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**GOING**

**THE**

**DISTANCE**

ANNUAL REPORT FY 17-18



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# OUR MISSION

Founded on the belief in the dignity, capability and value of persons with disabilities, our mission is to enable our sportspersons to realise their individual potential by providing them with the opportunity to participate and excel in sports both recreationally and competitively.





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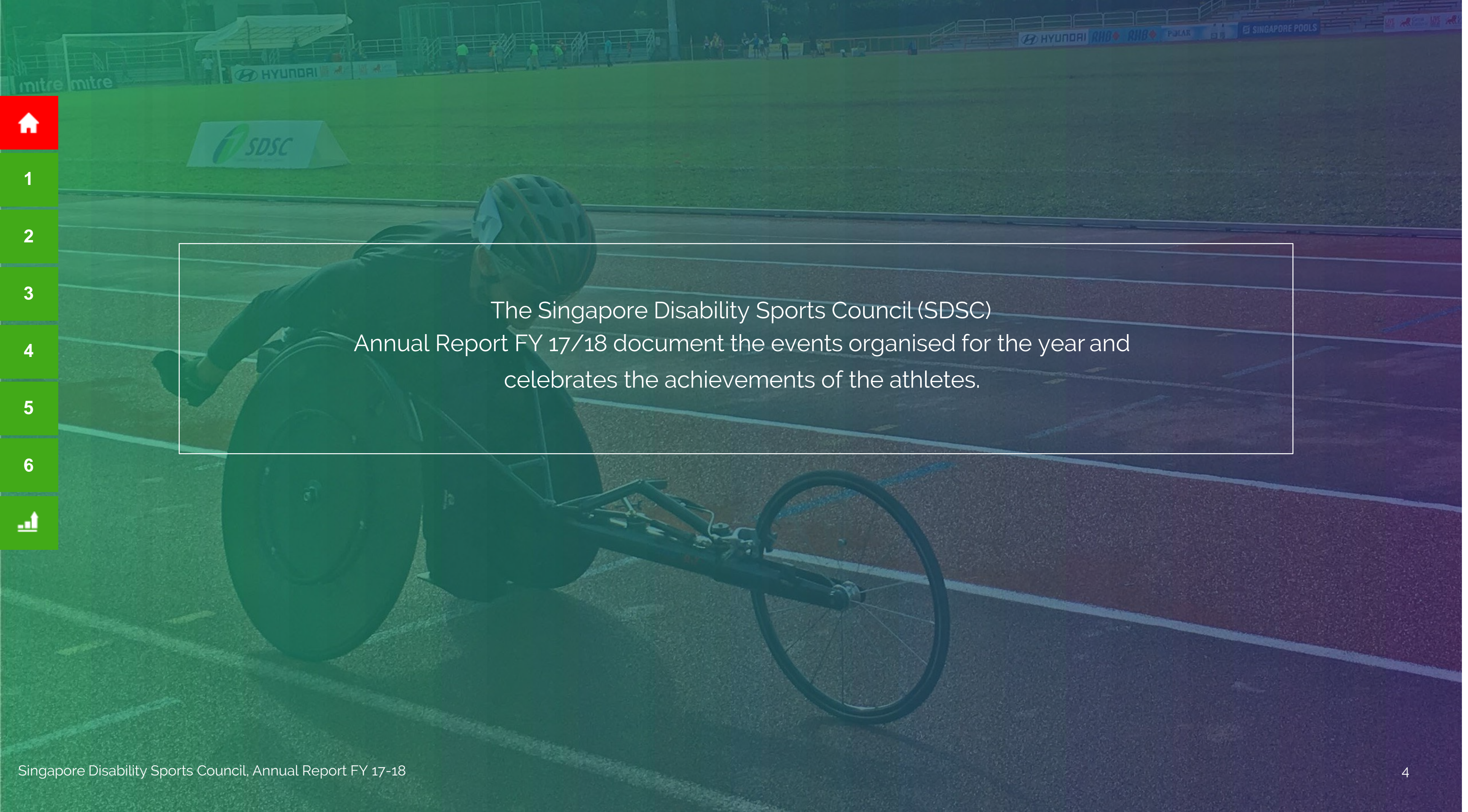
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# OUR VISION

To maximise our members' potential through sports.





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The Singapore Disability Sports Council (SDSC) Annual Report FY 17/18 document the events organised for the year and celebrates the achievements of the athletes.



# President's Message



**Dear Friends,**

FY 2017/2018 was an exceptional year for the Singapore Disability Sports Council (SDSC). The Council has been unyielding in its pursuit of using sports and physical activity as a platform to enhance the quality of life for people

with disabilities (PWDs). Bridging PWDs to sports has been one of the defining factors of SDSC. That ideal has not changed since our formation in 1973. At SDSC, we continue to press on in our mandate to not just bring sports and physical activity to PWDs, but to integrate them with the society through sports.

## A year of many firsts

In driving the growth and richness of the local sporting culture, SDSC rose to greater heights, marking a milestone in our history when we hosted the first leg of the inaugural World Para Bowling Tour Series, ahead of regional neighbours Hong Kong and Malaysia. The competition welcomed 56 athletes from 8 nations and provided more competitive exposure for our local players, raising their level of proficiency.

Nurturing the ecosystem of disability sports where knowledge and expertise meet organically, SDSC developed three levels of para sports coaching proficiency and assisted more than 40 coaches get their para sports coaching experience recognised in the National Registry of



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# President's Message



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Coaches (NROC). To further enhance the quality of technical officials, SDSC launched a new scheme to support technical officials with finance assistance to develop their officiating skills. To date, we have enrolled over 30 individuals in courses organised by international federations to increase their professionalism of athlete management.

In shaping the disability sports scene here, internal operations are just as important to ensure everything runs smoothly. SDSC established a more detailed Standard Operating Procedure (SOP) in all departments to achieve optimal efficiency with quality output. In making processes transparent, athletes were given clear goals in policies on nominations for major games.

At the regional and international levels, we fielded the largest Team Singapore contingent with 28 U-23 athletes at the Asian Youth Para Games 2017 in Dubai and the largest away contingent of 90 athletes at the 9th ASEAN Para Games 2017 in Kuala Lumpur, Malaysia. In addition, Team Singapore athletes brought home the first Deaflympic medals (1 gold and 1 bronze) in 2017 and World Championship titles from the BWF Para Badminton World Championships 2017 and IBSA World Championships 2017.

# President's Message



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## Cultivating the future

Sports is ever evolving and unpredictable. To remain at the cutting edge of disability sports, we will be launching an app under Project LIFE, supported by Tote Board's Enabling Lives Fund. Set to roll out over two years from 2018 to 2020, the app will serve to extend SDSC's core mission of helping PWDs realise their maximum potential by helping PWDs gain Lifelong Independence, Friendships & Empowerment through various opportunities and tools, especially those of sports. Equipped with easy-to-use and intuitive functions for PWDs, LIFE aims to serve as one-stop portal for them to learn about physical and social rehabilitation opportunities through sports, record their sporting journeys, match them with complementary support, and inspire them.

Not stopping at innovation, SDSC recognises the need for strong and collaborative partnerships. One such partnership is with SportSG, which has played an instrumental role in SDSC's success. From spexScholarship for our full time athletes to ensuring that para sports is included in GetActive Singapore competition, SportSG has been a true friend to SDSC. We are glad to share that with every year, we have witnessed a growth in para sports.

To chart the development of the sports, SDSC partners with corporates to encourage them to adopt a sport, among other partnerships, so we can synergise and tap each other's strengths.

# President's Message

## Going the distance together

At SDSC, we recognise that we do not work alone but as a part of the larger community, in partnership with organisations and individuals. In the past year, many have extended a helping hand to the para sporting community. We would like to acknowledge the good work they do and also to express our heartfelt gratitude for their support.

It is through generous donors and corporate partners that we are able to help more PWDs get active and benefit from sports.

