

9th ASEAN PARA GAMES 2017
17 – 23 September 2017
NOMINATION POLICY FOR
POWERLIFTING

1. INTRODUCTION

- 1.1 The 9th ASEAN Para Games will be held in Kuala Lumpur, Malaysia, from 17 to 23 September 2017. Powerlifting is offered as a sport in the Games and will be held at MiTEC (Hall 3).
- 1.2 The events offered can be found in Annex A.
- 1.3 Singapore may enter:
- i) Maximum of twenty (20) athletes, of 10 males and 10 female competitors spread throughout the range of 10 male and 10 female bodyweight categories
 - ii) A maximum of two (2) athletes per bodyweight category

2. OBJECTIVE

- 2.1 This policy describes the process and criteria set under the Singapore Disability Sports Council (SDSC) to nominate athletes to the Singapore National Paralympic Council (SNPC) for the representation of Singapore at the 9th ASEAN Para Games 2017.
- 2.2 This policy is guided by the principle that only those who have the highest potential or a high potential to do Singapore proud at the Games would be nominated by SDSC, while the final selection of athletes remains at the discretion of SNPC.
- 2.3 SDSC will publish the nomination policy on its website (url: www.sdsc.org.sg), including any updates or changes to the policy. Athletes and coaches will be responsible for ensuring that they are fully aware of and understand the policy and its content, as well as updates and changes, if any, to the policy.

3. ELIGIBILITY

- 3.1 To be eligible for consideration as an athlete representative, the participant must:
- i) Be a Singapore citizen
 - ii) Be over 15 years old in 2017 (Calculation: 2017 minus year born)
 - iii) Comply with the sport-specific classification rules
 - iv) Be in good standing with SNPC and SDSC

4. MINIMUM QUALIFYING STANDARDS (MQS)

- 4.1 The minimum qualifying standards (MQS) can be found in Annex A. The MQS is guided by SNPC's selection criteria, which is the third (3rd) placing performance of the 2015 ASEAN Para Games (for quantifiable sports) and third ranking among ASEAN countries (for non-quantifiable sports).
- 4.2 Young or new athletes with potential who do not meet the MQS may still be considered for nomination, for future development.

5. QUALIFYING EVENTS

- 5.1 A qualifying window has been set from 11 April 2016 to 10 July 2017, during which the athlete's performance at selected events could be submitted for consideration.
- 5.2 The selected events for Powerlifting are:
- | | | |
|------|-------------------------------------|--------------------|
| i) | Singapore National Para Games 2016 | (6 Aug 2016) |
| ii) | Malaysian Powerlifting Circuit 2016 | (15 – 19 Dec 2016) |
| iii) | SDSC Trials | (20 May 2017) |
| iv) | Singapore National Para Games 2017 | (8 Jul 2017) |

6. NOMINATION PROCESS

- 6.1 SDSC will submit athlete nominations to SNPC, based on the eligibility criteria and MQS outlined in this policy.
- 6.2 All nominations will be approved by SDSC's Sports Sub-Committee, after which the approved nominations would be submitted to SNPC. The approved nominations will be published on SDSC website (url: www.sdsc.org.sg).
- 6.3 SNPC, as the national body representing Singapore to the ASEAN Para Sports Federation, has the sole and final decision in selecting or not selecting athletes to represent Singapore at the 9th ASEAN Para Games 2017.

7. APPEAL PROCESS

- 7.1 Appeal against non-nomination by SDSC must be made in writing to SDSC's Sports Manager within 48 hours of the announcement of nominees.
- 7.2 An appeal must be made in writing with supporting documentation and accompanied by a deposit of S\$100.00, payable to 'Singapore Disability Sports Council'. If the appeal is successful, the deposit would be refunded in full.
- 7.3 An appeal would only be considered if the athlete had met the eligibility criteria and MQS for the sport, but was not nominated due to gross oversight by SDSC. SDSC's Sports Sub-Committee will deliberate the appeal and, if deemed justifiable, hear the appeal by the athlete concerned.
- 7.4 SDSC will, in writing, inform the athlete about the decision to either uphold or reject the appeal. The decision will be final and no further correspondence will be entertained.

8. DE-SELECTION

- 8.1 An athlete selected for the ASEAN Para Games 2017 may be de-selected by SNPC from the team if he/she:
- becomes unable to perform to the required standard due to illness or injury, in the opinion of the National Coach and Team Manager, after receiving medical advice;
 - demonstrates a lack of commitment to training requirements or tournament preparations, in the opinion of the National Coach and Team Manager;
 - breaches or fails to fulfill any requirement of the Anti-Doping Policies of SDSC, SNPC, Anti-Doping Singapore or other relevant agencies where applicable.

9. CONTACT PERSONS

To find out more about the MQS or selection events, please contact:

Mr. Kang Tze Wei
 Sports Development Officer
 DID: 6342 3505 Email: tze.wei@sdsc.org.sg

To clarify on other parts of the nomination policy or submit an appeal, please contact:

Mr. Justinian Chua
 SDSC Sports Manager
 DID: 6342 3564 Email: justinian.chua@sdsc.org.sg

Annex A – Minimum Qualifying Standards (MQS)

EVENTS	MEN	
	Met Criteria Weight	For consideration Weight
Up to 49.00kg	110kg	81kg (4 th)
Up to 54.00kg	123kg	95kg (4 th)
Up to 59.00kg	155kg	146kg (4 th)
Up to 65.00kg	145kg	112kg (4 th)
Up to 72.00kg	145kg	Contact SDSC
Up to 80.00kg	156kg	Contact SDSC
Up to 88.00kg	175kg	Contact SDSC
Up to 97.00kg	140kg	135kg (4 th)
Up to 107.00kg	145kg	Contact SDSC
Over 107.00kg	Contact SDSC	Contact SDSC
EVENTS	WOMEN	
	Met Criteria (Weight)	For consideration (Weight)
Up to 41.00kg	61kg	40kg (5 th)
Up to 45.00kg	35kg	35kg (4 th)
Up to 50.00kg	86kg	35kg (4 th)
Up to 55.00kg	40kg (2 nd)	Contact SDSC
Up to 61.00kg	60kg	Contact SDSC
Up to 67.00kg	55kg (2 nd)	Contact SDSC
Up to 73.00kg	76kg (2 nd)	Contact SDSC
Up to 79.00kg	70kg (2 nd)	Contact SDSC
Up to 86.00kg	45kg	Contact SDSC
Over 86.00kg	75kg	Contact SDSC