

**Haw Par National Youth Para Athletics Championships 2017. 31 Mar 2017 Hougang Stadium**  
Singapore Disability Sports Council (Draft Programme Schedule)

<b>Time (Event Start Time. Please report to Call Room before event start time)</b>	<b>Event No.</b>	<b>Event</b>	<b>Remarks</b>
9:00AM			Report to Call Room for Event ___ and ___
9:30AM		1500m	II - Intellectual Impairment 17 – 18 years old
10:00AM		60m	II - Intellectual Impairment 7 – 8 years old
10:20AM		60m	II - Intellectual Impairment 9 – 10 years old
10:00AM		Long Jump	II - Intellectual Impairment 13 – 14 years old II - Intellectual Impairment 15 – 16 years old II - Intellectual Impairment 17 – 18 years old
10:00AM		Shot Put	II - Intellectual Impairment 11 – 12 years old II - Intellectual Impairment 13 – 14 years old II - Intellectual Impairment 15 – 16 years old
10:40AM		60m	VI – Visual Impairment Junior 7 – 12 years old
10:55AM		60m (Standing)	CP / PI – Cerebral Palsy / Physical Impairment Junior 7 – 12 years old
11:00AM			Arrival of GOH
11:10AM		60m (Wheelchair)	CP / PI – Cerebral Palsy / Physical Impairment Junior 7 – 12 years old
			Prize Presentation
11:30AM		400m	II - Intellectual Impairment 13 – 14 years old

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11:40AM		400m	II - Intellectual Impairment 15 – 16 years old
11:40PM		Shot Put	II - Intellectual Impairment 7 – 8 years old II - Intellectual Impairment 9 – 10 years old II - Intellectual Impairment 17 – 18 years old
11:50AM		400m	II - Intellectual Impairment 17 – 18 years old
	Prize Presentation		
12:00pm	<p align="center">Break</p> <p align="center">Field Events for morning session will continue if not completed</p> <p align="center">Participants, Team Managers etc are advised to make their own decision when to consume the lunch (especially participants who have yet to compete). However you are also advised to adhere to the preferred food consumption time frame stated on the lunch box. Please bring your own food if needed</p>		
1:15PM		Seated Throw (Shot Put)	CP / PI – Cerebral Palsy / Physical Impairment Junior 7 – 12 years old  CP / PI – Cerebral Palsy / Physical Impairment Senior 13 – 18 years old
1:15PM		100m	VI – Visual Impairment Senior 13 – 18 years old
1:25PM		100m (Standing)	CP / PI – Cerebral Palsy / Physical Impairment Senior 13 – 18 years old
1:40PM		100m (Wheelchair)	CP / PI – Cerebral Palsy / Physical Impairment Senior 13 – 18 years old
1:55PM		100m	II - Intellectual Impairment 11 – 12 years old
2:05PM		100m	II - Intellectual Impairment 13 – 14 years old
2:15PM		100m	II - Intellectual Impairment 15 – 16 years old

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2:25PM		100m	II - Intellectual Impairment 17 – 18 years old
	Prize Presentation		
2:45PM		Relay	Junior A II - Intellectual Impairment 7 – 10 years old
3:00PM		Relay	Junior B II - Intellectual Impairment 11 – 12 years old
3:15PM		Relay	Senior II - Intellectual Impairment 13 – 16 years old
	Prize Presentation		

**\*Above information is still subjected to changes**