In particular, we would like to give thanks to organisations such as Haw Par Corporation Limited, Micron Singapore Foundation, EFA Group, Grab Singapore, Singapore Press Holdings Foundation and the Japanese Chamber of Commerce and Industry Singapore Foundation whom we have the honour of 20 years of partnership.

Many volunteers and members of the public have also touched us with their support for our cause, and we hope you will continue to join us in embracing the unique possibilities and optimism that para sports can inspire. When we can come as one in unity, as an inclusive society, then we can indeed go the distance together.

Kevin Wong

President

Singapore Disability Sports Council



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# Organisation Summary

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## Background

The Singapore Disability Sports Council (SDSC) is the only sports organisation in Singapore that reaches across all disability groups offering sports at both elite and non-elite levels.

SDSC is a registered charity and also the national sports body for persons with disabilities in Singapore. With a membership of 21 voluntary welfare organisations, National Disability Sports Associations and individual members, SDSC has effectively managed to reach out to over 15,000 individuals with disabilities over the years.



# Organisation Summary

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## SDSC Primary Goals

### Fostering through sports:

- Physical and mental well-being of persons with disabilities,
- Build confidence and self-esteem and
- Promote team spirit and a sense of achievement.

With the fulfillment of these aims, SDSC hopes to encourage persons with disabilities in Singapore to live full independent lives and to realise their individual potential.





# Organisation Summary

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## Our Programmes and Activities

- Provide persons with disabilities with opportunities to participate, train and excel in sports
- Enhance the lifestyles of persons with disabilities and integrate them into the community through recreational sports and activities
- Increase public awareness of and promote support for the sporting and recreational needs of the disabled community



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# Organisation Summary

SDSC firmly believes in the value and benefits of sports and in the lives of persons with disabilities. Programmes and activities underscore its mission to enhance the potential of persons with disabilities through sports.

SDSC depends on the kind and generous contributions of corporate sponsors and members of the public to advance its cause.





# Organisation Members

## Ordinary (Founder Member)

- Association for Persons with Special Needs
- Handicaps Welfare Association
- Cerebral Palsy Alliance Singapore
- Movement for the Intellectually Disabled of Singapore
- Singapore Association of the Visually Handicapped
- Singapore Leprosy Relief Association
- SPD

## Ordinary (Non-Founder Member)

- AWWA
- Deaf Sports Association (Singapore)
- Down Syndrome Association (Singapore)
- Metta Welfare Association
- Muscular Dystrophy Association (Singapore)
- Touch Community Services



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# Organisation Members

## Associate Members

Bowling Association for the Disabled (Singapore)

Lawn Bowls Association for the Disabled (Singapore)

Para Cycling Federation Singapore

Riding for the Disabled Association of Singapore

Table Tennis Association for the Disabled (Singapore)

Wheelchair Basketball Association (Singapore)

Wheelchair Racing Association (Singapore)

Wheelchair Tennis Association (Singapore)





# Organisation Members

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## Individual Members

Alukkathara Purushothaman

Angie Ong

Ho Cheng Kwee

Kevin Gerard Wong

Lim Tze Beng

Mahadevan Lukshumayeh

Dr. Mark Hon

Dr. Teo-Koh Sock Miang

Mumtaz Begum Binte Abdul Karim

Raja Singh

Subir Singh

Yeo Kian Wee, Andy



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# Memberships & Affiliation

## Ordinary (Founder) Member

### ASSOCIATION FOR PERSONS WITH SPECIAL NEEDS



The Association for Persons with Special Needs (APSN) is a voluntary welfare organisation catering to the needs of children and adults with mild intellectual disability. It runs four schools and a training centre. As a founding member of Singapore Disability Sports Council (SDSC), APSN recognises the importance of sports in their members' growth and development. Their members have represented Singapore in a number of major overseas meets.





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# Memberships & Affiliation

## Ordinary (Founder) Member

### CEREBRAL PALSY ALLIANCE SINGAPORE



Cerebral Palsy Alliance Singapore formerly known as the Spastic Children's Association of Singapore was established in 1957 to provide special education, rehabilitation services, vocational training and gainful employment for children and adults with cerebral palsy in Singapore. Special education was introduced with the setting up of a school in 1966. In 1984, a workshop was added to provide sheltered employment for adults with cerebral palsy. The CPAS has been involved in SDSC's sports program in countless occasions and has always been the organisation to look out for during sports related events and activities. It is also the centre for excellence for Boccia.



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# Memberships & Affiliation

## Ordinary (Founder) Member

### HANDICAPS WELFARE ASSOCIATION



The Handicaps Welfare Association (HWA) has always been a strong advocate of sports. A member of the Singapore Disability Sports Council (SDSC), HWA has been promoting sports and helping to nurture many outstanding sportsmen and sportswomen who have participated in local, regional and international sporting events.



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# Memberships & Affiliation

## Ordinary (Founder) Member

### MOVEMENT FOR THE INTELLECTUALLY DISABLED OF SINGAPORE



Movement for the Intellectually Disabled of Singapore (MINDS) is one of the oldest and largest non-governmental organisations catering to the educational, vocational, social and welfare needs of the Intellectually Disabled in Singapore. MINDS is actively involved in sports and physical activities organised by SDSC and their special schools have been participating regularly in SDSC's annual multi-sports events, namely the Singapore National Para Games.





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# Memberships & Affiliation

## Ordinary (Founder) Member

### SINGAPORE ASSOCIATION OF THE VISUALLY HANDICAPPED



The Singapore Association of the Visually Handicapped (SAVH), formerly known as the Singapore Association for the Blind (SAB), is a voluntary welfare organisation, founded in 1951. The association is affiliated to the National Council of Social Service (NCSS) and is an approved Institution of Public Character (IPC). Throughout the years, SAVH has strongly encouraged its members to participate in SDSC's events and sporting programmes.



# Memberships & Affiliation

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## Ordinary (Founder) Member

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### SINGAPORE LEPROSY RELIEF ASSOCIATION



The SILRA Home was built through public donations and officially opened on 4th September 1971 by the Late President of Singapore Dr. B. H. Sheares. The Home provides food, lodging, and recreation and healthcare services for ex-leprosy patients. It also teaches patients some handicraft skills and rehabilitative work. Its residents want to be treated as equals with the wider community.



# Memberships & Affiliation

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## Ordinary (Founder) Member

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### SPD



SPD, formerly the Society for the Physically Disabled, is a voluntary welfare organisation that focuses on helping people with disabilities maximise their potential and integrating them into mainstream society. Through programmes and services that encompass therapy, vocational skills training, employment support, assistive technology, early intervention, day care, educational and social support, SPD seeks to enable people with disabilities to be self-reliant and independent. As one of the founding members of Singapore Disability Sports Council (SDSC), SPD is also one of the pioneers of sports excellence and participation for persons with disabilities.





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# Memberships & Affiliation

## Ordinary Member

### AWWA



Catering to the educational, rehabilitative and social needs of children with physical disabilities in mainstream schools and institutions of higher learning, AWWA Community Integration Service (formerly known as TEACHME) joined Singapore Disability Sports Council in 1998 to jump start sports and physical activities for its clients. Since 1998, it has organised several sports clinics with SDSC's assistance, enabling their children to participate in sports in their respective mainstream schools.



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# Memberships & Affiliation

## Ordinary Member

### DEAF SPORTS ASSOCIATION (SINGAPORE)



Deaf Sports Association (Singapore), DSA, is the national body for sports for the deaf community in Singapore. DSA's vision is to help the deaf and hard of hearing realise their fullest ability through sports as part of social integration, character building and a healthy lifestyle. DSA organises annual multi-sporting events like the National Deaf Games where the deaf and hard of hearing compete through fun and games. DSA scouts talent and supports an elite training programme that prepares deaf and hard of hearing athletes for international games such as the ASEAN Deaf Games, Asia Pacific Deaf Games, and Deaflympics. DSA is affiliated to the International Committee of Sports for the Deaf, Asia Pacific Deaf Sports Confederation and ASEAN Deaf Sports Federation.



