

NOMINATION CRITERIA POLICY FOR POWERLIFTING
8TH ASEAN PARA GAMES 2015
3 – 9 DECEMBER 2015

1. INTRODUCTION

- 1.1 8TH ASEAN Para Games will be held in Singapore from 3 to 9 December 2015. The powerlifting competition will be held in the vicinity of Singapore Sports Hub.
- 1.2 The events offered can be found in Annex A.
- 1.3 Each NPC may enter a maximum of 3 athletes per event.

2. Objective

- 2.1 This policy details and sets out the process and criteria for nominating athletes to represent Singapore at the 8th ASEAN Para Games 2015.
- 2.2 To nominate the best athletes to the Singapore National Paralympic Council (SNPC) for selection to represent Singapore at the 8th ASEAN Para Games 2015. The final selection of athletes remains at the discretion of SNPC.
- 2.3 SDSC will publish the nomination criteria policy on SDSC website at (www.sdsc.org.sg). Athletes and coaches will be responsible for ensuring that they are fully aware and understand the policy and its content, as well as any changes made to the policy should it occur.

3. ELIGIBILITY

- 3.1 Athlete eligibility:
 - i) Must be a Singapore citizen
 - ii) Must be at least 15 years of age in 2015 (Calculation: 2015 minus year born)
 - iii) Compliance with the sport specific classification rules
 - iv) Must be in good standing with SNPC and SDSC

4. SELECTION CRITERIA

- 4.1 SNPC's selection criteria can be found in Annex A.
- 4.2 Young or new athletes with potential who do not meet the selection criteria may still be considered for future development.

5. QUALIFYING EVENTS

- 5.1 There will be a qualifying window from the period 1 August 2014 – 3 August 2015.
- 5.2 In this qualifying window, the following meets can be used for achieving qualifying times:
 - i) 1st Para Powerlifting Spring Classic 2015, Singapore (11-12 Apr 2015)
 - ii) 2nd National Circuit 2015, Selangor (29 May – 1 Jun 2015)
 - iii) Powerlifting (Singapore) Selection Trial, Singapore (5 Jul 2015)
 - iv) IPC Powerlifting Asian Open Championships 2015 , Almaty (26 – 30 Jul 2015)

6. SELECTION PROCESS

- 6.1 SDSC will nominate athletes to SNPC based on SNPC selection criteria found in Annex A.
- 6.2 All nominations will be vetted by SDSC Sports Sub Committee. The vetted nominations will then be submitted to SNPC for selection.
- 6.3 SNPC Selection Committee will meet on the following dates to hear the nominations of athletes by SDSC:
- i) 18 July 2015 (1st Selection Meeting)
 - ii) 4 August 2015 (Final Selection Meeting)
- 6.4 SNPC, as the National Paralympic Committee of Singapore, has the sole and final decision in selecting or not selecting athletes to represent Singapore at the 8th ASEAN Para Games 2015.

7. APPEAL PROCESS

- 7.1 Appeal against non-nomination by SDSC must be made in writing to SDSC Sports Manager within 48 hours of the announcement of the athletes being nominated to SNPC for selection for ASEAN Para Games.
- 7.2 The ground for any appeal is that:
- The athlete's non-nomination could be due to SDSC's determination that the athlete did not satisfy the SNPC selection criteria.
- 7.3 An appeal must be made in writing with supporting documentation and must be accompanied by a deposit of S\$100.00, payable to Singapore Disability Sports Council. If the appeal is successful, the deposit will be refunded in full.
- 7.4 SDSC Sports Sub Committee will consider and deliberate the appeal and, if deemed justifiable, will hear the appeal by the athlete concerned.
- 7.5 SDSC will, in writing, inform all parties about the decision taken to either uphold or reject the appeal. The decision will be final and no further correspondence will be entertained.

8. DE-SELECTION

- 8.1 An athlete selected for the ASEAN Para Games 2015 may be de-selected by SNPC from the team if he/she:
- Due to illness or injury becomes unable to perform to the required standard in the opinion of the responsible National Coaches and Team Manager (after receiving medical advice)
 - Demonstrate a lack of commitment to training requirements and/or tournament preparations in the opinion of the responsible National Coaches and Team Manager
 - Breaches or fails to fulfill a requirement of the Anti-Doping Policies of SDSC, SNPC, Anti-Doping Singapore or other approved agencies where applicable

9. CONTACT PERSON

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SDSC Sports Manager
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Annex A – SNPC Selection Criteria

EVENTS	MEN	
	Met Criteria Weight	For consideration Weight
Up to 49.00kg	132kg	120kg
Up to 54.00kg	85kg	70kg
Up to 59.00kg	150kg	70kg
Up to 65.00kg	150kg	70kg
Up to 72.00kg	150kg	75kg
Up to 80.00kg	150kg	100kg
Up to 88.00kg	175kg	85kg
Up to 97.00kg	185kg	95kg
Up to 107.00kg	139kg	73kg
Over 107.00kg	139kg	73kg
EVENTS	WOMEN	
	Met Criteria (Weight)	For consideration (Weight)
Up to 41.00kg	57kg	42kg
Up to 45.00kg	58kg	42kg
Up to 50.00kg	70kg	60kg
Up to 55.00kg	77kg	60kg
Up to 61.00kg	60kg	42kg
Up to 67.00kg	94kg	68kg
Up to 73.00kg	70kg	55kg
Up to 79.00kg	80kg	70kg
Up to 86.00kg	80kg	70kg
Over 86.00kg	100kg	80kg