



7th NATIONAL SPECIAL SCHOOLS TRACK & FIELD CHAMPIONSHIPS 2016 (SPED Schools Students)

EVENT INFORMATION

OBJECTIVES

- Creating opportunities for students in SPED schools to compete.
- Identifying potential athletes for further development.
- Using the results as selection criteria for major or international competitions.

Venue: Hougang Stadium

Date: 24 March 2016 (Thursday)

Time: 9:00am – 5.00pm

Categories: Junior Division. 7 – 12 years old
(Born between the year 2004 – 2009)

Senior Division. 13 – 15 years old
(Born between the year 2001 – 2003)

Open Division. 16 years old and above
(Born in the year 2000 and before)

*"VI" Open Division. 7 years old and above
(Born in the year 2009 and before)
(For Students with Visual Impairment)

* "CP" Open Division. 7 years and above
(Born in the year 2009 and before)
(For Students with Cerebral Palsy, Standing and Wheelchair Class)

* "MINDS"
Junior Division. 7 – 14 years old
(Born between the year 2002 – 2009)

* "MINDS"
Senior Division. 15 years old and above
(Born in the year 2001 and before)
(For MINDS Students)

* "ST" Seated Throw (Shot Put) * For students (AWWA, CPAS, Rainbow Centres) with physical impairment (wheelchair)
Open Division. 7 years old and above (Born in the year 2009 and before)



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Eligibility: Must be a student of a SPED School listed on Ministry of Education (MOE) List of Special Education Schools
AND
With Intellectual Impairment / Visual Impairment / Cerebral Palsy / Physical Impairment (Wheelchair)

*Selected events offered for VI, CP, MINDS and PHYSICAL IMPAIRMENT (WHEELCHAIR) category

Entry Fees: \$5.00 per participant
All cheques should be made payable to “**Singapore Disability Sports Council**” and mail to Singapore Disability Sports Council, 3 Stadium Drive Singapore 397630 by **18 February 2016**. (Please write the name of the school on the reverse side of the cheque)

To Register: Last day of Entry Forms Submission is **18 February 2016**. Submit via:

Email: lohnk@sdsc.org.sg

Fax: 6342 0961

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Events offered:

Junior 7 – 12 years old (Born between the year 2004 – 2009)	Boys	<u>Track</u> 1) 60m 2) 100m 3) Parlauf Relay (6 athletes to run 400m)
	Girls	<u>Field</u> 1) Long Jump 2) Shot Put (Boys and Girls 2kg)
Senior 13 – 15 years old (Born between the year 2001 – 2003)	Boys	<u>Track</u> 1) 100m 2) 200m 3) Parlauf Relay (6 athletes to run 400m)
	Girls	<u>Field</u> 1) Long Jump 2) Shot Put (Boys 4kg and Girls 3kg)
Open 16 years old and above (Born in the year 2000 and before)	Boys	<u>Track</u> 1) 100m 2) 200m 3) 800m
	Girls	4) Parlauf Relay (6 athletes to run 400m) <u>Field</u> 1) Long Jump 2) Shot Put (Boys 5kg and Girls 3kg)

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"VI" Open Division 7 years old and above (Born in the year 2009 and before)	Boys	<u>Track</u> 1) 60m
	Girls	
"CP" Open Division 7 years old and above (Born in the year 2009 and before)	Boys	<u>Track</u> 1) 60m
	Girls	
"MINDS" Junior Division. 7 – 14 years old (Born in the year 2002 – 2009) Senior Division. 15 years old and above (Born in the year 2001 and before)	Boys	<u>Track</u> 1) 60m
	Girls	
"ST" Seated Throw (Shot Put) Open Division. 7 years old and above (Born in the year 2009 and before) *For students with physical impairment (wheelchair) Students of AWWA, CPAS and Rainbow Centres	Boys	<u>Field</u> 1) Seated Throw (Shot Put) – 1kg
	Girls	

NOTE:

Each athlete is allowed to participate in a maximum of **2 individual events and 1 relay**.

Participants are to report to the Call Room.

If participants are still competing in an event, or have been called to the Call Room for another event, Coach/Teacher in charge is required to inform Call Room Officials.

Participation in track events takes precedence. i.e. If a participant is to compete in both a track event and a field event. He/She is to complete his/her track event first.

Last day of Entry Forms submission is **18 February 2016**.