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# Memberships & Affiliation

## Ordinary Member

### DOWN SYNDROME ASSOCIATION (SINGAPORE)



The Down Syndrome Association (Singapore), joined Singapore Disability Sports Council (SDSC) in 2000. The variety of programmes available provides DSA(S) members the opportunities to explore their passion, interests, to discover and culminate talents. It also offers many opportunities to showcase their acquired skills, talent and growth through various performances, competitions and awards. Through the Enrichment Programmes, DSA(S) members are offered sports such as Aikido, Bowling, Boxercise and Swimming, as well as other classes such as creative and fusion dance and Zumba.





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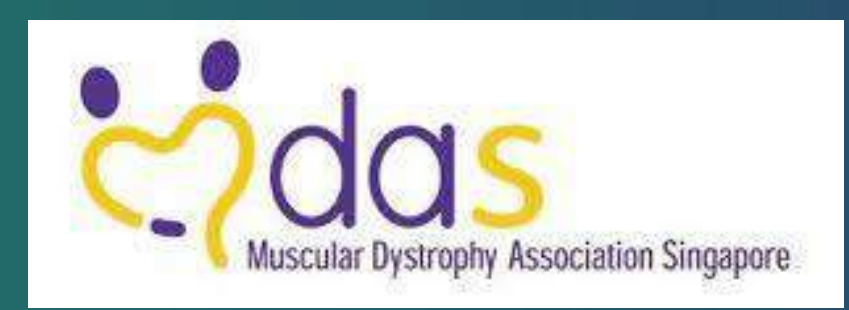
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# Memberships & Affiliation

## Ordinary Member

### MUSCULAR DYSTROPHY ASSOCIATION (SINGAPORE)



The Muscular Dystrophy Association (Singapore), MDAS, is a self-help organisation formed in March 2000. It is committed to uplift the lives of people with Muscular Dystrophy. MDAS strives to promote a healthy lifestyle and improve the overall well-being of its members by encouraging their participation in sports activities promoted by Singapore Disability Sports Council (SDSC). Today, MDAS has successfully assembled a group of sports enthusiasts who regularly play Boccia and Powerchair Football.



# Memberships & Affiliation

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## Ordinary Member

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### METTA WELFARE ASSOCIATION



Metta Welfare Association (Metta) was founded in 1992 by Venerable Shi Fa Zhao, Abbot of the Golden Pagoda Buddhist Temple. Metta is a keen supporter of the promotion of sports for persons with disability and does this through its service centres. The Metta School has been participating in SDSC's sports events such as the National Inclusive Athletics and Swimming Championships.



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# Memberships & Affiliation

## Ordinary Member

### TOUCH COMMUNITY SERVICES



TOUCH Community Services is a not-for-profit charitable organisation officially registered in 1992 and has been a member of the National Council of Social Services since 1994. TOUCH is committed to the well-being of all people, reaching out to various levels of needs in the community. Believing that every individual is unique and capable of reaching his or her highest potential, its mission is to establish and provide, for the needy and disadvantaged in our society, an integrated network of community-based services that strengthens the family.





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# Memberships & Affiliation

## Associate Member

### BOWLING ASSOCIATION FOR THE DISABLED (SINGAPORE)



The Bowling Association for the Disabled (Singapore) (BADs) has been registered with the Registry of Societies since April 2010. BADs's main objective is to make bowling accessible to all persons with disabilities in Singapore. It organises and coordinates all bowling activities for the disabled community culminating in the selection of elite teams to represent Singapore in international competitions.



# Memberships & Affiliation

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## Associate Member

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## LAWN BOWLS ASSOCIATION FOR THE DISABLED (SINGAPORE)



The Lawn Bowls Association for the Disabled (Singapore) was formed in 2005 to cater to those who wish to take up lawn bowls. As the sports association functions independently from Singapore Disability Sports Council (SDSC), it has greater freedom on the management and promotion of their sport.



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# Memberships & Affiliation

## Associate Member

### PARA CYCLING FEDERATION SINGAPORE



Para Cycling Federation Singapore (PCFS), formerly known Handcycling Association of Singapore, is a non-profit dedicated to the development of athletes with disabilities to take up cycling as a form of rehabilitation and leisure. PCFS has taken up an active leadership role, fostering and preparing teams to participate in local and international competitions.

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# Memberships & Affiliation

## Associate Member

### RIDING FOR THE DISABLED ASSOCIATION OF SINGAPORE



Riding for the Disabled Association of Singapore (RDA) was founded in 1982 and registered as a charity in 1987. Since then, more than a thousand children and adults with disabilities have been given the opportunity to ride. RDA provides free, therapeutic horse riding lessons to children and adults with physical and intellectual disabilities. It aims to teach persons with disabilities to ride to the best of their abilities. It has been actively supporting SDSC in sports events organised for the disabled community in Singapore.



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# Memberships & Affiliation

## Associate Member

### TABLE TENNIS ASSOCIATION FOR THE DISABLED (SINGAPORE)



Table Tennis Association for the Disabled (Singapore) was registered in 2011. It was set up to promote table tennis among special school students, the elderly on wheelchairs, the disabled and those who have lost their mobility; adding value to their lives. With a wide base, selected members are invited to join the developmental squad in weekly training sessions and to eventually represent Singapore in overseas competitions. It also works closely with SDSC to raise the awareness of disability sports and inculcate sports as a lifestyle pursuit for persons with disabilities through their regular table tennis demonstrations and public appearances.

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# Memberships & Affiliation

## Associate Member

### WHEELCHAIR BASKETBALL ASSOCIATION (SINGAPORE)



The Wheelchair Basketball Association (Singapore) (WBA) was established on 7 July 2007 to promote wheelchair basketball for able and disabled Singaporeans of all ages. Its broad objective is to provide support and guidance to people with or without disabilities who participate in the sport. It also holds, coordinates and organises competitions and other events in wheelchair basketball to further interest in the sport. To meet its objectives, WBA actively conducts public awareness events or collaborates with other organisations to stage wheelchair basketball competitions and demonstrations.

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# Memberships & Affiliation

## Associate Member

### WHEELCHAIR RACING ASSOCIATION (SINGAPORE)



The Wheelchair Racing Association (Singapore) (WRAS) was formed in 2008 to promote wheelchair racing in Athletics. WRAS aims to inculcate values of sports to individuals with disabilities. Over the years, wheelchair racing athletes have participated in local championships and donned national colours in regional and international competitions. Such competitions challenge the disabled to realise their fullest potential.

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# Memberships & Affiliation

## Associate Member

### WHEELCHAIR TENNIS ASSOCIATION (SINGAPORE)



The Wheelchair Tennis Association (Singapore) (WTAS) was registered with the Registry of Societies on 12 June 2016. With the help of SDSC, it was able to secure courts for training members within a year of its registration. WTAS looks to the coaching and training needs of its members and aims to inspire more athletes to take up wheelchair tennis.





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# Governance

Singapore Disability Sports Council (SDSC) is governed by an Executive Committee that oversees the good management and compliance of the Council's practices in achieving its objectives.

The committee is made up of nominated and elected representatives from its members.

SDSC's constitution stipulates that an election is to be held every two years to elect the President and members of the Executive Committee. Once elected, the Executive Committee members decide the office bearers as well as the composition of various sub-committees.





