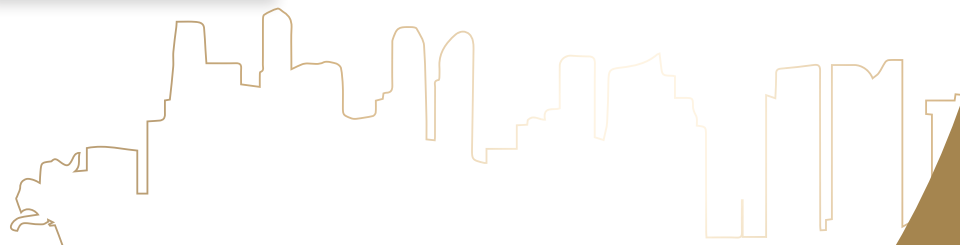
Henry Tan

The man behind the scenes - that is who Henry Tan is. The individual who has served SDSC more than half his life, started volunteering back in 1974. He was one of many individuals who played a significant role in the establishment of SDSC and advocating for disability sports in Singapore.

Intrigued by the abilities of persons with disabilities, Henry took upon himself to gain knowledge about wheelchair tennis and started recruiting individuals. Till today, many athletes remember Henry as an individual who goes above and beyond to make things happen, like finding sponsors to keep disability sports afloat.

Seeing how he can play a part in the community, Henry took on various roles on the board of SDSC such as committee member, Honorary Secretary and Vice-president to push the mission and vision of the council. While juggling a full-time career at the Ministry of Education (MOE), Henry helped forged a healthy working relationship between MOE and SDSC which stands till today. Henry also led a number of teams for overseas competitions but the most notable ones would be as Chef de Mission for the Athens 2004 Paralympic Games where sailing made their debut.

In 2012, he assumed the role of Executive Director of SDSC and led the team for 5 years before officially retiring.



SPECIAL THANKS



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To the members of the judging panel for their invaluable time and insightful guidance in the selection process of the Singapore Disability Sports Awards 2020.

Mr Kevin Wong [Chairperson]
President, Singapore Disability Sports Council

Mr Chris Chan
Secretary General, Singapore National Olympic Council

Dr Teo-Koh Sock Miang
Vice president, Singapore Disability Sports Council
High Performance and Development Sub-Committee, Singapore Disability Sports Council

Mr Ali Daud
Member, Executive Committee, Singapore Disability Sports Council
Community Sports and Participation Sub-Committee, Singapore Disability Sports Council

Mr Toh Boon Yi
Chief, Singapore Sport Institute, Sport Singapore



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* Data based on Nielsen ScanTrack services for the Topical Analgesics category for January to December 2015, for the Total Singapore Modern Trade (Copyright © 2016, The Nielsen Company)

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