



7th National Special Schools Swimming Championships 2016 (SPED Schools Students)

EVENT INFORMATION

OBJECTIVES

- Creating opportunities for students in SPED school to compete.
- Identifying potential athletes for further development.
- Using the results as selection criteria for major or international competitions.

Venue: Singapore Sports School

Date: 31 March 2016 (Thursday)

Time: 9:00am – 3:00pm

Categories: Junior Division 7 – 12 years old
(Born between the year 2004 – 2009)

Senior Division 13 -15 years old
(Born in year 2001 - 2003)

Open Division 16 years old and above
(Born in the year 2000 and before)

MINDS Division 7 years old and above
(Born in the year 2009 and before)
(For MINDS School Students only)

PI Division (Physical Impairment) 7 years old and above
(Born in the year 2009 and before)
(For Students with any physical impairment. i.e. CPAS students with CP etc)

Eligibility: Must be a student of a SPED School listed on Ministry of Education (MOE) List of Special Education Schools

Entry Fees: \$5.00 per participant
All cheques should be made payable to “**Singapore Disability Sports Council**” and mail to Singapore Disability Sports Council, 3 Stadium Drive Singapore 397630 by **25 February 2016**. (Please write the school name on the reverse side of the cheque)

To Register: Last day of Entry Forms submission is **25 February 2016**. Submit via:

Email: lohnk@sdsc.org.sg

Fax: 6342 0961

**7th National Special Schools Swimming Championships 2016
(SPED Schools Students)**

Events offered:

Junior Division (7-12 years old)	Boys	<u>Individual</u> 1) 25m Freestyle 2) 25m Backstroke 3) 25m Breaststroke
	Girls	
Senior Division (13 – 15 years old)	Boys	<u>Individual</u> 1) 50m Freestyle 2) 50m Butterfly 3) 50m Backstroke 4) 50m Breaststroke
	Girls	
Open Division (16 years old and above)	Boys	<u>Individual</u> 1) 50m Freestyle 2) 50m Butterfly 3) 50m Backstroke 4) 50m Breaststroke
	Girls	

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**7th National Special Schools Swimming Championships 2016
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Events offered:

MINDS Division (7 years old and above) For MINDS School Students only	Boys	<u>Individual</u> 1) 25m Freestyle
	Girls	
PI Division (Physical Impairment) (7 years old and above)	Boys	<u>Individual</u> 1) 25m Freestyle 2) 50m Freestyle
	Girls	

NOTE:

Each swimmer is allowed to participate in a maximum of 3 individual events and 1 relay.

Each swimmer is allowed to participate in **ONE DIVISION** only.

If swimmers are swimming in an event, or has been called to the Call Room, Coach/Teacher in charge is required to inform Call Room Officials.

Please take note of Rule 12. Equipment and Attire:

At this year's championship, the organising committee will adhere to FINA's Laws BL 8.2 and BL 8.3.

BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or legs bands shall be regarded as part of a swimsuit.

BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.

Last day of Entry Forms submission is **25 February 2016.**

Submit via:

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Program Outline

Registration – 0900hrs

Start of Junior Division Events – 0930hrs

Start of Senior and Open Division Events – 1030hrs

Prize Presentation – 1200hrs

Lunch – 1300hrs

***Timings are subjected to change. A detailed program outline will be available after entry closure.**



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RULES AND REGULATIONS

1. Organising Committee

- 1.1 Singapore Disability Sports Council (SDSC) shall organize this Championship.
- 1.2 Singapore Disability Sports Council (SDSC) shall have jurisdiction over all matters.

2. General Information

- 2.1 All events shall be conducted on a time finals format.
- 2.2 Minimum age for all competitors is **7 years old (born in the year of 2009)**.
- 2.3 No minimum qualifying standards but all participants must be competent in their respective events.
- 2.4 The Championship shall be run under the IPC SWIMMING RULES 2014 – 2017 (S14): except, where appropriate international technical INAS-FID rules shall apply.
- 2.5 Eligibility Criteria will be according to the INAS-FID and/or must be a student of a SPED School listed on Ministry of Education (MOE) List of Special Education Schools
- 2.6 Athletes wishing to participate in a higher division must indicate in the registration form. Athletes can compete in ONE DIVISION only. Their participation is subject to the approval of the Organising Committee.
- 2.7 SDSC recognizes the special needs of participants with visual impairment/blind, hearing impairment, ASD and participants with cerebral palsy and physical disabilities, and is keen to encourage and facilitate their participation in competition. However, all participants should be competent in their respective events.
- 2.8 On the basis of sports and competition, those disabilities that do not give them a physical advantage/disadvantage (i.e. Hearing Impairment and ASD) may be put into the same class as those with Intellectual Impairment.