# Governance

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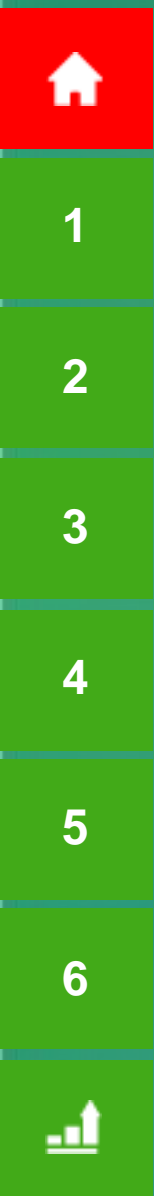
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## Conflict of Interest Policy

All Executive Committee members, staff members and volunteers of SDSC are required to read and understand the conflict of interest policy in place and make full disclosure of interests, relationships and holdings that could potentially result in a conflict of interest. When a conflict of interest situation arises, the member/staff/volunteer is excluded from the discussion and approval of such transaction.





# Governance

## Long Service ExCo Member (10 years and above)

Mdm Mumtaz Begum Binte Abdul Karim is nominated by the Singapore Leprosy Relief Association (SILRA) to represent the organisation. Under SDSC's constitution, all founder members, including SILRA, are to nominate a representative. SDSC has no rights nor powers over its Founder Members' nomination process.

## Whistle Blowing Policy

Implementation of a whistle blowing policy is currently being studied and will be assessed in due course.





# Governance

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## Remuneration of the Executive Committee

No member of the Executive Committee receives any form of remuneration for his service rendered as an Executive Committee member.

## Reserves Policy

The maximum operating reserves shall be five years of annual operating expenditure. The annual operating expenditure is defined as the highest annual expenditure over the last three years. Operating reserves exclude all building/project funds, endowment and sinking funds.





# Governance

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## Executive Committee (FY 17/18)

### **PRESIDENT**

**Mr Kevin Gerard Wong (wef 28 Sept 2016)**

Individual Member

### **VICE PRESIDENT**

**Mr Raja Singh (wef 23 Jul 2014)**

Individual Member

(ExCo Member since 2010)

### **HONORARY SECRETARY**

**Mr Christian Stauffer (wef 28 Sept 2016)**

Para Cycling Federation Singapore (Associate Member)

### **HONORARY TREASURER**

**Mr Ho Cheng Kwee (wef 28 Sept 2016)**

Individual Member

### **HONORARY ASSISTANT TREASURER**

**Mdm Mumtaz Brum Binte Abdul Karim (wef 28 Sept 2016)**

Singapore Leprosy Relief Association (Founder Member)

(ExCo Member since 1993)





# Governance

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**Mr Gary Lim (wef 10 October 2017)**

Association for Persons with Special Needs  
(Founder Member)

**Ms Amy Tan (wef 13 June 2017)**

AWWA (Ordinary Member)

**Mrs Koh-Lim Ai Lay (wef 12 Jan 2016)**

Cerebral Palsy Alliance Singapore  
(Founder Member)

**Mr Hui Beng Hong (wef 17 Sept 2013)**

Handicaps Welfare Association (Founder  
Member)

**Mdm So Kah Lay (wef 9 May 2017)**

Metta Welfare Association (Ordinary  
Member)

**Mrs Mimi Tan (wef 01 Dec 2011)**

Movement for the Intellectually Disabled  
of Singapore (Founder Member)





# Governance

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**Mr Ali Daud (wef 7 August 2017)**

Singapore Association for the Visually Handicapped (Founder Member)

**Mrs Angie Ong (wef 28 Sept 2016)**

Individual Member

**Mr Andy Yeo (wef 14 Nov 2017)**

Individual Member (co-opted)

**Dr Mark Hon (wef Jun 2009)**

Individual Member

**Dr. Victor Tay (till 7 Aug 2017)**

Association for Persons with Special Needs (Founder Member)

**Mr Joice Raveendran (till 9 May 2017)**

AWWA (Ordinary Member)

**Mr Ee Tiang Hwee (till 11 April 2017)**

Metta Welfare Association (Ordinary Member)





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# Governance

## Name of SDSC Executive Committee

## Board of Attendance\*

Mr Kevin Gerard Wong	8/8
Mr Raja Singh	6/8
Mr Christian Stauffer	6/8
Mr Ho Cheng Kwee	7/8
Mdm Mumtaz Begum Binte Abdul Karim	3/8
Mr Hui Beng Hong	4/8
Mrs Koh-Lim Ai Lay	7/8
Mrs Mimi Tan	6/8
Mrs Angie Ong	5/8
Dr Mark Hon	4/8
Mr Ali Daud (wef 7 Aug 2017)	4/5
Mr Andy Yeo (wef 14 Nov 2017)	1/3
Mr Joice Raveendran (till 9 May 2017)	2/2
Ms Amy Tan (wef 13 June 2017)	6/6
Mr Ee Tiang Hwee (till 11 April 2017)	1/1
Mdm So Kah Lay (wef 9 May 2017)	7/7
Dr. Victor Tay (till 7 Aug 2017)	0/4
Mr Gary Lim (wef 10 Oct 2017)	3/4

\*Attendance against total available meetings





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# Going the Distance

## From recreational participants to high performing athletes

Sports is a vehicle that helps a person with disability be aware of possibilities beyond their dreams, discover buried talents, gain social networks and build character. All these benefits contribute to an individual's life in many ways – both mentally, emotionally and physically. We also believe that the benefits of para sports extend beyond the individual, to his or her family, friends and even the society-at-large. This report is a snapshot of the work we do daily that over the past year and the wide-ranging impact that our belief has in the disabled sports community and wider society.



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In 2012, a group of volunteers from SDSC started the Deaf Sports Association (Singapore) with the dedicated aim of championing sports for deaf persons. In 2017, having built a strong mandate and foundation for deaf sports locally, DSA (Singapore) became an Ordinary Member of SDSC with the shared aim of giving sporting opportunities to deaf persons.

The move helped to bring more activities to the deaf community at reduced costs, as deaf categories were added to existing events of SDSC such as the National Championships.

## Deaf Sports Association (Singapore)



2012  
2013  
2014  
2015  
2016  
2017





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## Getting informed

If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.

# 4



## Mass Public events

# 19K



## Visitors/participants

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## Getting informed

If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.

## List of events



### MICRON SINGAPORE WORLD PARA BOWLING TOUR SERIES

**3-day**



outreach

**150+**



participants



School: Metta School and Singapore Chinese Girls School  
Total Impact: 154 pax,  
Age: >5yrs old





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# Getting informed

If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.



National Bowler Shayna Ng having a go at blindfold bowling





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## Getting informed

If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.



## SINGAPORE NATIONAL PARA GAMES ( IN COLLABORATION WITH GETACTIVE!)



2016 saw the inclusion of para sports in the annual GetActive! Singapore programme.



The collaboration allowed the Singapore National Para Games to use its resources to increase the number of community tournaments from 18 to 21.



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# Getting informed

If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.

**2016; 4 para sports**  
In Singapore National Games



Athletics



Boccia



Swimming



Tenpin Bowling

**2017; 6 para sports**  
In GetActive Singapore



Athletics



Boccia



Swimming



Tenpin Bowling



Archery



Badminton





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## Getting informed

If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.

## Inclusive Sports Festival 2017



## 14 sports tryouts

Archery, Athletics, Badminton, Tenpin Bowling, Football 5, CP Football, Table Tennis, Wheelchair Tennis, Wheelchair Rugby, Wheelchair Basketball, Seated volleyball, Sailing, Swimming, Powerlifting



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## Getting informed

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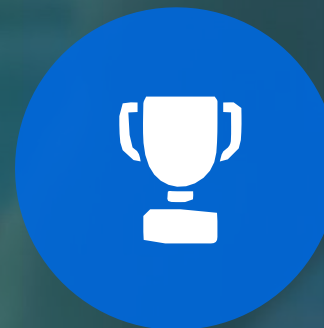
If more people in Singapore know about para sports and respect the achievements of para athletes as much as their able-bodied counterparts, we stand a greater chance of building an inclusive society.