Submit via:

Email: lohnk@sdsc.org.sg

Fax: 6342 0961



**7th NATIONAL SPECIAL SCHOOLS TRACK & FIELD CHAMPIONSHIPS 2016
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Program Outline:

Registration – 0800hrs

Start of Events – 0900hrs

Prize Presentation – 1130hrs

Lunch – 1200hrs

Continuation of Events – 1300hrs

Prize Presentation – 1530hrs

***Timings are subjected to change. A detailed program outline will be available after entry closure.**



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RULES AND REGULATIONS

1. Organising Committee

- 1.1 Singapore Disability Sports Council (SDSC) shall organize this Championship.
- 1.2 Singapore Disability Sports Council (SDSC) shall have jurisdiction over all matters.

2. General Information

- 2.1 All events shall be conducted on a time finals format (track events) and distance based format (field events).
- 2.2 Minimum age for all competitors is **7 years (born in the year of 2009)**.
- 2.2 No minimum qualifying standards but all participants should be competent in their respective events.
- 2.3 The Championship shall be run under the IAAF RULES 2016 – 2017: except, where appropriate international technical INAS-FID and IPC Athletics rules shall apply.
- 2.4 Eligibility Criteria will be according to the INAS-FID and/or must be a student of a SPED School listed on Ministry of Education (MOE) List of Special Education Schools
- 2.5 **Athletes can compete in ONE DIVISION only.**
- 2.6 The organizing committee reserves the right to combine events dependent on the number of entries.
- 2.7 Please refer to Event Information attached for the complete series of events offered.

3. Rules Governing Entries

- 3.1 Only events stated in the official entry forms will be offered.
- 3.2 Each participant is allowed to participate in a maximum of **2 individual events** and **1 relay event** and must represent one organisation only and compete in one division only.
- 3.3 The closing date for all entries shall be on **18 February 2016**.
- 3.4 All entries must be submitted via the fax number or email address provided.

4. Procedure on Reporting to the Competitors' Stewards

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- 4.1 Officers in-charge or appointed representatives are responsible for marshalling the competitors to the competitors' stewards / Call Room area.
- 4.2 Competitors must report immediately to the competitors' steward or Call Room area without delay once their events are due to be called.
- 4.3 All competitors of each event will be called **3** events before their scheduled event commence (approximately 30 minutes before the start of the event). All liaison officers and appointed representatives may refer to the event notice board to find out the event that is being called.
- 4.4 Competitors who do not report after **3** repeated calls for an event would be excluded from the event and shall be indicated as **DNS** (did not start). Competitors who report after the next event is called will not be allowed to compete unless they are involved in another event or in prize giving when the event is announced.
- 4.5 Teacher in-charge must inform the competitor steward if their students are involved in another event or prize giving when their names are called.

5. The Start

- 5.1 No competitor shall report directly to the starter.
- 5.2 The organizers will provide starting blocks if requested and no personal blocks are to be used.
- 5.3 Footwear will be subjected to clearance before competition.

6. The False Start

- 6.1 See Annex A, False Start.

7. Competition Arena

- 7.1 Only competitors who are scheduled for a particular event shall be allowed to enter the competition arena.
- 7.2 Teachers/Coaches shall/may be allowed in the competition arena with competitors up to the start line, after which, all teachers/coaches are required to leave the arena immediately.
- 7.3 Only officials on duty shall be allowed to remain in the arena.

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8. Results of the meet

- 8.1 The final competition results shall be time-based. Hence, there shall be no heats for all track events.
- 8.2 There shall be only three throws/jumps for field events.
- 8.2 Results of the meet will be posted on the results' notice board as and when they become available. No competitor, liaison officer or representative shall approach the meet officials for results.

9. Prizes

- 9.1 Prizes will be awarded to the first three placing.
- 9.2 In the event of a tie for first, both will be awarded for the first placing. The next placing will be third placing.
- 9.3 In the event of a tie for second placing, no prizes will be awarded for the third placing.
- 9.4 In the event of a tie for the third placing, prizes will be awarded for all winners
- 9.5 Prizes for each completed event will be presented at the prize presentation session. All medallists are requested to report to the Medal Ceremony holding area immediately after being advised by officers-in-charge or Prize Steward. If competitors are required to report to the Competitors Marshall, a representative shall collect the prize on behalf of the competitor.

10. Division Challenge Trophy

- 10.1 There will be a total of 7 Challenge Trophies that can be earned at this year's championship.

Junior Division (Boys) Challenge Trophy
Junior Division (Girls) Challenge Trophy
Senior Division (Boys) Challenge Trophy
Senior Division (Girls) Challenge Trophy
Open Division (Boys) Challenge Trophy
Open Division (Girls) Challenge Trophy
Overall Best Performing School Trophy

The Division Challenge Trophy shall be determined by the school winning the highest number of points, in the whole competition, base on the point awarded for the top best 8 athletes in each event.