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3. Rules Governing Entries

- 3.1 Only events stated in the official entry forms will be offered.
- 3.2 Each participant is allowed to participate in a maximum of **3 individual events** and **1 relay event** and must represent one organisation only.
- 3.3 The closing date for all entries shall be on **25 February 2016.**
- 3.4 All entries must be submitted via the fax number or email address provided.

4. Procedure on Reporting to the Competitors' Stewards

- 4.1 Officers-in-charge or appointed representatives are responsible for marshalling the competitors to the competitors' stewards / Call Room area.
- 4.2 Competitors must report immediately to the competitors' steward or Call Room area without delay once their events are due to be announced.
- 4.3 All competitors of each event will be called **3** events before their scheduled event commences (approximately 30 minutes before the start of the event). All liaison officers and appointed representatives may refer to the event notice board to find out the event that is being called.
- 4.4 If swimmers are swimming in an event, or has been called to the Call Room, Coach/Teacher in charge is required to inform the competitors' steward at the Call Room area.
- 4.5 Competitors who do not report after **3** repeated calls for an event would be excluded from the event and shall be indicated as **DNS** (did not start). Competitors who report after the next event is called will not be allowed to compete unless they are involved in another event or in prize giving when the event is announced.

5. The Start

- 5.1 No competitor shall report directly to the starter.
- 5.2 A swimmer may be permitted to start beside the starting platform.
- 5.3 The one start rule shall be applied to all IPC Swimming competitions, (See Annex A, The Start).
- 5.4 IPC Swimming Rules 3.1.1 – At the commencement of each race, the Referee shall signal to the swimmers by a short series of whistles inviting them to remove all clothing except swimwear, followed by a long whistle indicating that they should take positions on the starting platform (or for backstroke swimming and medley relays to immediately enter the water). A second long whistle shall bring the backstroke and medley relay swimmer immediately to the starting position. When the swimmers and officials are prepared for the start, the



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Referee shall gesture to the Starter with a stretched out arm, indicating that the swimmers are under the Starter's control. The stretched out arm shall stay in that position until the start is given.

6. The False Start

- 6.1 IPC Swimming Rules 3.1.6 – Any swimmer starting before the starting signal has been given shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer(s) shall be disqualified upon completion of the event. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again. The Referee repeats the starting procedure beginning with the long whistle (the second one for backstroke) as per 3.1.1.
- 6.2 See Annex A. The Start.



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7. Competition Arena

- 7.1 Only competitors who are scheduled for a particular event shall be allowed to enter the pool.
- 7.2 Teachers/Coaches shall be allowed in the competition arena with competitors up to the holding area, after which, all teachers/coaches are required to leave the arena immediately.
- 7.3 Only officials on duty shall be allowed to remain in the arena.

8. Results of the meet

- 8.1 The final competition results shall be time-based. Hence, there shall be no heats for all events.
- 8.2 Results of the meet will be posted on the results' notice board as and when they become available. No competitor, liaison officer or representative shall approach the meet officials for results.

9. Prizes/ Awards

- 9.1 Prizes will be awarded to the first three placing.
- 9.2 In the event of a tie for first, both will be awarded for the first placing. The next placing will be third placing.
- 9.3 In the event of a tie for second placing, no prizes will be awarded for third placing.
- 9.4 In the event of a tie for the third placing, prizes will be awarded for all winners
- 9.5 Prizes for each completed event will be presented soon upon completion of the last event for the day. All medallists are requested to report to the Medal Ceremony holding area immediately after being advised by officers-in-charge or Prize Steward. If competitors are required to report to the Competitors Marshall, a representative shall collect the prize on behalf of the competitor.

10. Challenge Trophies

- 10.1 There will be a total of 7 Challenge Trophies that can be earned at this year's championship.

Junior Division (Boys) Challenge Trophy
Junior Division (Girls) Challenge Trophy
Senior Division (Boys) Challenge Trophy
Senior Division (Girls) Challenge Trophy
Open Division (Boys) Challenge Trophy
Open Division (Girls) Challenge Trophy
Overall Best Performing School Trophy

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The Challenge Trophy shall be determined by the school winning the highest number of points, in the events for each Division, base on the points awarded for the top best 8 placing in each event.

- 10.2 1st Place = 10 points
2nd Place = 8 points
3rd Place = 6 points
4th Place = 5 Points
5th Place = 4 points
6th Place = 3 points
7th Place = 2 points
8th Place = 1 point

Did Not Start (DNS) & Disqualified (DQ) = 0 points.

- 10.3 In the event of a tie for an event, the total points for the number of ties will be shared by the number of winners. (ie. Three tie for 2nd place. Total of 8 + 6 + 5 = 19/3 giving 6.3 for each winner. In such instance, the next placing shall be the 5th position).
- 10.4 Using this point system, the total number of points awarded to each school in each Division will be calculated after the completion of the last event.
- 10.5 In the event of a tie for the Division champion, the school will be awarded the Challenge Trophy based on the number of gold medals won in the respective Division.
- 10.6 Participants/School competing in the "MINDS" and "PI (Physical Impairment) Division will not be in contention for the division challenge trophy

11. Protest

- 11.1 Any technical protest or objection by a competitor or team shall be made to the Meet Director within thirty [30] minutes following the publication of the official results together with a deposit of **one hundred Singapore dollars [\$100.00]**.
- 11.2 Only team leader shall lodge the protest by filling Form – Protest Form. A Jury Panel shall resolve such protests, and its decision shall be final.



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12. Equipment and Attire

12.1 At this year's championship, the organising committee will adhere to FINA's Laws BL 8.2 and BL 8.3.

BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or legs bands shall be regarded as part of a swimsuit.

BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.

For any enquires please contact Singapore Disability Sports Council:

Phone: 6342 3501
Fax: 6342 0961
Email: lohnk@sdsc.org.sg



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ANNEX A

IPC SWIMMING RULES 2014 – 2017 THE START

3.1.1 At the commencement of each race, the Referee shall signal to the swimmers by a short series of whistles inviting them to remove all clothing except swimwear, followed by a long whistle indicating that they should take positions on the starting platform (or for backstroke swimming and medley relays to immediately enter the water). A second long whistle shall bring the backstroke and medley relay swimmer immediately to the starting position. When the swimmers and officials are prepared for the start, the Referee shall gesture to the Starter with a stretched out arm, indicating that the swimmers are under the Starter's control. The stretched out arm shall stay in that position until the start is given.

3.1.2 When starting a race, the Starter shall stand on the side of the pool within approximately five metres of the starting edge of the pool where the Timekeepers can see and/or hear the starting signal and the swimmers can see and/or hear the signal.

3.1.3 The start in Freestyle, Breaststroke, Butterfly and Individual Medley events [when butterfly is the initial stroke] shall be with a dive. On the long whistle from the Referee (3.1.1) the swimmers shall step onto the starting platform and remain there. On the Starter's command "take your marks", they shall immediately take up a starting position with at least one foot at the front of the starting platform. The position of the hands is not relevant. When all swimmers are stationary, the Starter shall give the starting signal.

3.1.3.1 For a swimmer with a visual impairment, on the long whistle from the Referee the swimmer shall be permitted to orientate themselves prior to the Starters command "take your marks".

3.1.3.2 The swimmer, who has balance problems i.e. standing stationary, may have assistance to balance them self on the starting platform i.e. hold at the hips, hand, arm etc., by one Support Staff. Support Staff may aid the swimmer to remain stationary at the start; however the Support Staff shall not allow the swimmer unfair advantage by being held beyond the 90 degrees vertical position on the starting platform. Giving momentum to the swimmer at the start is not permitted.

3.1.3.3 A swimmer may be permitted to start beside the starting platform.

3.1.3.4 A swimmer may be permitted to take up a sitting position on the starting platform.

3.1.3.5 A swimmer may be permitted to start in the water but is required to have one hand in contact with the starting place until the starting signal is given. Standing in or on the gutter or on the bottom is prohibited.

3.1.3.6 Sport Class S1-3 swimmers are permitted to have their foot/feet held to the wall, until the starting signal is given. Giving momentum to the swimmer at the start is not permitted.

3.1.3.7 Where a swimmer is unable to grip the starting place in a water start, the swimmer may be assisted by a Support Staff and/or starting device. The device shall be cleared and deemed safe by the IPC Swimming personnel prior to the commencement of the competition. Giving momentum to the swimmer at the start is not permitted. The swimmer shall have some part of the body in contact with the wall until the starting signal is given.

3.1.3.8 To prevent abrasion, one layer of towel, or the like, may be placed on the starting platform.

3.1.4 The start in backstroke and medley relay events shall be from the water. At the Referee's first long whistle (3.1.1), the swimmers shall immediately enter the water. At the Referee's second long whistle the swimmers shall return without undue delay to the starting position. When all swimmers have taken their starting positions, the



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Starter shall give the command "take your marks". When all swimmers are stationary, the Starter shall give the starting signal.

3.1.5 In IPC Competitions and sanctioned competitions the command "take your marks" shall be in English and the start shall be by multiple loudspeakers, mounted one at each starting platform.

3.1.6 Any swimmer starting before the starting signal has been given shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer(s) shall be disqualified upon completion of the event. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again. The Referee repeats the starting procedure beginning with the long whistle (the second one for backstroke) as per 3.1.1.

3.1.7 In the case of a S1-10 and S14 swimmer who additionally is deaf, Support Staff shall be permitted to convey the starting signal to the competitor by the use of a nonverbal instruction, when no starting light is available.

3.1.8 In the case of a swimmer with a visual impairment who additionally is deaf, Support Staff shall be permitted to convey the starting signal to the competitor by the use of a non-verbal instruction.