Members of public/SPED Schools and PWDs

**Total Impact:** 19,342 visitors over 2 days

**Age:** >5yrs old



## ROMP 2017 COMMUNITY SPORTS COMPETITION



Public Participants of ROMP

**Total Impact:** 1,500 pax

**Age:** >12 yrs old



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As we look to the future, we will continue to promote para sports to youths and educators with the aim of moulding leaders of Singapore's future who would continue working for the inclusion of PWDs. In 2017, we reached to the following schools through talks and experiential programmes.

In total, we've reached:

17 schools



8424 students







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As we look to the future, we will continue to promote para sports to youths and educators with the aim of moulding leaders of Singapore's future who would continue working for the inclusion of PWDs. In 2017, we reached to the following schools through talks and experiential programmes.

## List of schools

St Hilda Secondary School

North Vista Secondary School

Sengkang Secondary School

Spectra Secondary School

East View Secondary School

Bedok Green Secondary School

Jurongville Secondary School

Dunman Secondary School

Catholic High School

Punggol Primary School

Nan Hua Primary School

Changkat Primary School

Temasek Junior College

Civil Service College

Nanyang Polytechnic

Nanyang Technological University

Singapore American School





Students from Nanyang Technological University visited SDSC on a learning journey during their Social Impact Week.



Sitting Volleyball draws interest from students at school programmes





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# Project LIFE Application

In 2018, to help those who are at a loss about what they can do, SDSC is launching Project LIFE – a lifestyle app to help PWDs find out about sports at the comfort of their own home.

The app, developed with the Tote Board's support, will enable PWDs to check out what sports is suitable for them, where to exercise and who to train with at the convenience of their fingertips. The app will progressively roll out over 2 years from 2018 to 2020.





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# Experimenting

Experimentation is the first stage of many athletes' journeys, and a critical aspect in helping persons develop interest in healthy living.

SDSC established new partnerships with healthcare and social service organisations, in addition to working more closely with external groups, to introduce sports to PWDs.

Total impact:



218

Youth with disabilities  
(6-21 yrs old)



350~

volunteers

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# Experimenting



Participants trying out adapted archery

List of activities:



KK HOSPITAL  
ARCHERY EXPERIENCE  
(JANUARY 2018)



6-21  
Yrs old



Physical  
Disabilities



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# Experimenting



CLUB RAINBOW  
BOCCIA PROGRAMME  
(MARCH 2018)



10-18  
Yrs old



Physical Impairment, Down Syndrome, Cerebral palsy, Global Dev Delay



Instructor Kelly Chong (right) explains the scoring method.





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# Experimenting

SDSC established new partnerships with healthcare and social service organisations to introduce sports to young PWDs.



## SPD EDUCATION PROGRAMME AWARDS (JANUARY 2018)



President, Mdm Halimah Yaacob, trying out boccia



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# Experimenting

SDSC established new partnerships with healthcare and social service organisations to introduce sports to young PWDs.



## JUNIOR ATHLETICS WORKSHOP (MARCH 2018)



A dedicated workshop was run by our volunteer coach and IPC Athletics Technical Official, Jana.





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# Experimenting

SDSC established new partnerships with healthcare and social service organisations to introduce sports to young PWDs.



## WHEELS @ UBIN (MARCH 2018)



Participants trying out bocce



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# Experimenting

The Adapted Sports Adventure Day refreshed SDSC's partnership with the Singapore Sports School, as it added on an outreach component to the regular tournament activities.



ADAPTED SPORTS  
ADVENTURE DAY



**81** competitive  
participants  
in 7 sports



Inaugural event



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# Experimenting



Participant trying out adapted archery

Adapted Sports Adventure Day

## Total No. of Participants

**234** 153 participants with disability

**110** From 6 SPED Schools

**35** From 4 organisations

Club Rainbow, Red Cross Home for the Disabled, Disabled People Association, and Rare Diseases Society

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# Experimenting

In addition to one-day try-outs, longer programmes were also conducted to introduce interested participants to sports in a more structured manner.



## Learn to Play



Sailing



Tenpin Bowling



Lawn Bowls

Total Impact:

**28**

PWD participants joined the LTP programme

**18**

Abled individuals joined as sports partners

More than

**50%**

PWD Participants continued to regular training in SDSC developmental squads



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# Experimenting

SDSC also reached up the chain so that more entry points could be established for persons with disabilities to enter sports.



5TH REHABILITATION CONFERENCE AT SINGAPORE GENERAL HOSPITAL



Sharing on Amputee Sports



100+

Medical professionals specialising in therapy





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# Feeling the Thrill

Beyond learning, competition platforms provide a sense of thrill to budding athletes, and help them realise their potential.





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# Local Championships

Total impact:



**800**  
participants

**7-62**

Age range of participants



**28 SG**

identified to join the national squad and represent Singapore at international competitions



**17~ Schools**

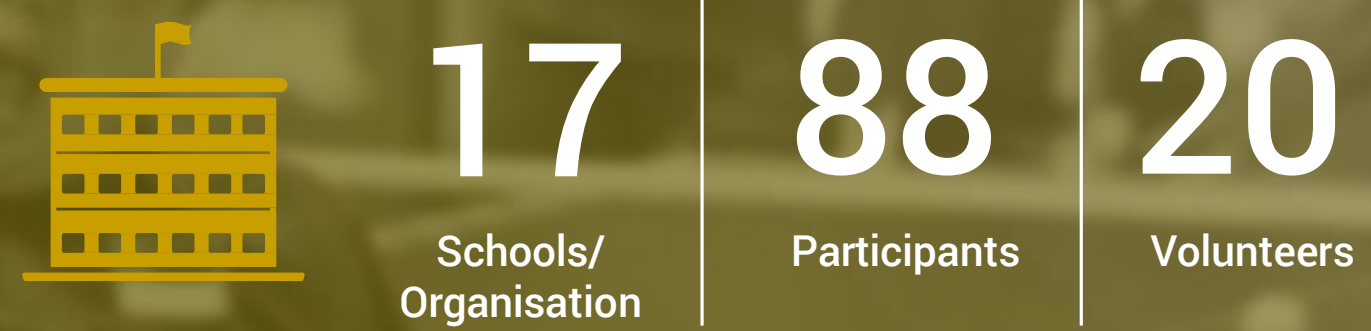
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# National Youth Championships

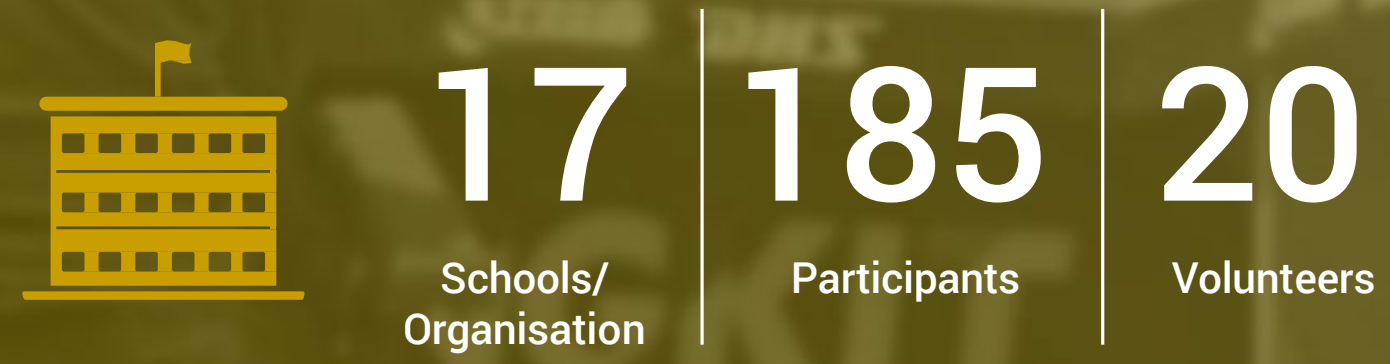
Age range: 7 to 21 years old

## Total impact:

### Haw Par National Youth Para Swimming Championships 2017



### Haw Par National Youth Para Athletics Championships 2017





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# National Championships

## 7th SPH Foundation National Inclusive Swimming Championships 2017



**17**  
Schools/  
Organisation

**99**  
Participants

**35**  
Volunteers

## National Inclusive Athletics Championships 2017



**11**  
Schools/  
Organisation

**162**  
Participants

**43**  
Volunteers

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# Singapore National Para Games 2017

Total impact:



15

sports



266

Participants

138

Volunteers



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# Training the Mind and Body

To go higher from recreation play to developing performance, athletes need professionals to help them on their pathways, such as coaching, sparring, classification and many other aspects.







To support talented PWDs in training and competition, SDSC obtained Ministry of Culture, Community and Youth (MCCY) support to update the Government Instruction Manual to include **leave provisions for para athletes and supporting officials working in the public sector** to represent Singapore.

## Total impact:



**4** Sports Assistants  
From Boccia



**2** Pilots  
From Para Cycling

SDSC also worked closely with the Singapore Sports Institute to **include Athlete Competition Partners (ACPs) in the spexCarding scheme from 2018 onwards**, achieving recognition of the efforts of ACPs.





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To support talented PWDs in training and competition, SDSC established the **first Athlete Agreement** to give guidance to athletes on standards of conduct, training commitment and communications.

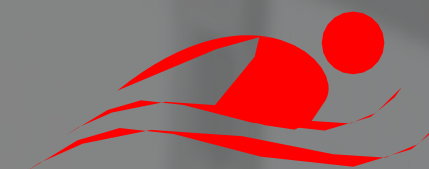


Signed the first athlete agreement

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SDSC obtained support from SportSG to give para athletes access to sport science and medicine services, training and competition support through spexCarding.

Out of 237 Athletes from 20 sports, 98 had access to sport science services.



98 Athletes





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Coaches and officials play an integral part of an athlete's journey.

With a good experience, athletes become more professional, play better and commit to a lifelong passion.

**Disability sports coaches were, for the first time, given a pathway and recognised as coaches under the national registry, after collaboration with CoachSG.**



OVER  
**40**

Para coaches recognised in the National Registry of Coaches (NROC).



**A Technical Official Development scheme was launched** to support continuing education for coaches and officials and attract professionals to support the disability sports sector.

**31**

Coaches and Officials



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This included a **greater participation of medical professionals** previously not active in para sports.

### Technical workshops

### No. of participants

Swimming Coaching Course	6
Swimming Classifier Course	5
Athletics Coaching Course	5
Athletics Classifier Course	4
Para Shooting Judges Course	2
Japan Knowledge Sharing Workshop	2
Boccia Referee Course	1
Cycling ISCO Level 1 Course	1
Para Athletics Technical Official Course	1
ParaVolley Level 1 Coach Course	1
ParaVolley Level 1 Classifier Course	1
Para Swimming Classifier Course	1
World Archery Classifier	1



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SDSC also provided additional physiotherapy support for athletes who were not able to obtain ready access, leading up to major competitions.



7  
Sports

81  
Athletes



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Partners of SDSC were equally important to ensure that athletes were given adequate support. It became SDSC's SOP to acknowledge its partners in all its outreach, and thank the **National Disability Sports Associations (NDSAs)** for their contribution to the athlete pathway.

**Team Managers**, a key role in ensuring team and player welfare, were recruited formally. SDSC also started a new Team Manager allowance to help volunteers cope with loss of income when they support teams overseas.







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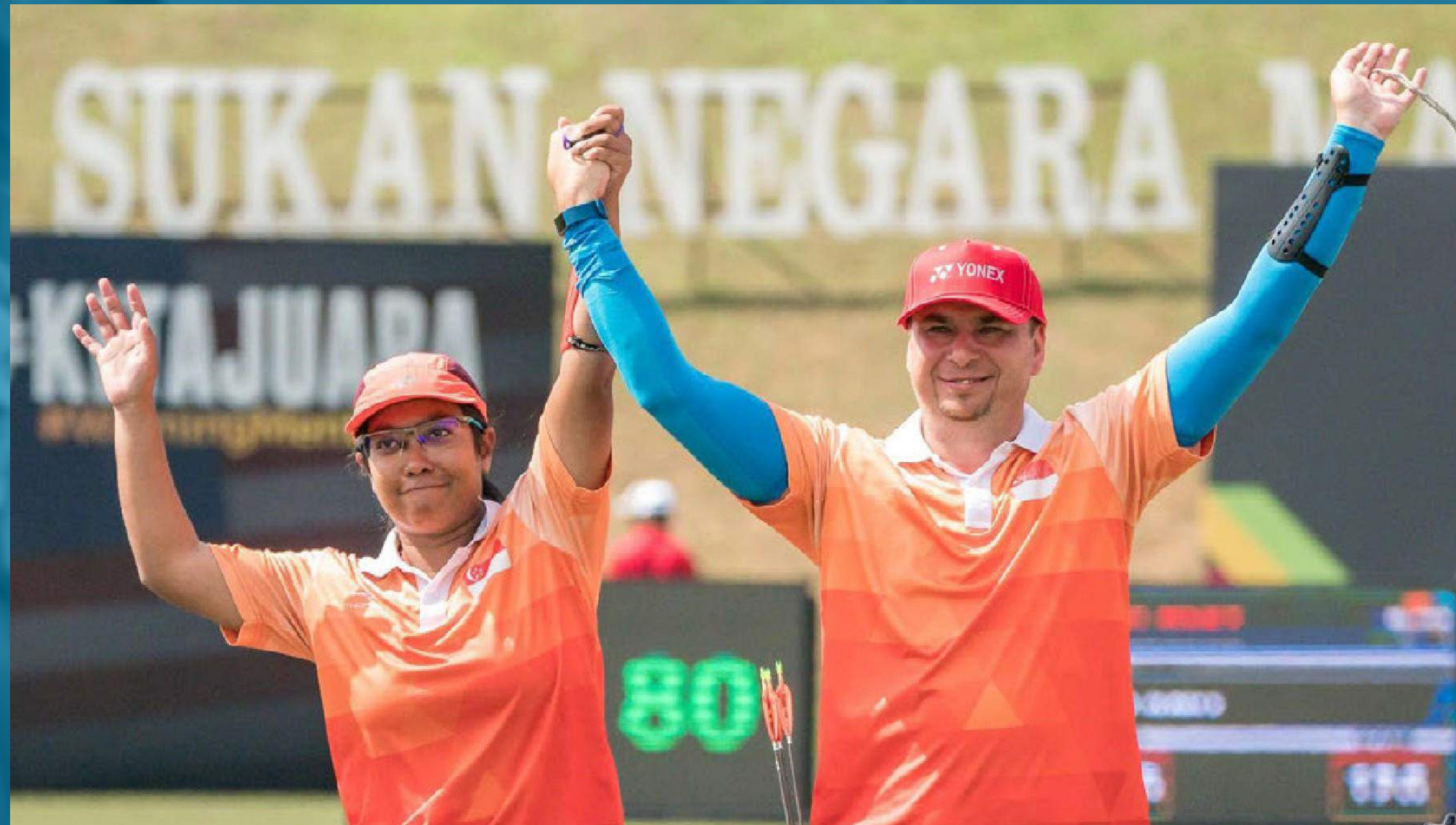
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# Achieving

All efforts come together to help our Persons with Disabilities achieve. Whether it's a personal best, a medal win, a meet record or a world ranking, achievements are testament to their abilities.





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SDSC supported athletes that represented Singapore in regional and international competitions.