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- 10.2 1st Place = 10 points
2nd Place = 8 points
3rd Place = 6 points
4th Place = 5 Points
5th Place = 4 points
6th Place = 3 points
7th Place = 2 points
8th Place = 1 point

Did Not Start (DNS) & Disqualified (DQ) = 0 points.

- 10.3 In the event of a tie for an event, the total points for the number of tie will be shared by the number of winners. (ie. Three tie for 2nd place. Total of 8 + 6 + 5 = 19/3 giving 6.3 for each winner. In such instance, the next placing shall be the 5th position).
- 10.4 Using this point system, the total number of points awarded to each school will be calculated after the completion of the last event.
- 10.5 In the event of a tie for the overall champion, the school will be awarded based on the number of gold medals won.
- 10.6 Participants/School competing in the “VI”, “CP”, “MINDS” and “Seated Throw (Shot Put) categories will not be in contention for the division challenge trophy

11. Protest

- 11.1 Any technical protest or objection by a competitor or team against the conduct, eligibility or placing of another competitor or team, shall be made to the Meet Director within thirty [30] minutes following the conclusion of the respective event together with a deposit of **one hundred Singapore dollars [\$100.00]**. Only team leader shall lodge the protest. A Jury Panel, Sport technical official of SDSC and SAA Technical adviser shall resolve such protests, and its decision shall be final.

12. “VI” (Visual Impairment) and “CP” (Cerebral Palsy) Categories

- 12.1 SDSC recognizes the special needs of participants with visual impairment/blind and participants with Cerebral Palsy, and is keen to encourage and facilitate their participation in competition. However, all participants should be competent in their respective events.
- 12.2 There shall be only 1 event (Track 60m) and 1 category (Open Division) for participants who with visual impairment or with cerebral palsy. Participants must also fulfil the meet’s eligibility criteria.
- 12.3 The guide (For “VI” Category only) shall in no way assist the participants by pulling or pushing the participants. If a guide is deemed to have given an unfair advantage, the participant shall be disqualified.

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- 12.4 To ensure a fair competition, no assistive devices / walking aids are allowed in “CP” event. However, items like helmets, gloves, elbow and knee pad for safety precautions may be allowed.
- 12.5 The “CP” event may be separated into “CP Standing” and “CP Wheelchair” class.

13 “MINDS” (For MINDS Students) Category

- 13.1 SDSC recognizes the special needs of all participants and is keen to encourage and facilitate their participation in competition. However, all participants should be competent in their respective events.
- 13.2 This category is open for students of MINDS Schools only.
- 13.3 MINDS students can compete in both the ‘MINDS’ Category or one of the following categories (**Rule 2.5 - Athletes can compete in ONE DIVISION only**):

Junior Division
Senior Division
Open Division

However, please take note that **each athlete is allowed to participate in a maximum of 2 individual events and 1 relay**

14 “ST” Seated Throw (Shot Put) Category

- 14.1 SDSC recognizes the special needs of participants with physical impairment/wheelchair, and is keen to encourage and facilitate their participation in competition. However, all participants should be competent in their respective events.
- 14.2 This category is open for students (AWWA, CPAS, and Rainbow Centres) with physical impairment (wheelchair) only.
- 14.3 Students will use their Day Chair to compete.
- 14.4 All Student shall throw implement (Shot Put) from their Day Chair in a seated position (Both legs, from back or knee to back of buttock in contact with seat)



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15 Other Impairments

15.1 Participants with other impairment or impairments which are not physical/external (i.e. Autism, hearing impairment etc) and meet the eligibility criteria (Rule 2.4 Eligibility Criteria will be according to the INAS-FID, IPC Athletics and/or must be a student of a SPED School listed on Ministry of Education (MOE) List of Special Education Schools) will compete at one of the following categories:

Junior Division
Senior Division
Open Division

For any enquiries, please contact Singapore Disability Sports Council:

Phone: 6342 3501

Fax: 6342 0961

Email: lohnk@sdsc.org.sg

ANNEX A

IAAF COMPETITION RULES 2016-2017 FALSE START

Rule 162.6. An athlete, after assuming a full and final set position, shall not commence his start until after receiving the report of the gun. If, in the judgement of the Starter or Recalls, he does so any earlier, it shall be deemed a false start.

Rule 200.8(c) In the Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified.