

# I'mPOSSIBLE Celebrations 2021

(Preschools and EIPICS)



I'MPOSSIBLE  
CREATIVE CHEER  
COMPETITION



I'MPOSSIBLE  
BUDDY RUN



I'MPOSSIBLE  
COLOURING  
COMPETITION



I'MPOSSIBLE  
STORYTIME



# 1 I'mPOSSIBLE Creative Cheer Competition (Preschool-Primary School Category)

(Start any time and submit video by 30 June 2021)

Demonstrate the Paralympic values by submitting a creative video (up to 60 seconds) to cheer our local athletes on for the Tokyo 2020 Paralympic Games. Perform a special rap, song, or dance as individuals, a class or a school!

The top 5 entries will receive S\$250 Popular vouchers, a trophy and a token from our Paralympians. Selected videos would also be published on media platforms to promote the Paralympic movement.

## 2 I'mPOSSIBLE Buddy Run

(Start any time and submit achievement by 30 September 2021)

Experience the Paralympic values by conducting a buddy run modeled after the guided run, an event for athletes with visual impairment at the Paralympic Games. Students pair up and take turns to be blindfolded – one sighted child guides a blindfolded child and they complete the run holding hands or towels.

Adapt creatively to your children's needs, such as allowing them to close their eyes instead of blindfold, walk instead of run, or complete the run sighted but standing within hula hoops.

After that, submit your achievement to SDSC. We will add your distances (in pairs) to a national tally. Our goal is to clock a total distance of 10,625 km, to commemorate our Paralympians' journey from Singapore to Tokyo, Japan, and back.

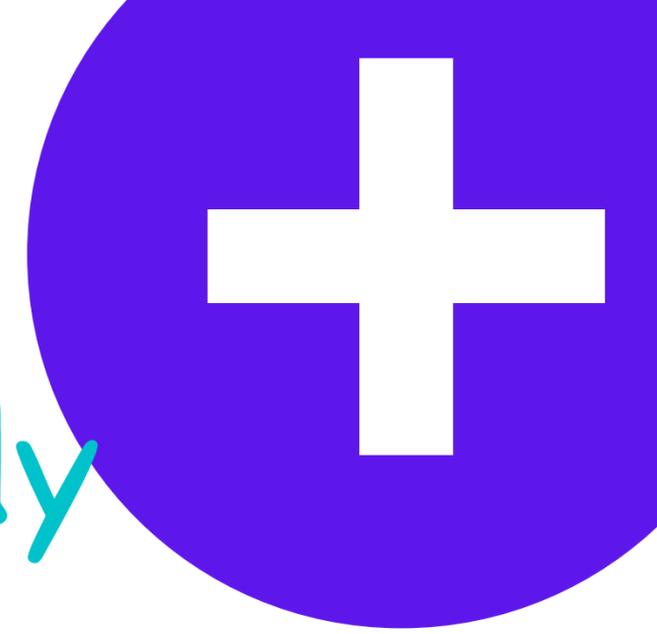
All participating children will receive a commemorative medal and certificate of participation.



MAKE IT FUN:  
USE THE HISTORY OF PARALYMPIC GAMES OR  
PHOTOS OF OUR SG PARALYMPIANS  
AS DISTANCE MARKERS.



# Going further with your buddy run



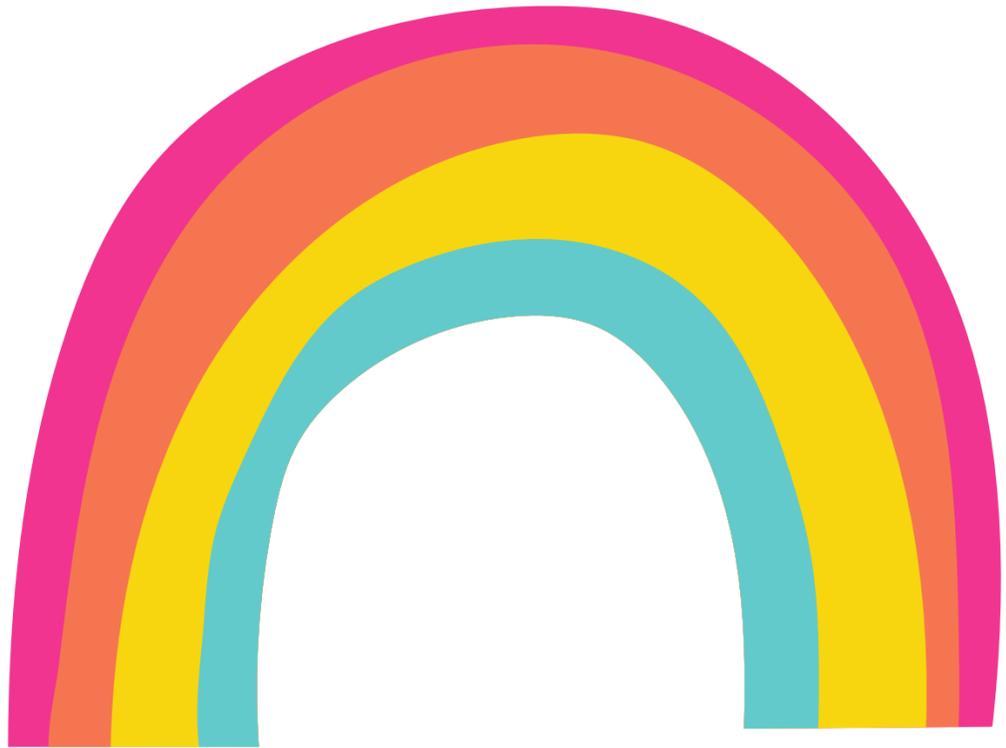
(Start any time and complete campaign by 30 September 2021)

Rope in your alumni and parent support groups to cheer on your students! They can pledge donations to make your students' participation even more meaningful.

SDSC will help you set up your dedicated Giving.sg campaign. Proceeds will help us sustain our services as a charity!



# 3 I'mPOSSIBLE Colouring Competition



(Available for download in April 2021.  
Submit entries by 30 June 2021.)

Download colouring sheets for our young children as they learn about our local Paralympians. Submit their works to participate in our preschool colouring competition.

All participating children will receive a little gift and certificates of participation. 5 selected entries will receive a special hamper worth S\$30 and a trophy.



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# I'mPOSSIBLE Storytime

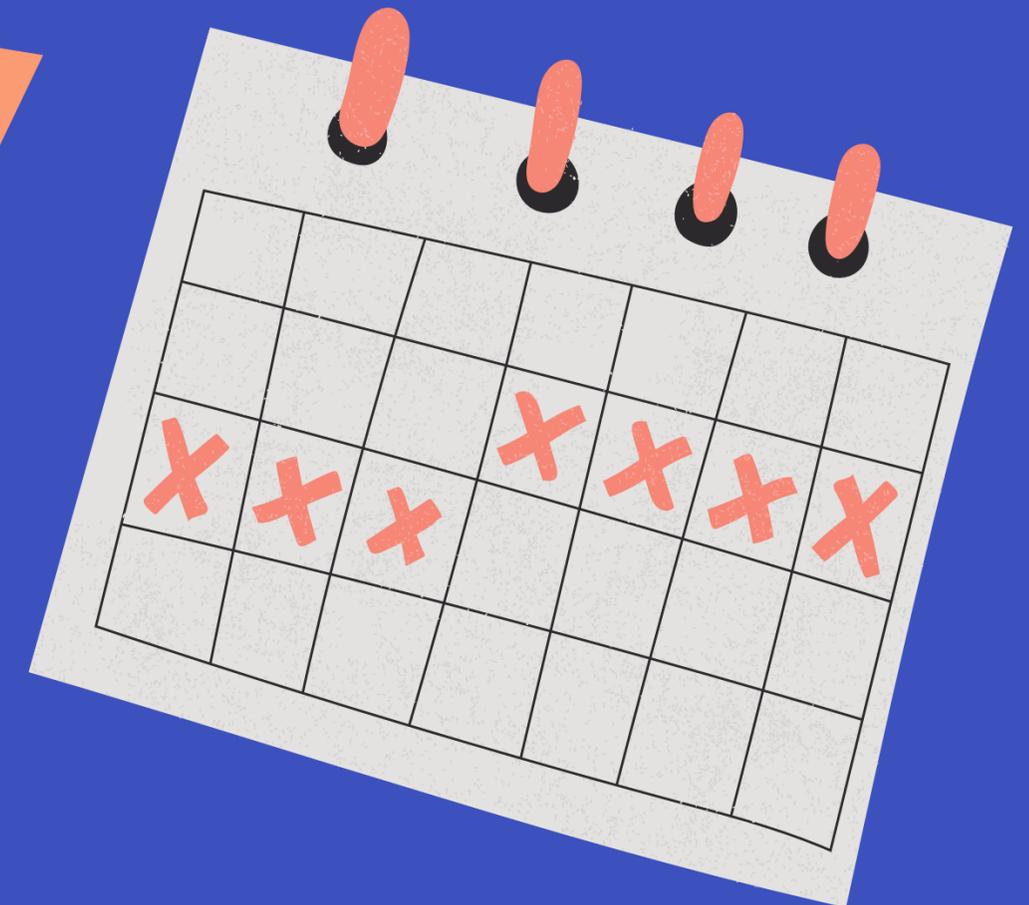
(Available for download in May 2021)

Learn about the Paralympic values through the stories of our local para athletes. Choose free e-books or order physical sets for your young students, and teach them the Paralympic values of “Courage”, “Determination”, “Inspiration” and “Equality”.



# HERE ARE SOME MEANINGFUL DATES YOU CAN USE FOR YOUR PLANNING:

- 1 March 2021 – Zero Discrimination Day, International Wheelchair Day
- 8 March 2021 – International Women's Day
- 24 March 2021 – Tokyo 2020 Paralympic Games: 5 months to go
- 7 April 2021 – World Health Day
- 24 April 2021 – Tokyo 2020 Paralympic Games: 4 months to go
- 24 May 2021 – Tokyo 2020 Paralympic Games: 3 months to go
- 24 June 2021 – Tokyo 2020 Paralympic Games: 2 months to go
- 24 July 2021 – Tokyo 2020 Paralympic Games: 1 months to go
- 30 July 2021 – International Day of Friendship
- 24 August 2021 – Opening Ceremony of Tokyo 2020 PG
- 5 September 2021 – Closing Ceremony of Tokyo 2020 PG





# THANK YOU!

For queries on the activities, please contact  
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