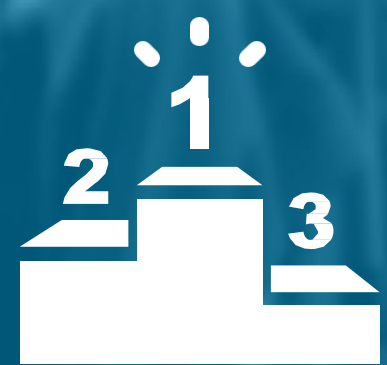
Some of which provided athletes with the opportunity to obtain a formal assessment of their training, and classification.

While some competitions allowed them to contribute to Singapore's pride.

**Total impact:**



**248**  
Athletes



**42**  
Regional and International  
Competitions

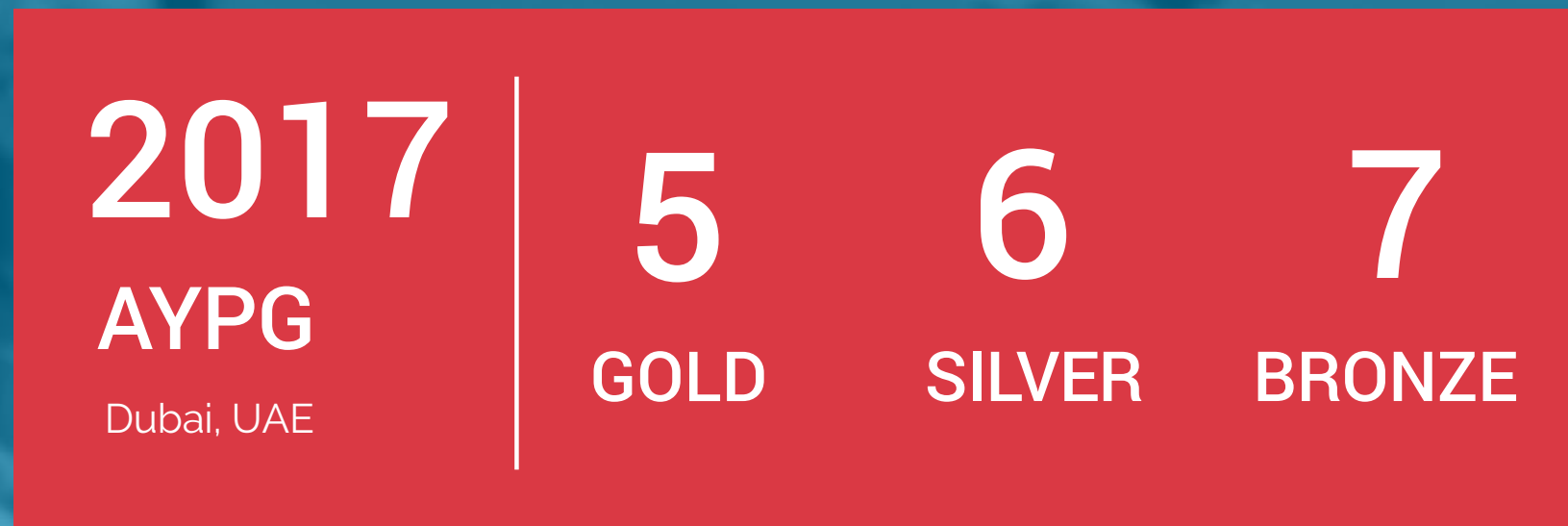


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# Asian Youth Para Games 2017 | Dubai, UAE

Largest youth contingent and best medal haul from the games.

26 out of 28 youth athletes were debutantes.



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# ASEAN Para Games 2017 | Kuala Lumpur

Largest away contingent and best  
away medal haul from the games.

2017	9	17	24
APG	GOLD	SILVER	BRONZE





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# World Championships

## BWF Para Badminton World Championships

2017

Ulsan, South Korea

1 

GOLD

Men's Doubles SU5 event

Tay Wei Ming (SGP) | Suryo Nugroho (INA)

## IBSA World Championships

2017

Fukuoka, Japan

1 

GOLD

Men's Singles TPB3

Mohd Ismail Bin Hussain

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# Deaflympics

First Deaflympic medals for Singapore.

## Bowling Women's Master Event

1   
GOLD

Adelia Naomi Yokoyama

1   
BRONZE

Kimberly Quek

 Singapore placed 30<sup>th</sup> out of 97 countries



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Besides overseas opportunities, SDSC organised a regional competition in Singapore to provide more competitive exposure to local players, and help them learn from other countries.

## Micron Singapore World Para Bowling Tour Series

**150**

**Volunteers**

Micron Employees

**56**

**Athletes**

**8**



**Nations**

Australia, Brunei, Chinese Taipei, Hong Kong, Japan, Malaysia, Republic of Korea and Singapore

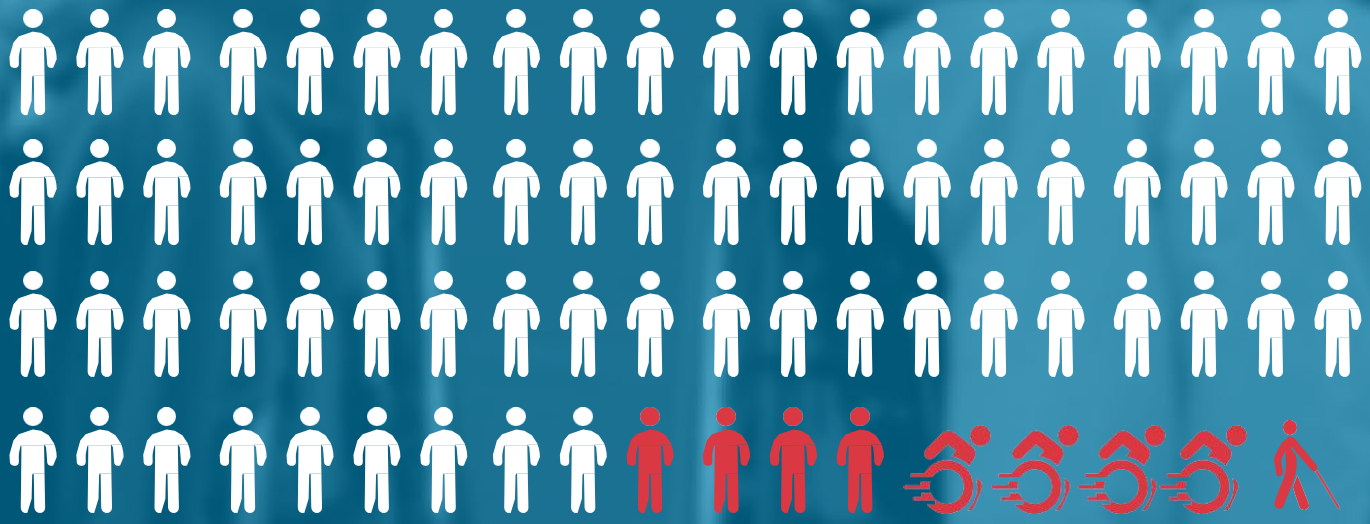
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As athletes start to focus more on long-term, high-performance goals, SDSC encourages and supports them to pursue professional pathways.

## 2 New spexScholars from disability sports

Mohd Ismail Bin Hussain and Toh Wei Soong

Making a total of 9 spexScholars from disability sports, out of <80 in total.







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As athletes start to focus more on long-term, high-performance goals, SDSC encourages and supports them to pursue professional pathways.

## 1st Athlete Commission meeting held in October 2017

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### 1st Singapore Para Athletes Commission

Yip Pin Xiu - Chairperson  
Jovin Tan - Vice Chairperson  
Nurulasyiqah Taha - Secretary  
Jason Chee - Member  
Khairul Anwar - Member  
Tay Wei Ming - Member



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# Inspiring as Athletes and National Body

With the achievements of our athletes, we hope that future generations can be inspired and emulate their success.

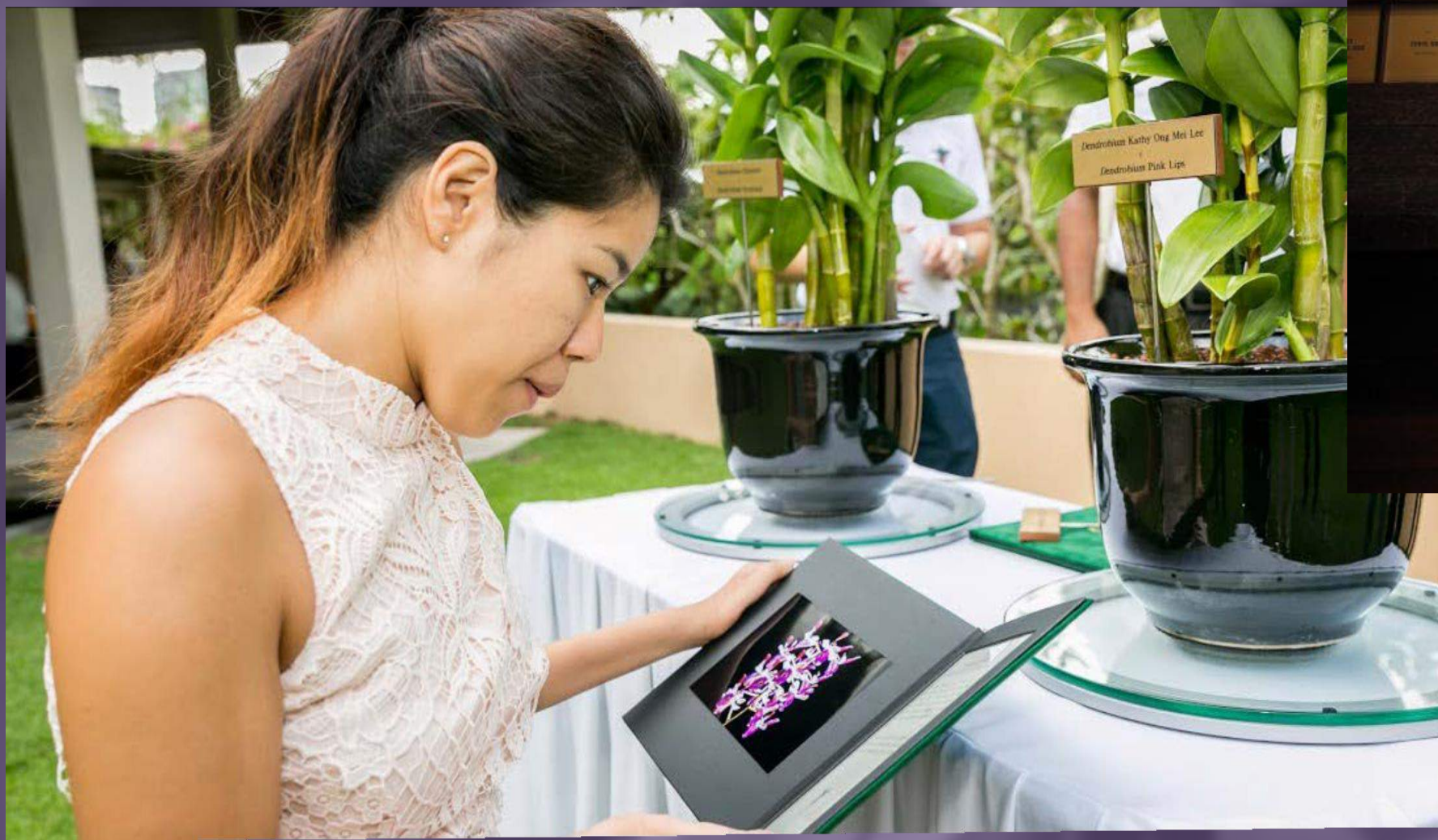
The initiatives of SDSC outside day-to-day trainings and competitions are also critical to supporting athletes in their journeys, and establishing Singapore as a hub for disability sports.





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# For Singaporeans and the next generation



(August 2017) Singapore Botanical Gardens named an orchid after Paralympian Yip Pin Xiu.



(August 2017) Paralympians Laurentia Tan and Theresa Goh entered the Hall of Fame, with Joseph Schooling.



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# For Singaporeans and the next generation



(November 2017) Paralympian Nur Syahidah Alim was awarded the Emerging Star Award 2017 by Wee Kim Wee School of Communication and Information, Nanyang Technological University.



(January 2018) Dulwich College named its newly refurbished swimming pool the Yip Pin Xiu Aquatic Centre, after Paralympian Yip Pin Xiu.





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# For Singaporeans and the next generation



(March 2018) Paddler Jason Chee was awarded Athlete of the Year by Straits Times.





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# Singapore as a role model



SDSC signed a Memorandum of Understanding with Chungnam Sports Association for the Disabled to collaborate on exchanges to enhance sports development. In 2017, two young Boccia athletes from Singapore were selected to participate in the Chungnam Boccia Inclusive Sports Festival, where they got to experience training by national coaches. Chungnam-Do, the province that produced world-class Boccia athletes, also sent a strong team to participate in the Singapore Boccia Open 2018, allowing local players and coaches to learn from them.

(12 April 2017) President Kevin Wong represented SDSC to sign an MoU with Chungnam Sports Association for the Disabled.





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# Singapore as a role model



(23 January 2018) Civil Service College, in collaboration with the Ministry of Foreign Affairs, invited SDSC to share on the disability sporting structure in Singapore with delegates from the ASEAN region, during a learning journey.



(23 November 2017) Cycling over 49,000 kilometres and visiting more than 25 countries, Mr Sven Marx (third from right) shares his message with people in the disability sector. SDSC was honoured to be invited by SPD to share about local disability sports and the Para Cycling Federation Singapore's programmes with Mr Marx.





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# Athlete Life Management

SDSC supported ex-Paralympian Jovin Tan's transition to coach. Jovin earned his accreditations and coached his first Learn to Sail programme in October 2017.



Jovin Tan (third from left) instructing participants on how to rig the sail boat





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# Athlete Life Management

For carded athletes, SDSC worked closely with SportSG's spexBusiness unit to match athletes with job opportunities that would allow them to balance training and career.

For non-carded athletes, SDSC partnered others such as Singapore Sports School and SGENable to support them in employment.

Laurentia Tan – Fullerton Healthcare (internship)  
Maximilian Tan – Ministry of Culture, Community and Youth (employment)  
Khairul Anwar – Ministry of Culture, Community and Youth (employment)  
Khimern Mohamed – Singapore Sports School



Equestrians Maximilian Tan (left) and Laurentia Tan (right) both received placements under partnerships with SportSG's spexBusiness networks.





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## Co-existing as Athletes

For the first time in 5 years, SDSC successfully lobbied Team Singapore able-bodied athletes to join the Purple Parade with para athletes. Together, they stood as One Team Singapore.



(28 October 2017) Purple Parade



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All these could not be possible without our supporters, kind donors and sponsors



**15 International and Local firms**

**Over \$550,000** raised in the year to support programmes

JCCI continued its partnership with SDSC for the 20<sup>th</sup> year. Supporting SDSC's new 'Majulah Tokyo 2020' campaign, JCCI raised its donations from \$45,000 to \$50,000.

SDSC successfully renewed its IPC status from 2017 to 2020, from good governance.



# Financial Statements

Audited by  
S B Tan Audit PAC  
Public Accountants & Chartered  
Accountants Reg no. 201709525H 118  
Aljunied Avenue 2 #06-104  
Singapore 380118

## Singapore Disability Sports Council

Registration No. S73SS0035B

Registered Office:

3 Stadium Drive

#01-34 Singapore 397630

Annual Report for the Year  
Ended 31 March 2018

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# Financial Statements

Audited by  
S B Tan Audit PAC  
Public Accountants & Chartered  
Accountants Reg no. 201709525H 118  
Aljunied Avenue 2 #06-104  
Singapore 380118

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